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FALL 2017



Alpha Epsilon Delta National Convention
Bethesda, Maryland
March 8-10, 2018

CLINICAL EXPERIENCE HOURS

DEVELOP CULTURAL COMPETENCE

MEDICAL RECOMMENDATION

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FALL 2017

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42nd Biennial National Convention

Editor: Donna Nonnenkamp, PhD
Assistant Editors: Laura Dixon & Aelanda Counts

Letter from the President: Cindy Stanfield, Ph.D.



President's Note: Tips for Convention

Hello AED members and advisors. The AED Convention Committee visited the beautiful Bethesda North Marriott Convention Center and Hotel last July in preparation of the upcoming convention which will be held there in March 2018. We learned a lot about traveling to Washington DC. We want to share our experiences to help you plan your trip.

First, how to get there by plane. If you are flying, you can fly to either Ronald Reagan Washington National Airport - DCA (which is 23 miles NW of the hotel) or Washington Dulles International Airport - IAD (which is 25 miles NE of the hotel). Baltimore/Washington International Thurgood Marshall Airport - BWI is another option, but it is much further away. Be aware that the hotel does not provide a free shuttle service from these airports to the hotel. You will need to take a shuttle service, a taxi or the Metro. Juan (a student from Alabama Zeta, who is on the Convention Committee) and I took the Super Shuttle from Dulles (it cost \$40 for 2), We had over a two hour trip from the airport to our hotel and it was not rush hour. We thought about taking the Metro, but you first have to take a bus to a Metro station. Estimated taxi fare is \$60(one way) from Dulles and \$55 (one way) from Reagan. Keep in mind that the cheapest option may be to share a taxi with those you are traveling with. We suggest you do some planning ahead of time. If you plan to take a shuttle to and from the airport, you should call ahead to make shuttle reservations and check rates.

For those who are bussing it in, the hotel does not have bus parking. What our school has done in the past when at such hotels is have the bus driver stay at another hotel that is close by and allows bus parking.

Our hotel is very close to the White Flint Metro Station - Red Line (it's across the street from the side of the hotel). Metro is very convenient and affordable for getting around the DC area. There are a few restaurants near the hotel and a convenience store.

While in DC, Juan and I made a visit to the National Zoo which is a stop on the Metro and discovered that there is about a 10 block walk uphill to the Zoo from the stop. The Zoo is free and it was fun to visit. The panda even came out to say hi. We also visited the National Mall, a beautiful green space that stretches for more than 2 miles and serves as a central point of the city. The iconic National Mall is anchored by the U.S. Capitol Building on one end and the Lincoln Memorial on the other. In the middle, the Washington Monument marks the highest peak of the city. Numerous noteworthy (and mostly free) museums line the Mall's sides, including the Smithsonian's National Air and Space Museum, the National Museum of American History, and the National Gallery of Art. Juan and I walked 26 miles one day at the Mall – my Fitbit was buzzing. Most venues on the Mall are free, but be aware that areas around the Mall do not stay open past 9:00 pm.

We are having an evening reception at the Newseum which is just a few blocks from the Mall. It is after working hours so we will have tickets for those who want to visit the Newseum earlier in the afternoon to see its exhibits. There are many interactive exhibits there. You can even pretend to be a newscaster and be videotaped. All meals will be provided at convention.

My chapter has 104 students who have expressed interest in attending. I hope that your chapter will bring many members as well. Washington, DC is a dynamic, exciting city and the perfect place to host a convention. Plan to attend this once in a lifetime event. Let's make this one of our best conventions ever. We have special speakers, workshops, exhibitors and professional school tours planned.

Registration forms are on-line at the AED web site and the link for hotel reservations is there as well. I hope to meet you there.

Cindy Stanfield, PhD

AED National President

Alpha Epsilon Delta Board of Directors

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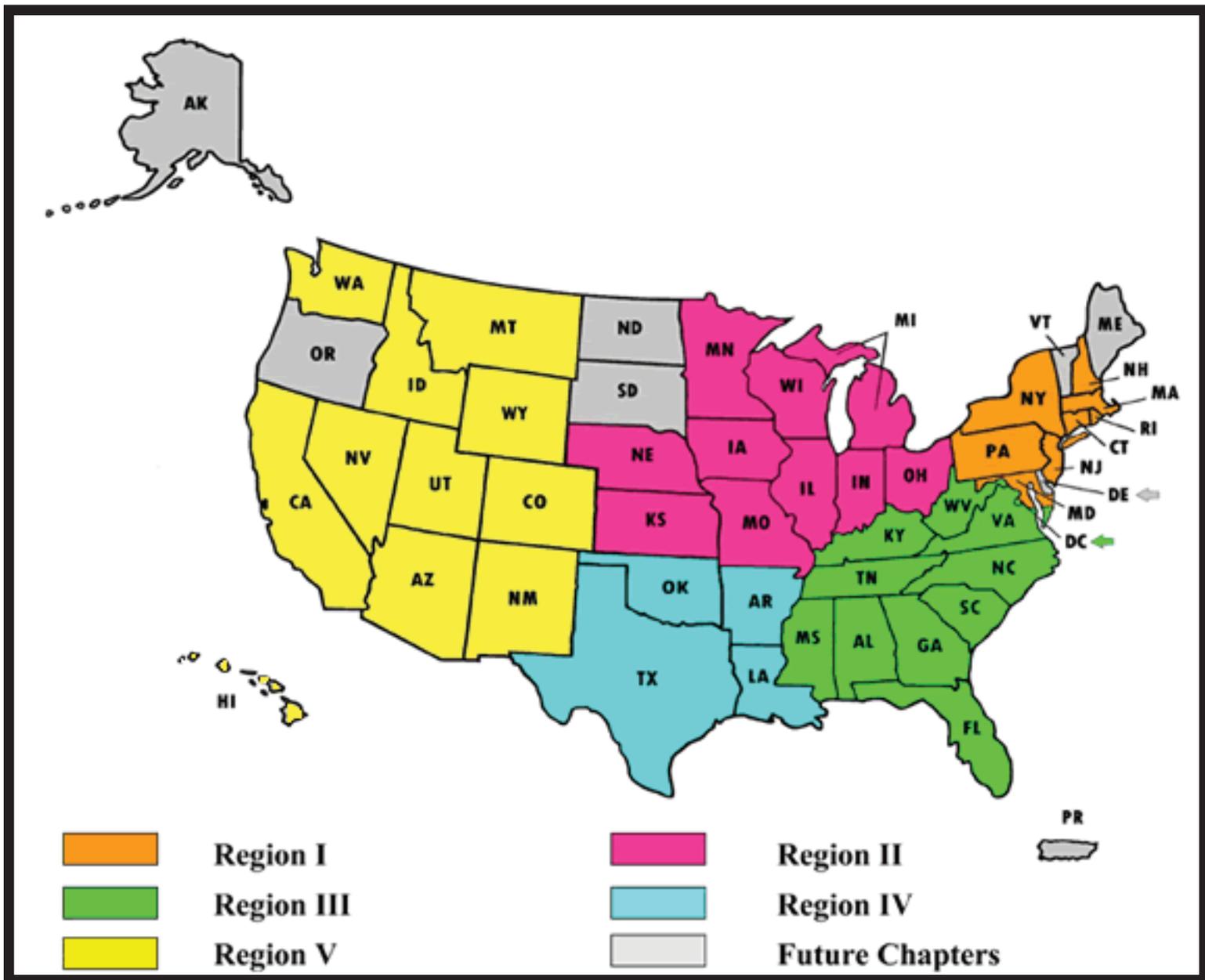


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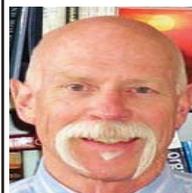
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(Filling vacant position formerly
held by Joseph Nika, PhD)





Please Join Me at the AED National Convention

Written by Juan Pardo

Student Representative, 2018 Convention Planning Committee,
Member of the Alabama Zeta Chapter of AED

Alpha Epsilon Delta is a national honor society designed to help students prepare for careers in the graduate health professions such as medicine, dentistry, and optometry. It is hard to believe that four years have passed since I attended my first AED general meeting. I would have never thought that I would one day be a chapter president and representing the student body of a nationwide society on a committee to help plan this year's convention. Being able to serve on the 2018 planning committee has been such an honor, privilege, and pleasure.

For those of you who do not know about convention or are new to AED, convention is where AED chapters from all around the country get together to listen to amazing guest speakers, attend interactive seminars and workshops, and tour local professional schools. Attending convention lets you "take a break" from your individual chapter activities. Students always return from convention with new ideas and approaches that can make their respective chapter more efficient. Building off my last point of meeting other chapter members, convention is the perfect opportunity to network with students from different schools across the country. Convention is full of opportunities for attendees to mix and mingle, form new relationships, and strengthen existing ones. Over coffee or while exploring DC, you may make a connection with a lifelong friend, or at a breakout session you may find yourself sitting next to your mentor; however, convention isn't all work. Convention is so much fun! I really want to urge all students this year to please consider attending the 2018 AED Convention in Washington, DC. From the remarkable speakers, to the beautiful venues and delicious food, the rest of the committee and I have worked hard this past year and will continue to work to ensure that this convention is what every student wants and needs to grow as an AED member. When I attended my first convention, I wasn't a master networker- I struggled with finding the right way to break into a conversation with people I didn't know but I came away a completely new student. I made some amazing connections and even more amazing friends.

Going to D.C. over the summer with the rest of the committee gave me not only an opportunity to be the voice of students, but I was also able to see what the society does at a national level to provide their members with these amazing opportunities every two years. It really makes me proud to have such an outstanding group of professionals working every year with our best interest in mind and nothing would make them happier than seeing students from each of our chapters come out to D.C. in March and be a part of this great event.

Left Top: Juan Pardo with Dr. Frank Dyer, AED National Counselor

Left Bottom: Juan Pardo in front of the White House

Convention Information and Reminders

42nd Biennial Convention 2018

March 8-10, 2018

The 2018 convention will host speakers, seminars to help you prepare for graduate school admissions, medical school tours, workshops, and lots of fun opportunities to meet AED members from across the country. Make plans now to attend and check the AED website at:

<https://aednational.com/aed-convention/>

for registration and hotel reservation information, convention schedules and other updates as they occur!

Hotel Information:

Bethesda North Marriott Hotel and Convention Center

5701 Marinelli Road

Rockville, Maryland 20852

301-822-9200

Below is the passkey code for making your hotel reservations.

<https://aws.passkey.com/e/49238280>

The cutoff date for the Guaranteed Group Rate of \$159 per night is February 15, 2018 at 6:00pm. After that, the regular hotel rate will apply.

Convention Registration link:

<https://aednational.com/wp-content/uploads/2017/10/2018-Convention-Registration-1.pdf>

Convention Registration

- Early registration fee for AED National Members is AED \$150 until 2/9/2018.
- Early registration fee for Non-Member \$175 until 2/9/2018.
- Late Registration fee for AED National Members is \$200 after 2/9/2018.
- Late Registration fee for Non-Members \$225 after 2/9/2018.

Registration fees cover admission to:

- Speakers
- General Sessions
- Roll Call

- Concurrent Sessions
- Professional School Tours
- Dinner Outing at the Newseum
- Scheduled meals including Gala and Awards Banquet

Note: In order to register as an AED National Member, you will need your National ID number. If you do not know your member ID please send an email to aed nationaloffices@tcu.edu with your Full Name, University and Chapter Name.

Photographic Release

During the online registration process, the individual submitting registrations will be asked to indicate agreement with the Society's Photographic Release for all persons registered. This allows Alpha Epsilon Delta's audio visual and still photography professionals to film and photograph Convention activities on-site airing and future promotions.

Payment

Alpha Epsilon Delta requires payment within 15 days of chapter registration. Submit payment by check or money order to AED National, TCU BOX 298810, Fort Worth Texas 76129.

Delegate and Advisor Travel Award

Travel awards are available to the primary advisor and ONE elected delegate for each chapter. Travel award amounts are fixed at \$400 per advisor and \$400 per delegate. The following criteria must be met to be eligible for travel awards. 1) Each awardee(advisor or delegate must be a national member or honorary member of Alpha Epsilon Delta on or before the convention date. 2) Both advisor and delegate must be registered for the convention and in attendance. 3) The delegate MUST sign in for the National Business Meeting (Saturday). All applicants must complete a Convention Travel Award Application which can be found online:

<https://aednational.com/wp-content/uploads/2017/10/Travel-award-Application-Template-2018-Conv..pdf>

Note: Eligible chapters will receive a check within 45 days by mail after the convention.

Don't Miss These World Class Speakers

The Convention Committee has been busy putting together an amazing program for the 2018 Convention. So far, two distinguished speakers have accepted our invitation to speak at the Convention, John R. Rotruck, MD, and Darrell Kirch, MD.

JOHN R. ROTRUCK, MD

**Captain, Medical Corps, United States Navy
Chief of Staff, Walter Reed National Military Medical Center
Chief of Cardiothoracic Anesthesiology**



Captain John R. Rotruck currently serves as the Chief of Staff, Walter Reed National Military Medical Center, Bethesda, Maryland. He was commissioned as a Lieutenant in the Navy Medical Corps in 1996 after obtaining a Bachelor of Science in Biology and his Medical Degree, both from the University of Miami in Miami, Florida.

Upon entering the Navy, he completed an internship in Internal Medicine at the National Naval Medical Center, Bethesda, Maryland, followed by a tour as a General Medical Officer for the Marine Corp's 3rd Force Service Support Group, Okinawa, Japan. He then went to NAS Pensacola, Florida for flight surgeon training, followed by an assignment to Marine Medium Helicopter Squadron 266 at MCAS New River, Jacksonville, North Carolina. After a successful deployment with the 31st Marine Expeditionary Unit, he reported to NAS Whiting Field, Milton, Florida, as the Flight Surgeon for Helicopter Training Squadron 8, and eventually as the Senior Flight Surgeon for Training Air Wing 5.

Captain Rotruck then completed his Anesthesiology residency at the National Capital Consortium in Bethesda, Maryland, followed by a fellowship in Cardiothoracic Anesthesiology at the Virginia Commonwealth University in Richmond, Virginia. He then returned to the National Naval Medical Center to serve as the Chief of Cardiothoracic Anesthesiology.

Following a deployment in support of Operation Enduring Freedom, he was elected to serve as the President of the Medical Staff at the Walter Reed National Military Medical Center. He then went on to serve as the Executive Assistant to the Director of the medical center, and then as the Assistant Chief of Staff, prior to assuming his current duties. He is also an Adjunct Assistant Professor of Anesthesiology at the Uniformed Services University of the Health Sciences.



DARRELL G. KIRCH, MD

President and Chief Executive Officer of the Association of American Medical Colleges (AAMC)

Founded in 1876 and based in Washington, D.C., the Association of American Medical Colleges is a not-for-profit association dedicated to transforming health care through innovative medical education, cutting-edge patient care, and groundbreaking medical research. Its members comprise all 147 accredited U.S. and 17 accredited Canadian medical schools; nearly 400 major teaching hospitals and health systems, including 51 Department of Veterans Affairs medical centers; and more than 80 academic societies. Through these institutions and organizations, the AAMC serves the leaders of America's medical schools and teaching hospitals and their nearly 167,000 full-time faculty members, 88,000 medical students, and 124,000 resident physicians. A distinguished physician, educator, and medical scientist, Dr. Kirch speaks and publishes widely on the need for transformation in the nation's health care system and how academic medicine can lead change across medical education, biomedical research, and patient care. His career spans all aspects of academic medicine and includes leadership positions at two medical schools and academic health systems, as well as at the National Institutes of Health. Before becoming AAMC president, Dr. Kirch was selected as chair-elect of the association, and co-chaired the Liaison Committee on Medical Education, the accreditation body for medical schools. He also has served as chair of the AAMC Council of Deans Administrative Board and chair of the American Medical Association Section on Medical Schools. Dr. Kirch assumed the position of AAMC president in July 2006 following six years as senior vice president for health affairs, dean of the college of medicine, and CEO of the Milton S. Hershey Medical Center at The Pennsylvania State University, where he and his leadership team are credited with revitalizing the institution and guiding it through a period of educational innovation and major growth in clinical activity and research funding. Before joining Penn State, Dr. Kirch held a number of leadership positions at the Medical College of Georgia from 1994 to 2000, including serving as dean of the medical school, senior vice president for clinical activities, and dean of the school of graduate studies. As a psychiatrist and neuroscientist, Dr. Kirch conducted research on the biological basis of and clinical treatments for severe neuropsychiatric disorders. Following the completion of his residency training at the University of Colorado Health Sciences Center, he joined the National Institute of Mental Health (NIMH) in Bethesda, Maryland, where he was named acting scientific director in 1993. His NIMH contributions were recognized when he was presented with the Outstanding Service Medal of the United States Public Health Service. Dr. Kirch is a member of several professional societies, including the American Psychiatric Association, American College of Psychiatrists, and American Medical Association, and he currently serves as chair of the Washington Higher Education Secretariat. He was elected to the National Academy of Medicine, formerly the Institute of Medicine, in 2007. In 2014, he was named a Distinguished Life Fellow by the American Psychiatric Association. A native of Denver, Dr. Kirch received both his BA and MD degrees from the University of Colorado, which in 2002 presented him with its Silver and Gold Alumni Award. He has had an active career as a clinician and researcher, and has held medical faculty positions at Penn State, the Medical College of Georgia, and George Washington University. A prolific writer and public speaker, Dr. Kirch has published more than 150 articles and book chapters, and made numerous presentations to medical, educational, scientific, and advocacy organizations.

