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Dear Chapter Advisors:

Thank you for your hard work and dedication to your students. Your National AED Board appreciates what you do, and I am sure that your students appreciate you as well. The success of our national honor society depends on people like you.

All of the National AED Board members are, or were, advisors to local AED chapters and understand the time and hard work it takes to keep your chapter going. We appreciate your work and want to try to make your life easier. We do have a Chapter Advisor Handbook, and if you do not have one, please contact the national office. We are planning on having a section of the web site dedicated to Chapter Advisors. And at our next convention in Tampa, 2020, we will have a workshop for Chapter Advisors. You can help us provide the services you need. If there are items we should include on the web site, let us know. We are putting these together for you.

As a member of the Association of College Honor Societies, I had the privilege of attending their meeting in February 2019. I learned a lot and the Board is currently working to use some of that information to improve our organization at the national level. One idea that I particularly liked was having co-advisors. This can decrease the workload of an individual, and it could help the national office when there is a turnover in advisors, with the hope that one of the co-advisors would still be present.

Cindy Stanfield, Ph.D.  
AED National President
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CONGRATULATIONS
AED SCHOLARSHIP WINNERS 2017-2018

V.L. Tweedie Scholarship
$6,000
Grace Ferri

T. G. Jackson Scholarship
$3,500
Peyton Camp

Moore Scholarship $2,500
Region 2
Smrithi Chidambaram

Moore Scholarship $2,500
Region 5
Isaac Mitchell

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Nicholas Benjamin

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Region 4
Krisha Aytona

Moore Scholarship $2,500
Region 3
Matthew Claxton

Donald Schreiweis Scholarship $1,500
Region 2
Emily Adams

Donald Schreiweis Scholarship $1,500
Region 1
Joshua Ross

Spring 2019
Donald Schreiweis Scholarship $1,500 Region 2
Caroline Lynch

Donald Schreiweis Scholarship $1,500 Region 2
Xavier Holt

Donald Schreiweis Scholarship $1,500 Region 2
Darius Kennedy

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Sijil Patel

Donald Schreiweis Scholarship $1,500 Region 2
Brianne Bowers

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Juan Pardo

Donald Schreiweis Scholarship $1,500 Region 3
Karlyn Tunnell

Donald Schreiweis Scholarship $1,500 Region 4
Kelly Gilbert

Donald Schreiweis Scholarship $1,500 Region 3
Zachary Koenig

Donald Schreiweis Scholarship $1,500 Region 3
Peyton Terry

Donald Schreiweis Scholarship $1,500 Region 4
Katharine Naege

Donald Schreiweis Scholarship $1,500 Region 4
Beth Rudolph
Attendees of the national convention in Bethesda, Maryland.

DON’T FORGET TO LIKE US ON FACEBOOK!
The Alabama Gamma chapter of AED at Auburn University finished a rich year in 2018. The chapter completed several volunteer activities during the fall semester, including the Auburn Tooth Fairy Drive, two American Red Cross Blood Drives, weekly IMPACT service events, Focus First—an opportunity to assist with vision screening in the Auburn city schools and surrounding Lee County schools—the War Eagle BEST robotics competition, and All in All Pink Event for breast cancer awareness. We rounded out our semester meetings with visits from UAB School of Dentistry admissions, Alabama College of Osteopathic Medicine admissions, Edward Via College of Osteopathic Medicine admissions, USA College of Medicine admission, and UAB School of Optometry admissions representatives.

2019 will take a quick start with our meeting schedule, including representatives from Auburn Undergraduate Research Ambassadors, Camp Smile a Mile, skype opportunities with current medical, dental, and optometry students, a visit from Emory’s Anesthesiology Assistant Program, and an application workshop for medical, dental and optometry programs. Our members anticipate active involvement in our upcoming spring volunteer events, already scheduled for the VEX IQ Competitions throughout February, American Red Cross Blood Drives, Pick Elementary School’s Science Olympiad teams and a new opportunity for participation in a poverty simulation. There will be more to come! The spring semester will bring great growth in unity and in leadership amongst AED’s Alabama Gamma chapter members, and we look forward to welcoming our new National Members in April while finishing the academic year strong.

The Troy University Alabama Iota chapter had another successful semester with 32 applicants accepted. Our chapter focuses highly on educating our members, creating and participating in various community service endeavors, and connecting them with various resources to further themselves and their academic careers.

Our officers strive to educate members about their desired future occupations by incorporating a variety of speakers from various graduate programs into our meetings. This serves to enlighten members of the résumé points these graduate programs desire in a candidate. Members are able to focus on what they are lacking and bolster their applications.

The Alabama Iota chapter desires to connect students with service opportunities that engage the community. Our chapter started volunteering at the Boys and Girls Club to assist tutoring the kids. We also volunteer with the school art program at the Charles Henderson Child Health Center by creating art projects with the children.

The Troy University Alabama Iota chapter is continuing our Adopt-a-Mile program, where we dispose of garbage left along the side of US-231 to keep the community a trash-free and beautiful place to live. Later this semester, we will host the Groundwater Festival. All 2nd graders from surrounding schools will be coming to Troy University to learn about the water cycle. This event is a chapter favorite and never fails to put smiles on the faces of everyone involved. We are also looking forward to Heart Walk, an event aimed at raising awareness for stroke and heart disease. Additionally, our members manage an information booth, take blood pressure, do face painting, and teach kids about heart health.

The Alabama Iota chapter hopes to continue expanding our knowledge and experiences to guide and equip our members with the information and tools they will need to continue their outstanding undergraduate endeavors and conquer any challenges they may face.
The Alabama Lambda chapter of Alpha Epsilon Delta at the University of North Alabama is always trying to find new ways to optimize the fields of various pre-health professions while giving back to the community in many different forms. During the fall 2018 semester, the Alabama Lambda chapter brought in many different healthcare professionals who presented to its members on a wide range of topics both in the healthcare field and regarding the journey through professional school. These presenters included individuals in areas of medicine, dentistry, veterinary medicine, physical therapy, and more. The Alabama Lambda chapter raised money through popcorn sales to fund our fall service project, which was making blankets for pediatric patients at our local hospital.

The Alabama Lambda chapter has many big plans for the spring 2019 semester. So far this year, we have decided on several service projects including collaborating with Project Life to swab students on our campus for entry onto the bone marrow donor registry. We have also planned workshops for personal statement writing, professional school application and testing, and many more health professional speakers to meet with our chapter. Plans of AED and CPR certification training have also been discussed. Additionally, the Alabama Lambda chapter plans to continue its highly beneficial medical mentor program in which students are paired with 3rd and 4th year medical students whom they can then shadow and look to for advice and guidance to help further their understanding of the world of health professions. It will be another busy semester for Alabama Lambda!

The Alabama Zeta chapter of Alpha Epsilon Delta at the University of South Alabama began the new year with over 125 active members and great plans for the upcoming semester. Our service coordinators are working diligently to offer service opportunities at the USA Children’s and Women’s Hospital, Victory Health Partners, Ronald McDonald House, St. Mary’s Home, Wilmer Hall, and many more. In addition, we plan to host several fellowship opportunities for our members. These include a bonfire, movie night, and pool day at the Recreation center.

One new opportunity that we’re offering to our members this semester is a shadowing program. This unique program allows for our members to shadow different medical professionals in the community and get an in-depth look into the medical careers they’re interested in. Through this program, we hope to better educate the members of our chapter about the different specialties and careers that a Pre-Health student can pursue.

Last fall, our chapter partnered with Sgt. Diaz, the local Army recruiter, to organize an educational suturing clinic. During this event, participants were taught basic suturing techniques by two PAs and a physician. Our goal of this event was to give members a taste of what they’ll learn in their respective professional programs later on. One of the students, Courtney Baldwin, says, “It was a great opportunity for me to have early exposure to clinical skills that I’ll use in the future.”

