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This is my last letter for the Scalpel. I hope you found my comments useful. I am not running for reelection as President of AED, as I am now retired from the University of South Alabama and do not feel I can serve at the level the position deserves— I am having too much fun being retired. Actually, not having an office and, more important, not having students with whom I have regular contact puts me in a disadvantage.

In March, we have an exciting convention planned for advisors and students. We expect an exciting election time as many Board positions will be available—think about running if you are an advisor. We are changing up the schedule a bit. We are omitting our formal banquet and awards for the final night. The awards will be given out at the business meeting, and we will spend our final night on a yacht tour of Tampa Bay, and enjoying a dinner followed by dancing the night away (literally, we will be out from 8:45 – 11:45) under the stars. We will continue with the major facets of convention, including committee meetings followed by a reception Thursday night, Regional Meetings, Roll Call, and speakers on Friday, with dinner at the Tampa Aquarium, and our Saturday workshops. We are adding a workshop for advisors to assist with organizing local chapters. For the students, we have several interactive activities that will bring students together from different AED chapters.

Advisors, the Board needs some new members. We have two potential candidates for President this year: Sovent Taylor, who has spent the last 4 years on the Board as Secretary and now Vice President, and Rich Sankar, who served as Scalpel Editor for well over a decade and Jill Duncan who joined the AED Board last about 10 years ago. We also have two candidates running for Treasurer, Frank Dyer, who has served as Counselor for well over a decade and Jill Duncan who joined the AED Board last about 10 years ago. We also have two candidates running for Secretary, and Member at Large. The Treasurer, Communications Director, and Liaison to Texas Christian University (location of our national office) are appointed positions. The current Board will recommend a Treasurer and Liaison to the new Board members, but we need somebody interested in Communications Director.

Why should you volunteer? You will have input on convention, scholarship recipients, the state of the constitution, and whether or not to accept a new school into the organization. Depending on your school, you may get recognition by the administration, and you will definitely get recognition from your students. They will be proud of you, just as you are proud of them when they get accepted into a professional school.

How big of a commitment is it? The commitment depends on the office you hold and the time you have available to commit. The Vice President is responsible for convention, but we form a convention committee so that one person is not expected to do all the work. We added a student to the convention committee for the last convention and this upcoming convention, and the students exceeded our expectations. We tend to have two in person Board meetings a year (requiring travel), and we just started having Electronic meetings as needed. You will have the opportunity to initiate new chapters, which again requires travel. All travel expenses are paid by AED.

If you want to be more involved in AED but are not yet ready to commit to the Board, consider running for Regional Director. Regional Directors are often involved in the initiation of new chapters in their region. They also rank scholarship applicants. We encourage Regional Directors to assist chapters in their region if they need it.

Whether you want to run for a position or not, I encourage you and some of your students (at least one to serve as delegate – only students can vote) to come to our 2020 convention in Tampa. We do have a maximum of 400 this year, so do not wait until the last minute to register. We had roughly 300 students at the last two conventions, so hopefully, we will accommodate all who wish to attend. I hope to see you there.

Cindy Stanfield, Ph.D.
AED National President
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FUTURE CHAPTERS
43rd Biennial Convention 2020  
March 5-7, 2020

The 2020 convention will host keynote speakers, seminars to help you prepare for graduate school admissions, workshops and lots of fun opportunities to meet AED members from across the country. Make plans now to attend and check the AED website at:

https://www.aednational.com

for registration and hotel reservation information, convention schedules and other updates as they occur!

HOTEL INFORMATION:
Hilton Tampa Airport Westshore  
2225 North Lois Avenue  
Tampa, Florida  33607  
813 877-6688

Below is the link for making your hotel reservations.  

The cutoff date for the Guaranteed Group Rate of $160 per night is February 15, 2020 at 6:00 PM. After that, the regular hotel rate will apply.

CONVENTION REGISTRATION LINK:

Convention Registration
• Early registration for AED National Members is $150 until 2/15/2020.
• Early registration fee for Non-Members is $175 until 2/15/2020.
• Late Registration fee for AED National Members is $200 after 2/15/2020.
• Late Registration fee for Non-Members is $225 after 2/15/2020.

Registration fees cover admission to:
• Speakers  
• Roll Call  
• Outing at the Aquarium  
• General Sessions  
• Concurrent Sessions  
• Dinner Cruise aboard the Yacht Star Ship

NOTE: In order to register as an AED National Member, you will need your National ID number. If you do not know your member ID, please send an email to aednationaloffices@tcu.edu with your full name, university and chapter name.

PAYMENT
Alpha Epsilon Delta requires payment within 15 days of chapter registration. Submit payment by check or money order to AED National Offices, TCU Box 298810, Fort Worth, Texas 76129.

DELEGATE AND ADVISOR TRAVEL AWARD
Travel awards are available to the primary advisor and ONE elected delegate for each chapter. Travel award amounts are fixed at $400 per advisor and $400 per delegate. The following criteria must be met to be eligible for travel awards. (1) Each awarded (advisor or delegate must be a national member or honorary member of Alpha Epsilon Delta on or before the convention date. (2) Both advisor and delegate must be registered for the convention and in attendance. (3) The delegate MUST sign in for the National Business Meeting (Saturday). All applicants must complete a Convention Travel Award Application which can be found online.

NOTE: Eligible chapters will receive a check within 45 days by mail after convention.
The Alpha Chapter of Alpha Epsilon Delta is off to a great start for the 2019-2020 school year. At the University of Alabama, our initiatives are what makes us unique, continuing to be student-led and student-focused.