Places of Interest in the Washington, D.C. Area

Northwest

National Mall

Visit this beautiful green space that stretches for more than 2 miles and serves as a central point of the city. The iconic National Mall is anchored by the **U.S. Capitol Building** on one end, and the **Lincoln Memorial** on the other. In the middle, the **Washington Monument** marks the highest peak of the city. Numerous noteworthy (and mostly free) museums line the Mall's sides, including the **Smithsonian's National Air and Space Museum** (one of the two — the other is in Virginia), the **National Museum of American History**, **National Museum of Natural History** and the **National Gallery of Art**.

Penn Quarter

North of the National Mall, the Penn Quarter area has a flourishing group of art galleries and restaurants, as well as some of the city's most interesting museums. It's also where you'll find the **Verizon Center — where the NBA's Washington Wizards and the NHL's Washington Capitals play**, and where many major recording artists perform. You'll find the interactive **Newseum** situated south of the Verizon Center. In close proximity is the **National Archives**, which displays the **original Declaration of Independence, the U.S. Constitution and the Bill of Rights**.

Chinatown

Northeast of Penn Quarter, Chinatown is a vibrant and historical neighborhood brimming with trendy dining establishments and plenty of entertainment options. Anchored between H and I Streets and 5th and 8th Streets, NW, Chinatown plays host to a string of hotels, clubs and shops. The area also features 20 Chinese and Asian-inspired restaurants. Museums here include the **Smithsonian's National Portrait Gallery** and the **International Spy Museum**, among others.

Dupont Circle

Massachusetts, New Hampshire and Connecticut avenues intersect at the Dupont Circle, a roundabout that lends its name to the surrounding area.

Adams Morgan

Despite its small size, the Adams Morgan area just north of Dupont Circle is another one of the city's trendiest, busiest neighborhoods.

U Street Corridor

To the east of Adams Morgan on U Street, between 9th and 18th streets Northwest is an emerging part of the city called the U Street Corridor. Once a historically black area where blues and jazz kings Duke Ellington and Louis Armstrong played soulful numbers in nightclubs and theaters, U Street brims with new jazz clubs, bars, shops and restaurants. **Howard University**, a well-known historically black university, is located to the east.

Woodley Park

Picturesque with its stately residences and canopies of trees, Woodley Park is home to the **National Zoo**, a handful of antique shops and a collection of excellent restaurants. Located north of Adams Morgan, this neighborhood is accessible by the Woodley Park-Zoo/Adams Morgan Metro station.

Georgetown

Georgetown, just southwest of Dupont Circle, is another popular (and swanky) D.C. neighborhood. Along the district's main corridor, M Street, and housed inside converted row houses, you'll find chain stores galore. Here is also where you'll find the crème de la crème of gourmet cupcake institutions, including Georgetown Cupcake, Sprinkles and Baked & Wired, all within a few blocks of each other. You'll also find quite a few restaurants, with various price points and atmospheres. During your visit, you can't miss wandering along the area's cobblestone streets or heading to the waterfront to take in scenic views of the **Potomac** — both of which make for an ideal way to cap off a day of sightseeing.

Foggy Bottom

South of Dupont Circle is the Foggy Bottom area which mainly consists of **George Washington University**. The neighborhood, which was originally the main industrial portion of the city, is now largely residential. The few restaurants and bars in the area mostly cater to the younger crowd that calls the area home. Some stand-out attractions in the area include the **Watergate Complex** and the **John F. Kennedy Center for the Performing Arts**.

Southwest

The smallest of the four quadrants, the southwest region of D.C. is home to a selection of museums right off the National Mall including the **National Air and Space Museum, the National Museum of African Art and the Hirshhorn Museum and Sculpture Garden** — all part of the Smithsonian Institution. The **United States Holocaust Museum** is also nearby just south of the **Washington Monument**. On the most western end of the Mall are the majestic **Lincoln Memorial** and the beautiful **Reflecting Pool**. A few blocks south of the National Mall is the **Thomas Jefferson Memorial**, located **near the Tidal Basin**. The dome-shaped memorial is reminiscent of the Pantheon in Rome and has a clear view of the White House.

Northeast

Northeast D.C. is home to the **Capitol Hill** neighborhood and another pocket of universities, including Trinity Washington University, the Catholic University of America and Gallaudet University. Gallaudet, notably, was founded by Congress as the world's first school of advanced learning for the deaf. Other Northeast landmarks include the **United States National Arboretum**, a free botanical garden and research center located off the Stadium Armory Station Metro stop.

Atlas District

This district, which refers to a portion of H Street Northeast between 12th and 14th streets, is a small but increasingly popular part of town. The area is home to a number of trendy restaurants, as well as a hip nightlife that tends to be less expensive than the spots in Northwest D.C.

Capitol Hill

The **Library of Congress, Union Station, the Supreme Court, the Folger Shakespeare Library** and a bunch of Victorian row house residences that surround the Capitol are part of a neighborhood aptly named Capitol Hill, or simply, "the Hill." Filled with many young professionals who work for U.S. senators and representatives, the area also has a good assortment of restaurants and shops. Travelers should note that Capitol Hill straddles both Northeast and Southeast quadrants.

Southeast

The main point of interest in the Southeast quadrant is **Eastern Market**, located only a few blocks away from the Capitol next to the Metro stop of the same name. In addition to its meat and produce counters, the redbrick public market also plays host to an art gallery and a flea market.

Barrack's Row, located a couple blocks south of Eastern Market along 8th Street Southeast, is named for the Marine Corps Barracks, which have anchored the area since 1801. Restaurants, bars, boutiques and even a classical acting academy line the street, which leads down to the Anacostia River. Charming row houses sit nearby. The LEED-certified Nationals Park sits near the Anacostia River and is home turf for the Washington Nationals professional baseball team. Across the river from Barracks Row is Anacostia, home to the Anacostia Community Museum, which travelers say does a good job of explaining the African-American experience. Note: Anacostia isn't the safest area, so you might want to steer clear after dark.

Northern Virginia

Located to the southwest of Washington, D.C. across the Potomac River, northern Virginia is home to some of D.C.'s most iconic attractions. Visitors will find the area's hotels, restaurants and sites are most convenient through the Blue, Yellow and Orange Metro lines.

Arlington

Arlington refers to a large swath of land across from the Potomac River in Virginia. The area is bursting with high-rise office and apartment buildings, streets lined with picturesque homes, as well as interesting shops, restaurants and bars. It is easily accessible by public transportation and has relatively more affordable hotel options. Arlington also shelters the **Arlington National Cemetery's** 600-plus acres of rolling hills and thousands of marble gravestones. **The Pentagon** and the September 11th Pentagon Memorial are located in Arlington, too.

Alexandria

Located west of the Potomac River and south of Arlington, Alexandria city is a mainly residential area. We recommend a visit to the shops, restaurants and bars of the city's Old Town, situated on the Potomac River. Just about 8 miles south is **George Washington's Mount Vernon Estate & Gardens**, the former estate of inaugural president George Washington.

Old Town

Punctuated by cobbled streets and historic mansions, Old Town serves as a charming place to unwind after taking in D.C.'s must-see sites. At the heart of Old Town, you'll find King and Washington streets, two main drags overflowing with restaurants, boutiques and pubs. For a stellar view head east, where you'll find striking views overlooking the Potomac River.

Maryland

Washington, D.C.'s main Maryland suburbs are Bethesda and Silver Spring. For visitors, these cities are most conveniently accessed on Metro's Red Line. Bethesda is a mainly residential area, with open-air shopping and a handful of restaurants and bars. Silver Spring has a bit more lively downtown area, which is all about bright and shiny modernity. High-rise apartments and office buildings scream contemporary, as do the many open-air shops, restaurants, bars and particularly spectacular AFI Silver Theatre & Cultural Center.

Baltimore and Annapolis are approximately an hour's drive from Washington, and make for nice side trips from the area. Baltimore is also accessible by both the MARC and Amtrak trains; MARC is significantly cheaper.

Source: http://travel.usnews.com/Washington_DC/Area_Map/



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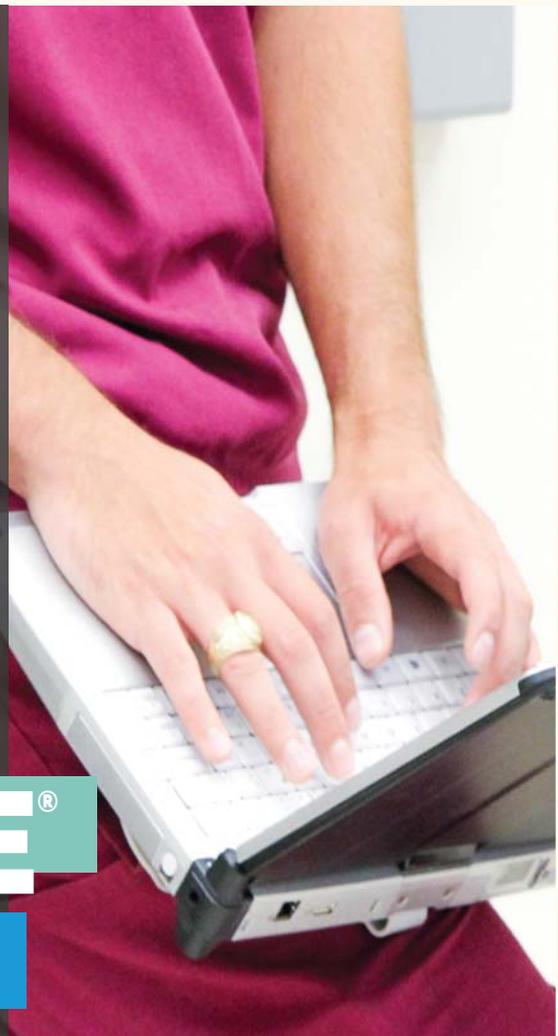
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Graduation from a physical therapist education program accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE) is necessary for eligibility to sit for the licensure examination, which is required in all states.

Messiah College is seeking accreditation of a new physical therapist education program from the Commission on Accreditation in Physical Therapy Education. The program is planning to submit an Application for Candidacy, which is the formal application required in the pre-accreditation stage, on December 1, 2017. Submission of this document does not assure that the program will be granted Candidate for Accreditation status. Achievement of Candidate for Accreditation status is required prior to implementation of the professional phase of the program; therefore, no students may be enrolled in professional courses until Candidate for Accreditation status has been achieved. Further, though achievement of Candidate for Accreditation status signifies satisfactory progress toward accreditation, it does not assure that the program will be granted accreditation.

CAPTE

1111 North Fairfax St.
Alexandria, VA 22314

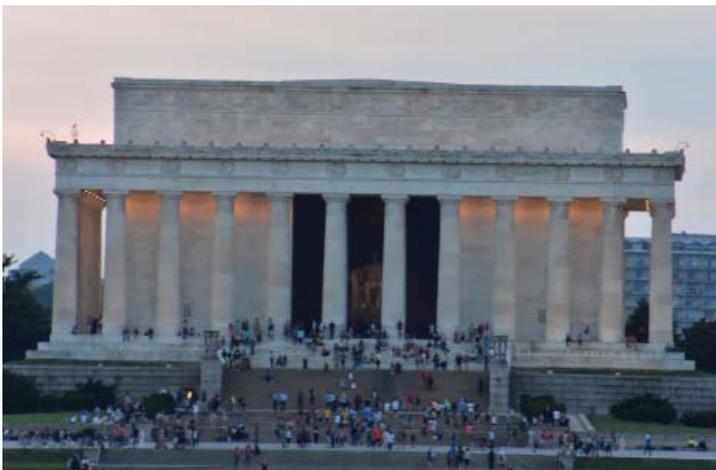
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MESSIAH
COLLEGE

see anew

Chapter Reports





The Alabama Delta chapter of Alpha Epsilon Delta is working hard to recruit new members and continue to give back to the community. The fall 2017 semester has been a great success as a result of efforts by both our members and officers. Our organization has grown exponentially this semester, with a record-breaking two-hundred and fifty students present at our first meeting. Our membership application numbers have been record-breaking as well. Over the summer, we started an Instagram account (@uabaed) to further reach students. As of the end of September, our account has the most followers of all the AED chapters, at over six-hundred.

This semester, our chapter has started a new fundraiser. One of our members makes bath bombs for us to sell to raise money for the Spirit of Luke Charitable Foundation. The Foundation hosts a free mobile medical clinic that travels to Alabama's rural Black Belt region the first Saturday of each month. This is organized by Dr. Sandra Ford and Mr. Henry Ford, who are close friends of Alabama Delta and our school, the University of Alabama at Birmingham. The clinic's main focus is to provide basic primary healthcare to underserved regions of Alabama through free checkups and medication. Outside of our annual money donation to the Foundation each spring, we also plan to donate toys at the end of the fall semester, so that every

child present at the clinic receives something from Santa.

Beyond volunteering, shadowing, and fundraising, our chapter holds weekly general business meetings for members to attend and gain insight into health professional fields. Students from all pre-health tracks are welcome to listen in to help understand and create a more unified healthcare system. Different speakers represent a large variety of healthcare fields. At the most recent meeting a professional panel with representatives from osteopathic medicine, allopathic medicine, dentistry, optometry, and physician assistant studies addressed student questions. Two of the speakers were deans from two of Alabama's medical schools. The interaction between undergraduates and health professionals has encouraged pre-health students to gain a deeper understanding of their respective responsibilities.

Overall, Alabama Delta provides health career resources and support to the UAB student body to help undergraduates learn more about the health professional fields. We are really looking forward to meeting other chapters at the national convention this spring.

Article by: Emmalee Anthony

University of Alabama at Birmingham
Alabama Delta

Alabama Epsilon

University of Alabama at Huntsville

The Alabama Epsilon Chapter of Alpha Epsilon Delta at the University of Alabama in Huntsville has gotten off to a great start for the 2017-2018 school year. Our members have volunteered their time to raise awareness for the LifeSouth blood drives around campus and donated countless supplies to the United Methodist Disaster Relief Warehouse to aid the victims of hurricane Irma.

Members also participated in the Secret Meals Shuffle 5K to raise money for the Secret Meals for Hungry Children program to fight hunger in North Alabama. Secret Meals provides weekend meals to children who rely on the free and reduced breakfasts and lunches throughout the school week to ensure these children are still receiving adequate nutrition when they are not at school. Participants paid a fee of \$25-\$35 to register to run in the 5K. According to the Secret Meals website, \$140 is enough to provide one child with weekend food packs for one year.

Throughout the rest of this fall semester, the members of the Alabama Epsilon Chapter will continue to volunteer with the LifeSouth Blood Drive. They will also volunteer with the Manna house, a charity which provides food assistance for the needy, distributing food that is donated and locally grown as much as possible.

Aside from the many volunteering opportunities, we have also hosted guest speakers who have shared their personal experiences as health professionals. We also hosted a panel of University of Alabama at Birmingham medical students who talked about the application process and what it is like to be a medical student.

Article by: Kelsey McKee





Birmingham-Southern College's AED chapter has had an incredibly successful fall semester. We began the semester by hosting a membership drive and encouraging new students to become involved with our chapter. Our AED chapter has been working on expanding our mentorship program to involve more students and match younger students with upperclassmen who share their career interests. This program has proved to be successful in the past in supporting new students in the pre-health process.

Our chapter remains involved in multiple community programs. We hosted Alex's Lemonade stand to raise support for childhood cancer research. Many students have become actively involved in volunteering with both Spirit of Luke and Cahaba Valley Health Care. Spirit of Luke provides medical care to rural areas of Alabama, while Cahaba Valley Health Care is a mobile healthcare organization that delivers culturally sensitive care to underserved populations in the Birmingham area.

We also hosted a Red Cross Blood Drive, which students participated in as a part of Homecoming festivities.

In addition to the above events, our chapter hosted several speakers. The founders of Spirit of Luke came to share more about their organization and how students can become involved. Senior students applying to different programs including physical therapy, physician assistant, medical school, and dental school facilitated a panel where students could ask questions about the application and test-taking processes.

Lastly, Dr. Chris Shaver, a Birmingham-Southern alumnus and gastroenterologist, came to share his experiences as a medical provider in Birmingham and his journey from being an undergraduate student to becoming a doctor.

We are looking forward to a successful spring semester including more philanthropic events and speakers, as well as induction of new members into our chapter.

Article by: Lindsay Curry (Reporter)

Birmingham Southern College
Alabama Eta

Alabama Gamma

Auburn University

The fall semester is well under way here at Auburn University, Alabama's sumptuous historical college in the South. Auburn's finest have spent the first weeks of fall huddling in coffee shops, cramming for exams, attending swanky fraternity events—and, almost every Tuesday night at 7:00 p.m., members of the Alabama Gamma chapter of Alpha Epsilon Delta file into room 101 of the capacious Student Center Auditorium.

These students, selected on the basis of their academic merit and character, come from a multitude of backgrounds, religions and ethnicities—and yet, are united by the fundamental desire to be leaders, organizers and activists in the medical community. These students—burgeoning doctors, pharmacists, optometrists, and nurses—are the future of medicine, and the Auburn chapter of Alpha Epsilon Delta is proud to stand behind such an ardent band of young professionals.

With a new leadership committee spearheaded by the charismatic President Peyton Camp, membership has increased significantly since the beginning of the semester. Optimism is high among the new recruits, and freshman members of AED have been effusive in their praise of the new officers, who are making a concerted effort to engage in community outreach and global health.

In the wake of Hurricane Harvey thousands of homes were inundated, 30,000 people were displaced, and more than 80 men, women and children perished in one of the most horrific natural disasters of the decade. In response, the Auburn chapter of AED collaborated with the American Red Cross, hosting 3 consecutive blood drives during the week of September 19th. Our chapter ingeniously offered an incentive-based plan designed to bolster attendance at the drive, promising AED volunteer points, a raffle and a "buddy" volunteer system, wherein members get points for inviting non-members to donate blood. As a result

of its innovative marketing campaign, AED met its goal of getting 300 people registered for appointments to donate blood.