The Alabama Zeta chapter is hard at work and aims to have a successful year! As the spring semester continues, we are delighted to invite general members, who have demonstrated a strong commitment to academics and service, to apply for an AED national membership and become more involved in our organization.
The University of Arizona's chapter of Alpha Epsilon Delta welcomes 2019 with enthusiasm and high ambitions after yet another productive and fulfilling year in 2018. Both tenured members and the recently initiated have helped propel our chapter towards new heights as we achieved and surpassed both our philanthropic and scholastic objectives. From instituting a myriad of new health events, to strengthening our support to existing non-profit organizations, we are eager to carry this momentum to 2019.

Last semester, Arizona Beta hosted an event in collaboration with the Arizona Simulation Technology and Education Center to carry this momentum to 2019. Our support to existing non-profit organizations, we are eager to make this event an even bigger success and are excited to make the event an even bigger success and are currently working tirelessly to make our ambition a reality. The experience gained from last semester’s event, we are excited to award the members with a better understanding of the role they may play if they choose to pursue emergency medicine or surgery. Arizona Beta also helped events related to medical practitioners’ interaction with healthcare technology, women’s critical yet underrepresented role in the STEM workforce, and traditional Chinese medicine, and much more. Additionally, Arizona Beta is continuing to develop our alumni program to reach out to other successful and inspiring members that are currently pursuing their professional dreams in healthcare.

Arizona Beta also hosted a successful Benefit Dodgeball Tournament in collaboration with other pre-health organizations on campus that raised money for Guillain-Barre Syndrome (GBS) research in hopes of both preventing future incidences and treating patients with GBS more effectively. By promoting dialogue between participating clubs and advertising the event heavily on campus, Arizona Beta encourages partnership and collaboration with the ultimate goal of ameliorating the conditions of those living with GBS. This semester we are putting together a similar event on a larger scale in collaboration with one of our longstanding partners, the Parkinson Wellness Recovery Gym. With the experience gained from last semester’s event, we are excited to award the members with a better understanding of the role they may play if they choose to pursue emergency medicine or surgery. Arizona Beta also hosted events related to medical practitioners’ interaction with healthcare technology, women’s critical yet underrepresented role in the STEM workforce, and traditional Chinese medicine, and much more. Additionally, Arizona Beta is continuing to develop our alumni program to reach out to other successful and inspiring members that are currently pursuing their professional dreams in healthcare.

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All members of Arizona Beta are eagerly awaiting an impactful and diverse lineup of speakers this semester. These include Dr. Richard Camona, former Surgeon General of the United States, Dr. Cecilia Rosales, Associate Dean of the College of Public Health at the University of Arizona, as well as other inspiring and dedicated health professionals across Tucson. We are also excited to continue our tradition of hosting panels of Arizona Beta students and alumni this year. Panelists have either been recently accepted into their professional programs of choice or are currently working in their respective fields and highlight the spirit of excellence that our chapter strives for and maintains.

While proud of our accomplishments thus far, we are always looking to elevate ourselves and widen our horizons as we expand our passions for the health professions and stand in solidarity with the less fortunate in our community. Both board members and active members alike are committed to making the Spring 2019 semester one of the most productive in our chapter’s history, and we are excited to grow increasingly united in the process.

The University of Arizona

515 Lamar

Tucson, AZ 85721

www.arizona.edu

The Arkansas Delta chapter of Alpha Epsilon Delta at the University of Arkansas-Fort Smith had an exceptional fall 2018 semester. AED members took full advantage of many engaging opportunities to connect with professionals and professional schools in the healthcare field.

Numerous graduate colleges and health programs were invited onto campus for the first annual Pre-Health Professional fair hosted by our AED chapter. Included in the event was the Arkansas State University, Arkansas College of Osteopathic Medicine (ARCOM), Northeastern State University, Southern College of Optometry, and the University of Arkansas for Medical Sciences (UAMS). Representatives discussed key points regarding the application process as well as providing our students with exclusive information on what they deem essential for a prospective matriculant. The event was a success and planning has already begun for next year. Special efforts are being made to include dental and veterinary colleges.

The chapter has also built a relationship with the new osteopathic medical school, ARCOM, located only 20 minutes away from campus. After presenting at the Pre-Health Professional fair, they held an additional informational session detailing their admissions process and giving first hand insight into their developing programs in physical therapy, occupational therapy, and Masters program in Biomedicine. ARCOM also provided an exclusive tour of their state-of-the-art facilities which are competitive with those of the most distinguished Ivy League programs. Students were given the opportunity to tour the anatomy lab, simulation lab, standardized patient center, as well as the research suite in which current UAFS students are undergoing undergraduate research with ARCOM faculty. In addition, they also had a chance to discuss their questions with a panel of ARCOM students and learn what the life of a medical student requires.

UAFS campus wide and local professors working with the pre-health committee are assisting in developing our students to obtain their career goals. Guest speakers on the night of their induction share their inspirational stories and experiences in their field and offer advice. Chapter meetings are also used as skill building opportunities, including personal statement and interview workshops to prepare for committee interviews that are used for letters of recommendation.

We are proud to have Dr. Meredith Akins and Dr. Kristine Garner as co-advisors of AED. Their support and advice reflect the excitement of our chapter which is moving with the established purpose, vision and mission of the Arkansas Delta chapter of Alpha Epsilon Delta.

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COLORADO ALPHA
University of Colorado Boulder
submitted by Ahilin Villar

The Colorado Alpha chapter of Alpha Epsilon Delta at the University of Colorado Boulder has always strived to emphasize the importance of giving back through community service and outreach. Our chapter has always focused on encouraging our members to be active and spread positivity through our volunteer opportunities and philanthropies. Although it is only the beginning of the spring semester, our chapter has several opportunities planned for the rest of the semester.

This semester we are introducing a Valentine’s Day philanthropy where our members will be creating Valentine’s Day cards and delivering them to the children at the Children’s Hospital. We are working as an organization to bring joy to children and their families during a challenging time. They say that hope and love is the best medicine and we aim to spread that message.

Later during the semester, we will be hosting our annual 9 Health Fair where we gather medical professionals from different cities and bring them together to offer preventative health education and affordable screenings for the people in our community. Our members are able to assist these health professionals and witness the profound impact that this event has on people. This event allows people who do not have access to proper health care to seek out advice from a medical professional.

Throughout the year, we will continue to have blood and bone marrow drives, so that the students in our campus can help the community in a meaningful way. Our initiative as an organization is to care for others both physically and emotionally, and to remind ourselves of the importance of being kind and helping one another.

FLORIDA BETA
Florida State University at Tallahassee
submitted by Jennifer Jallo

The Florida Beta chapter of Alpha Epsilon Delta is excited to continue a pattern of excellence into the 2019 spring semester. Our chapter is ready to continue providing quality events to the Florida State University campus and Tallahassee community.

This semester we look forward to sending a team to Antigua, Guatemala for our Annual Medical Mission trip. Our team has been feverishly fundraising and preparing to create a productive trip that will positively impact the lives of those in Guatemala. In February, our team will be hosting a 5K to help pay for their medical supplies. The theme of this year’s race is Around the World and will feature stations dedicated to various countries. This trip offers an opportunity for our members to gain hands on experience and insightful knowledge on different cultures outside of the U.S., all while creating lifelong friends along the way. Along with daily clinics, our team will be staying with a host family to be fully immersed in the culture.

In March, our chapter will participate in the Annual Children’s Miracle Network event: Dance Marathon. Through this opportunity, our members are given the chance to gain leadership, teamwork and interpersonal skills. This event aims to raise money for kids battling cancer throughout the nation. Half of the proceeds from the event go directly to our local Children’s Miracle Network Hospital and the other half is distributed to The Florida State University College of Medicine to aid in established free clinics around the Tallahassee area.