Our chapter of AED has 8 initiatives that are designed to empower students into having the experience and opportunities needed to make a lasting impact in the field of health care. To give students opportunities to serve the community and connect them with volunteering organizations, the Volunteering Initiative exists. To develop students through 1 on 1 relationships, our Capstone Mentoring Initiative pairs pre-health Juniors and Seniors with Sophomores and especially Freshmen seeking the guidance needed to navigate college. Students have the opportunity to participate in the driving force behind our growing development today through our Research Initiative. Our Medically Related Experiences initiative connects students with local shadowing opportunities and entry level clinical positions in health care. To help students prepare for the MCAT as well as organic chemistry and upper level biology courses, we have our MCAT and Tutoring Initiative. Preparing students for interviews and giving tips for skills in communicating is our Peer Interviewing Initiative. Taking on the planning of a Spring Break trip to serve a community in Colombia is our Spring Break Initiative leader.

With all of these great opportunities to get students involved, one of our favorite initiatives that seeks to help students slow down the pace, enjoy moments, and have some fun in the context of a community is our Social Initiative. Pre-health students across the country will relate to the stress and pressure that comes with trying to balance the classes, studying, activities, and self-care. This fall’s events include movie nights, tailgating, game nights, blanket making, and an intramural football game. The Alpha chapter strives to make a positive impact on our campus, our surrounding community, and every member of our group.

The Alpha Delta chapter of Alpha Epsilon Delta has continued working hard to recruit new members and give back to the community. The Fall 2019 semester has already shown great success from the efforts of both our members and officers through exceptional meeting attendance, great volunteering efforts, and outstanding fundraising events. Our chapter also continues to demonstrate exponential growth in membership by reaching a record number of applications each year, as well as having a large social media outreach to over thirteen-hundred Instagram followers (@uabaed)— the largest number of followers of all AED chapters.

This semester, our chapter has planned three fundraisers in the efforts to raise funds for the Spirit of Luke Charitable Foundation. The Spirit of Luke Charitable Foundation hosts a free mobile medical clinic that travels across the rural Black Belt communities of Alabama on the first Saturday of each month. This is organized by Dr. Sandra Ford and Mr. Henry Ford, who are close friends of Alabama Delta and our school, the University of Alabama at Birmingham. The clinic’s main focus is to provide basic primary healthcare to underserved regions of Alabama through free checkups and medication. For this semester, we will be having one fundraising event each month. Our first fundraiser was a Chipotle percentage night. In October, we will be having our annual Krispy Kreme sale, and the last fundraiser of the semester will be a succulent plant sale across campus where we will be selling an assortment of small potted succulents.

Outside of raising funds for the Spirit of Luke Charitable Foundation, our members also have the opportunity to volunteer at the Foundation’s mobile clinics. Students are able to assist with set-up, triage, pharmacy, and are even able to shadow physicians. In addition to Spirit of Luke clinics, we have continued volunteering with a local partner that caters to our pre-physical therapy and pre-occupational therapy members: The Red Barn. This nonprofit offers an encouraging environment where disabled children and adults work with therapy horses to strengthen their minds, bodies, and souls.

Beyond volunteering, shadowing, and fundraising, our chapter holds weekly general business meetings for members to attend and gain insight into health professional fields. Students from all pre-health tracks are welcome to listen in to help understand and create a more unified healthcare system. Our most popular recent meeting was our professional school admissions panel where students could ask questions to admissions board members from osteopathic, optometry, medical, physician assistant, and pharmacy schools. The interaction between undergraduates and health professionals has encouraged pre-health students to gain a deeper understanding of their respective responsibilities. Overall, Alabama Delta provides health career resources and support to the UAB student body to enrich undergraduates in finding the health professional field they want to successfully pursue.
The Alabama Epsilon Chapter of AED at the University of Alabama in Huntsville has great plans to get involved in the community for this upcoming year. Our members have begun volunteering at Manna House on a biweekly basis. Manna House is a local charity that provides food and other necessary supplies to people in need. We assist this public charity in distributing food and unloading boxes. As done in previous years, we participated in our annual Secret Meals 5K event which was a great opportunity to give back to the community. The fee to register for this event was $25 per person and 100% of the proceeds were used to feed children in North America through the Secret Meals For Hungry Children program. We are also hosting and volunteering at many blood drives for LifeSouth to encourage people to donate blood and save lives.

We are having some exciting speakers present to us this semester including a Music Therapist, two Rural Family Physicians, a Nurse Practitioner, and an Exercise Physiologist. We hope to introduce our members to a wide variety of healthcare professionals to familiarize them with all the possibilities of working in medicine and to start building the interprofessional collaboration between professions in healthcare.

Our chapter will host The University of Alabama in Huntsville’s 9th Annual Health Careers Day event in November. This year it will move from a one day event to a three-day event from November 6th to November 8th, consisting of an etiquette dinner, educational workshops, a live brain dissection, and a Professional School Fair. This fair will allow our students to engage and meet with admissions representatives from various professional schools around the state and introduce our members to different healthcare programs that they might be interested in such as optometry, dentistry, physical therapy, and more. Throughout this event, our members volunteer to represent Alabama Epsilon while registering students, giving campus tours, and helping in set-up as well as clean-up duties.

The Alabama Epsilon Chapter hopes to continue educating and facilitating interprofessional relationships among members as we strive to help each other in our academic and pre-professional pursuits.
The Alabama Gamma Chapter of Alpha Epsilon Delta at Auburn University is one which takes pride in the ability to create meaningful opportunities for its members. In the short two months of the Fall 2019 semester school year, the Alabama Gamma chapter has held multiple meetings and events to welcome new members into the organization. To start off the semester, an Auburn alumni and Dentist from the University of Alabama School of Dentistry spoke about the struggles students face in managing school and social life. Dr. Sprayberry opened up about his time at Auburn University, and gave students advice about what to focus on in these crucial years at college to prepare them for Dental School. The Pre-Dental Representative Appointed Officer was also able to give some insight into what to expect for Dental School during the meeting. Other speakers include physicians from the Alabama College of Osteopathic Medicine, and both physicians and Medical Board members from the University of Alabama School of Medicine. AED Alabama Gamma also participated in the College of Sciences and Mathematics (COSAM) Open House, where chapter officers informed COSAM students of the organization and recruited new members. Future events for the semester include Blood drives, East Alabama Food Bank volunteer opportunities, STEM volunteering, VCOM events, and information sessions from the University of Alabama DREAM (Diversity Recruitment and Enrichment for Admission into Medicine program. Speakers are also scheduled for meetings from the Edward Via College of Osteopathic Medicine, Christ Health Center, UAB School of Optometry, UAB Department of Surgery, and more!