Inside the classroom, the Alabama Gamma chapter is proud to host a number of health care professionals, admission directors and scholars to our humble home. These distinguished men and women take time out of their busy schedules to answer our questions about the practice of medicine and the application process, and we are grateful for the opportunity to learn from them.

The Alpha Gamma chapter of AED would like to thank Dr. Steve Filler, from the UAB School of Dentistry; Mr. Mark Scott, from the USA College of Medicine; Dr. Hadyn Swecker, from the UAB School of Medicine; and Ms. Linda Goodson, from the Alabama College of Osteopathic Medicine for their time, patience and support. We are grateful for the contributions they made—and continue to make—to our society, and we appreciate the wisdom and experiences they shared with us.

Here at the Alabama Gamma chapter of Alpha Epsilon Delta in Auburn, we pride ourselves on the shared values of community, friendship and service as we embark on a unique, individualistic path to medicine. As these young recruits travel along their respective paths to their future careers, we wish them the very best.

Article by: Graham Llivina





Troy University's chapter of Alpha Epsilon Delta has been working hard this past year. With many events occurring within the last academic year, we have been very active within the Troy community. The past two semesters, we have had many speakers come in to our school to educate us about their specific medical, dental, optometry schools and more.

The members of the Alabama Iota chapter here at Troy have committed their time to helping and organizing various community service projects such as Relay for Life, Operation Christmas Child, and The Heart Walk.

Our biggest event for the fall was operation Christmas Child. This is a service event that many of us hold dear to our hearts, as it is an excellent opportunity to help children in need. With lots of hard work and dedication, we managed to send out over 50 boxes of gifts and letters from the members here. Although the boxes were small, the chance to give children who otherwise would not receive presents on Christmas morning was beyond rewarding.

Another great thing we do here at Troy is called Adopt-a-Mile. We hold several of these events a semester that members can sign up for. A few times a semester, we meet at the same point along the interstate and walk about a mile, picking up any trash we see along the way. This event is always very successful, and we fill several trash bags full of litter along the way.

The spring semester is also an active time for AED here at Troy. We kicked off the spring semester with a hugely successful event called The Pike County Heart Walk. The Pike County Heart Walk connects us with hundreds of other communities across the state to raise funds for the fight against heart disease. Our members spoke with members of the community about blood flow through the heart and why it is so important to keep an active and healthy lifestyle. Along with our informational booth, we helped anywhere we were needed.

Troy University's chapter of Alpha Epsilon Delta continues to grow and thrive as we accept new members and seek community service opportunities. We hope to make the 2017-18 academic year the best yet.

Article by: Nicolette England

Troy State University Alabama Iota

Alabama Lambda

University of North Alabama at Florence

Hello from the Alabama Lambda chapter of Alpha Epsilon Delta at the University of North Alabama! We are working towards accepting new members at the end of the fall semester and look forward to building our family with new students.

We have hosted several speakers including speakers from pharmacy schools at Samford University and Auburn University, as well as a representative from the Rural Medicine program at VCOM on the Auburn campus. We look forward to having several more speakers this semester as well.

We continue to add volunteer opportunities and have joined with our university's chapter of Beta Beta Beta to raise funds by selling programs at our home football games. We are still in the planning stages on ways we can help those affected by the hurricane in Texas. We also plan to help our local community by volunteering at "Room at the Inn" so those in need in our area can receive a free hot meal and shelter in the colder months ahead. We also hope to continue volunteering at the Florence-Lauderdale Animal Shelter.

Our Medical Student Mentor program begins its second year this semester, and the attendance looks promising. We have many new students interested in shadowing in their preferred medical program, as well as a great selection of mentors.

We are working on test prep as needed for each student. Test prep is essential for these students to gain confidence and knowledge before taking their professional exams.

To help with mid-semester stress, our chapter hosted a game night. Members played board or card games and got to know one another better. We played UNO, The Game of Life, Sorry, and Heads Up. It was a great stress reliever!

Alabama Lambda looks forward to the rest of the semester and the spring semester as we continue to grow and find new opportunities.

Article by: Jeanna Wade





Alabama Zeta chapter is dedicated to working diligently to build well-rounded members who are educated in all fields of medicine and who have experienced close-encounters with the medical field. We work with a wide variety of medical professionals in all fields, allowing our members to build networking relationships with the professionals in their field of interest. We allow our students to experience the working environment by organizing shadowing trips for our members. One doctor who we regularly work with is Dr. E. Gaylon McCollough at the World-Class McCollough Institute in Gulf Shores, Alabama. Twice a year, 10 students from our organization visit Dr. McCollough at his practice and our members are given the opportunity to watch a live demonstration of the procedures that he performs.

We are preparing to visit our first dental clinic with Dr. Hanks and watch as he interacts with patients and performs the procedures they need. We also arrange tours for our members at professional schools in Alabama, army hospital training facilities, and in our own Mitchell Cancer Institute.

Another new event that we hope to hold annually is the Student Auction. In this fundraising event, member services are auctioned off. This can be tutoring in a specific subject area, housework (mowing the lawn, cooking a meal, helping pack up when it is time to move out at the end of the semester), or special skills (photography, hair/makeup for formal events). The student provides five hours of service. Our first Student Auction was very successful, raising \$1,406.01 in the spring of 2017. These funds will be used to send more of our members to Washington D.C. in the spring for the National AED Convention.

Article by: Kelly Tillman

University of South Alabama at Mobile Alabama Zeta

Arkansas Alpha

University of Arkansas at Fayetteville

This past February the Arkansas Alpha Chapter of Alpha Epsilon Delta inducted 110 new members! The chapter kicked off the new academic year with a large and boisterous Welcome Back event in early September, with delicious tacos, an entertaining talk by Dr. Newman, a board certified plastic surgeon, and the introduction of our new leadership. Jacey Sites and Gray Orman moved up from their previous positions to become President and Vice-President, respectively. New executive members include Nimit Ghandi, Tara Barsotti, Dhruva Dasgupta, Lane Justus, Darla Roberts, Ben Blaske, Manasa Velolu, Summer Webers, and Olivia Franklin.

With fresh new ideas, we will continue the school year with more diverse events, including a visit by a prison doctor in October. AED also played host to the University of Arkansas for Medical Sciences (UAMS) in Little Rock this past September. Dean Tom South and Dr. Jeanne McLachlin of UAMS met for dinner with the AED executive members at a local restaurant in Fayetteville, hosted by the Liebolt premedical program leadership. After a presentation by Dean South and Dr. McLachlin, the admissions team sponsored a Q&A session in the beautiful Honors College lounge on the University of Arkansas campus. We had a record turnout of attendees.

UAMS is a highly sought-after medical school, and our speakers are among the most knowledgeable and experienced admissions officers in the United States.

Some of the most popular events AED hosts yearly include panels of juniors and seniors who have done well on the MCAT, and seniors who have been accepted to a wide range of MD programs, from the Arkansas based medical school, UAMS, to prestigious private medical schools.

Our chapter of AED gives pre-medical students the opportunity to connect with each other through the Peer Mentor program. Freshman and sophomores are paired with juniors and seniors who give them advice on class scheduling, research, volunteering, and shadowing opportunities.

AED is the largest registered student organization on the University of Arkansas campus and we hope it continues to expand and produce well-rounded, motivated, and inspired medical students for years to come.

Article by: Tara Barsotti





The Arkansas Delta chapter of Alpha Epsilon Delta at the University of Arkansas - Fort Smith had a successful year despite slight circumstances. After many years of tremendously notable contributions to the development of AED and guiding numerous students to achieve their pursuit of a career in healthcare, our well-adored advisor Dr. Davis Pritchett retired from his position in Spring 2017 due to health complications. We are proud to announce that his position was filled by Dr. David McClellan, who is continuing Dr. Pritchett's legacy by fostering the same development and guidance that Dr. Pritchett provided from the beginning.

With Dr. McClellan's support last spring, the officers Vi, Bachkhoa, Daniel, Cassie, Bobby, and Cameron were able to finish the year strong. AED hosted a great number of informational meetings with guest speakers from various universities and health-related graduate programs. We volunteered at outreach events, participated in banner and megaphone competitions during homecoming week, promoting our chapter, and secured undergraduate internships for our members at local health clinics.

The Pre-Health Professions Showcase was the

most attended and well-reviewed meeting due to its inclusive catalog of health programs introduced by recruiters and admission officers from UAMS, ARCOM, OSU-CHS, UCA, Harding, and NTIT-Jonesboro.

We ended our spring semester with an induction ceremony, where nine brilliant students were initiated to the Arkansas Delta chapter of Alpha Epsilon Delta.

This year, the new officers are expanding our reach even more by putting more emphasis on other pre-health programs such as pharmacy, dentistry, veterinary, optometry, physician assistant, physical therapy, occupational therapy and many more. We are looking forward to what we can accomplish this academic year of '17-18.

Article by: Austin Phan

University of Arkansas at Fort Smith Arkansas Delta

California Epsilon

University of California at Irvine

The California Epsilon chapter of Alpha Epsilon Delta at the University of California, Irvine has been established since 1978 and we are going to be celebrating our 40 year anniversary this upcoming academic year of '17-'18!

Our members are coming back from summer break and are getting ready for our Fall rush events and for the upcoming year's community service events. We are going to gear more towards building professionalism by having workshops and more various types of health care professional speakers.

Our meetings include having speakers from different aspects of the healthcare field. Some of our speakers are surgeons, nurses, emergency medicine doctors, nurse practitioners, psychiatrists, pharmacists, dentists, and the list goes on. We also hold professional workshops such as mock interviews, MMI interviews, resume and CV building workshops. We also have a workshop where our alumni, who are in graduate schools, come back to share their experiences. During the fall and winter quarter we like to host an event called Skid Row. We make handmade fleece blankets, and create care packages with dental hygiene kits, women hygiene kits, first-aid kits, and food. We travel to Skid Row in Los Angeles and hand them out to those in need. We also like to take out individuals and treat them to a meal. During these two academic quarters, we also raise funds to donate to organizations such as CHOC, Alzheimer's Disease Association, Doctors Without Borders, Camp Med at UCI, and other organizations

which give back to the community.

During the Spring quarter we like to host a free health clinic where we go out and educate the underserved community about preventative health care services and screenings. At the free health clinic, we provide TB screenings, hepatitis screenings, blood glucose screenings, blood pressure testing, HIV testing, and information about topics like mental health and nutrition. We also participate in Relay for Life during this academic quarter to contribute to the cause of fighting cancer.

We also invite our professors to a faculty banquet. We provide food, gifts, and play games. It gives us the opportunity to get to know our professors on a more personal level. Aside from the faculty banquet, we also have an end of the year banquet, where we give our seniors their gifts, to celebrate their time at UCI and their membership in AED.

This year we collaborated with The Princeton Review to prepare for our MCAT and GRE tests. This allows our students to get discounted prices for the preparation classes that will help our members achieve higher test scores.

We hope to collaborate more with the other AED California chapters and with other organizations on our campus in the future.

Article by: Jimmy Phan





We at Dominican University of California (DUC), a small private liberal arts university in the Bay Area, are thrilled to begin the first chapter of Alpha Epsilon Delta (AED) in Northern California. Our mission is "to encourage and recognize excellence in scholarship within the health sciences." We aim to encourage appreciation for health science education, as well as promote connections and networking among students, educators, and professionals. Ultimately, we strive to positively represent Dominican University as well as AED in our community.

We have just begun to build a foundation for our chapter at our university. Recently, we inducted 30 new members to our school's chapter. We are in the beginning stages of planning our community work. Thus far, our chapter's members have begun internships and individual community service projects. For example, our president (Aimee Steinwand) recently traveled abroad to Spain for a fellowship through the Atlantis Project (<https://www.atlantis-project.org/>). Other members have taught Science, Technology, Engineering and Math (STEM) to students of classes K-8 in underserved communities in the summers of 2016 and 2017. Half of

our AED officers (five) will be participating in our university's pre-med Kaiser Permanente internship program. We also plan on linking community service hours to our on-campus service-learning program. Through these activities, we hope to actively grow and strengthen our chapter here at Dominican University of California.

Submitted by: Cassandra Re

Pictured above: 2017 Founding members of AED California Kappa chapter at DUC from left: Victoria Worch (student services administrator) Daniel Vann-Victorino, Colon Cook, Frida Ceja, Cayla Guterrez, Aimee Steinwand, Nicole McIntosh, Vanessa Mendoza, Kaitlyn Console, Avni Gandhi, Jelaine Cunnanan, Tyler Johnson (faculty advisor).

Dominican University California Kappa

Florida Beta

Florida State University at Tallahassee

The Florida Beta chapter of Alpha Epsilon Delta is excited for the 2017-2018 school year after a very successful spring semester. Our chapter is anxious to welcome potential members and increase our impact on Florida State University's campus.

With a new school year underway, the chapter is thrilled to continue our meetings with guest speakers, donation drives, and fundraising events. These meetings are what our chapter revolves around and where members can mingle and learn more about their chosen professional path. Some of our favorite activities to participate in are the special events that occur in our area like Dance Marathon, Relay for Life, and Light the Night. These are only some of the many beneficial activities that the members of the Florida Beta chapter can participate in.

Dance Marathon at FSU heavily impacts this chapter. Each year several dedicated members raise over \$300 in order to participate in the 20-hour long dance event. All of the proceeds benefit Children's Miracle Network, and in particular, Shands Children's Hospital located in Gainesville, FL. Last year AED helped raise over \$1.8 million dollars for the kids! We cannot wait to see how successful this year's marathon will be.

Our chapter has been fortunate to partner with the Caribbean American Medical Education Organization (CAMEO). Every spring break we send a team of members to volunteer at free clinics in several locations around Jamaica. In a week's time our members may interact with up to 600 patients! This is an excellent way to gain medical experience as well as help those in need. To fund this trip, we organize many fundraisers during the fall and spring semesters. One of our most popular events is the CAMEO 5K marathon that runs through Florida State's beautiful campus.

Our chapter looks forward to expanding our current events and even adding new ones this year! We have been pleased with our progress in past semesters and cannot wait to meet our new members and help them through their journey as pre-health professional students.

Article by: Kara Harris





As a growing pre-health organization in the Tampa Bay area, the USF Alpha Epsilon Delta chapter continues to gain an understanding of our community and the best ways we can help as aspiring health professionals. Our organization has been able to expand socially and work on the skills of interaction and communication to help others and ourselves. Two of our favorite special events are Relay for Life (held at our campus track), and The Trinity Café, a homeless and hungry shelter in our community.

One of Alpha Epsilon Delta's biggest and most meaningful event is our participation in the Relay for Life event. As an organization, each person is committed to this event and uses their creative abilities to create a fun and social environment while raising money for a charitable cause. During Relay for Life, each hour was dedicated to a different theme that reflected different cultures or periods in time. Our organization made sure to have a minimum of 3 members per theme dressed in our best for each hour! It was amazing to see how well members connected with one another and showed others that you can have fun helping others. The Florida Delta Chapter was able to raise a total over \$900 for this event and we were able to make connections with people around the community and introduce our club to many different people who came to participate in the event. Relay for Life is one of our favorite events thus far and we are excited for this year's Relay for Life event!

Another event that is special to our chapter is our participation in Trinity Café. Trinity Café is a local food shelter that serves a free meal to the homeless every afternoon! This volunteer opportunity allows us to understand and listen to the stories of homeless individuals in our community and give them a safe and social environment to ease their troubles. While relating to the homeless on a personal level, we can offer advice as aspiring medical professionals and give them a person to talk to. Trinity Café is an amazing event that places each member at a different table doing a different job. Some members will be designated to sit at the table and spark conversations within the groups, and some will be asked to serve and seat individuals. Volunteering week after week has given us, as an organization, a way to see people in the community grow and reach their ambitions. After a few weeks of not seeing some of the usual diners, we will hear about how they have bettered themselves and have created a balanced lifestyle and no longer need the help of Trinity Café. As stated on trinitycafe.org, "Humanity begins with a meal." Our organization will continue its work at Trinity Café and offer help in the best ways possible!

Article by: Cory Salcedo

University of South Florida at Tampa
Florida Delta

Florida Epsilon

Florida International University in Miami

Every year, AED members volunteer in various projects and events to help the community, while also gaining valuable experience. This year, AED has been very active in all sorts of humanitarian work, such as Camillus house, STEM Saturday, Adopt-a-Floor, various charity walks, and Relay for Life.

Out of all these activities, one of the most meaningful activities AED has been a part of is Relay for Life, which is hosted by the American Cancer Society every year as a way of fundraising for cancer patients. The event brings college clubs, organizations, fraternities, and sororities together to fundraise by selling food and setting up various games and activities people can pay to participate in. All the money raised during the event is designated to help cancer patients. This year, Florida International University's theme for Relay for Life was the 90s, and AED decided to set up a Rugrats-themed tent, based on a popular cartoon from the 1990s. Later that night, our organization also participated in the walk along with all the other organizations that took part in this event. It was a successful event and AED was able to raise a good amount of money.

Another meaningful experience some of our members were able to take part in was the mission trip to Guyana. The trip was not only a great experience for the members, but was also for a great cause: the improvement of the life of the indigenous people. The main purpose of the

mission trip was to spread medical awareness and knowledge among adults and children and to provide them with the resources needed to protect themselves from various illnesses.

STEM Saturday was one of our regular activities. STEM Saturday, organized by FIU Herbert Wertheim College of Medicine's Neighborhood Help Program, serves the purpose of helping children in low income areas get involved in the STEM field. This program promotes an interest in STEM education and hopes to inspire children to choose a professional career in the field. Our members helped the medical students by helping the children engage in program activities and science experiments.