Dance Marathon has become a big tradition within our school and community. Our involvement includes fundraising and participating in one of the 20-hour dance shifts. Looking forward into the spring semester we have set in place multiple Share-it nights with local restaurants, bake sales around campus, and other various fundraisers for this event to help Florida State reach its goal of raising 2.4 million dollars FOR THE KIDS!

Along with our Medical Mission Trip and our involvement in Dance Marathon, our chapter looks forward to participating in Florida State University’s Relay for Life. Relay for Life is a major fundraiser to aid the American Cancer Society in its fight against cancer. A unique aspect of this event is that our chapter creates a committee for the event that is comprised of members only, with our Special Events Chair acting as a mentor and advisor. This allows our members to become more involved in the fundraising process while simultaneously building their leadership and teamwork skills. Through this committee, our members come up with a theme and brainstorm ways to raise the most money for the cause.

Our chapter is excited to cultivate an environment of professionalism while allowing ample opportunity for our members to grow as leaders. We are optimistic that our chapter will shine this semester and will continue to strive for the highest.
Florida International University
submitted by Kevin Vallejo

This school year, the Florida International University Epsilon Chapter has focused its effort on several projects in order to provide the best experience for our members. In the fall, we conducted general meetings where we hosted guest speakers from medical schools, hospitals, and scribing associations to name a few. Aside from this, we participated in several old and new projects such as Adopt a Floor, Camillus House, and volunteering at the local Veteran’s Hospital. During Adopt a Floor, members play and do arts and crafts with children at Holtz Children’s Hospital. Our newest project we have started is volunteering at the Miami VA Fischer house where we feed the veterans and help garden the property.

We also had a suturing workshop that was hosted by medical school students from Nova Southeastern University College of Medicine. Members were instructed how to perform different suturing techniques by using suturing kits and bananas. The medical school students also discussed the medical school application process with our members as well as what their typical day consists of.

This spring semester, we plan on continuing our club projects to better prepare our members for their careers ahead. As of now, we have suturing and splinting workshops planned and are working on hosting an EKG workshop. We are also very happy to be participating in Camp Boggy Creek, where we will be leading fun filled activities for those suffering from heart conditions. Also, in collaboration with many other pre-health clubs at FIU, we will be having a school wide pre-health carnival where members can enjoy themselves while raising money for club events. We plan on finishing our semester off by having our annual Induction ceremony, where newly inducted National and Executive Board members are recognized.

Stetson University’s AED chapter welcomed the new year with various opportunities for our members to engage in leadership roles, explore their interest in careers in healthcare, and prepare for life after graduation. By working with the resources available in our community, we have partnered with the local hospital to set up shadowing opportunities in various specialties for our members. It is our goal for our members to gain experiences that will provide them with insight to their future career interests related to healthcare.

We have had alumni who currently attend or have attended professional schools come speak to our members. We also scheduled speakers from various medical, dental, physician assistant and pharmacy programs. In addition to these educational events, we had our members engage in social activities such as trivia to allow members to network with each other.

For the remainder of the semester we are looking forward to setting up elections for new officers and inducting new members. In a few weeks we will be tabling on campus to spread awareness for heart health. Our members will be able to interact with the student body in an effort to promote exercising and eating healthy. The CPR certification course we had last semester sparked a lot of interest from our members and the student body, so we are considering having another class this spring. We are enthusiastic about our future plans and grateful for the numerous opportunities that have already presented themselves this semester.
AED’s Illinois-Delta Chapter’s volunteer opportunities strive to give back to the Champaign-Urbana community by playing bingo with the residents of the Champaign County Nursing Home, distributing supplies and food to the local homeless population through Canteen Run, and preparing and serving hot meals to low-income families through UniPlace Christian Church. Our volunteering opportunities are one of the most popular of all events, with slots filling up each week with zealous members honored to serve the community.

Our philanthropy committee is spending this semester holding a variety of fundraisers events, from Basketball Tournaments to Christie Clinic Illinois Marathon to Relay for Life. We are also raising money for “All in for Ethan,” a charity very close to one of our members that supports children with a rare disease called Giant Axonal Neuropathy (GAN).

Finally, at UIUC we work to ensure that all of our members get the help they need with their coursework and understanding the process of applying into their respective professional schools. We provide workshops through the Career Center, representatives from Atlantis Shadow Abroad Program, and events with Kaplan to talk about preparing for entrance exams. This year, we are bringing in a variety of healthcare professionals to come in and speak with the organization including physicians, dentists, physical therapists, and professional program administrators. We are also reaching out to local professional schools, such as Northwestern, University of Chicago, and Indiana University, to set up school visits in which our members can see the facilities, talk to the faculty and students, and get a feel for the environment of different professional schools while also building network opportunities. This will help guide our members in hopes of being the best applicant they can be for their application process.

The Georgia Alpha Chapter is looking forward to a great spring semester filled with events to inform our members about the preprofessional health pathways and a retreat to bring multiple universities together.

To begin the semester, our board is hosting a workshop based on the application process for pre-health professions. We will offer advice and suggestions about personal statement writing in order to help our AED members that are about to apply this upcoming cycle. This first meeting provides our members with the opportunity to begin early in the application process to allow time for revisions and review of their statements.

Our second meeting this semester will focus on Health Disparities. Professors and community experts will speak about the differences in healthcare on a local to a national level. This meeting will demonstrate to our members that there is a need for increased access to information for patients and their families in addition to awareness to cultural, religious, and socioeconomic differences.

In March, we will host our induction ceremony for our new members to join and get involved in the club. This is a great way to inform the new members of our upcoming events, volunteering opportunities, and available positions on the executive board for the fall semester.

Our biggest event of the semester is the AED Medical Retreat. Multiple colleges will gather on the University of Georgia campus in order to discuss the current application, practice for interviews, and learn about the current medical field. There will be different stations in which the attendees will participate in a suture clinic, CPR and First Aid classes, and personality tests. This retreat is a great way for students around Georgia to network while learning about their prospective profession.

At the end of this semester, the chapter will elect new officers for the fall executive board.

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At the end of this semester, the chapter will elect new officers for the fall executive board.
The KY-Alpha Chapter of AED at the University of Louisville (UofL) strives to give our members the experiences they desire as pre-health students. These experiences include presentations from health professionals, various volunteering events, and an inside look into the scientific research being done at our university.

Every year our members are given the opportunity to have one-on-one communication with representatives from various health professional schools through the Health Careers Fair. Representatives from health professional schools (including medical, dental, PA, nursing, optometry, pharmacy, veterinary, public health) are invited to our university so that our members and other interested students are able to become more familiar with the application process. The KY-Alpha Chapter organizes this event with competitive funding for student organizations from UofL.

Additionally, our chapter has the honor of inviting professors from our own university to educate members on their research and personal experiences with the field of medicine. This semester a professor from UofL’s biology department presented an approach to preserve blood samples for a longer period of time. These presentations allow our members to further broaden their knowledge of the sciences and also opens up research opportunities. Along with these presentations our chapter has the unique opportunity to host a medical simulation lab in which students are able to mimic medical experiences.

As pre-health students, it is important to have a passion for helping others and giving back to your community. That is why our chapter has been continuously working with Uspiritus, a foster home for at-risk youth, and Supplies Overseas, a non-profit organization that sends medical supplies to underserved countries. This year we have also begun working with non-profit organizations that are focused on improving the environment. One such organization, Louisville Grows, aims to plant trees all over the underserved areas in Louisville to improve both air quality and the environment. Our members have also been volunteering with our university’s very own native plant garden that aims to provide a haven for at-risk pollinators.