The Alabama Iota chapter, here at Troy University, is excited about the work we have been doing this semester and all the activities that we have planned for the year to come. Our goal is to prepare our members for the next steps after college and helping them get into professional schools. We also provide opportunities to serve and give back to our community. This fall our newly elected officers have come into office and have been busy planning the upcoming year.

Already this fall we have been able to put on several events for our members. We were able to host a CPR certification training class. This event is open to all students on our campus, and we were able to certify many students who required certification for jobs or their degree programs. Our chapter started a new event this year hosting a health booth out on our quad for the students and faculty on our university. Our chapter, along with other health clubs, put together goodie bags to inform the students about doctors in our area and other health professionals. We were able to give back to our students as well as promote our clubs. The Iota chapter also has continued our participation in the Adopt-a-Mile program this year. Through this program, our members get to volunteer with others to clean up a portion of Highway 231 in Troy.

Our chapter strives to prepare and inform our members about how to apply to professional schools. By hosting different speakers, our members can hear from and explore all the opportunities they will have after graduation. Already this year, we have been able to hear from Auburn Pharmacy School and Debusk College of Osteopathic Medicine. We look forward to many more speakers that will be coming this semester and to the great events we have planned.
The Alabama Lambda chapter of Alpha Epsilon Delta, at The University of North Alabama is looking forward to a full, eventful semester. Our aim to provide a place where pre-med students can gain new information will be continued through philanthropic events, workshops and guest speakers. As a chapter, we strive to not only help one another, but to better the lives of our surrounding community, and we cannot wait to continue doing so this semester.

To assist our members in their journey to medical school, our chapter has hosted a workshop on planning and preparing for our various health professions exams. We have also had representatives from Auburn’s Harrison School of Pharmacy as well as representatives to speak on scholarship opportunities to give our members new information and opportunities as they prepare for their professional schools. Over the summer, two of our members attended the University of Alabama at Birmingham - Huntsville Rural Medicine Program, where they gained new information on the importance of access to healthcare, as well as getting hands-on experience in a rural area. To continue to encourage our students to serve our community, in addition to this, our members and will be mentoring members of our chapter. This program has been invaluable to previous students in helping them to prepare for applications to professional schools, as well as providing answers to any questions they might have about the process.

In addition to helping premed students on campus, our chapter will be holding several volunteer opportunities to serve our community. We strive to help others on and off campus, volunteering at an outreach program that provides housing and assistance to the homeless in our community. In addition to this, our members will be supplying and assembling care packages for a local organization that helps domestic abuse survivors. On campus, our chapter will be working with other student organizations to provide assistance and raise awareness of homelessness throughout the entire month of November. We believe that as a chapter, we should strive to help our community as much as we help prospective professional school applicants and cannot wait to help those around us as we prepare for professional school.

submitted by AnnaGrace Heinkel

The Alabama Zeta chapter has had an incredible year and is excited for the many things planned this fall. Many of our successful programs have continued to provide our pre-health students with valuable experiences, which helps to prepare them for their future careers in healthcare. Some of our ongoing service opportunities include USA Children’s and Women’s Hospital, Victory Health Partners, Providence Hospital, Wilmer Hall, and more. In addition, we have added two significant opportunities to our members: PASSAGE USA and BELONG.

PASSAGE USA is a special two-year certificate program of the University of South Alabama for young adults with intellectual disabilities. This program is designed to help these students build social, employment, and self-determination skills. Our chapter is fortunate enough to be the ones to supply the majority of volunteers and peer mentors. Volunteers serve as natural supports in social, academic, and employment situations and work with students from 1 to 15 hours per week. Through volunteering with PASSAGE USA, AED members advocate for diversity in the USA community, help PASSAGE students achieve their personal goals, and form life-long friendships. Sarah Thibault, a current medical student and a former Alabama Zeta and PASSAGE mentor, says “By working with PASSAGE USA, the friendships and experiences I made will be with me for a lifetime.”

A new service opportunity for Alabama Zeta members is the BELONG program. BELONG aims to be the one-stop-shop for all immigrants where they provide individuals with a foundation on which they can build on. Volunteers provide tutoring, health, and ESL services. Alpha Epsilon Delta members, in particular, provide English as a Second Language (ESL) services to the children at BELONG. This has been an exciting opportunity for our organization. Cultivating diversity and inclusion has been a core tenant of our chapter for many years now, and we are blessed to be able to carry this on.

Our chapter, which won USA’s 2018-2019 Organization of the Year award, has many shoes to fill, and we are actively working towards making our campus and community a better place. The Alabama Zeta chapter looks forward to meeting everyone at the AED Convention in Tampa!
The end of the 2019 Spring Semester marked another successful year for the Arizona Beta chapter of Alpha Epsilon Delta at the University of Arizona. Tucson. From securing major partnerships that raised money for nationals, to strengthening ties with other chapters of AED, we are very eager to carry this momentum to 2020.

Arizona Beta has made attending the national convention in 2020 the utmost priority, and our investment of time and effort has certainly paid off. Throughout 2019, we have raised over $10,000 for members who are committed to meeting and collaborating with other AED members in Florida. Arizona Beta has also been in communication with other branches of Alpha Epsilon Delta, and we are in the process of executing an impactful event together.