This coming year, AED will continue its volunteer work and plans on taking part in Camp Boggy Creek, Relay for Life, and another mission trip. AED also will continue to take part in Adopt-a-Floor, STEM Saturday, and Camillus House.

Article by: Sabah Sikandar





The Florida Iota Chapter of Alpha Epsilon Delta, located at Florida Southern College, has been very active so far this year. With our officers and faculty advisors taking leadership in this society, we have been able to take advantage of its prestige in all aspects, and grow membership in ways that allow us to work together.

One of the ways we have built upon our strength is through volunteering. Hope Equine Rescue, located in Auburndale, Florida, is an organization that is close to our heart. This rescue is dedicated to taking in horses that may be abandoned or given up by their owners. By providing veterinary care and training with the help of their volunteers, they can be put up for adoption and given a better life. We reach out to this organization a few times per semester, helping with the various tasks at hand.

Another volunteer event that occurred this past year is Florida Dental Association's Missions of Mercy. It is a free dental clinic for underserved populations throughout Florida. This year we drove up to Pensacola to assist dentists in cleanings, surgeries, and evaluations. The pre-dental students loved learning from well respected dentists that volunteered from around the state.

A major event in our organization's history happened this year – the installation ceremony. Students and faculty of Florida Southern College gathered in celebration of the establishment of our chapter of Alpha Epsilon Delta, Florida Iota. We shared dinner with each other as we discussed our experiences in the pre-professional fields with excitement of being inducted into such a prestigious society. Executive board members were introduced and inducted our chapter. The chapter was presented with a plaque of all of the names of the founding members. Several AED members will be inducted in this upcoming year, and we hope to continue to stand out on our campus as an organization of excellence.

Article by: Jamie De Nisco

Florida Southern College
Florida Iota

Georgia Alpha

University of Georgia at Athens

The Georgia Alpha Chapter of Alpha Epsilon Delta is looking forward to another exciting semester filled with opportunities to get informed for all professional health pathways. At our spring 2017 initiation ceremony, we welcomed 69 new members, bringing our chapter to over 180 members total.

Our first meeting this semester was a Mini Mock Interview practice. To open this meeting, guest speaker Elizabeth Hughes told us about the various interview techniques that medical and dental schools use. After a very informative presentation, the floor was opened to questions, and she provided in-depth insight into the processes that go into graduate school admissions. Her excellent presentation gave way to the interactive part of the meeting, in which students were given a wide variety of sample MMI questions, from general to ethical decision making, and took turns acting as interviewer and interviewee. The one-on-one interviews students did with each other were extremely beneficial, as they gained exposure to possible questions and could constructively criticize one another.

Another important event for us was our Diversity in Healthcare event, in which we hosted professionals from different fields such as science professors, pharmacists, psychiatrists, and doctors. Over 130 students were given the opportunity to question and seek advice from the professionals about their respective fields of study and how to overcome the challenges that under-represented minorities face when coming into the field of healthcare.

Taking a look ahead, we are looking forward to many other meetings. In early October, we will welcome a panel of 20 faculty and students from the Medical College of Georgia. The panelists will be answering various questions about the admissions process and life in medical school. Later on in October, we will join with Partners in Health for an exclusive screening of *Bending the Arc*, a documentary detailing the incredible work of three young individuals who worked, against all odds, to bring quality healthcare to the most unlikely locations. Finally, in November we will be hosting a community service meeting, in which a group of representatives from various organizations like Mercy Health Center and the Salvation Army are coming to inform members how they can be involved outside the classroom in their local community.

Finally, we are laying the groundwork for another productive spring semester with various events already being planned including medical school visits to both Emory School of Medicine and Medical College of Georgia. We are also planning personal statement workshops. We also hope to partner with other AED chapters in Georgia.

Article by: Jonathan Heyman





The Georgia Epsilon Chapter of Alpha Epsilon Delta at Mercer University strives to unify the University's pre-health student body, and create a resourceful, supportive environment crucial for student success. AED will continue providing our members with opportunities to thrive in their respective pre-professional tracks and further develop a deep appreciation for the healthcare field. This year, we will focus on further expanding our organization, increasing involvement among our members, and organizing monthly service events to bring together the Mercer and Macon communities.

In April, we hosted our suture workshop in collaboration with medical students from Mercer University School of Medicine. Participants were given suture kits, and lacerated bananas. They were taught proper suture techniques. It was an enjoyable event to wrap up the spring semester.

We had an excellent start to the Fall 2017 term with our first general meeting. This event introduced our newly elected executive board members to the members of AED and informed students of the various events that they will be able to participate in within the next few months.

In September, AED sponsored its first big event, the Four-Year Plan workshop, which outlined all the necessary core classes students need to complete in order to meet the requirements for their respective majors and tracks. Aimed at first-year students, this event enabled students to develop a personalized academic plan with guidance from our very own executive board members and chapter advisor! Not only did this

event allow students to organize their class schedules, but it also allowed our executive board members to engage with and form personal bonds with those new to AED. We understand transitioning into a university environment can be a difficult, daunting process for many students, and we would like to make them feel comfortable and supported as they embark upon new endeavors.

We will be holding our popular event, Mentor Cafe, in October. This event allows any pre-health student on campus to receive valuable advice from upperclassmen about extracurricular activities, time management, study habits, professional schools, and standardized exams to ensure ultimate success! In late October, we will be co-hosting the annual Medical School Life Panel with six students from Mercer University School of Medicine. Students will have the opportunity to ask questions regarding medical school and get an insight into the life of a medical student!

Currently, we are in the midst of planning ahead for the 2018 Alpha Epsilon Delta national convention by applying for travel grants and accepting interested members to represent the Georgia Epsilon chapter. Later this year, we plan to schedule an AED general meeting with local healthcare professionals to provide guidance and perspective for our aspiring medical professionals. We look forward to the many events that we have planned and another successful year with Alpha Epsilon Delta!

Article by: Birva Patel

Mercer University Georgia Epsilon

Illinois Zeta

Elmhurst College

Maintaining a tight-knit relationship with our alumni is something that we highly value at Elmhurst College. Our Alumni that have gone into health care can provide students with first-hand experience varying from how to effectively talk and communicate with patients to advice on preparing for entrance exams and interviews. Here are just a few events that exhibit our close connection and appreciation for Elmhurst College Alumni.

Take, for example, a successful open heart surgery, the future of robotics and technology in health care, and cutting edge research in cancer biology. While it is exciting and certainly important to focus on the positive aspects of health care, it is just as important to realize the negative, stressful, and unfortunate aspects such as delivering bad news. While delivering bad news is never easy, it is an inevitable reality in health care. Elmhurst College AED members sat down with alumni Jacob Stelter, M.D. and Melissa Giese, D.V.M., to discuss just how important a health care worker's attitude is when delivering bad news. These two experienced physicians provided our students with eye opening experiences as to how they learned to (and are still learning to) deliver negative news to patients. Topics included making patients comfortable,

coming to terms with death and dying, discussing uncomfortable subjects with patients, dealing with language barriers, and handling the overall stress and self-guilt that comes with delivering bad news.

This October, Elmhurst College AED will explore the ethical aspects of health care and will be joining alumni as well as the Director of the Health and Values Program at Dartmouth College, Bill Nelson, Ph.D., to discuss the application of ethics in health care. Dr. Bill Nelson and our alumni will also give key advice on interviewing for professional programs in health care.

Regardless of your chosen field in health care, it is important to set yourself apart from other applicants when it comes time to apply to professional school. Our AED members learn crucial information on how to write a personal statement that sells, handle the interviewing process, study for entrance exams, and learn more about the recommendation committee process.

Article by: Morganne Evans





The Kansas Alpha chapter of AED at Kansas State University chooses to focus on educating pre-health students on the inter-professional relationships between a healthcare team. We believe this is a good skill for pre-health students to have before entering pre-professional schools and will serve them well in their future career. AED accomplishes this goal in several ways. First in each meeting a member of AED presents a brief report about a current events topic in healthcare. Topics have ranged from antibiotic resistant bacteria, to health economics. The speaker focused on how this topic affects each branch of healthcare and how each entity works together to solve the problem.

Second, in the Spring of 2017 AED hosted an inter-professional panel for the K-State Pre-Health community. During the panel, a group of healthcare providers were posed with an emergency scenario, in this case a car accident, and asked to explain their roles in that situation. A paramedic, emergency room nurse, physician, pharmacist and physical therapist were all available to speak. As each provider

explained their roles, they also spoke about how they interacted with the other healthcare professionals. Through each speaker's testimonies the importance of a healthcare team was highlighted and it became apparent that each provider's role was essential to improve patient outcomes.

AED also had several fundraisers hosted by Orange Leaf together with the K-State Pre-Health Ambassadors to raise money for a scholarship. This scholarship will go to a K-State pre-health student to pay for them to obtain a certified nurse's aide or emergency medical technician certificate, in the hopes that this experience in healthcare will benefit their future pre-health career. The Kansas Alpha chapter looks forward to continue serving the K-State community in the upcoming semester.

Article by: Katie Rosa

Kansas State University at Manhattan
Kansas Alpha

Kentucky Alpha

University of Louisville

The University of Louisville Chapter has continued to stay true to the beliefs and foundations of Alpha Epsilon Delta. This chapter has continued to follow the Alpha Epsilon Delta motto "Truth I Pursue". This phrase speaks to the importance of pursuing the knowledge one must attain in order to continue keeping the oath of not doing any harm. It stands for the belief that all those who seek a health profession must continue to keep their promise of maintaining the well-being of others.

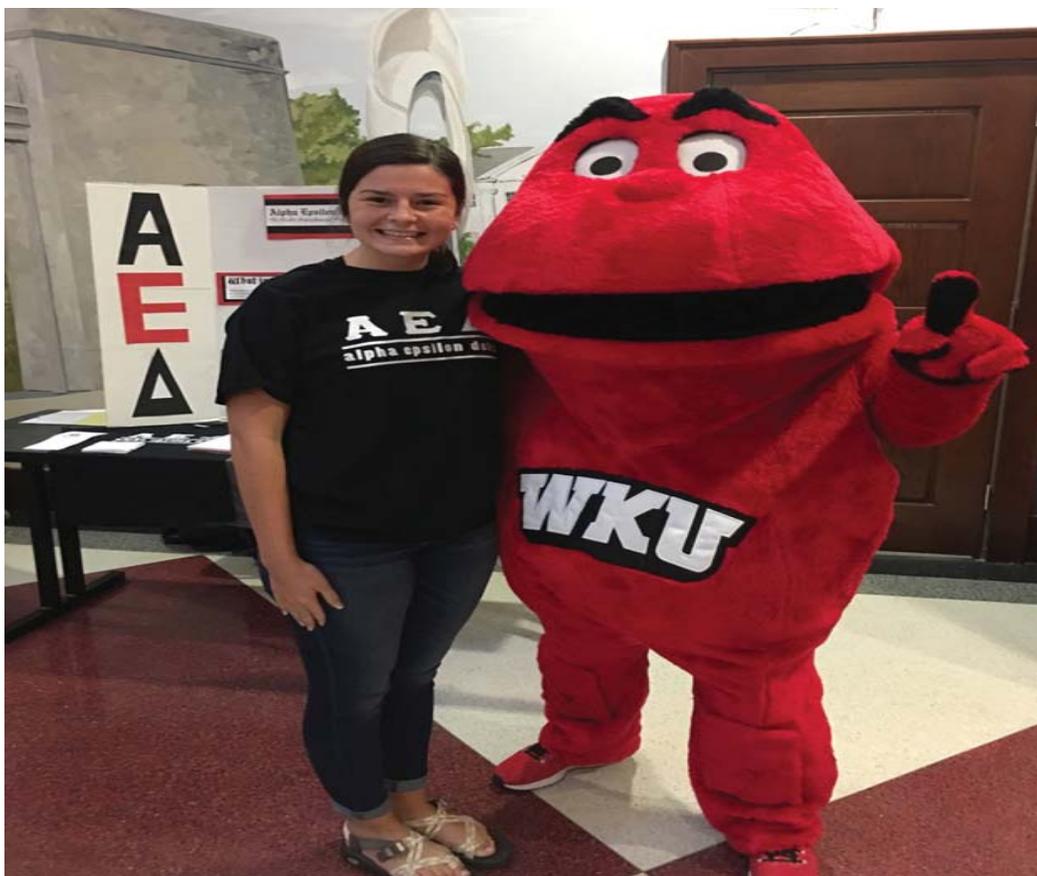
We have participated for many years helping local and international organizations such as Uspiritus and Supplies Over Seas. Some wonderful events our chapter has participated in with Uspiritus in the past and this year include the annual Halloween Trick-or-Treat at the Louisville Zoo. Other activities we do monthly with Uspiritus include playing sports and board games with the kids. Supplies Over Seas is another organization we have and continue to work with. Supplies Over Seas is an organization that collects excess unused medical supplies and sends them to lo-

cal charity organizations in countries where their healthcare is underdeveloped or has a limited supply of equipment.

This past month, we had our first successful student body meeting of the fall semester with our new officer slate. During the meeting, we voiced the need for students to become more active within the organization and the local community. We also had a small social activity with food and games in order to have the students participate and introduce each other. Many state that they are excited for becoming new members and that they look forward to spending their time learning more about AED meeting speakers that range from a variety of health and science fields.

Article by: Oby Igwe





The spring semester was a busy time for our chapter. We hosted a pancake study night in preparation for finals for all our members to enjoy some late night brain fuel. Our end of the year banquet took place at Mellow Mushroom restaurant. This was an opportunity for seniors to reflect on their time in AED.

During the spring, a group of students volunteered at The Center for Courageous Kids in Scottsville, Kentucky. The Center for Courageous Kids is a non-profit organization that aims to inspire and empower severely ill children. Kentucky Gamma inducted ten new members in the spring of 2017. The ceremony was followed by a catered reception. New officers were elected during the reception. Logan Reynolds was elected as chapter president.

At the beginning of the school year our chapter participated in Discover Fest, an event held to promote student involvement in campus orga-

nizations. Several different student organizations were present at this event. This event attracted many students, especially freshman. We created a trifold, had information flyers, and promoted our social media accounts at this event. We had a sign-up sheet where students could leave their email address to be informed on meeting times and dates.

Christa Segó, our Community Service Coordinator is pictured with our school mascot, Big Red, at Discover Fest. We have created a new T-shirt design that each member purchased when they paid dues. These T-shirts will promote the growth of our organization on our university's campus.

Article by: Kathleen Wilmes

Western Kentucky University Kentucky Gamma

Louisiana Beta

Louisiana State University at Baton Rouge

The Louisiana Beta chapter of AED at Louisiana State University has initiated several new volunteer opportunities and service projects for our members this semester. One of these service projects is a mentorship program with the Boys and Girls Club of Greater Baton Rouge. In this program, each of our members is matched with one child to provide one on one mentoring. This program provides a safe, positive, and engaging environment for elementary students here in Baton Rouge. Our partnership with the Boys and Girls Club is a popular on-going service opportunity, where members can make a positive impact for the local community's youth.

Our main philanthropic commitment is to Youth Oasis, a shelter for abandoned and homeless youth in the Baton Rouge area. Ten selected members visit the children weekly to talk, play, and serve as positive role models. AED has played a crucial role in educating the abandoned youth and supporting Youth Oasis's mission of breaking the cycle of homelessness in our community.

The Louisiana Beta chapter also prepares our members for medical school by providing them with informational meetings about the application process and giving them insight into our local medical schools. This fall, our chapter will host our annual Deans Convocation, in which Dr. F. Scott Kennedy from LSUHSC Shreveport School of Medicine and Dr. Robert Eubanks from LSUHSC New Orleans School of Medicine will talk to our members about the different amenities of their medical schools, as well as what to expect once admitted to medical school. Dr. Eubanks will return later in the semester to conduct a mock medical-school interview with our president, Leslie St. Pierre. These meetings are highly anticipated and well-attended.

Article by: Nicole K. Eghtesadi





Every year AED at the University of New Orleans put on a Health Fair, which promotes different careers in the field of medicine, and a living a healthy lifestyle. Different hospitals and medical school attended the Health fair this year, including University Medical Center and LSU Medical School. The fair provided students and other attendees with the opportunity to speak to prospective schools and other organizations related to the field of health. At this event, AED provided food at the health fair and had interesting medical devices people could use. The Health Fair even gave the attendees the opportunity to obtain a free HIV test! This event was very successful and benefitted many people in different ways.

Members from the US Army hosted a suture clinic for our AED chapter. This event gave students hands-on experience doing one of the most basic, but one of the most important medical procedures. Students also learned how they can pursue a medical career through the US Army.

Submitted by: Karen Gallegos Diaz

University of New Orleans
Louisiana Theta

Louisiana Iota

Louisiana State University at Shreveport

In staying true to the ideals written in our mission statement, the Louisiana Iota chapter of Alpha Epsilon Delta is committed to excellence in all areas of academia, service, and integrity. We exhibit hard work in our studies along with professionalism at our business meetings, all of which prepares us for our future occupations. At the core of our chapter, however, is our desire to give back to the community and provide service to those in need. Several of our members accumulate many of their community service hours through charity clinics, such as the Martin Luther King Health Center and Pharmacy and the Pool of Siloam Medical Ministry, the latter of which our organization raises money for every year. At these clinics, we are able to experience direct patient contact, take vital signs, and shadow medical practitioners. With this great experience, we are able to assist our local community and see first-hand the miracle of the medical field.