KY-Alpha AED is very proud to provide our members with the tools and opportunities to be successful in science and medicine and our chapter looks forward to having more great years!
The Louisiana Iota chapter of Alpha Epsilon Delta at Louisiana State University at Shreveport is having a good run so far! The Louisiana Iota chapter aspires to enhance its members’ knowledge of the medical field and give back to our local community in Shreveport through volunteering and service-oriented activities. We successfully ended the Fall 2018 semester by welcoming 11 new initiates into our fold, which is a record for our local chapter and we eagerly anticipate the arrival of more new members during this semester, as well.

Our chapter has been highly involved in volunteering with different hospitals and hospices all over Shreveport. We have members who help out at the Shriners Hospital for Children, Montclair Park Assisted Living facility, Martin Luther King Health Center, and the Willis-Knighton Hospice of Louisiana. In each of these centers, we engage with patients and spend time with them. These interactions are invaluable in allowing pre-medical students to observe the healthcare system from the patients’ eyes. It also gives them a chance to see how these institutions conduct themselves.

During the Fall 2018 semester, our members have dedicated over 600 hours to volunteering and serving our local community. One of the events that we have continued to lend a helping hand to is the annual Louisiana Prize Fest. The Prize Fest is a contest and a festival where filmmakers, chefs, and musicians from all over the world compete for the grand prize offered in their respective fields. Our members assisted with selling tickets, setting up the venues for the competitions, welcoming guests, and managing the crowd. The Louisiana Prize Fest was a wonderful opportunity for students to interact with the community and meet new faces.

The Louisiana Iota chapter of Alpha Epsilon Delta is looking forward to having a wonderful semester this spring. We have several exciting events planned over the spring and summer, one of which is a summer camp for children who are affected with muscular dystrophy. We cannot wait to share our progress with you in the next issue of The Scalpel!
The Louisiana Zeta Chapter at Louisiana Tech University has been preparing students for careers in healthcare. With many members on the pre-medical track, meetings have consisted of guest speakers ranging in experience on how to become a physician.

A current Louisiana Tech senior who was accepted to LSUHSC-S Medical School discussed how junior pre-medical students should prepare for applying to medical school. She spoke about studying for the MCAT, applications, and the interview process. In another meeting, current 1st, 2nd, and 3rd year medical students from LSUHSC-S Medical School spoke about their daily lives and held an open panel for questions. Dr. F. Scott Kennedy, the Dean of Admissions from LSUHSC-S Medical School, and Dr. James C. Weir from the William Carey School of Osteopathic Medicine, visited to discuss their schools’ admissions processes.

As interest has grown in other areas of the medical field, speakers specializing in additional fields are scheduled to present this spring. A Louisiana Tech alumnus, Dr. Daniel Flowers, will visit from LSUHSC-S where he has been on staff for several years and will share about their physical therapy program. Lindsey Ferrington will speak about the Physician Assistant Program at LSUHSC-S and how to navigate mini-interviews. For those interested in dental school, Dr. Toby Cheramie from LSUHSC School of Dentistry will meet one on one with students for advising. The army will also speak about their healthcare opportunities and provide a suture workshop for AED members.

The spring also begins preparation for the annual Guatemala medical mission trip. This past summer several AED members aided physicians in providing health and wellness care to underserved areas in conjunction with Manna Worldwide. Members that attended will speak about their past experiences in hopes of recruiting new members for the upcoming trip in March 2019. The Louisiana Zeta Chapter of AED looks forward to the spring and the many opportunities it brings for academic growth and a chance to serve others.

The spring of 2019 promises to be fruitful and reformative for the Massachusetts Gamma chapter of Alpha Epsilon Delta. We will continue our ongoing efforts to strengthen our presence both on the Boston University campus and beyond. With about 20 new members to be inducted into the chapter, we expect to have a surge of new ideas and renewed enthusiasm among our student body.

As in previous semesters, we continue to offer chances to connect with BU alumni and healthcare professionals both in the Boston area and via skype to other parts of the country. Last fall we were lucky enough to connect with a former member of our chapter studying at Baylor College of Medicine, as well as a pediatrician from Boston Medical Center. Dr. Preer shared her favorite parts of working as a pediatrician, how she maintains a work-life balance, and how she actively strives for change in the health field.

Surrounded by a wealth of hospitals and universities, we have countless opportunities to get involved in public outreach and learn about current medical and research initiatives. Lectures and presentations at Harvard University, Massachusetts General Hospital, and Boston University School of Medicine are on our radar for the next few months, presenting members with access to events nearly every calendar day.

One new initiative we are introducing this semester are monthly reflection sessions where members are invited to share their most recent experiences and consider the impact of what they have learned. We hope these reflections not only generate engaging and thought-provoking discussions, but also serve to develop the crucial professional skills of networking and verbal discourse. With just a few short months left in the school year, we in the Massachusetts Gamma chapter are determined to make it the best semester yet.
2019 is going to be an incredible year for the Massachusetts Zeta chapter of Alpha Epsilon Delta. We have accepted 30 new members, effectively nearly doubling the size of the chapter and adding an incredible new pledge class of future health professionals with a passion for community service and engagement. Our new members range from future doctors, physician assistants, veterinarians, and dentists that are very excited to become a part of such an incredible national organization.

We have always prided ourselves on our community service events that strive to volunteer our time for the community as well as putting AED members into healthcare settings that they are working towards becoming a part of someday. We aim to be productive members of our communities by giving back in numerous ways. This semester we have organized multiple events at Boston Healthcare for the Homeless, as well as helped clean up trash from the surrounding Boston neighborhoods with a Breakfast Club. These opportunities allowed us to engage with the Boston communities around our University, and many members who participated returned to volunteer again with these organizations.

The Zeta chapter also works to add to our members skill set in the form of certifications and trainings. This past semester we held a Naloxone training, which is freely available to all Massachusetts residents to carry in case they witness an overdose. Knowing how to administer Naloxone is a critical part of combatting overdose deaths, and we learned a lot about how to give the drug and some history about the opioid epidemic in the Boston area. We also held a CPR class for members to update their certifications, and a suture clinic with an US Army Health Care Recruiter.

The Northeastern Zeta Chapter of Alpha Epsilon Delta has had an incredible semester, holding more events than we ever have before and steadily increasing campus involvement. We cannot wait for what the next year brings us, and look forward to continuing our growth and involvement both on campus and in the surrounding community.

The Hope College AED Michigan Beta Chapter continues to find success in annual events as well as new opportunities designed to help students discern their pre-professional paths while serving the community.

In supporting the mission of Holland Free Health Clinic (HFHC) to raise awareness and funds for the underserved population, AED volunteered at the annual ‘Run For Your Life 5K’. Students volunteered before and during the event to support the clinic. Runners ran through the streets as volunteers encouraged them along the way. As many of our students volunteer at the HFHC, this fundraiser served as a reminder that providing care to the underserved depends on both time and monetary donations.

In addition to acts of service, AED has focused more heavily on networking, within our peer group as well as healthcare professionals. Through mentoring events within the organization and networking events hosted by the The Boerigter Center for Calling and Career, AED encourages students to capitalize on opportunities to meet and learn from healthcare professionals.

To discuss the most pressing issues in healthcare, AED partners with Michigan State University’s College of Human Medicine to host ‘Your Health Lecture Series’. The event this spring will be on the appropriate use of antibiotics. Students, as well as community members, will have the opportunity to learn more about the challenges facing healthcare professionals and patients with respect to antibiotic usage.

As an organization of individuals interested in the healthcare field, we envision a semester of learning and discovering alongside one another in preparation for future careers. To encourage such growth, AED will continue to host medical school representatives, sponsor a team at Dance Marathon, and explore new opportunities to serve those in need. We also look forward to inducting a new class of individuals passionate about the healthcare field!
This fall, the Michigan Epsilon chapter facilitated some of our favorite long-standing traditions to serve the greater Ann Arbor community, to learn from healthcare professionals, and to bond our family within the organization.