Arizona Beta has also instigated a myriad of exciting health events, including one done in collaboration with the Arizona Simulation Technology and Education Center that offered our members highly realistic simulations of various emergency room scenarios and proper suture technique. This was an invaluable experience both in teambuilding and in understanding the procedures that seasoned practitioners use to assess life-threatening situations that provided members with a better understanding of the role they may play if they choose to pursue emergency medicine or surgery. Arizona Beta also hosted events related to medical practitioners’ interaction with healthcare technology, women’s critical yet underrepresented role in the STEM workforce, traditional Chinese medicine, and much more. Additionally, Arizona Beta is continuing to develop our alumni program to reach out to other successful and inspiring members that are currently pursuing their professional dreams in healthcare.

Arizona Beta has also hosted semesterly Benefit Dodgeball Tournaments in collaboration with other pre-health organizations on campus that raised money for The Parkinson’s Wellness Recovery Gym and for Parkinson’s research. By promoting dialogue between participating clubs and advertising the event heavily on campus, Arizona Beta encourages partnership and collaboration with the ultimate goal of ameliorating the conditions of those living with Parkinson’s.

This past semester, Arizona Beta hosted a Stop the Bleed Training, where members learned how to perform life-saving maneuvers applicable in controlling bleeding in emergency situations. The training included live demonstrations as well as models and equipment to simulate the experience. The tasks our members partook in also presented opportunities to learn and experience the emergency medical field at a personal and practical level. This event was significant not only for the incredibly valuable knowledge that was taught, but also because the training was led by a physician who was an alumnus of Alpha Epsilon Delta for nearly 20 years. Arizona Beta is currently working on developing our alumni program to reach out to other successful and inspiring members that are currently pursuing their professional dreams in healthcare.

Panels of Arizona Beta students recently accepted into their professional programs, or currently working in their respective fields, continuously highlight the spirit of excellence that our chapter strives for and maintains. We look forward to remaining involved by strengthening our roots and expanding our passions for the health professions while joining with others to improve our community. This semester promises to be a busy yet rewarding one, and we can’t wait to positively impact our community while developing ourselves and growing together as a chapter.

The University of Arkansas chapter of Alpha Epsilon Delta has had an exciting year with chapter growth and fun, informative events. We started early in the year with a Medical Student panel during which we brought in eight M3 and M4 medical students to discuss their paths to medical school and the first two years of medical school. This event was informative for our members and afforded them an opportunity to ask questions of students that had recently finished their first two years of medical school. Towards the end of last semester, we also hosted an event that included catered Chipotle and an Army physician who discussed the medical school routes through the armed services. We had a great turnout of members and everyone was intrigued by the presentation. This event allowed our members to diversify their understanding of the possible routes for attending and paying for medical school.

This semester, our welcome back event was very informative, well-attended, and included Chipotle as well as a presentation from a family practice doctor on life as a physician in rural Arkansas. We had a great turnout for this event and many questions were asked of the family practice physician about his life and path to becoming a physician. Our second event was a presentation from the Director of Admissions and Assistant Dean of Admissions at the University of Arkansas for Medical Sciences. This event was once again well-attended and afforded our members an opportunity to ask questions directly to the officials who are an integral part of the admission process at the only allopathic medical school in Arkansas. We are proud to have been able to present these opportunities to our members so that they may become better informed about the field that they hope to go into and what it looks like to get there. As a chapter we hope to increase the group volunteering events we promote and attend together. We also have several exciting events such as a suture clinic with the Army, an MCAT fair, and a volunteering fair coming up. We hope this semester will be one of continued chapter growth and events that will be informative and fun for our members!
The California Kappa Chapter at Dominican University of California kicked off the fall 2019 semester with new and exciting plans for the year to come. Our chapter strives to help its members in finding ways to expand their skill sets in order to achieve their goals in various health professions. Our officers and fellow members focus on helping each other connect with valuable resources that will further develop their professional and overall experiences.

The California Kappa Chapter of AED continues to maintain a strong connection with our community through community service and engagement. As a team, the chapter is always finding new and exciting opportunities near our university, and we strive to share this information and knowledge with our peers. This involvement begins as soon as students join, and our members continue their involvement through the summer breaks to further their own understanding of the world and other communities.

California Kappa Chapter President Lauren Persi ’20 did just this, using her summer to further broaden her horizons in the medical field. She shared her eye-opening experience with the chapter about volunteering in Korah, Ethiopia with Out of the Ashes Organization. Here she spent time with a medical team in seeing patients, visiting an orphanage, feeding the homeless, and much more. Vice President Casey Bravo ’20 also shared his experience with the chapter about his summer experience with the organization International Samaritan where he traveled to Kingston, Jamaica. While in Jamaica, he had a successful trip with a medical team who treated patients from an impoverished area who presented with various diseases and lack of medical care.

AED members Sevil Chelebieva ’20 and Wyatt Walsh ’21 are two students who are involved in research and represent involvement with the community or abroad while collecting valuable data. Sevil Chelebieva’s summer opportunity in Uganda, Africa consisted of working with her professor, Dr. Roland Cooper on a team led by researchers from the University of California at San Francisco to explore whether newly created compounds could fight malaria parasites. Wyatt Walsh’s research with Professor Doreen Gurrola is regarding the impact of changing weather patterns on northern elephant seal breeding colonies in the Point Reyes National Seashore (PRNS).

For the upcoming semester our chapter is looking forward to our popular fundraisers which have previously been a great success, and allow our members to come together and connect with faculty and peers to gain new perspectives and share ideas that we can all utilize in further growth as individuals and as a group.

The Gamma chapter at Regis University finished the 2019 Spring Semester strong to mark another successful year of Alpha Epsilon Delta. Along with the induction of new members and election of new officers, students developed intellectually and professionally through networking with admission representatives from different schools, a panel of current medical students at various stages of medical school, students that previously participated in the undergraduate pre-health program (UPP) at the CU School of Medicine, and much more.