Along with our regular volunteering opportunities, our members are always eager to help out when tragedy strikes, whether it is locally or across the world. Last semester, our chapter assisted a fellow campus organization, Minority Association of Pre-Health Students, in a Syrian Relief Drive. We packed about 130 boxes filled with clothes, shoes, blankets, toys, and

other necessities, and shipped them to the refugees. More recently, on September 22nd, many of our members drove down to assist in the hurricane relief effort from Hurricane Harvey, a Category 4 storm that caused extensive damage to southern Texas and other areas. In Orange, our members worked on a few houses, tearing down moldy drywall and cleaning up the damaged homes for families in dire need of the help. Through this difficult work, our members were able to gain the true insight of helping the community, even when that community isn't your own.

Since it is still early in the fall semester, our Louisiana Iota chapter is eagerly looking forward to the community service events we plan to participate in this year. We hope to continue giving back to our community, and we strive to leave this place better than it was before. Alpha Epsilon Delta is an honor society that has given us many opportunities, and we intend to pay it forward with our service and hard work in this upcoming year.

Submitted by: Victoria Umling





Greetings from the Epsilon Chapter of Alpha Epsilon Delta at Wheaton College in Norton, Massachusetts. We are happy to inform you about the great deal of success that we were all a part of last spring (2017) when we held our second annual induction ceremony. We are incredibly thankful for the existing members, faculty, and parents who made this day one to remember for the new members. It is our honor to welcome in upwards of twenty new members to our Chapter of Alpha Epsilon Delta.

We are excited for the future and have high hopes to continue growing our Chapter in years to come. Our Chapter will be holding our third annual induction ceremony this upcoming spring (2018). This fall, the executive board is meeting on a weekly basis in order to chart a course and set goals for both the spring of 2018 and beyond.

We are currently working on two main projects. Our first of which is working with the Taunton

Housing Authority of Bristol Commons. Bristol Commons is a low income community. We run a health and wellness program with the children from the community on a bi-weekly basis. We plan fun, engaging programs for these children. A few of the program topics we are planning to roll out this fall are nutrition, healthy eating, physical activity, and the importance of stress management.

The second project we are working on for the upcoming year is Be the Match which is a national marrow donor program. Our Chapter will be coordinating with other organizations here at Wheaton and encouraging campus-wide participation in this program. The Epsilon Chapter of Alpha Epsilon Delta is excited about our plans for this semester, and for the future.

Wheaton College Massachusetts Epsilon

Massachusetts Gamma

Boston University

The Massachusetts Gamma chapter of Alpha Epsilon Delta had an engaging and exciting spring and fall 2017. These semesters focused on events in our community as well as events to help our community understand larger issues. One of the most successful events this year was the panel titled "Health Care Under the Trump Administration", held on March 30th at Boston University, to address concerns and questions around health policy after the election and inauguration of our 45th President. Current president Grace Ferri highlighted the importance of the panel to create a forum for discussion and understanding because it addressed student concerns about the impending repeal of Obamacare. The panelists were distinguished professors and faculty at Boston University, ranging from Public Health specialists to an economist and Purple Party candidate. The chapter hopes to continue hosting events like this to equip students to understand healthcare in the current political climate and educate them on topics relevant to medical and scientific research.

Other ways members are involved are through standing partnerships with organizations such as the Alzheimer's Foundation of America, the

BU Alzheimer's Disease Center, Rosie's Place, the Massachusetts Association for the Blind and Visually Impaired, and the Boston Children's Museum. For example, students volunteered at the Healthy Kids Festival at the Boston Children's Museum to help promote and encourage children to practice healthy habits, such as visiting the dentist and receiving immunizations.

Students also have the opportunity to attend events and conferences during each semester. This semester, we look forward to expanding our chapter and hosting more events with our partners. Our current chapter is made of about 30 members with 11 new inductees as of spring 2017. We hope to grow with about 20 more members inducted next spring. Some upcoming events are lecture series and talks at the Museum of Science and Harvard University, volunteering at a memory cafe, and social events with chapter members. These events embody the goal of the chapter to foster and encourage interest and passion for healthcare, work and engage with our community, and develop skills to make a difference in the world.

Article by: Nikita Varman

THURSDAY, MARCH 30, 2017
6:30 PM
LAW AUDITORIUM

Alan Sager, PhD George Annas, JD, MPH

Sophie Godley, MPH Laurence Kotlikoff, PhD

PANEL: HEALTH CARE UNDER THE TRUMP ADMINISTRATION

HOSTED BY
Alpha Epsilon Delta, the Health Preprofessional Honor Society of Boston University, in collaboration with the Kilschband Honor College



The Massachusetts Zeta chapter of Alpha Epsilon Delta at Northeastern University is looking forward to the events we have planned for this coming Fall 2017 semester on the themes of "pre-professional" and "community service".

At Northeastern, we have a co-op program where students work full time for 6 months in between semesters of classes. To provide our underclassman members with perspectives on co-op, we will be hosting a co-op panel, providing an opportunity to ask questions regarding job placements and situations that arise in the workplace. This pre-professional themed event is planned for the end of September.

We will also have an event called "The Application Scaries" taking place around Halloween to discuss the application procedures of medical school, PA school, veterinarian school, and dental school. This event will also be in the style of an open panel of current and past applicants to health graduate programs. By holding these events, we hope that students can feel more comfortable about applying to graduate programs and co-ops alike.

For community service, we will be running a 5K as a chapter on October 29th. The race is a fundraiser for cancer research at Massachusetts General Hospital.

We look forward to continuing to plan exciting events as we enter the spring semester and welcome our third class into the Massachusetts Zeta chapter. Some ideas for the end of the fall and beginning of the spring semester include: mentoring program, suture clinics, and recertification workshops for CPR.

Article by: Gabby Brauner

Northeastern University in Boston
Massachusetts Zeta

Michigan Beta

Hope College in Holland

The Hope College Michigan Beta Chapter of Alpha Epsilon Delta has continued to become more involved on campus and in the Holland community. This spring we welcomed twenty-six new inductees. Dr. Kristi VanderKolk, Assistant Professor at Western Michigan University Homer Stryker School of Medicine, spoke at the ceremony.

In March, we created a team for Hope College's annual Dance Marathon. Through our participation, we were able to help fundraise a record-breaking donation for the Helen Devos Children's Hospital. Members of our chapter sold teddy bears for children at Helen Devos and hand-delivered them with a note from a student. These are traditions we hope to continue in Spring 2018.

Our chapter also continued our partnerships with the Center for Childhood Development and Kids' Food Basket. Members attend a Sensory Saturday at the Center for Childhood Development to work and play with children with developmental disabilities. Students also packed sack dinners for children who are experiencing hunger with Kids' Food Basket. These are two great local West Michigan organizations that we are thankful to be able to serve.

This fall semester we kicked off the year with a Welcome Back Walking Tacos event. Members welcomed new students intending to pursue a career in healthcare. Freshmen were given the opportunity to meet our pre-health advi-

sor, Marikay Dobbins, and other pre-health group leaders to discuss opportunities and get contact information over walking tacos.

We are looking to continue to develop our mentoring program this fall. Over eighty new students signed up to have an upperclassmen mentor for this fall. We are currently working on matching them all and getting them in contact with one another. It is our goal that the mentoring program creates a sense of comradery amongst pre-health professions students at Hope College.

In the upcoming weeks we are looking forward to our annual participation in the Holland Free Health Clinic's Run for Your Life 5K. The Holland Free Health Clinic is a local organization where many Hope College students volunteer. We are happy to help them serve the community in any way we can. In October, we will also be hosting a session of Kent County Health Department's Health Equity and Social Justice Dialogue Workshop to help form discussion surrounding health disparities and social determinants of health. The 2017-2018 school year is off to a strong start, and we are anticipating a year to remember for Hope College Beta Chapter!

Article by: Kristen Godwin





Michigan Epsilon chapter of Alpha Epsilon Delta, at the University of Michigan - Ann Arbor, continued some favorite traditions and created some new ones in terms of social, service, and professional development events. Our semester started off by hosting the annual Snowball Dance for Special Olympians. The night was filled with dancing, games, and photography at the photo station.

We continued to participate in service events such as Relay for Life, Dance Marathon, Detroit Partnership Day, and Adaptive Gymnastics. The Relay for Life team more than doubled their fundraising goal by raising \$7,050 and the Dance Marathon team contributed to the entire organization at the University of Michigan, which raised \$510,702.86 for pediatric rehabilitative therapies for families in the community.

The chapter was extremely fortunate to have many inspiring and thought-provoking meetings, featuring leading professionals in various healthcare fields. Dr. Mark Fendrick, M.D., a professor at the School of Public Health, led a discussion on changing health care policies. A journal club centered on CRISPR was hosted by Dr. Jason Spence, who led to a discussion about

the ethics of genome editing technology.

In order to better prepare our students for different application cycles, the Professional Development Chair organized a luncheon attended by various AED alumni who answered questions, gave advice and shared their experiences in medical, PA, dental, and pharmacy schools.

There were some great victories this semester as well. Michigan Epsilon took first place in Professional Greek Week, a week long competition consisting of powderpuff football, cheerleading, karaoke, trivia night, and Michigan's Next Top Professional. The broomball team also performed very well in the playoffs for the championship title. The chapter came together to paint the infamous rock on campus as a farewell to an amazing year. With so much accomplished this semester, Michigan Epsilon is excited for the year that lies ahead.

Article by: Charlie Ferreri

University of Michigan at Ann Arbor

Michigan Epsilon

Michigan Gamma

Michigan State University at East Lansing

The members of Michigan State University's chapter of AED are excited to be kicking off the new school year! We place significant focus on increasing our presence on campus, community service, and creating stronger bonds within our chapter.

In August's schedule, we directed our attention towards outreach by marketing and promoting the AED brand to new members at events like Sparticipation, an extracurricular fair for incoming MSU students. We hosted our first general body meeting in the month of September which focused on the benefits and opportunities of joining AED (including our annual highly-anticipated trip to the Dominican Republic). We also planned various tours to medical schools around Michigan. We also schedule dates to visit Cass Clinic at the medical school at Wayne State University. The clinic dates are set up so members of AED can shadow medical students on their clinical day and participate in clinical tasks providing valuable exposure to attending physicians.

We want to prepare our members for success in their future careers and give them insight into different medical disciplines. Therefore, students had opportunities to attend guest speaker events and panel discussions. These covered a wide range of topics, from giving advice for students interested in entering their health pro-

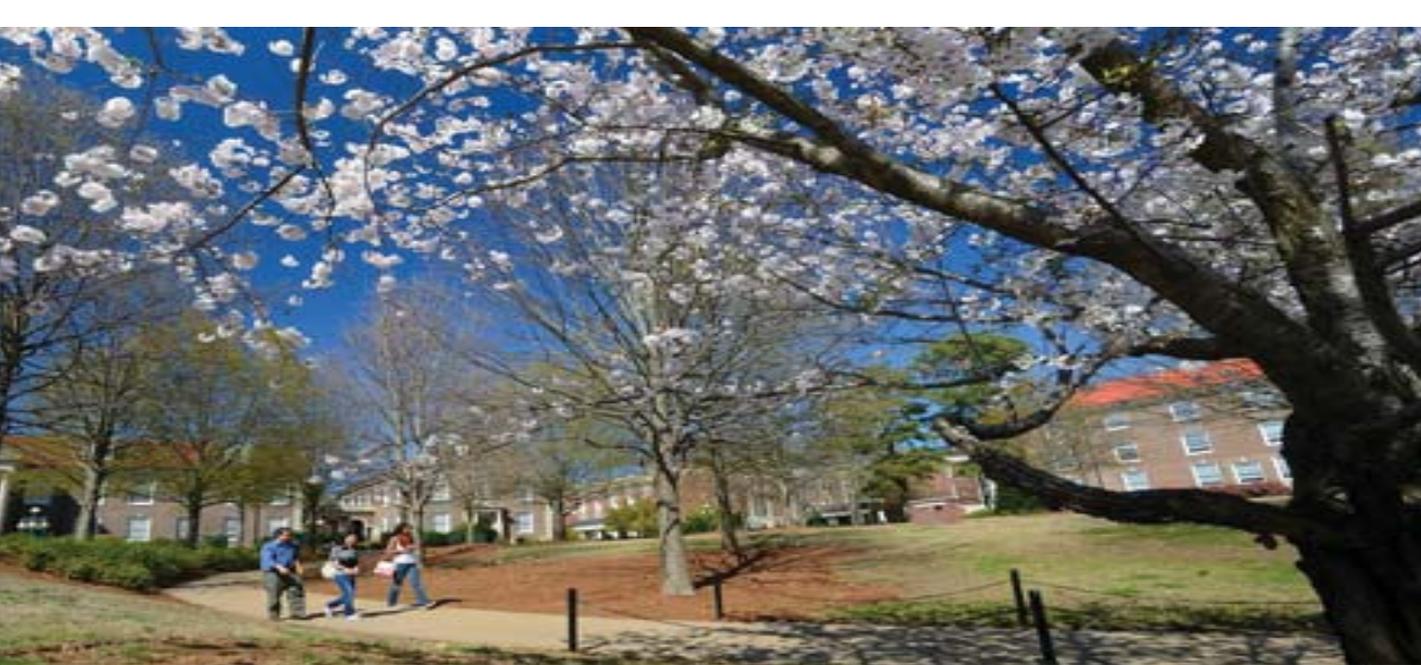
fession, to performing undergraduate research and obtaining healthcare-related experience. We are grateful to maintain close connections to these mentors because our students gain unique experiences and perspectives in the practice of medicine.

The schedule for the upcoming months includes volunteering and community involvement events, such as participating in a 5K walk for breast cancer, providing food preparation and service at the Ronald McDonald House, providing entertainment for kids with displaced families at Haven House, and assisting at the senior retirement community of Burcham Hills.

We have also planned events to strengthen our connections with our new members including a trip to a local cider mill and study group nights. As more members join our AED family, our unity gives us even more inspiration and drive to pursue our medical field aspirations. We are all honored to leave a lasting impact in our communities and with the people we meet along the way under the name of AED.

Article by: Emily Wong





As future health professionals, our *Alpha Epsilon Delta* members should be advocates for an overall healthy lifestyle. This mindset corroborated our decision to team up with the *RebelWell Initiative* to assist in fostering healthy mind, body, and spirit. During the Spring 2017 semester, we were the main volunteers for two *RebelWell* events including the *RebelWell* health fair at Oxford Middle School and *Walking Wednesday* at Oxford Elementary.

At the middle school health fair, we promoted and educated children on nutrition and various types of exercise with 5 stations comprised of activities on how to build a better breakfast, calcium/strong bones, aerobic activity, muscular strength, and flexibility. In addition to educating on the benefits of these topics, our goal was to help children discover a zeal for healthy activities; therefore, making them more likely to implement these into their daily lives in the future. It was evident quite a few children were never taught basic nutrition or stretching from their parents/guardians. They could not distinguish the names of common fruits, such as pears or blueberries, because they are never introduced to fruit at home. Although it was dis-

heartening to find this out, this meant that our volunteering could make a bigger impact than initially anticipated.

At *Walking Wednesday*, we exercised with children in the morning before school began, which was a great energy booster to start the day for all of us. We walked around the track intermittently stopping at stations with a specific task to perform such as jumping jacks, skipping, or jumping rope. We enjoyed watching their beautiful smiles and giggles as they held our hands around the track. Children tend to follow the actions of older peers and family, so when we physically engaged in the activity with them they wanted to do every exercise we did, which made them carry out the tasks with greater alacrity.

Article by: Sovent Taylor

University of Mississippi at Oxford
Mississippi Beta

New Jersey Beta

Stevens Institute of Technology in Hoboken

The NJ Beta Chapter of AED at Stevens Institute of Technology has been working diligently to assist students interested in pursuing a degree in healthcare to reach success. This past spring, AED hosted a number of students who are now pursuing a PhD, an MD, or DMD degree after Stevens. Having these students share their journeys has helped a number of students understand the application process and re-evaluate their goals. We also encouraged our members to attend a special lecture given by alum Dr. Jerome Granato '75, who has been a practicing cardiologist for over 20 years and was the first student from Stevens to be accepted into medical school.

In addition to helping our own members and those interested in healthcare as a profession, we are now planning to amplify the efforts of Stevens to raise awareness regarding the importance of mental health issues. Last year, Stevens was officially declared a Stigma-Free campus and joined a growing list of universities that

have taken the pledge to lift the stigma surrounding mental health disorders. In collaboration with the Stevens Health Professional Club, AED will be hosting a Mental Health Awareness event this coming semester. One of the school psychologists working within the Counseling and Psychological Services office will present on topics including anxiety, warnings signs of depression, and stigma surrounding mental health issues. Additionally, the university's Title IX coordinator will also be in attendance; she will be focusing on relevant campus topics including consent, sexual harassment and assault, and bystander intervention. It is our hope that these presentations will encourage students to recognize the signs and symptoms of those that might be in need of additional support.

Article by: Olivia Schreiber





Rowan University's NJ Epsilon chapter is developing really well, and creating a helpful and supportive community of pre-health students on campus. One of our most successful moments over the spring was partnering up with Project C.U.R.E. and their "Kits for Kids" program. Each of our members donated \$5 for a bag that we then filled with basic medical supplies. These kits are shipped to countries all over the world for children who need them. Our kits completed the amount that Project C.U.R.E. needed to send a shipment of supplies to a location in Armenia. Fifteen orphaned children in Armenia will have Band-Aids, toothbrushes, ointments, bandages, soap, sanitizers, and much more because of our donation. We plan to do this again every year, and aim to donate many more kits in the future!

We also hosted a suturing workshop for undergraduate pre-health students with the help of a medical student from Rowan's MD program at Cooper University Hospital. The medical student

taught us proper suturing technique through the use of pigs' feet and basic suture needles, as well as a presentation that contained detailed, step-by-step instructions. This experience was extremely helpful, and gave students a feel for how steadily we must work with our hands as a health care professional.