We continued volunteering at the VA Hospital in Ann Arbor, making dinner at the Ronald McDonald House, and fundraising for our Relay for Life and Dance Marathon teams. Our members also participated in our annual blanket making, where we made fleece-tie blankets for families in the Ronald McDonald House. Our chapter expanded our realm of service through volunteering at the Penrickton Center for Blind Children, Ann Arbor Parks and Recreation, and a local organization called Kid’s Kitchen.

Michigan Epsilon also invited a variety of healthcare professionals to share their knowledge and experience with our members this semester. Dr. Sue Ann Bell, a nurse scientist and family nurse practitioner who researches with our members this semester. Dr. Jennifer Waljee, Dr. Dana Talem, and Dr. Dawn Coleman spoke to our organization about their inspirations, families, and challenges they have faced in their careers. The structure of the panel included ample time for questions by our members.

When we are not serving our community or listening to speakers, AED strives for professional development and academic success. This fall, our Professional Development Chair organized an interactive meeting where older members guided discussions about study abroad, gap year opportunities, patient care, networking, and interviewing to help develop the professional skills of younger members. Our academic committee also fosters mentorship between older and younger members by hosting scheduling nights before class registration, as well as regularly booking study rooms in the undergraduate library.

AED is thrilled to have experienced another semester of serving our community, professional development, and bonding as a family. We look forward to continuing to represent Alpha Epsilon Delta in the future.

The Michigan Gamma Chapter of Michigan is located at Michigan State University. In this past year, we welcomed a new Eboard that was able to grow the club from 13 active members by actively recruiting 30 new members at the university’s annual club fair, Sparticipation. The chapter at Michigan State focuses on providing members the ability to network with health professionals, access to volunteering events, and the opportunities to grow as a student.

Members attend bi-weekly meetings that are focused on providing them with knowledge and experiences to better prepare them for their future career. Meetings are usually structured to discuss future volunteer events, professional school tours and contain an informative speaker. In the past year, the chapter has had several physician assistants, physicians, and registered nurses come and share their process of entering their respected field. Our Eboard also focuses on getting admissions representatives from various professional schools to attend meetings and talk about their programs. A recent addition the chapter made this year is coordinating a mock MCAT test our members can take with Princeton Review.

With the chapter being located in the Greater Lansing area there are many unique volunteer events. On a weekly basis, members can go volunteer at the MSU or Greater Lansing food bank and cook dinner at Haven House, a local nonprofit that provides emergency housing for homeless families preparing for permanent housing. Popular spring volunteer events include Relay for Life and Spartython. During Spartython AED members form a dance team to raise money for the Children’s Miracle Network for Sparrow Hospital and Cassie Hines Shoe Cancer Foundation.

The most prominent service event members have the option in participating is a weeklong service trip to the Dominican Republic during the first week of winter break. Our chapter has had the privilege of partnering with Solid Rock International, a nonprofit that has been working since the early 1990s to transform the mind body and soul of the poor people in the Dominican Republic. Over the past eleven years, members have had the unique opportunity to set up mobile travel clinics with local Dominican doctors Solid Rock employees.

AED’s Michigan Gamma chapter looks to continue to increase its number of members and provide unique experiences that help enable and guide them through their four years at Michigan State. Our goal for the upcoming year is to increase our presence felt in the Greater Lansing area by increasing our participation in more volunteering events.
Rowan University’s NJ Epsilon chapter is ready to take on 2019 with an eager ferocity. With a new year comes new opportunities, new challenges, and new goals. Last year, we focused on several projects that made an impact on communities both near and far. Our favorite was the “Paracord Bracelet Project,” which consisted of us making paracord bracelets to be donated to military personnel. These fashionable bracelets double as a survival tool and can be unraveled to provide 6 feet of rope when needed! We were absolutely elated when we finally filled an entire box with our paracord bracelets. While making these bracelets was very time consuming, we found it to be a meaningful bonding experience that allowed members to get to know each other.

One of our goals this semester is to unite the various health related groups of Rowan University. We have noticed that there is a distinct lack of unity and collaboration between different Rowan health groups. This results in redundancies, unnecessary expenditure of resources, and lack of comradery between students. Although each health professions club has its own niche, we feel that Rowan students could benefit from the combined resources of several different groups. This gives students an opportunity to explore other areas of interest, attend more workshops and information sessions, and network with likeminded individuals in other clubs. If all goes to plan, this collaboration will culminate in a huge health professions retreat in late March of this year. This event will feature panels, educational presentations, and workshops involving several different organizations.

Lastly, with the advent of the new year comes new inductees. We are looking forward to inducting several new members this spring. However, this experience will be bittersweet as we will also be saying goodbye to some of our graduating members. Regardless, we look forward to passing on the torch. Over the next couple years, new members will be given several opportunities to lead, learn, and help others. New members will realize the importance of the health profession and will learn the skills necessary to prepare themselves for the next stage of their professional careers. We wish our future members the best of luck while our graduating students move on to fulfill their bright futures.
The new officers have done a fantastic job establishing new outreach activities and maintaining student interest and engagement across campus. Many thanks to the current officers: Sara Naessig (President), Carmen Alvarez (Vice-president), Sabrina Segura (Secretary), Shannon Forty (Treasurer), Brianna Remache (Historian) and José J. Feliciano (Vice-president), Sabrina Segura (Secretary), Shannon Forty (Treasurer), Brianna Remache (Historian) and José J. Feliciano (Scalpel Reporter).

During the fall of 2018, the chapter was excited to hold its first fundraiser. We delivered orders from Chipotle to students and faculty around campus. Although this was quite an effort, it was well worth the work. This fundraiser helped us secure an independent AED funding source, outside of institutional support, so that we can now consider hosting events off campus, and potentially sending members to local and national meetings.

In the fall, we contacted several medical schools interested in presenting their programs to our students. Among those invited were Ross University and St. George’s University. AED continues to support the local community by hosting a room during Manhattan College’s Safe Halloween night. During this event we provided activities and treats for the children of the neighborhood in a safe and fun environment.

For the spring of 2019, the board has already had their first meeting. We have established several dates for the development of our chapter and our members. First, we are co-sponsoring speakers who are coming to chat and give our members a bit of advice upon the health profession. In collaboration with our Allied Health Program director we have invited Dr. Nitin Selkhi, MD, PhD. He is the Medical Director of Pain Management at Westchester Medical and an alum of Manhattan college. With the Allied Health program, we will continue to co-sponsor speaking engagements throughout the semester. AED is dedicated to working with other honor societies across campus and will co-host events throughout the year, where we are seeking to maintain a strong presence in the Manhattan College community.

One of the most important events of these semester, without a doubt, is the spring induction ceremony. The chapter has already received several application requests and we are expecting a large influx of students to New York Pi this year. We will be sad to see our seniors leaving us at the end of the semester, but also happy that they are graduating and that they will be moving on to exciting paths as they work toward their health field goals. As we elect new officers this semester, we know that they will take over and continue to keep us one of the most popular campus student groups.

Manhattan College AED is looking forward to this semester and to continue to grow as a chapter.

Alpha Epsilon Delta, New York Pi, at Manhattan College, has caught the attention of many pre-health students and has grown into a premier student society on campus. We had another successful semester and are looking forward to continuing that work through the rest of the school year. The new officers have done a fantastic job establishing new outreach activities and maintaining student interest and engagement across campus. Many thanks to the current officers: Sara Naessig (President), Carmen Alvarez (Vice-president), Sabrina Segura (Secretary), Shannon Forty (Treasurer), Brianna Remache (Historian) and José J. Feliciano (Scalpel Reporter).

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Manhattan College AED is looking forward to this semester and to continue to grow as a chapter.