Our chapter gave back to the community last spring by teaching young middle school kids about the body and other science disciplines at “Science Sunday”, as well as making arts and crafts with kids at the Children’s Hospital at the CU School of Medicine. Science Sunday proved to be a worthwhile experience as members were able to satisfy fascinating questions the kids had along with brief presentations of how different parts of the body function. The kids at the Children’s Hospital absolutely loved the arts and crafts party, and our members thoroughly enjoyed the event as well.

This fall our chapter looks forward to making a difference in the community by organizing another craft party for the kids at the Children’s Hospital, coordinating with Project CURE to help fundraise for communities in the developing world in need of necessary medical supplies and equipment, and helping elementary schools as classroom volunteers and science fair judges. Our bi-weekly meetings will consist of guest speakers of diverse healthcare professions and admission representatives, a cadaver lab, and application preparation workshops that cover personal statements, resumes, standardized testing, and interview etiquette.

We are very excited for the upcoming semester in which we will strive to strengthen our understanding of what it takes to be the best in the healthcare industry and move closer to achieving our goals of becoming healthcare professionals while giving back to the community through various service projects.
Our chapter at the University of Florida volunteers with several amazing organizations within and around the Gainesville community. A couple of our signature events that I hold dear to my heart are Camp Boggy Creek’s Ride for Children, Give Kids the World, and Climb for Cancer’s trips. Camp Boggy Creek offers children with serious illnesses and their families a free, fun, and safe camp environment to enjoy themselves. At this event, we get to play with some of the kids and help in the event wherever needed. Give Kids the World is a signature event that we host each semester. Give Kids the World provides weeklong, cost-free vacations at a mini resort that resembles Disney. At this event, we operate some of the rides and get to play with a bunch of kids. This event is one of our most fulfilling events because we get to see these children forget about their worries and enjoy a fun-filled day. Lastly, every August, a group of AED members attend a Climb for Cancer trip. Climb for Cancer is a foundation that supports patients and families who are battling cancer. During these trips, we camp out in the mountains in North Carolina and Virginia and hike 3-4 mountains. Hiking these mountains are a metaphor for overcoming the limitations and struggles that cancer patients endure daily. These trips are extremely rewarding and hold a special place in my heart. There are so many more memorable and important activities that we do in our chapter, but these are the ones that I hold dear to me.

The Florida Beta Chapter of Alpha Epsilon Delta had a very exciting and productive semester in the spring. One of our biggest philanthropic events was our participation in Dance Marathon, a twenty-hour marathon in which participants raised money and stood for the entirety of the event in honor of the children with pediatric illnesses that cannot. We raised $10,704 by the end of the marathon! It was a very rewarding event for our members because they were given the opportunity to see first-hand how their actions impact others. It was an opportunity to work together to provide a lasting impact on our community.

In March, we conducted our annual medical mission trip. The trip was to Guatemala. The supplies for the trip were donated by our dedicated members through donation drives we held throughout the year. Through the teamwork of members on and off the trip, the team was able to serve over 120 patients with illnesses ranging from parasites to polycystic ovary syndrome. Not only were our members able to practice medicine in a clinical setting, they were also able to learn about the culture and interact with the families. It was an enriching experience in more ways than one!

This fall semester we have already begun our activities. We mostly focus on participating and fundraising for important walks such as the breast cancer and Alzheimer’s walks. We also participate in philanthropic activities such as feeding the homeless at our local shelter, the Kearney Center. Furthermore, we are preparing for the biggest event of our year that will take place in the spring, Dean’s Day. Dean’s Day is an annual event we hold where deans from various medical schools come to speak to the attendees. They give valuable advice and information on admission to medical school and answer any questions attendees may have. Through these activities the Florida Beta Chapter hopes to encourage its members on their pursuit of their professions and to uphold the reputation of Alpha Epsilon Delta as a respectable Honor Society. We look forward to continuing this mission for the semesters and years to come.
Throughout the semester, AED has provided and continues to provide an organization that welcomes not only the students from a pre-medical perspective, but also introduces opportunities to individuals interested in pre-dental, pre-veterinarian, pre-physical therapy and more. One of those opportunities is Camp Boggy Creek. During this volunteer event, our members join kids of different age groups to share their life experiences, play fun games, ride horses, go fishing, and anything that people would do on a fun camping trip. Being a part of Camp Boggy Creek not only serves as a life lesson to our members to always help those around you even if you’re the one that’s doing okay but also as a form of guidance and entertainment for the kids. Some of these children have lived their lives in hospitals, cry themselves to sleep, or just want a day to forget. It is important to let them know that they don’t have to go through anything alone and that if they need guidance, they can always reach out to a trusted adult if they need it.

Another eye-opening chapter activity is the Relay for Life fundraiser. Cancer patients, survivors and supporters know that they don’t have to go through anything alone or just want a day to forget. It is important to let them know that they don’t have to go through anything alone and that if they need guidance, they can always reach out to a trusted adult if they need it.

The impact that these events have on others and the rewarding feeling we get from helping these individuals is why these activities have the most special meanings to AED.

During this semester, the AED chapter at the University of Georgia has held two major events: tabling at the summer involvement fair, and hosting a panel from the Medical College of Georgia (MCG). After reflecting on the progress made from last year, one of our major goals is to increase attendance at meetings and to expand the organization. One idea in particular was to participate in the annual involvement fair. At the fair, clubs are assigned a section where they set up a poster and advertise their club to other students. On our poster, we highlighted the main points of the AED organization, such as mentioning the minimum requirements to join AED, expressing we are a pre-professional health club that is open to all students interested in healthcare, and we offer valuable information which prepares our members to get accepted into graduate healthcare schools. The event was a success as we had over 100 people interested in joining AED and attending meetings. We have already seen a rise in attendance at meetings.