NJ Epsilon has a lot of exciting events planned for this next year, and we can't wait to share them in the next scalpel report!

Article by: Kayla Green

Rowan University in Glassboro New Jersey Epsilon

New York Pi

Manhattan College

The New York Pi chapter at Manhattan College (Riverdale, NY) was inducted into Alpha Epsilon Delta in May of 2017. The process for starting the chapter began late 2015. Graduates, Sana Saeed, Mohamed Fazeem, Shabaz Ali, and current senior, Kaitlyn Rooney all took the initiative to begin this process of bringing the new chapter to Manhattan College. These students arranged for recommendation letters from chemistry, biology and physics faculty members, organized the student society, and wrote the by-laws and constitution for the chapter at Manhattan College. Toward the end of 2016, Kaitlyn Rooney (current president of the chapter at Manhattan College), and now graduate, Nicole Almanzar, finished the initiative to bring the preprofessional health society to campus. Physics professor at Manhattan College, Bruce Liby Ph.D. advised these students and was a tremendous help in organizing this induction as well. Bryan Wilkins Ph.D., biochemistry professor at Manhattan College, took over Dr. Liby's position and continues to help this society grow as a community.

The induction took place on May 6, 2017 in the Alumni Room located in O'Malley Library, Manhattan College. Dr. Kumbaraci, of the Alpha Epsilon Delta National Chapter, was there to induct qualified Manhattan College students into this society. Forty-four students were inducted. Some of the future professions of these induct-

ees included dentistry, optometry, podiatry, veterinarian and M.D. programs.

Currently the Alpha Epsilon Delta Chapter at Manhattan College is working to fundraise, especially for the victims of the hurricane in Puerto Rico. So far, we have volunteered at a Blood Drive hosted at Manhattan College. We have also organized a "Safe Halloween" event that will occur toward the end of October. During "Safe Halloween", children from the local community come to Manhattan College and rotate between classrooms. Each classroom is hosted by a club or society of Manhattan College. Alpha Epsilon Delta has set up activities for these children during their visit.

Since we are a new society and starting member activities as of this semester, we are only now beginning to build our accomplishments, but we have a lot of plans ahead of us. Currently we have posted advertisements and posters throughout the campus announcing our new society, and we hope to grow bigger as a preprofessional health community. We look forward to making this chapter the best it can be.

Article by: Kaitlyn Rooney





This past Spring 2017 semester, the New York XI chapter of Alpha Epsilon Delta at SUNY Oneonta focused on building connections with those currently in the healthcare field. By inviting multiple speakers on our campus, we were able to not only bolster our future aspirations, but also had the opportunity to address current issues within the field of medicine.

Dr. Emmanuel Appia-Kubi started us off with a seminar in February in which he spoke about the process as well as the experiences of getting into medical school and residency programs. It was also refreshing for us to hear from a recent medical school graduate. In addition, we also heard from a representative from the NY Chiropractic College in March. Both presentations helped to inform us on actions to take to get into our desired graduate schools. In April, we had the pleasure of co-sponsoring Dr. William Streck to speak on campus, former President and CEO of the local Bassett Healthcare Network and Chief Medical and Health System Innovation Officer. Dr. Streck spoke about the concerning social and economic impacts of an Affordable Care Act repeal. With over thirty

years of experience, it was both a well-timed and insightful presentation.

As always, our chapter loves to get involved with helping the community. This past April we had many volunteers to help clean up after Oneonta's annual OH-Fest concert. The Oneonta-Hartwick Festival is a collaboration of the two colleges that come together to celebrate the community with activities and live performances. Our volunteers helped to clean up after this concert, keeping Neahwa Park (where it is held) clean. Perhaps our most exciting event, our induction ceremony, brought dozens of new and eager members into our chapter. As our relatively new chapter grows, we hope to host more events that will continue to improve our community.

Submitted by: Chandler Kaufmann

Suny College in Oneonta
New York Xi

North Carolina Beta

University of North Carolina at Chapel Hill

The North Carolina Beta Chapter of Alpha Epsilon Delta at the University of North Carolina-Chapel Hill has led a fulfilling Fall Semester and looks forward to the approaching events. The pillars of pre-professional development, service, philanthropy, and social opportunities are at the forefront of our minds as we prepare for the semester ahead. One of the most exciting events we have planned is our annual "AED For the Kids Talent Show". This evening is filled with performances by partner organizations on campus including dance teams, improvisation theater groups, and a-cappella singers. Last year, we had a full house and hope that this year will bring the same support. All the proceeds go to Carolina for the Kids, which provide emotional, medical, and financial support for the patients and families served by UNC Children's Hospital. Additionally, our members are signed up to complete a number of volunteer activities in and around the Chapel Hill Community. One of our regular service opportunities includes preparing meals for parents and families staying at the Ronald McDonald House (RMH) of Chapel Hill. While staying at Ronald McDonald House, families are offered a home away from home while child patients are in the hospital. We generally cook twice a month, which simultaneously supports families during difficult times and provides RMH staff recuperation time from their busy schedules. Furthermore, we have a number of Saturdays scheduled throughout September, October, and November when our members will build with Habitat for Humanity (a non-profit that helps families safely and securely build their homes) and garden with Hope Gardens (a non-profit that raises combats food insecurity). We always encour-

age our members to consider opportunities to engage with and support the broader Chapel Hill community through faithful service. Later this semester, we are planning our annual Medical School Deans' Panel at which deans from North Carolina medical schools present on the keys to admission success. There is also time dedicated to questions and answers. This opportunity is open to the entire university community and offers students incredible access to leaders at their dream institutions. Developing relationships, fostering discussion, and educating students are just some of the highlights of this event. During our first meeting on September 21st, we were excited to introduce our newest members who began their journey as a part of Alpha Epsilon Delta and will have the opportunity to start making friendships of a lifetime. Over the course of the semester, we will pair them in a mentoring relationship with an older member in their field of interest through our Big-Little program. Throughout the Fall, we also hope to provide many outlets for our members to socialize and interact. We host indoor and outdoor game-nights, hiking trips, visits to the beach, football game picnics, and more! Personal relationships are at the heart of much of what our chapter accomplishes. Overall, we are excited to continue supporting our members' healthcare aspirations through a dedicated and encouraging community.

Article by: Anna Dodson





The East Carolina University chapter of AED is projected to have a very bright outlook in 2017-18. The executive board is working hard to recruit new members and create great events. This semester, we accepted 67 new members that passed a rigorous application process and performed well in their interviews.

To date, our most successful event was the speed friending event, in which old and new members met to choose who they would like to as a mentor or as a mentee this academic year. In the recent years, we have made one of our primary goals to be more united as an organization. That is why we created the mentor/mentee relationship, allowing the mentor to help their mentee feel welcomed in the club and assist them with college life at ECU. This provides underclassmen a chance to network with older students, and develop a connection which allows them to ask any questions they may have without feeling embarrassed.

Later in the semester, we have many guest speakers scheduled. Medical students, volunteer directors, research directors and others will address our AED chapter. We will also be involved in a few fundraising events to raise money for the Muscular Dystrophy Association, our philanthropic partner. We have planned several "percentage nights" with local restaurants and bake sales on campus to reach our goal

which is to donate \$1,000 by the end of the school year. We take pride in our chapter's ability to provide students with opportunities to volunteer, shadow, fundraise, and take on leadership roles.

Our volunteer chair has been in communication with the local hospital to allow some of our members to volunteer there. She has also planned events like serving food to the homeless and baking for the Hope Lodge Cancer Center.

Another event that we have weekly is study hall, which is a place where students can come and study and ask questions about classes and receive the help they need.

Each semester we have the member-led event where the members themselves research a topic and create an event which is open to all of our student body.

Each semester we host fundraisers, guest speakers, and volunteer opportunities. These are just a few of the many events that we have planned for the next academic year, and I am sure all of our members are looking forward to this year as much as the executive board.

Article by: Paola Perez-May

East Carolina University at Greenville North Carolina Epsilon

North Carolina Gamma

Wake Forest University in Winston-Salem

Wake Forest University's Alpha Epsilon Delta chapter has become a symbol of guidance for pre-health students in their journey into their chosen field. Our focus is to help students become the most successful, experienced, competitive applicant that they can be through education in the healthcare field and integrating philanthropy within the local community.

At the start of the semester, AED hosted "Pre-health 101" as a way to introduce the older AED chapter members to the younger incoming students. By bringing in upperclassmen, younger students were able to open their eyes to all of the various opportunities that Wake Forest has to offer and to see that AED is here to guide them through their upcoming years. Academics as well as extracurricular activities and volunteer opportunities within the community were discussed.

There are numerous ways to serve and it is one of AED's responsibilities to get involved in the local community. Wake Forest's AED is ever-present at the Wake Forest Baptist Hospital, Brenner Children's Hospital, a local Alzheimer's Day Care Center and countless other charitable events.

Recently, a member of the Personal and Career Development team at our University held an "Interview Information Session", to better explain the interview process. He was able to

make the interview process less daunting by suggesting ways that students can prepare themselves.

Upcoming events include a "Research Symposium", a "Gap Year Information Panel", a Brody School of Medicine Dean of Admissions visit, and a visit from a student at the Edward Via College of Osteopathic Medicine. We also plan to incorporate "families" into our chapter. Our "families" will consist of a sophomore, a junior and a senior. We hope that these "families" will help our students to gain insight and make connections.

Overall, 2017 has been a successful year so far and the Wake Forest AED Gamma Chapter looks forward to the upcoming semester.

Article by: Georgina Tiarks

Pictured below: Wake Forest University's NC Gamma Executive Board

Back Row (Left to Right): Sarah Hambright, Andersen Estes, and Georgina Tiarks

Front Row (Left to Right): Brianne Morrow, Becca Woodaman, Ali Eakes, and David VanEenaam





The Ohio Alpha chapter at The Ohio State University continues to strive for excellence by providing new opportunities for our members while maintaining the programs and activities that have made us a successful chapter. During the 2016-2017 academic year, our chapter made great strides in developing our organization to meet the needs of our members and our community as well as making new opportunities available that have attracted membership.

One program that we take much pride in is the Buckeye Tutor Team. After being selected through a competitive application process, members of the Buckeye Tutor Team volunteer on weekday nights at Nationwide Children's Hospital (NCH). The tutors assist the children, currently admitted to the hospital and unable to attend school, with understanding their academic material and staying on top of their current assigned workload. However, it is not just all work and no play. If the children are able to finish their homework and the tutors have some extra time before the end of the day, then it is not uncommon for students to play a board game or play cards with the patients. It is amazing how eager the children are to learn the material or complete an assignment when a game of Battleship is promised once they finish! The balance between work and play is not only therapeutic for the children but also for the tutors. The Buckeye Tutor Team is now in its 6th year of service and was honored to receive NCH's Volunteer Recognition Award in 2014 and to be recognized as a group for Volunteer

of the Month in 2017. We hope to see this program continue to flourish and show the children the importance of education.

Another opportunity that has consistently been a hit with our membership is our Dine with the Docs program. At the beginning of the semester, members fill out a survey indicating which health professions they are interested in learning more about through the program. The Dine with the Docs committee then finds a physician or other health professional to have dinner with a group of around six students who are interested in their health profession. Members not only enjoy asking the special guest numerous questions about their daily work life and field but have also formed connections and continue to communicate with these professionals following the dinner. Members have noted that, because of their participation in the program, many doors have been opened to them, including opportunities such as shadowing and research. We plan on hosting an even wider range of health professionals in the 2017-2018 academic year!

These are just a few of the various opportunities we offer our members. We hope to establish new opportunities this year, maintain our current programs and activities, and expand our membership to welcome more Pre-Health students in the 2017-2018 academic year!

Article By: Alexander Crum, Historian

Ohio State University in Columbus

Ohio Alpha

Ohio Beta

University of Toledo

In the spring of 2017 the Ohio Beta Chapter took part in a suture clinic sponsored by the University of Toledo College of Medicine. Physicians at the University of Toledo's Inter-professional Immersive Simulation Center instructed participants on performing various suture patterns such as the vertical mattress and horizontal mattress sutures. Participants were then given the opportunity to practice the suture patterns on a pig's foot. Those members who participated in the suture clinic said it was both educational and exciting to be able to work hands-on alongside physicians. Many participants commented that the suture clinic furthered their interest in pursuing a career in the medical field, as it was the first time they were given the opportunity to perform a medical procedure.

The members of Ohio Beta Chapter have also been volunteering time on the weekends to assist employees of The University Church (TUC) Community Garden. TUC Community Garden is a program sponsored by The University Church

with the goal of providing food, awareness and compassion to individuals and families in the area who do not have access to fresh fruits and vegetables or other healthy foods. Ohio Beta members provided assistance with various farm activities such as pulling weeds from the gardens, digging new rows for planting, feeding the livestock, and creating a compost pile. Members found working with TUC Community Garden to be very rewarding and insightful. One member commented, "It is very rewarding to be able to spend time working with a group that gives so much to people in need."

Article by: Patrick Dusza





The members of the Ohio Eta chapter of Alpha Epsilon Delta have had a busy start to the school year with numerous opportunities for volunteering and attending AED social events at the University of Dayton. The five members of the executive board and seven chair members have been working hard to plan events for our members and facilitate membership meetings. Our first social event of the year, called "Meet the Professors," provided an opportunity for pledging members to socialize with both active members and science faculty. Held on Friday, September 15th, this event brought together students in their sophomore through senior years as well as faculty from departments such as microbiology, neuroscience, and biochemistry. Students who attended this event found it helpful to have an opportunity to speak with their professors outside of class and get to know their fellow AED members better. Our first volunteering opportunity, the Daniel P. Arnold Memorial 5K Run, occurred on Saturday, September 23rd. Held in honor of a pre-medicine student who attended the University of Dayton and passed away in the summer of 2012, this event is facilitated annually by the University Honors Program in conjunction with AED. Numerous AED members signed up to either run or volunteer at the event. Volunteers helped with set up, checking

in runners, and cleaning up after the event.

In terms of our membership meetings, at our meeting on Tuesday, September 19th we held a live mock interview where one of our active members (pictured in Mock Interview.jpg) who is currently applying to medical school sat down with a member of an admissions committee at an Ohio medical school. By attending this meeting, both pledging and active members were able to gain insight inside the mind of a medical school admissions committee member and see what to expect in a real medical school interview. We have many more events planned for the rest of the fall semester including a cookout in the student neighborhood, a blood drive, and our annual retreat for pledging members. It has been a productive and busy semester so far for the Ohio Eta chapter, and we can't wait to see what great things our members contribute to our chapter and to the Dayton community over the coming months.

Article by: Caroline Lynch

University of Dayton
Ohio Eta

Ohio Mu

Ohio Northern University in Ada

The Ohio Mu chapter of Alpha Epsilon Delta at Ohio Northern University has started off the school year with quite a punch. ONU sits in the northwest corner of Ohio in an acknowledged food desert. Our AED chapter has adopted a local mission statement to include spreading awareness about local hunger issues, nutrition and health to our campus and community. As the kick-off event this fall, we picked apples at our advisor's organic orchard of 2 dozen trees which were loaded with fruit. Our members picked the apples, sorted the good from the bad, cleaned them, and divided them into 80 family portioned bags. A total of 171 pounds of apples, were split between the local Ada food pantry and the west Ohio food bank, both of which were thrilled about our donation. While most of the apples were donated, we held back a few and enjoyed fellowship with our

members while eating homemade caramel apples. Apples which were not good enough to donate to the human food stream were bagged and delivered to a local pig farmer.

We have lined up several speakers for this semester to help us understand the scope of local food insufficiency and its roots. Angel Arroyo-Rodriguez of the Ohio EPA talked about food waste and the local opportunities for food recovery efforts. As we develop a greater understanding of local food issues, we will work toward our mission of being part of the solution.

Article by: Megan Stephan





Like many college students, the members of the Oklahoma Alpha chapter of Alpha Epsilon Delta at the University of Oklahoma are eager to start the school year off right. We recently finished recruitment for the fall 2017 semester and are excited to welcome our new members to AED! As a chapter, we strive to provide our members with the skills, confidence, and experience necessary to excel in their respective health-related fields.

This is the chapter's second year of being active on campus after having been inactive for a few years. Despite this, our members have wasted no time getting involved in the Norman and Oklahoma City communities. Throughout the 2016-2017 school year, our chapter volunteered at Manos Juntas and Rapha Outreach. Both of these organizations provide medical care and health-related information to members of the underserved communities in Oklahoma City and Norman, respectively. AED members donned their scrubs for a chance to better the health of our community while simultaneously learning important medical techniques such as taking a patient's vitals and how to establish good patient-provider relationships.

As for our campus involvement, during the spring 2017 semester AED participated in *Soonerthon*, an annual twelve hour dance marathon hosted by OU that raises money for the Oklahoma Children's Hospital Foundation. The Oklahoma Children's Hospital Foundation funds life-saving medical research, new equipment, and care programs for the children at OU's Children's Hospital. Last year OU raised \$808,021.17, a new record for the university!

As the semester continues, we hope to continue keeping our members involved both on campus and the community at large. We also hope to expose our members to numerous options for their lives post-OU by bringing in various schools from across the country to speak at our meetings. We are excited to watch all our members grow into talented, confident, and informed pre-health professionals.

Article by: Quincey Ward

University of Oklahoma in Norman Oklahoma Alpha

Oklahoma Delta

University of Tulsa

The Oklahoma Delta chapter of AED at The University of Tulsa strives to prepare pre-health students for a future in the healthcare field. We know that the steps required to achieve a career in healthcare can be an overwhelming and confusing process; therefore, we understand the importance of providing students with as much information as possible to allow them to feel prepared and confident for their future. Last semester we held a panel discussion. The panel was composed of students that were preparing for the MCAT and those that have already taken the MCAT. These students talked about what study methods were the most effective for them as well as the format. This allowed our members to feel informed about the test and how to prepare for it.