After a successful Fall Semester at East Carolina University, the North Carolina Epsilon chapter of AED is looking forward to a prosperous Spring semester. The chapter participated in numerous philanthropic events over the course of the fall semester including bake sales, percentage nights, and volunteering events.

Bake sales involved members’ baking or purchasing an assortment of sweet snacks. The sales were held in the busiest area of the University’s campus to maximize potential transactions. Usually a piece of poster board would be used to form an eye-catching advertisement for supporting Muscular Dystrophy awareness. On the same token, different local restaurants graciously partnered with the chapter to raise money for the Muscular Dystrophy Association. The restaurants agreed to give them a set percentage of the sales revenue for each time they hosted a percentage night at the establishments.

The group volunteered at the Food Bank of Eastern North Carolina; AED members helped package meals and assemble large pallets of stacked meals for distribution across the state. The meals were later given to individuals in need of assistance – mostly to those effected by Hurricane Florence.

Looking to the Spring semester, we are immersed in a sense of hope for our future health care leaders within our group. Beginning this semester, our chapter is collaborating with the local Ronald McDonald house: a non-profit organization geared towards families of children that are critically ill or injured. The house, in essence, is a “home away from home” where the families can experience a feeling of relief in a comfortable and familial environment away from anxiety strewn situations.

As we look to the promising Spring semester ahead, we remain focused on the most important goal: to provide the best care as future health professionals and leaders. Many thanks to our executive board, especially the seniors; Dalton, Susie, and Alicia for their shear dedication and complete devotion to the success of this AED chapter over the years.

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Ohio Alpha
The Ohio State University
submitted by Samantha Holthaus

Our chapter has grown even closer after implementing our new peer-to-peer program last semester. The peer-to-peer program is an opportunity for underclassmen to learn from experienced upperclassmen. We are excited to continue growing in both number of members and in our passion for this organization. We look forward to welcoming more of our dedicated general members to apply to become national members of this organization. While we are saddened to see many extraordinary members graduate in May, we cannot wait to see all of their success as they continue towards their careers in the medical field.

Dine with the Docs continues to be popular for our members. This program organizes dinners with physicians from the Columbus area to meet with students in Alpha Epsilon Delta. These dinners allow for a more intimate setting where our students are able to learn exactly what it is like to be a health care professional. This program provides our members with the opportunity to network with professionals in the area.

Ohio Beta
University of Toledo
submitted by Hailey Cox

The Ohio Beta chapter kicked off their 2019 Spring semester by inviting a guest speaker—emergency services instructor, who works as an AEMT, to host a meeting about emergency medicine in the field! He covered basic life saving techniques, real life scenarios, mass casualty incidents, and more. Additionally, we learned about prioritizing life threats by taking quick assessments of viability and asking patients appropriate questions. Our members received a unique perspective on pre-hospital care and a glimpse of what to expect as a healthcare professional receiving one of those patients directly “from the field”. Many students were excited to learn more about the courses he offered in EMS. Furthermore, our chapter has been planning for a CPR training course through this instructor later in the semester.

Members of Ohio Beta also participated in a question and answer session with the University of Toledo Medical Center medical students. Topics that were covered included preparing for interviews, the daily life of a medical student, and opportunities to improve resumes. The Ohio Beta chapter has been partnering with the local medical students who have given continuous support, encouragement, and insight for the past few years, which has been a positive influence for our members.

This semester, the Ohio Beta chapter will be continuing their philanthropy work with the Community Care Clinic (CCC), hosted by UTMC’s medical students. The CCC services many underserved in the area by providing them with free health screenings and basic medical treatment. Our role includes preparing meals for those receiving care at the clinic.

Looking forward, our chapter will be having a health insurance crash course hosted by a local physician and our other exciting events coming up include a wellness meeting, elections, and initiation!
The Ohio Mu chapter of Alpha Epsilon Delta chapter at Ohio Northern University has continued working on our philanthropy efforts of fighting hunger in our surrounding communities. We finished out fall semester strong by supplying a local needy family with a full Thanksgiving dinner to make their holiday season a bit brighter. This spring semester we have a coroner scheduled to come speak to our chapter on what their job entails as well as why it’s so important. We are also working on scheduling another speaker who will tell us about their work with MLS which will be extremely informative for our chapter. In an effort to bring different chapters together as well as further our philanthropy mission we have invited the University of Toledo Ohio Beta chapter to donate their time with us at the West Ohio Food Bank as well as putting together an event for our members to go to the Toledo area and help them with one of their philanthropy efforts. In addition to serving at the West Ohio Food Bank our chapter is in contact with our local Habitat for Humanity Restore to set up dates and times that our members will assist them with anything that they may need. This semester we also have the honor of initiating new members this coming April and welcoming them into this prestigious organization.

Last fall Oklahoma Beta Chapter here at Oklahoma State University hosted our first annual health week on campus. We planned our health week to line up with our campus’s health professional’s week. Our goal for this week was to raise health awareness, fundraise, promote a career in healthcare and encourage students to be active and healthy. We opened our volunteer opportunities to pre-health clubs as well as encouraged the clubs to get involved with their own health week activities. We hope in the future health week can become a community event among all the health related clubs and organizations on campus. We were happy to achieve our goals for the week through numerous events. We began early in the week by tabling on campus to reach out to students. On campus we handed out fresh fruit to students around lunchtime to promote healthy eating. We also made and handed out flyers to inform the students about our health week events and other campus events such as the campus blood drive and the pre-health preparations offered by career services. We teamed up with Birthright of Stillwater and held a baby wipe drive to be donated to new mothers in need. Our biggest health week event was our basketball tournament we hosted at the end of the week. Members from our chapter and volunteers from other pre-health organizations helped by keeping score and being referees. We agreed the tournament would be a fun activity to get students active as well as a great way to raise money for the Stillwater Community Health Clinic. At the end of the tournament the first place team was named and given a prize. Health week was a great success for our chapter and we plan on continuing to host a health week every year, hoping to make it bigger and better each time.
The Oklahoma Gamma chapter of Alpha Epsilon Delta at Oral Roberts University has enjoyed a busy start to 2019. We recently accepted 4 new members at the change of the semester and anticipate several rewarding events this year.

We kicked off the school year with a speaker program from our very own senior faculty, Dr. William Ranahan. In his presentation, titled, “God of Wonders: The Problem of Pain,” Dr. Ranahan spoke about his latest research involving neurons and pain receptors in the brain. Our chapter hosts these presentations by Dr. Ranahan monthly. These are the most anticipated events that our club puts on, and they attract medical professionals and academics from across the state. We are also hosting a speaker program with a pediatric cardiac surgeon in March.

Our most current project is preparing for the Student Health Fair that is thrown as a collaboration of the science clubs on campus. We are working with the Minority Association of Pre-Health Students (MAPS) and the American Chemical Society (ACS) to ensure an informative and intriguing health fair for all students.

In the fall semester we were able to tour the facilities of the Oklahoma State University College of Osteopathic Medicine and the Oklahoma University College of Medicine Tulsa Campus. Both of these experiences enriched our members and solidified many members wishes of becoming a physician. We are attending the M3 Global Health Conference for the fourth year in a row. The conference is held in Houston, Texas, and focuses on Mobilizing Medical Missions. We have partnered with this conference for many years and continue to support the more than 70 organizations that serve through medical missions.

AED is one of the largest student organizations on campus at Oral Roberts University and we hope to continue increasing our numbers and accomplishments as a club this upcoming academic year.