Our most popular event this year was when MCG visited campus to give a presentation. In this presentation, MCG outlined their admissions process and defined the requirements of a competitive applicant. Before the event started, the AED executive board had the opportunity to eat dinner with some of the MCG admission committee members and current medical school students. This was a great opportunity for our officers to ask questions about the life of a medical school student and learn how to develop a more competitive medical school application. In total, there were six committee members and six medical students present at this event. After MCG finished their presentation, the floor was open to students to ask questions. Some popular questions were what to do in a gap year, is research important, and how to stand out in the application cycle? The event took up the full hour and many students were lined up to ask additional questions. The lecture room consisted of over 100 students. I believe this panel gave spectacular insight about how to craft a well-rounded application and how to increase an applicant’s chances of getting accepted into medical school.

In addition to our events, our chapter sends out a bimonthly newsletter to inform our members about current news in the healthcare world, in addition to the latest AED and campus wide events for all pre-health students. Our chapter emphasizes the importance of being involved and keeping our members informed. Lastly, we have several more impactful events to look forward to. This month, we will be hosting a Minorities in Medicine dinner where various minority professors, professionals, and physicians will have dinner with students, and be able to answer questions. Finally, our officers plan on giving a presentation about possible volunteer and shadowing opportunities, as well as a presentation about how to craft a more competitive pre-health application.
Mercer University
submitted by Jennifer Villegas

The Georgia Epsilon chapter of Alpha Epsilon Delta at Mercer University strives to continue to spread awareness and encourage all members to be active in community service events as they pursue their pre-professional education. AED started the fall semester of 2019 by welcoming all the new inducted members in our first meeting, as they form a part of our chapter. This semester we are looking forward to hosting Culture Competence Series, in which our members will get a chance to understand and embrace cultural differences. Our goal is to promote knowledge of different cultural practices and world views, to broaden our perspectives. Not only are we excited to announce this new approach, but we are also excited to be in collaboration with other student organizations in this journey to improve cultural competence.

Our AED chapter is also excited to host exam prep workshops to better prepare our members during their pre-health career and their application process. Through these interactive workshops, our members get a chance to understand and embrace cultural differences. Our chapter strongly encourages our members to be involved in community service and volunteer events. One of our volunteer opportunities consists of visiting Children’s Hospital every month, which is the only dedicated pediatric hospital in Central and South Georgia. Through this volunteer opportunity, our members get to spend time making friendships, playing, and painting with children, while at the same time creating tons of smiles.

Overall, we are looking to have another successful and productive semester and are excited to present our members with all the planned events and the ones to come!

University of Illinois at Urbana-Champaign
submitted by Julia Beck

The Delta Chapter at the University of Illinois has seen immense growth throughout the 2018-2019 year and have continued this positive energy going into the 2019-2020 year. To begin, the election of our new executive board this past spring has allowed new ideas to flourish, including a new recruitment process to engage the most dedicated pre-health students at Illinois. This newly accepted pledge class of 77 students is currently undergoing an education program to get acquainted with AED’s history, ritual, and organization-wide goals. Illinois Delta values the pillars of academics, service, and networking to prepare the next generation of health care professionals.

This spring, the Academic Chair began a new tradition of organizing professional school visits across the Midwest. A group of 30 members visited Rush Medical College in Chicago, IL. This field trip allowed students to hear from an admissions director, speak with a current M1 student, and tour the campus. This event was a huge success and we are planning on visiting other schools in the area this year.

Last semester, we set a goal to dedicate all fundraising profits to All in for Ethan, a non-profit organization supporting those with giant axonal neuropathy (GAN). GAN is a rare inherited genetic disorder that affects both the central and peripheral nervous systems. This organization holds a special place to a Delta active member, and we are so proud to donate to All in for Ethan. In total, we raised over $2,500. A combination of events allowed AED to reach this goal: Chipotle fundraisers, holiday bake sales on Illinois’ infamous Quad, and succulent sales in the spring.

In addition, our members participated in an array of volunteering events throughout our campus and the Champaign-Urbana community. On a weekly basis, members visit Swann Special Care Center to help run activities such as reading books, karaoke, craft making, and working one on one with residents. This live-in center aids those with intellectual and physical disabilities. AED values this specific event because of the emphasis on reducing stigma and increase awareness about varying abilities people may have. Members make a rippling impact through other service opportunities at Salvation Army’s Canteen Run, UniPlace Church Community Dinners, and Urbana Champaign Books to Prisoners. Canteen Run consists of traveling in a repurposed ambulance and providing food and necessary supply packs to the homeless population. Each week, members attend Community Dinners and serve food, clean-up, and engage with community members among the way. Books to Prisoners is a unique opportunity that promotes literacy and learning for inmates in prisons around Illinois. Members read their letters, select books from a donated collection, and write letters back to their requests.

With the fall semester underway, we are extremely proud of the new executive changes already implemented to better Illinois Delta. In the next year, some events that are already sparking excitement across the chapter are 3 vs 3 Basketball Tournament, additional professional school visits, and celebrating the 50th anniversary of Illinois Delta.
Bradley’s Illinois Kappa chapter of Alpha Epsilon Delta has had a great spring semester and looks forward to a very successful 2019-2020 school year. We have strived to increase membership, establish a greater presence here at Bradley, and increase community involvement in the area.

Last March, we had the pleasure of inducting thirty-three new members, our largest induction in chapter history. Our keynote speaker this year was Dr. Steve Tippet from Bradley’s Department of Physical Therapy and Health Science. During the ceremony, Dr. Tippet was welcomed alongside the inductees as an honorary member of the chapter. Our nineteen graduating seniors were also awarded their AED honor cords, recognized for their undergraduate achievements, and invited to share their plans for the future in a healthcare profession.