Last semester, we had an admissions representative from a local medical school come to our campus to speak about the requirements of medical school and what we should be doing during our undergraduate time to be a competitive applicant. Also, last semester we held

a question and answer session with current medical students that graduated from the University of Tulsa. The current medical students spoke on their application process as well as their experience in medical school so far. This meeting gave our members the opportunity to ask pertinent questions. Having the opportunity to hear both perspectives, gave our members a comprehensive view of what is expected.

Overall we had a very successful semester. This semester we have planned many similar activities including having an admission representative come speak to us. We also have a doctor and other professionals in the field coming to hold a panel discussion. Our main objective this semester is to encourage involvement throughout the entire year and to increase the number of new initiates. We will hold an initiation ceremony in April to initiate our new members.

Article by: Claudia Harper





This semester, AED continued to host its unique event, the MEDTalk, by featuring variety of guests. AED hosted two MEDTalks this past semester. The first MEDTalk featured Dr. Ashley Kilp, a CMU alumna who currently works in the UPMC Emergency Department. She shared her journey before and through medicine. The second MEDTalk featured Beth Kotarski, a nurse practitioner and director of health services, who talked about her experience in the health field. AED also held a senior panel consisting of five seniors to talk about their experiences and advices as graduating pre-health students. Alpha Epsilon Delta introduced 15 new members to the new pre-health fraternity after holding its 4th successful rush this past semester. The pledge class worked together to hold various campus-wide fundraisers throughout the semester such as

cookie delivery, donut sales, and water and lemonade sales, leading to another successful semester for Alpha Epsilon Delta and its new members! This semester, Alpha Epsilon Delta will be holding service events throughout the semester. AED will be hosting a blood drive event co-hosted by Kappa Sigma as well as participating in this semester's 1000 plus. AED has many events planned and will kick off this semester strong so stay tuned for more updates! Every semester, Alpha Epsilon Delta demonstrates a strong passion to give back to the community, participating in various events such as making cards for terminally ill patients, hosting a blood drive, and participating in Stop Hunger Now, a campus-wide food packing event.

Article by: Timothy Lee

Carnegie Mellon University in Pittsburgh
Pennsylvania Sigma

South Carolina Delta

College of Charleston

Throughout the year, the College of Charleston's South Carolina Delta chapter of AED participates in numerous service events both locally and nationally. This past spring, we partnered with DKMS—an international organization founded with the goal of drastically increasing the number of people in the bone marrow registry in an effort to “delete blood cancer”—and held a bone marrow drive on campus. Students could easily swab their cheeks to be added to the international bone marrow registry and have the potential to save a life. We were very successful, with almost one hundred new people added to the registry, and many more educated on the importance of this organization.

In addition to events such as the bone marrow drive, we also continually volunteer to cook meals at the local Ronald McDonald House, where families of children in long term hospital care can stay. Furthermore, we took part in Dance Marathon, where over \$50,000 were raised and donated to our local children's hos-

pital. This semester, we will continue to raise money and awareness for the Dance Marathon, along with holding a donation drive for the victims of the numerous national disasters that have struck our nation in the past few weeks.

Our members have also participated in the local Heart Walk. We arrived early to help set up and then walked a 5K course to raise awareness for the deadliest disease in the United States. As students interested in various health fields, giving back to the community and putting others before ourselves is a very important ideal that our club continually works toward and encourages.

Article by: Marni Sapolsky





Vanderbilt University's Tennessee Zeta chapter of Alpha Epsilon Delta is the largest Pre-Health society on our campus. We pride in being able to leverage all of Vanderbilt's incredible resources to comprehensively offer diverse events on our campus to an extremely wide array of pre-health-oriented students. Over the course of this semester, we have created new volunteer opportunities, laid the groundwork for our always improving mentoring program, and organized our shadowing program through a close partnership with the Vanderbilt University Medical Center.

In the past, we partnered with many different community-based organizations to host service events for our members to give back to the community. However, this year we are taking a new approach and have chosen to partner primarily with a single organization, Nashville CARES. We want to be able to have a meaningful impact with them and build a relationship between our volunteers and the service they are performing. Nashville CARES is an organization whose mission is to combat the HIV and AIDS epidemic in Middle Tennessee.

Tennessee Zeta has set up two strong mentoring programs this semester that we will build up over the course of the year. The first of mentor-

ing programs involves upperclassman undergraduate students tutoring younger, recently matriculated Vanderbilt freshmen. The other mentoring program brings in medical students to help older and younger undergraduates learn about the application cycle and offer invaluable advice. We hope that these students build relationships with one another that will prove to be useful at this point in time, but will last longer than just this year.

We are proud of our comprehensive shadowing program. Every year, over 1000 physicians from more than 20 different specialties are contacted by our Shadowing Chairs. From those, nearly 200 elect to participate in our program. Our members, over the course of two registration days, can sign up to shadow Vanderbilt physicians in either clinics or operating rooms. These physicians provide students with clinical experience and mentoring. This is our most successful program on campus and continues to grow, as more physicians elect to participate each semester.

Article by: Tariq Issa

Vanderbilt University in Nashville
Tennessee Zeta

Texas Epsilon

Houston Baptist University

We have had a dynamic fall semester at Texas Epsilon chapter of AED at Houston Baptist University. Events included guest speakers, community service opportunities and fun socials.

Our advisor, a charismatic and beloved professor of biology, gave a presentation about her many years of research with MD Anderson and how she worked on breast cancer treatment.

In September, our members volunteered to work at the Society of St. Vincent De Paul food bank for an entire day to help out with Hurricane Harvey relief, as this recent tragedy has hit many of our families hard. We also donated \$500 worth of supplies to victims through fundraising drives. As community leaders, we did everything we possibly could as a group and individually to support relief efforts.

We took a break from studying as our social

committee planned the annual freshman mixer where new members met older members and made memories through activities and games.

In order to fundraise for National Convention this year, we partnered with our local Chipotle by having a set time for students to come and get dinner, with 50% of the proceeds going to our organization.

During the upcoming year we hope to continue community service events, fundraising events such as partnering with local restaurants, and fun socials. We have great plans for the semester and can't wait to share our events at National Convention this year.

Article by: Sara Sharif





The Texas Eta Chapter of AED at the University of Texas at El Paso continues to be one of the most active organizations on campus whose members are continuously encouraged to serve their community while growing as professionals, not only academically but also in their character, compassion and insight towards themselves and others.

We've been extremely active this semester, kicking off the year with our annual medical schools bus trip to visit two-thirds of the medical schools in Texas. We've also prepared our members for their upcoming medical school interviews by hosting a mock interviews session, featuring local physicians as our interviewers. Last, but not least, we have continued to serve our community through our involvement with the El Paso Candlelighters Walk of Hope.

Assisting our members in the development of their professional identities, the Bus Trip provided a means by which to gain a large volume of critical information regarding the medical school application process and familiarized students with the programs that each school had to offer. The trip broadened the perspectives that our members had of the medical professions and helped them confirm their desire to pursue the long road that lies ahead.

Locally, we hosted a series of professional school mock interviews to provide practice and feedback for our members currently in the applicant pool and those who will be applying in the coming cycle.

Aside from our professional development activities, our chapter is very involved in serving the needs of our community. The El Paso Candlelighters organized their annual Walk of Hope in honor of those who have passed away due to cancer and those who are currently undergoing treatment. True to the name of the organization, we assisted in decorating a local lake with a crown of luminarias (candles), giving hope to those who need it most. As AED members helped light the night with those candles, the light inside of them grew, reinforcing their professional goals of doing more for people struggling with illness. All in all, we've hit the ground running with a great start to the 2017-2018 school year. We look forward to all of our future events as we continue to proudly represent what it means to be a part of Alpha Epsilon Delta.

Article by: Susana Sanchez

University of Texas at El Paso

Texas Eta

Texas Kappa

Southern Methodist University in Dallas

In the past year, the Texas Kappa AED chapter at Southern Methodist University organized four trips to the Texas Scottish Rite Hospital for children, one to the Dallas C.A.R.E. One Day Free Clinic, and partnered with UT Southwestern Medical School to help run a hands-only CPR training event.

At Scottish Rite, AED members continued to be involved in tending to pediatric patients, such as performing arts and crafts activities, playing games, and hosting uplifting conversations to alleviate some of their suffering. Visits usually last about two hours.

The Dallas C.A.R.E. One Day Free Clinic was reported as one of the best volunteer events of the year. For 10 hours, AED members helped set up, run, and clean up a free clinic for those who are unable to afford adequate healthcare. It is held in a convention center in Dallas. Students took on various roles including: Patient Registration or Check-out (where we helped with the administrative process of the patient paperwork), Volunteer Registration (where we assisted in the registration of volunteers, handed out t-shirts and confirmed assignments), Patient Escort/Runner (where we helped escort patients throughout various parts of the clinic, ensuring that there were friendly faces for both the patients and doctors throughout the clinic), and Entrance Monitor (where we worked with the

walk-in and appointment patient lines, providing patients with a warm welcome to the clinic). Over 1,000 patients were cared for that day, making it one of the largest doctors' office the country has ever seen.

Finally, AED partnered with UT Southwestern Medical School to run one of the nation's largest CPR training events. AED members were trained on how to provide hands-only CPR and passed along the skills acquired to bystanders at various locations around Dallas. This event was projected to break the Guinness world record for most people hands only CPR trained in a 12 hour time span. AED members volunteered in four hour shifts.

The Alpha Epsilon Delta chapter at Southern Methodist University is committed to providing its pre-health members with meaningful service opportunities to strengthen their passion for a health-related profession. By maintaining a strong relationship with Scottish Rite Hospital for the past two years, AED members are able to establish a lasting connection with a local hospital while still exploring temporary, yet impactful, opportunities each semester.

Article by: Evan Caston





The Texas A&M University-Corpus Christi Texas XI chapter of AED started the year off strong, maintaining its history of continuous community involvement. In addition to volunteering for Islander Clean after Hurricane Harvey, students have participated in other volunteering events, such as Habitat for Humanity, the Making Strides Against Breast Cancer Walk, and Sharkathon, an annual fishing competition unique to the area of Corpus Christi that is held to raise awareness about dwindling shark populations. The opportunity to volunteer demonstrates our students' commitment to the community, along with the willingness to work for the betterment of others. In addition, students are able to have the privilege of gaining new experiences and insight, along with creating a healthier community.

Our organization has continued to invite guest speakers to meetings, ranging from the McGovern Medical School Admissions Committee to specialists such as a pediatric hematologist. These speakers provide students with the opportunity to connect with professionals and gather

valuable information that will help them in both the short and long term.

Something new our chapter has started to implement is the integration of workshops into some of our meetings. These workshops were created to help those seeking careers in a health-related field gain insight on the application process for a variety of professional schools. Recently, Dr. Xavier Gonzales gave a workshop covering information pertaining to becoming a competitive applicant for a variety of professional schools through numerous enrichment programs. Both Dr. Gonzales and our other Faculty Advisor, Dr. Gregory Buck, stayed after the workshop to answer individual student questions pertaining to professional school preparation and application processes.

Article by: Nadia Hatami

Texas A & M University in Corpus Christi
Texas Xi

Texas Zeta

Texas Christian University in Fort Worth

The Texas Zeta chapter at Texas Christian University continually looks for ways to improve and expand our program. We are reaching more and more students each year to help guide them through our university and on to professional school. One of our newest, and particularly unique, efforts is our Ambassador Program, led this year by AED executive officers Courtney Franz and Megan Whittington. This invaluable, volunteer-based program consists of a group of pre-health students that meet with incoming students and parents to answer questions and tell them about the wonderful experience of being a pre-health Horned Frog, and what makes the TCU program extraordinary.

One of the primary duties of ambassadors is to meet with prospective students one-on-one, visiting in the pre-health office on campus. The visiting students can get questions answered about our program from peers they can relate to, before making the important decision of choosing a school. During these meetings, ambassadors answer questions about student life such as what it takes to succeed in pre-health at TCU, what the AED Observations Program is like, and how it is possible to volunteer, shadow, go to school, and still "have a life." These meetings generally last about 30 minutes and give students direct insight into what our program is really like. Prospective students are paired with ambassadors based on common interests such as majors, professional school goals or career track, extra-curricular activities and clubs, Greek life, etc. Our ambassadors speak to athlete re-

cruits interested in the pre-health program as well! This program has received very positive feedback, from parents and students alike.

Other duties of the ambassadors include volunteering at events such as Career Day and Mondays at TCU. Career Day usually takes place on a Saturday in February. Between 70 and 90 students who have already been accepted to TCU come to visit and understand more about the different pre-health programs we offer. Ambassadors are representatives of our program to these new students. Mondays at TCU events are also a great opportunity for prospective students to tour TCU's campus and see what it means to be a Horned Frog! Ambassadors attend a discussion about our program with parents and prospective students to answer their questions about our program, AED, and TCU!

Our Ambassador Program has been a new, exciting, and successful program. We are proud of the positive feedback we have received and the impact it has made on helping prospective students understand our program. Many times these visits are the deciding factor in a student choosing TCU. Junior, biology major, and second year ambassador, Dominique Iida states that her favorite part about the Ambassador Program is "helping students who are in the same position I was three years ago while getting to share my passion for all TCU and AED have to offer."

Article by: McKenna Chalman





Last spring, Southern Virginia University (SVU) joined the ranks of Alpha Epsilon Delta by opening up the new Virginia Iota chapter on campus. Speaking about the program, faculty sponsor Dr. Van Kuiken said, "AED is a great addition to our Pre-Professional program, allowing these students to network and support each other as they prepare for graduate studies in their respective programs."

"We care about our students," she continued, "and AED helps us do that in a more defined way."

AED also brings value to SVU because of its emphasis on service. Southern Virginia University encourages all of its students to follow the example of Jesus Christ by becoming "leader-servants" in their homes and communities. Last year SVU students set a goal of logging 20,000 service hours, which averages to around 25 hours per student per year. That goal was met, and this year the bar was raised to 25,000 hours. AED requires its members to give 10 hours of service per semester, which is on par to what the average SVU student is already doing. Clearly, AED is a great fit for SVU.

Regarding the opportunities AED presents students on campus, chapter president Clayton Trover had this to say: "I think it's exciting to be a part of the beginning of AED at SVU, because everything we do sets a precedent for those who come after us. We are working to foster an environment of service through volunteer opportunities like Remote Area Medical clinics, study groups to prepare for standardized tests, and networking between current students and alumni. It's a great time to be a member of AED, and I hope we can induct more members next semester."

Even though AED is a new organization on campus, the messages and values it brings are not new. Scholarship and service are right at home here at Southern Virginia University, and we hope to continue to build on that foundation for the future.

Article by: Sam Bryner

Southern Virginia University in Buena Vista
Virginia Iota

Virginia Kappa

Hampden-Sydney University in Sydney

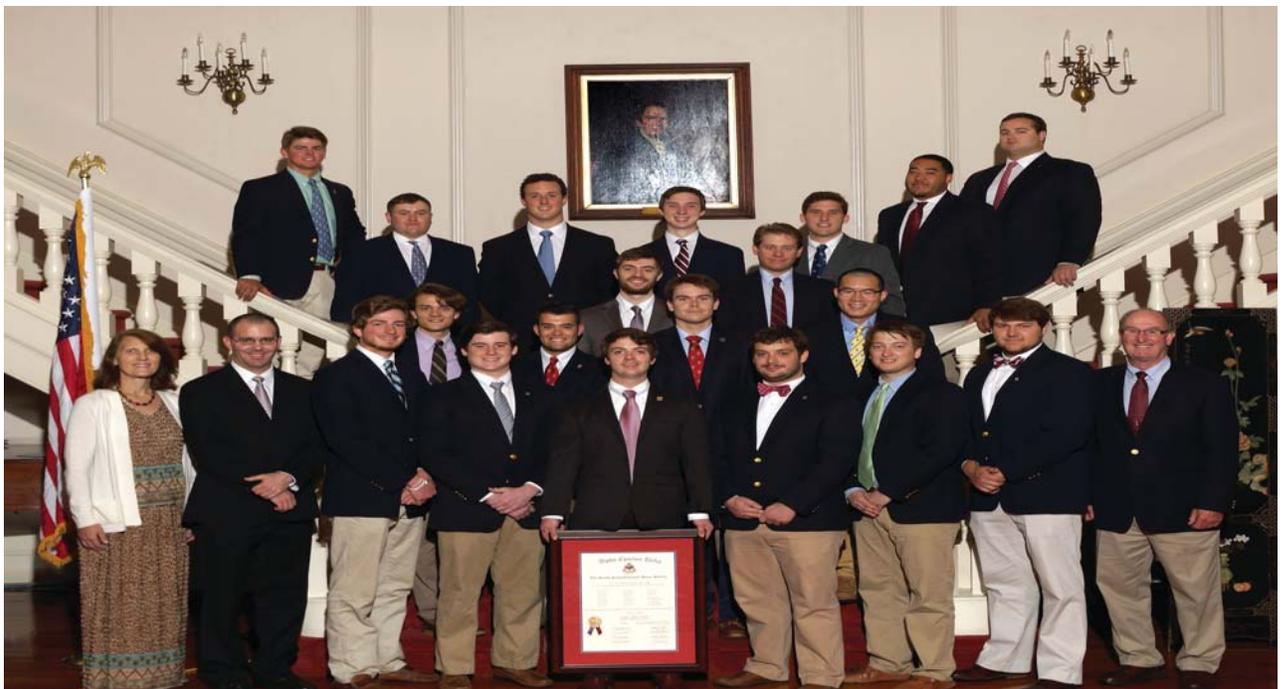
The Virginia Kappa Chapter at Hampden-Sydney College was humbled to be welcomed amongst the ranks of Alpha Epsilon Delta last Spring. We would like to extend our gratitude to the national office, national officers, to Regional Director Dr. Robert J. Kearns from the University of Dayton (OH) for presiding over the inaugural initiation of our new members, and to our founding officers and faculty advisor for bringing a chapter of AED to Hampden-Sydney.