Near the end of the semester in 2018, Alpha Epsilon Delta at the University of Tulsa held a meeting for AED members to partake in an interactive event with an allergist-immunologist. It was a great opportunity for undergraduates to learn about the mechanisms and physiological effects behind allergies. The allergist-immunologist showed the students how to use an EpiPen and the students were able to try themselves. The physician also interacted with the students by demonstrating what it looked like inside the nose during a nasal endoscopy. The feedback was great and the students really enjoyed interacting with the allergist-immunologist. To kickstart the new year for 2019, we had an AED panel for the MCAT and medical school admissions. The seniors were able to talk to students about their MCAT experience, how they studied for it, and any advice that they could offer. They also talked about the medical school application process for both MD and DO programs. Many students were encouraged by the panel and felt comfortable asking questions to the graduating seniors. In addition, the panel helped guide those students who were unfamiliar with the process.
During the fall of 2018, the executive board and current members of Alpha Epsilon Delta society were pleased to welcome 53 new inductees into the honors society. We are excited to see what awaits these bright, innovative students throughout their journey toward a prospective career in healthcare and to learn what they will contribute to the success of our AED chapter.

During each school year, AED sponsors a blood drive twice throughout the semester, in which phlebotomists and other healthcare professionals from the Rhode Island Blood Center visit our campus for several days looking for students to donate blood. Our September blood drive was especially successful, as we had 126 students looking to donate, with a final result of 101 donations in total. Because each individual bag of blood has the potential to save three lives, our donations will have an incredible impact on patients throughout Rhode Island, possibly saving up to 303 lives.

In addition, not only did the students of the Providence College community make time in their busy academic schedules to donate, but almost every member of AED served as a volunteer during the two-day event, providing information to students passing through the dining hall or handing out pamphlets and Lifesavers to those in the Slavin Center, the college’s largest hub for students activities. Overall, the blood drive is an extremely meaningful experience for the members of AED and the campus as a whole because it provides us with the opportunity to not only appreciate the healthy lives we have been gifted with, but also to acknowledge the courageous patients that fight every day by helping them in their treatment and road to recovery.

This spring semester, we are looking forward to our upcoming blood drive that will take place in early February, as well as inducting even more members into our honor society in the spring. We hope to continue to make a difference in the lives of others and to prepare one another for a successful future in healthcare.

This past year the newly reinstated Pennsylvania Nu chapter of AED was excited to induct a total of 43 new members at Muhlenberg College, a small liberal arts school in Allentown, Pennsylvania. This fall we had great success in getting our members involved and learning about all of the different opportunities that the field of healthcare has to offer. The chapter held a very well attended “Alumni Networking Event” where members got to network with alumni from various fields in the health department. Some of the alumni we met were a Chief Obstetric Anesthesiologist, an Oral and Maxillofacial surgeon, a Psychiatrist, a Medical School Library Director, an Occupational Therapist, an Orthopedic Surgeon, an Emergency Medicine Physician, a Pharmaceutical worker, and a Podiatrist. Students who attended this event found it helpful to have the platform to ask questions not only about careers they were interested in but also about careers that were not on their radar. Moreover, this past fall we collaborated with our campus EMS in order to learn how to take blood pressure and do a patient history. We also worked with the Office of Community Engagement at Muhlenberg College and learned about some of the exciting and relevant opportunities we have to get involved with the neighboring Allentown community.

This spring we hope to host an “Accepted Students Panel,” so students attending various graduate schools can answer some questions regarding their experience. We also hope to keep our Big-Little mentorship program going as it is a great way for our members to receive resources and advice. All in all, we are excited to maintain our strong presence on campus, and equip our members with the resources they need to grow into competent, confident, and empathetic pre-health professionals.

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The Texas Eta Chapter of the Alpha Epsilon Delta at the University of Texas at El Paso (UTEP), continues to create projects that promote service to the community while preparing pre-health professions students for a successful future in the healthcare field. While our members work hard to excel in the classroom, we want to ensure that during their undergraduate years our members can have opportunities to strengthen their extracurricular knowledge of caring for others.

One of our most significant accomplishments was the creation of a shadowing program for our members. Our goal is to educate our members about the daily demands of the lives of healthcare providers. We consider that this educational opportunity is essential for our members to become familiarized with the different roles, time commitment and level of effort of individual members of a healthcare team. One of the ways to become familiarized with the medical field is through shadowing. At times, students may have a difficult time looking for familiarized with the medical field is through shadowing. At times, students may have a difficult time looking for opportunities since they may not have made the connections that they need. We decided to coordinate with several physicians from the El Paso community who are willing to work with Texas Eta Chapter members who will shadow at their offices. To ensure that our members behave in an ethical, professional manner at all times, we created a Shadowing Etiquette Orientation. During this orientation, our members learned the importance of maintaining professionalism while interacting with the doctor and patient. In addition, using an online module our members were trained on HIPAA patient confidentiality standards.

As pre-health professionals, we recognize the importance of CPR training and the impact that it can have on cardiac arrest victims. This last semester we partnered with the American Heart Association to offer a CPR certification course for our members. Many of our members enjoyed attending this life-saving class and now they are CPR certified.

To support the youngest members of our El Paso community, the Texas Eta Chapter volunteered for the third consecutive year at the "Walk of Hope" hosted by Candlelighters during Childhood Cancer Awareness Month in September. During this event, participants lit luminaries at Ascarate Lake as families, friends, and survivors walked through a luminaria lit path to honor pediatric cancer patients who were currently in treatment, in remission or had lost their battle with cancer and had passed away. All the donations received during this event were directed toward supporting patients who continue their treatments. Our members assisted by setting and lighting the luminarias around the lake and by removing them. This opportunity provided our members a chance to meet families and children who were battling cancer. This and similar experiences have lasting impacts on our members and contribute to member understanding of our community health care needs.

Howdy! The Fall semester of 2018 was a blast for the Texas Lambda chapter of Alpha Epsilon Delta at The University of Texas at San Antonio. The Texas Lambda chapter strives to promote involvement and community service to the local San Antonio community, as well as education to members about their future professions. The semester saw the chapter continue to participate actively in the community and get the Alpha Epsilon Delta name known. We were able to provide more than 100+ hours of volunteering opportunities for our members to be actively engaged with our local community. We have continued our partnership with the Corazon Clinic, and the San Antonio State Hospital. The Corazon Clinic is a unique facility that offers free healthcare to the homeless and marginalized populations of San Antonio. The clinic is an exceptional way for pre-health professions students to get an inside look of how a clinic operates, as well as working with a real live patient.

As part of our socials, many of our members gathered for events such as a pumpkin carving, roller skating, and even got together to decorate a golf cart to display at the homecoming football game. Our banquet in the Fall, was a huge success, we were delighted to induct around thirty members into the AED community.

Last semester, we held a professional healthcare student panel where we had a dental student, medical student, nursing student, and a pharmacy student join us to talk about their lives as professional students. Members were thrilled to hear about the day-to-day aspect of their schools. They also shared stories about how they got to where they are now. Members were actively engaged and the event benefited everyone in attendance with insight into the current state of professional school admissions and school life. It was fantastic to see members get to know students who have advanced to the next step in their respective schools, and ask questions that will assist them through their future career selections.

All in all, The Texas Lambda chapter of Alpha Epsilon Delta had an outstanding semester. We are relishing the community of health profession students that is growing every year, and we are so happy to have such great members. We are so lucky to have so many wonderful people in the community, and we can’t wait to see what the future holds for our members and for the San Antonio Community!
Texas A&M University-Corpus Christi

submitted by Nadia Hatami and Jessica Ramirez

The Texas A&M University-Corpus Christi Texas XI chapter of AED is looking forward to a great spring semester. There are many events that we are eager to participate in this semester. Our organization plans to participate in the Coastal Bend Regional Science Fair, an opportunity for children K-12 to take part in and present STEM research. Our chapter will also be hosting Island Days, which function as preview days for prospective students of Texas A&M University-Corpus Christi. We look forward to assisting in an annual event hosted in March, Science Olympiad - a wonderful event that allows for middle school and high school students to experience the world of science. It is a day-long event in which students are invited to engage in fun activities relating to physics, chemistry, and biology.