We have also had the opportunity to host various medical professionals including medical officers from the U.S. Military, practicing physicians from the Peoria area, chief medical scribes from ScribeAmerica, and doctors of physical therapy. During these presentations, members are encouraged to ask questions and develop professional connections that will further their academic and medical careers. We have also established a relationship with Almost Home Kids, an altruistic organization that seeks to provide comfort and care to children with medical complexities who are transitioning from a hospital environment back to their homes. We have several more distinguished speakers planned for the fall and look forward to more opportunities to engage with Bradley University’s campus and the Peoria Community. We are looking forward to further expanding our chapter and enjoying another successful semester!

The Spring of 2019 was a great learning experience for the Alpha Epsilon Delta Medical Fraternity. After becoming an organization only a few years ago, the club and its members have worked tirelessly to make their mark on the Kansas State campus. In hopes of doing so, the AED club held their second annual sand volleyball tournament. It took a lot of coordination and effort to organize this event. Our members were responsible for reaching out to their fellow pre-health students, to encourage them to participate in our volleyball tournament. Due to their hard work, we ended up having over 20 participants, raising nearly $200 for our organization. Not only did the volleyball tournament have an amazing turnout, but it was also a great experience for each of the participants.

While playing in the tournament, the students were able to interact with the other pre-health students that they had seen in their classes, but never had a chance to speak to face-to-face. Nonetheless, beyond the volleyball tournament, our AED organization has held several fundraising events over the past semester, in hopes of increasing our club’s finances. For example, we held a community fundraiser in which we paired up with Chipotle and handed out fundraising papers for customers ordering. By doing so, Chipotle gave us a percentage of that night’s revenue, profiting around $200 for our organization. All in all, the Alpha Epsilon Delta Medical Fraternity has made some big steps over the past semester and we plan to continue to take bigger ones.
The Kentucky-Alpha Chapter of AED at the University of Louisville (UofL) is continuing its traditions while implementing new ideas for its members this year. Our members come from diverse backgrounds of majors and career ambitions. Thus, we have established programs that will promote involvement and inclusiveness amongst our members, on our university campus, and in our local community. For instance, our new biweekly study sessions have become a place where members share their progress in their academic pathways. We are also participating in campus-wide community service opportunities and continuing our affiliations with our volunteer connections. Last year, we donated to causes that have local ties to our city: Volunteers of America, Supplies Overseas, and National Eating Disorders Association (NEDA). We hope to be able to do the same again this year.

AED has found new and innovative speakers who will enhance our members’ knowledge of the health field. Professors and health-related professionals are invited to speak about their roles and give us a detailed account into the research that they do. Some of our speakers also perform medical simulations that introduce hands-on learning of material that is taught to advanced medical students. These opportunities allow our members to narrow down their interests in the healthcare industry and acquire the knowledge necessary to successfully apply to graduate and professional schools.

This year we are hosting our sixth annual Health Careers Fair that invites over 50 representatives from various health-related professional schools and organizations to educate interested students. Programs such as occupational therapy, medicine, optometry, dentistry, nursing, veterinary, etc., from across the region and the Caribbean are invited to come. Based on feedback, the fair has allowed students to build professional networks, become motivated toward their future professions, and receive unique advice from professionals themselves about school-specific admissions processes. Each year, the Health Careers Fair continues to grow based on the diversity of student interest in health professions.

Our Chapter looks forward to another year of exploring the healthcare industry, increasing our presence on campus, and building positive relationships in our organization and the community.

The AED Beta Chapter at Louisiana State University holds service for the community with the upmost importance. Our members participate in various service events throughout the semester accumulating around 2,000 hours of service. By taking part in service events throughout college, our potential physicians are able to give back in the present while remembering the value of service and to continually give back throughout their careers.

One of our largest and most rewarding service events is the work our members perform at the Youth Oasis shelter, which has offered housing for twenty-three years to youths that have run away or been abandoned. After carefully selecting a group of around 10 students, the students meet at the shelter on the weekends to mentor and be a light for these children that are enduring hardships. Our students help the struggling to always remember their potential, not be defined by past mistakes, and strive to reach their individual goals.

This spring we will be hosting out 21st annual Miles for Medicine and in the past years this event has raised thousands of dollars which directly benefits the children of Youth Oasis.

In the fall, our chapter has the honor of hosting the Dean’s Convocation in which we invite the Deans of Admissions from both LSUHSC- New Orleans and LSUHSC-Shreveport. This offers our members the opportunity to meet with the individuals that are accepting people into medical school to learn about the application process, what they are looking for in applicants, and ask questions. This semester we are also excited to host a speaker from Edward Via College of Osteopathic Medicine. This first year program in Monroe, Louisiana, will be the first school in the state of Louisiana that offers a doctor of osteopathy degree and we are excited to educate our members about osteopathic medicine.
The Boston University Massachusetts Gamma chapter of Alpha Epsilon Delta enjoyed a fruitful and fulfilling Fall 2019 semester! We continued with our tradition of dedicated volunteer service and enriching educational experiences, aiming as always to enhance our collective knowledge of various health fields and aid our local communities, especially underserved populations.

We also devised new and improved opportunities for our members to engage in professional development, interact with and learn from one another.

Throughout the semester, our members volunteered for the Fair Foods Organization at East Boston Neighborhood Health Center. They helped sort, clean, and package fresh produce into food bags that were then sold at very low prices, increasing access to healthy and affordable food in low-income communities.

In September, our members also volunteered for the nonprofit food and nutrition program, Community Servings. They worked in the kitchen to prepare hot and delicious meals, which were afterwards delivered directly to the homes of individuals and families who live with critical and chronic illnesses.

At the end of September, we held our first social event of the year: a fun and illuminating night at the Museum of Science! In October, we hosted a panel on dual degree programs, featuring current MD-PhD, MD-JD, MD-MPH, and MD-MBA students. This provided a valuable opportunity for members to learn about these programs and the pathways to pursuing them, as well as hear about the more personal experiences of each student.