Our chapter was recently allocated funds under our College's Activities Committee and we look forward to using these funds to provide services for our members and to organize meaningful and long-lasting projects in our immediate and greater communities. Our chapter plans on bringing in Alumni speakers and representatives from graduate programs to foster connections which will be beneficial to our members following graduation and help promote interest in these programs. Also, we will be subsidizing the costs of MCAT, DCAT, and PCAT review materials to increase the availability of these resources which we hope will improve our member's scores on these entrance exams. A huge por-

tion of our efforts this upcoming year will be focused at coordinating students to volunteer at the local health clinic, arrange a trip to aid in the relief efforts in Texas and Florida, raise money for various philanthropies, and work in conjunction with the local public-school system to put together a science fair and Pre-Health forum to increase interests in this field.

In the upcoming Spring, we will be selecting new members and conducting our second annual induction ceremony. Our members are thrilled to be a part of such a prestigious and nationally recognized organization such as Alpha Epsilon Delta, and look forward to the impact we can have on our campus and in our community over the following year and into our chapter's future.

Article by: Lucian F. Bloodworth III





"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

—Maya Angelou

At West Virginia University, members of the West Virginia Alpha chapter of Alpha Epsilon Delta had the collective altruistic goal to reach people on a personal level. All members have previously volunteered at the local hospital and homeless shelters and are involved in other community service affiliated groups at West Virginia University. Through our previous service and volunteer work; we understand the importance of attitude, commitment, and communication skills in our act of service. Our members have a mutual ambition of becoming exceptional physicians. We know greatness is the accumulation of small things done well, and the accomplishment of small things that make a big impact. The above quote by Maya Angelou, is the foundation of our mission for service in the fall semester of 2017.

Continuing from last semester's efforts, AED homeless outreach project, we spent multiple afternoons and mornings in the Pediatric Activity Center at Ruby Memorial Hospital, in our university's hometown of Morgantown, West Virginia. Our time spent with the kids varied from playing with toys, doing arts and crafts, to

watching their favorite movie. Our intention was to bring joy to the children, but at the end of the day; we also left a positive impact on their parents. This was the most rewarding feeling of the experience. This activity has also led to shadowing opportunities. The shadowing experience our members will partake in will be a fundamental part of their application, when applying to Health Professional Schools.

With our goal in mind, all members are pleased with this first activity of service. We enjoyed our time immensely and believe our efforts helped alleviate stress and made positive contributions.

Our chapter is currently hoping to join with other affiliated organizations at West Virginia University such as the Pediatric Entertainment Program, to continue the good work. We are also reaching out to Alpha Phi Omega, a national co-educational community service fraternity, to find other areas where help is needed. We appreciate the volunteers and staff at the Pediatric Activity Center for allowing us to participate in this opportunity. The foundation of our work is in place, and we are excited to continue our efforts into the rest of the semester.

Article by: Christian Casingal

West Virginia University in Morgantown
West Virginia Alpha

West Virginia Delta

Bethany College

The West Virginia Delta chapter of Alpha Epsilon Delta at Bethany College is extremely active on and off campus, including internationally, with numerous events. During January of 2017, members of our organization traveled to Puerto Penasco, Mexico to partake in a medical mission trip. During our time in Mexico, we were educated on the medical systems in Mexico, which allowed us to expand our knowledge to the Puerto Penasco community. We were able to work close with local families to better their health practices, while giving wellness check-ups. We also organized our own health clinic for the entire community during this time. This medical mission trip not only gave insight to medical education, but it also gave our club members the opportunity to experience a new culture while volunteering our time for those in need.

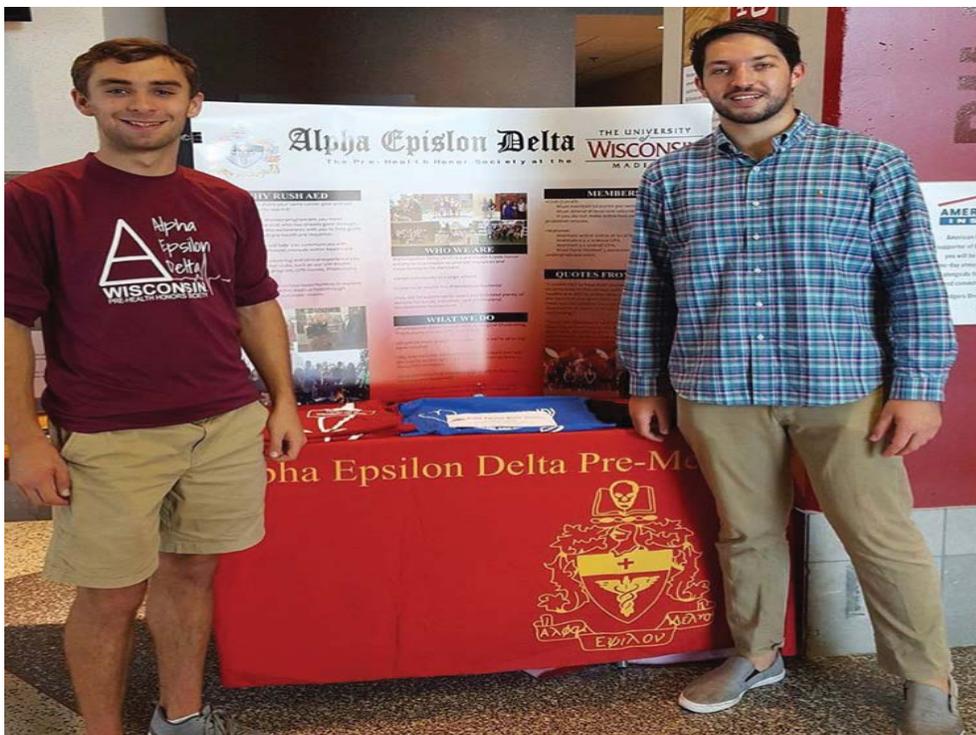
AED has also worked very close with our own community in Bethany WV, including its surrounding communities. We take part in Math and Science Day annually, which is a program that takes local high school students and immerses them into a day of math and science education taught by Bethany students. During our time with the students, we discussed the

topic of anatomy, and how different organs function in the body along with their importance. We enjoy the experience that Math and Science Day provides because it allows us to work closely with young students who are interested in our fields of study. It also gives us the opportunity to encourage young members of our Bethany community to consider college to further their math and science curiosities.

AED at Bethany is also diligently working on hosting blood drives sponsored by the American Red Cross on campus. Our blood drive events are very important to us, and are hosted two to three times a year on campus. The blood drives allow our students to gain volunteer experience in preparation of their application to postgraduate schools, while also benefiting an amazing cause. We find this event to be very meaningful to us because it allows us to beneficially connect with not only our colleagues, but our administration, and Bethany community members as well.

Article by: Alexandra Metz





This past semester, the Wisconsin Beta chapter at University of Wisconsin, Madison has had great success at uniting our organization, promoting member involvement, and enriching our professional development. One program that we are especially proud of is our Mentor Program, where upperclassmen members are paired with underclassmen who share similar interests. Mentors are able to provide advice and guidance to their mentees in preparing for medical school, studying for the MCAT, handling course work, and getting involved on campus. Overall, this program has been very successful in uniting our organization and we are excited to be continuing it this year.

Last semester we also held our first AED Formal. We had a fun night of dancing and de-stressing from the hectic life of pre-health students. Our members also got to know each other a little better outside of the structured meetings and volunteer events that AED holds regularly. Overall, this event was a big hit within our organization and we plan to make it an annual event from now on.

Another change that was implemented within our chapter at the end of last semester was

the addition of two new committees, Public Relations and Professional Development. The Public Relations committee will be working to expand our outreach on campus this semester and we hope to see an increase in AED membership and involvement. Meanwhile, the Professional Development committee will be working to provide our members with more opportunities to learn about and prepare for future careers in healthcare. This committee will be recruiting healthcare professionals to speak at our meetings and will be planning additional events for AED members to further their professional development and career planning.

Overall, we are very excited about the changes that have been made over the past semester and we hope to continue to promote the success of our members on their journeys to becoming future healthcare professionals.

Written by: Kayla Rasmussen

University of Wisconsin in Madison Wisconsin Beta

Important Reminders

EIN (Employer Identification Number) and Tax Exempt Status and Filing Your Tax Return

By Dr. Donald Schreiweis, National Treasurer

Alpha Epsilon Delta is a 501(c)(3) tax exempt educational organization. The Society is also designated as a charity.

The Internal Revenue Service states that “The issuance of an EIN to a non-profit organization is separate and distinct from the organization’s actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption.” This statement means that each subordinate (chapter) of AED must have a unique EIN. The IRS recognizes the chapters (subordinates) listed by AED on a list submitted to the IRS and updated yearly. Your chapter must be on the list to be recognized as a part of AED and thus exempt from Federal Income tax.

Chapters cannot use the parent organization’s EIN nor can they use the EIN of their university. It is the parent organization that holds the tax exempt status. The tax exempt status of the parent organization extends to each subordinate unit in good standing with the IRS. To be in good standing with the IRS the subordinate must file a tax return each year. Failure to file the tax return for 3 years results in the subordinate unit losing its tax exempt status. Once tax exemption has been lost, the chapter must apply for reinstatement of its tax exempt status. ***Loss of the tax exempt status subjects the chapter to Federal Income tax and filing the long Form 990.*** In addition to lose of tax exempt status the chapter may also be subject to penalties and interest on back taxes.

Chapters are required by federal law to file a tax return on the 15th day of the 5th month after the close of its fiscal year. For most chapters the fiscal year begins on January 1 and ends on December 31. The fiscal year is set when the chapter first applies for the EIN. Filing a tax return is easy. A few years ago the IRS established the e-Postcard (Form 990N). It is a very simple form that is filled out and submitted online.

AED is also classified as a charity under section 509 (a)(2) of the Internal Revenue Code. Contributions to your chapter are deductible under section 170 of the Code. Your chapter is qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106, and 2522 of the Internal Revenue Code.

Tax-exempt, charitable, non-profit organizations, and EINs

The issuance of an EIN to a non-profit organization is separate and distinct from the organization’s actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption. Before donating monies to a charity, it is advisable to verify its proper registration and IRS Form 990 tax-exempt status. The entire database is searchable, and one can verify an entity’s registration, status, and assets and liabilities registered in private databases.

All IRS Form 990-registered charities must obtain proper registration via the Internal Revenue Service. Another source for verifying an entity’s tax-exempt status is the IRS, itself

Are you *sure* you're a National Member?

The AED National Office receives numerous inquiries asking for verification of membership.

These queries frequently result from a person listing AED membership as a part of their credentials. There are those who may believe that they are members of AED - but aren't!!!

Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number.

The National Office will be happy to confirm your membership status if you have any questions.

Contact us:

Phone: (817) 257-4550

E-Mail: aednationaloffices@tcu.edu

SCHOLARSHIP DEADLINE:

The 2017-2018 Scholarship Application form has been posted on the AED website. It can be downloaded at:

https://aednational.com/wp-content/uploads/2017/10/AED-Scholarship-application-New_.pdf

The completed packets are due to the AED National Office postmarked no later than **April 30, 2018.**

As a reminder only 2 submissions per chapter are allowed. Eligibility for any scholarship is dependent on acceptance and attendance at a medical, dental or other health care related professional school. Scholarship applicants will be notified of the results in Fall 2018.

A Word from your National Office:

All new inductees must submit a Membership Record Form (MRF) to the national office in order to be considered a national member.

Please send ONE check or money order covering the fees for your chapter. CASH WILL NOT BE ACCEPTED!!!

CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF's:

- 1. ONLY TYPED FORMS WILL BE ACCEPTED AND PROCESSED.**
- 2. A TYPED LIST OF EACH STUDENTS FIRST, MIDDLE, AND LAST NAME IS TO BE INCLUDED.**
- 3. PLEASE ALLOW THREE WEEKS FROM ARRIVAL AT THE NATIONAL OFFICE FOR PROCESSING AND RETURN.**

How to Submit a Scalpel Report

Step 1: Visit the AED website to download the Scalpel Reporting Form.

Step 2: Fill in your Chapter Name, University, and Scalpel Reporter, using the **PDF** file

Step 3: Write and Save your article in a **Microsoft Word** document making sure it follows the 250-350 word count range.

Step 4: Photos must be in High Resolution (320 DPI or more) **JPEG** format at least 2.5 " X 4" . (Photos are strongly encouraged)

Step 5: Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at:

aednationaloffices@tcu.edu

REMINDER: AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES.

THE DEADLINE FOR SUBMITTING ARTICLES FOR THE SPRING 2018 SCALPEL IS MARCH 31, 2018

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(Charter No. 243, 2/4/2017)
Advisor: James Smoliga
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North Carolina Theta

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(Charter No. 232, 4/26/2015)
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North Carolina Zeta

University of North Carolina,
Wilmington
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Ohio Alpha

Ohio State University,
Columbus
(Charter No. 31, 05/31/1940)
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Ohio Beta

University of Toledo,
Toledo
(Charter No. 39, 05/17/1947)
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Ohio Delta

Bowling Green State University, Bowling
Green
(Charter No. 51, 11/19/1949)
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Ohio Epsilon

Denison University,
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Ohio Eta

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Ohio Gamma

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Westerville
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Ohio Lambda

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Ohio Mu

Ohio Northern University
Ada
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Advisor: Viki Motz
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Oklahoma Alpha

University of Oklahoma,
Norman
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Oklahoma State University,
Stillwater
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(Charter No. 133, 04/25/1981)
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(Charter No. 196, 11/10/2006)
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Pennsylvania Beta

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Park
(Charter No. 21, 04/23/1938)
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Pennsylvania Delta

La Salle University,
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(Charter No. 55, 04/30/1950)
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Pennsylvania Eta

St. Joseph's University,
Philadelphia
(Charter No. 96, 05/26/1968)
Advisor: Constance O'Hara
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Pennsylvania Gamma

University of Pittsburgh,
Pittsburgh
(Charter No. 40, 01/17/1948)
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Pennsylvania Iota

University of Scranton,
Scranton
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Pennsylvania Kappa

Albright College,
Reading
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King's College,
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Pennsylvania Rho

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Advisor: Melissa Hillwig, Ph.D.
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Columbia
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Charleston
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Spartanburg
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South Carolina Gamma

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Clemson
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(Charter No. 213, 4/15/2011)
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(Charter No. 189, 11/13/2004)
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Austin
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Texas Beta

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Houston
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Advisor: Hannah Wingate, Ph.D.
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(Charter No. 139, 5/16/1982),
Advisor: Charlotte Vines, Ph.D.
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(Charter No. 157, 04/20/1990)
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Texas Nu

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Advisor: Karen DeOlivares, Ph.D.
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Texas Omicron

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Texas Pi

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Texas Rho

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(Charter No. 221, 11/21/2013)
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Texas Sigma

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Texas Theta

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Texas Xi

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Texas Zeta

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Utah Beta

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(Charter No. 119, 03/19/1977)
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(Charter No. 186, 05/03/2003)
Advisor: Randall Reneldo
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Advisor: Jessica Bowers
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Virginia Zeta

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West Virginia Gamma

Wheeling Jesuit University,
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Wyoming Alpha

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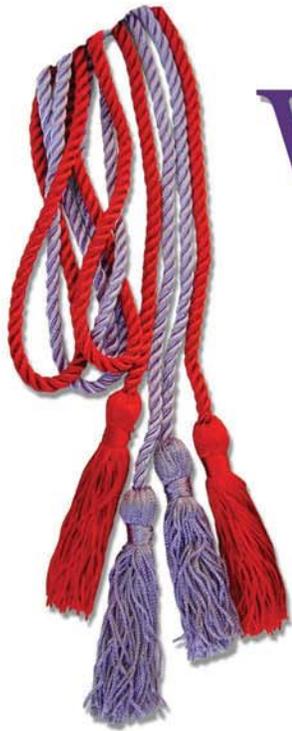
Welcome New and Reinstated Chapters

New Chapters and date installed:

Virginia Kappa #248	Hampden-Sydney	3/23/2017
Virginia Iota #247	Southern Virginia University	4/22/2017
California Kappa #246	Dominican University of CA	4/2/2017
New York Pi #245	Manhattan College	5/6/2017
Florida Iota #244	Florida Southern College	4/8/2017
North Carolina Kappa #243	High Point University	2/4/2017

Reinstatements:

Arizona Alpha #75	Arizona State University	4/2/2017
Mississippi Eta #137	Delta State University	9/7/2017
Texas Lambda #165	Univ. of Texas at San Antonio	10/8/2017



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42nd Alpha Epsilon Delta National Convention Highlights

Convention Registration Form:

<https://aednational.com/wp-content/uploads/2017/10/2018-Convention-Registration-1.pdf>



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Medical School Tours

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World Class Speakers

The Host Chapter is Virginia Gamma at the University of Virginia
Members of the Convention Planning and Program Committee are:

Dr. Ken Crawford - National Vice-President (Chair)

Dr. Donna Nonnenkamp, AED Director of Communication

Mr. Sovent Taylor, National Secretary

Mr. Juan Pardo, Student Member, Alabama Zeta

Ms. Anusha Sage, Student Member, Virginia Gamma

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