As always, we are proud to continue volunteering at Habitat for Humanity and the Food Bank of Corpus Christi during our Saturday mornings, helping to build homes and package meals for families in need.

Last year, we implemented our mentor-mentee program. It is our goal to help build relationships between individuals by allowing for upperclassmen to aide underclassmen in their pre-professional endeavors. Upperclassman are granted the unique opportunity to help lead eager and intelligent pre-professional underclassmen in the right direction in regards to classes, application processes, and volunteering. We have received outstanding feedback from this program, with more individuals requesting for a mentor each semester.

We plan to end our spring semester with our annual banquet, which is directed towards students receiving AED National Membership or an AED officer position. Our banquet is also held to honor those who are graduating at the time, and to thank them for their continuous support and involvement to both AED and our community during their time at Texas A&M University-Corpus Christi. The banquet is a fantastic way to recognize outstanding and committed members, and also acts as a time for family and friends to help celebrate them.

We are excited to welcome new guest speakers from various health related professions, some of which include a pediatric plastic surgeon and an admissions assistant from a Texas medical school. These guest speakers always do a superb job of enlightening our members of their various responsibilities and roles when working in the field of health care. Time with the speakers also provides a great way to network and make connections with others. With the continuous support and guidance from our advisors, staff, and dedicated officers, our organization has been able to grow and impact students from our advisors, staff, and dedicated officers, our organization has been able to grow and impact students.

With the continuous support and guidance from our advisors, staff, and dedicated officers, our organization has been able to grow and impact students.

The Texas XI chapter is eager to advance as an organization, and strives to inspire professional growth. Our continuous, lifelong goal, is to give back to those in need while learning from real-world experiences.

Texas Christian University

submitted by Ariel Burden

At the Texas Zeta AED chapter at Texas Christian University, we are continuously searching for more ways for our students to get involved around the community of Fort Worth. Whether this is through shadowing physicians and other health professionals or volunteering, we feel that it is important for our members to explore things that interest them most! Our latest venture into the healthcare system of Fort Worth is our student’s involvement in Mercy Clinic just a few minutes from TCU’s campus. At Mercy Clinic, our students can gain either health-related experience, volunteer hours, or both!

Founded in 2011, Mercy Clinic is devoted to giving free healthcare to the underserved/uninsured within a specific zip code of Fort Worth. Men, women, and children can go to Mercy Clinic to get a variety of services including dental care, diabetic help, visual screening, and women’s healthcare. Because of the wide range of services offered, Mercy Clinic benefits from student volunteers who are compassionate about the work being done at the clinic. TCU’s AED organization has been the perfect partner for Mercy Clinic to gain the aid they need while also giving our members an opportunity to see a not-so-glamorous area of Fort Worth benefit from state-of-the-art healthcare which Mercy Clinic provides! Our students can shadow the physicians at the clinic, volunteer to take vital or blood glucose levels (with supervision), play with children in the waiting room/clean their toys, or even get certified to perform vision screenings on patients!

Working with the Mercy Clinic has genuinely been one of the most rewarding, yet eye-opening experiences that members of our chapter have participated in. It has given all our volunteers a new perspective and insight into why we want to go into the healthcare field. TCU’s Texas Zeta chapter of AED is very excited to continue the journey with the staff and patients at the Mercy Clinic and cannot wait to branch out and begin working with more community clinics to serve our city!
The last semester, Beta Chapter at UW-Madison has had enormous success creating an environment that encourages involvement in our community, society, and professional development. Due to great cooperation and accountability from our officer board, we saw improved attendance at our volunteer, social, and informational events. This greater involvement has brought a greater number of active memberships and gold member statuses. We are delighted with this improvement and are optimistic to continue advocating this involvement.

We have seen continued success in our Mentor Program, where upperclassmen are paired with underclassmen who share similar interests. Mentors provide essential advice and guidance for mentees in preparation for their future education, studying for the MCAT and GRE, juggling coursework, and becoming involved on campus. The program is still key to the unity of our organization and we are excited to continue it. To continue improving the quality of our chapter of AED and improving members’ ability to be accepted into higher education programs we are requiring two volunteer events to be active each semester.

Another major component has been the success of our officer board consisting almost entirely of Seniors and having “Apprentices” for those leaving to study abroad. This has provided AED with a board that holds vast experience and knowledge to lead members on becoming successful health professionals and ability to maintain successful leadership success within future board members. This has shown that having apprentices for board members leaving for important opportunities is a viable option in the highly chaotic college lifestyle.

Overall, we are still incredibly optimistic about the direction our AED chapter is moving in and are very excited to continue promoting the success of our members on becoming future healthcare professionals.

ARE YOU SURE YOU’RE A NATIONAL MEMBER?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren’t!!!

Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

Contact us:
Phone: (817) 257-4550
E-Mail: aednationaloffices@tcu.edu

CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF’s:

1. Only typed forms will be accepted and processed.
2. A typed list of each students first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.
How to Submit a Scalpel Report

Step 1: Visit the AED website to download the Scalpel Reporting Form.

Step 2: Fill in your Chapter Name, University, and Scalpel Reporter, using the PDF file.

Step 3: Write and Save your article in a Microsoft Word document making sure it follows the 250-350 word count range.

Step 4: Photos must be in High Resolution (320 DPI or more) JPEG format at least 2.5 “X 4”. (Photos are strongly encouraged)

Step 5: Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at: aednationaloffices@tcu.edu

Alabama Alpha
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REMEMBER:
AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1st for the Fall Scalpel and Feb 1st for the Spring Scalpel.
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Wofford College, Charleston
Charter No. 165, 11/18/1992
Advisor: Anna B. Waite
(Ph.D., University of South Carolina)
Charleston
West Virginia Alpha
Charleston College, Charleston
Charter No. 7, 05/30/1931
Advisor: Stephanie M. Smith
(Ph.D., West Virginia University)

South Carolina Gamma
Clemson University, Clemson
Charter No. 100, 02/20/1971
Advisor: Michael Sehorn
(Ph.D., University of Alabama)
Huntsville
Texas Gamma
East Texas State University, Longview
Charter No. 26, 04/13/1942
Advisor: Jennifer W. Mitchell
(Ph.D., University of Texas)

South Carolina Omega
University of South Carolina, Columbia
Charter No. 198, 03/11/1958
Advisor: Robert L. Wilson
(Ph.D., University of North Carolina)
Columbia
Virginia Delta
Old Dominion University, Norfolk
Charter No. 43, 04/30/1948
Advisor: Emily R. Riley
(Ph.D., University of Virginia)

South Carolina Chapter
University of South Carolina, Columbia
Charter No. 6, 05/30/1931
Advisor: Dr. John E. Martin
(Ph.D., University of South Carolina)
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Wisconsin Epsilon
University of Wisconsin - Madison
Charter No. 175, 02/26/2000
Advisor: Michael Harr, M.D.
(University of Wisconsin-Madison)

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Advisor: Dr. John E. Martin
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University of Wisconsin - Madison
Charter No. 144, 02/22/1974
Advisor: Jonathan A. Slaton
(Ph.D., University of Wisconsin)

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Advisor: Jonathan A. Slaton
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University of Wisconsin - Madison
Charter No. 144, 02/22/1974
Advisor: Jonathan A. Slaton
(Ph.D., University of Wisconsin)
Welcome to our new and re-installed chapters.

Michigan Theta was inducted into AED on October 20, 2018 at Michigan Technological University in Houghton, Michigan.

California Delta was re-installed on February 1, 2019 at the University of San Diego in San Diego, California.

Michigan Iota was inducted into AED on February 15, 2019 at Western Michigan University in Kalamazoo, Michigan.

Virginia Mu was inducted into AED on February 16, 2019 at Regent University in Virginia Beach, Virginia.

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