We have restructured our reflection sessions to make them more meaningful and thought-provoking. Each monthly session now focuses on a specific topic, asking students to consider the implications of a health-related current event, research innovation, or ethical issue. This change has yielded engaging and enlightening conversations and facilitated relationship-building amongst members.

In the second half of the semester, our Executive Board worked hard to select a new group of passionate and perseverant pre-professionals who will join our AED family in Spring 2020. We are proud of all the work we have done this semester, excited to continue growing and thriving, and determined to make 2019-2020 our best academic year yet!

The Louisiana Iota Chapter of Alpha Epsilon Delta focuses on serving others, especially our community. This season we have made it our priority to give back to the community.

In April, we hosted our first “Easter Eggstravaganza” which was free and open to the public. At the event there were multiple organizations, LSUS faculty, food trucks, and even a visit from the Easter bunny. Many children from the surrounding area participated in the event and had a great time. Although the event was free, donations were welcome, and all proceeds went to Shriners Children’s Hospital.

Throughout the semester, a variety of volunteer opportunities were available to our members. A new volunteering event AED has participated in, Heart Health Day, allotted members the opportunity to provide free heart screenings to the community. This event promoted cardiovascular health and awareness, allowing members to participate in educating the community. Other volunteering events our chapter has been involved in include Willis Knighton Hospice, Martin Luther King Health Center and Pharmacy, Montclair Park Assisted Living, Overton Brooks VA Medical Center, and LSU Health-Pediatrics. We are thankful that through these events, we have had the opportunity to create meaningful connections with people of all ages, with different backgrounds.

Our chapter is very appreciative of being awarded the 2018-2019 Student Organization Outstanding Campus Service Award by Louisiana State University Shreveport. We are determined to continue serving both our campus and community. Our main goal for this semester is to make our name known to the surrounding community. We aim to let residents of Shreveport know we are eager to contribute to the well-being of their lives.

At the end of the semester, our members volunteered for the Fair Foods Organization at East Boston Neighborhood Health Center. They helped sort, clean, and package fresh produce into food bags that were then sold at very low prices, increasing access to healthy and affordable food in low-income communities.

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Louisiana State University-Shreveport

submitted by Taylor Gilbreath

Massachusetts Gammas

Boston University

submitted by Audrey Tran

THE SCALPEL

Louisiana Iota

submitted by Taylor Gilbreath

Massachusetts Gamma

submitted by Audrey Tran
The Hope College Beta Chapter has experienced continued growth and involvement from the pre-health community. This spring, Steven D. Hoogerwerf (M.Div., Ph.D.) an Associate Professor of Religion and Ethics at Hope College spoke as we welcomed twenty-seven new inductees.

One of the largest events on Hope’s campus is the 24-hour Dance Marathon which benefits the Helen Devos Children’s Hospital. The Hope College Beta Chapter has continued involvement with Dance Marathon by creating a team and fundraising for the event. Members of our chapter sold breakfast late at night in the study areas around campus—it was a real hit! Through our participation, we were able to help raise a record-breaking donation of $340,192.20 for the Helen Devos Children’s Hospital.

One of the goals of our chapter is to promote cooperation between professional and pre-professional students. With that aspiration in mind, last spring our chapter held an Antibiotic Resistance seminar where local physicians and a pharmacist spoke on the impending epidemic and a pharmacist spoke on the impending epidemic.

The purpose of the mentoring program is to create a sense of camaraderie amongst pre-health professions students at Hope College. A senior or junior member of the Beta Chapter will be paired with a freshman or sophomore student to encourage them in their classes, give advice on how to get involved, and to be part of their support system during the transition to college.

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Our local chapter has a keen interest in service and participated in a variety of projects that give back to the community. Last spring, we volunteered at a local farm that is located within the city limits. Eighth day farms vision is to bring the community into close contact with their food by transitioning to an urban farm and advancing educational and charitable components to their work. As a chapter, we spent a day tilling the ground and helping the workers prepare the soil for the upcoming seeding of the farms. The picture associated is the chapter after a long day of work! A service project close to campus is our partnership with our local chapter has a keen interest in service and participated in a variety of projects that give back to the community. Last spring, we volunteered at a local farm that is located within the city limits. Eighth day farms vision is to bring the community into close contact with their food by transitioning to an urban farm and advancing educational and charitable components to their work. As a chapter, we spent a day tilling the ground and helping the workers prepare the soil for the upcoming seeding of the farms. The picture associated is the chapter after a long day of work! A service project close to campus is our partnership with the Boerigter Center for Career and Calling at Hope to host a networking event with alumni and healthcare professionals who live on the east side of Michigan. Both of these events encouraged pre-health students in their desired career track and allowed them to network with professionals from all sectors of healthcare.

This fall semester we kicked off the year with a mingling event that promoted our mentoring program. Members welcomed and chatted over sweet treats with new students intending to pursue a career in healthcare. The purpose of the mentoring program is to create a sense of camaraderie amongst pre-health professions students at Hope College. A senior or junior member of the Beta Chapter will be paired with a freshman or sophomore student to encourage them in their classes, give advice on how to get involved, and to be part of their support system during the transition to college.

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One of the goals of our chapter is to promote cooperation between professional and pre-professional students. With that aspiration in mind, last spring our chapter held an Antibiotic Resistance seminar where local physicians and a pharmacist spoke on the impending epidemic and a pharmacist spoke on the impending epidemic. She spoke to us about her research as the principle investigator of the first ever FDA approved human clinical trial for stem cell therapy for ALS. We were also thrilled to once again host our annual speaker Ms. Carol Teener, the director of admissions at the University of Michigan Medical School. She discussed Michigan Medicine’s curriculum and gave tips about applying to medical and other professional schools.

Our professional development chair facilitated valuable events for the members this semester, including a resume building workshop which was structured around brainstorming ideas for our resumes. She also organized a personal statement workshop. Dr. David Gold ran this workshop with experience as a professor of English who teaches a class focused around “Writing for the Real World.”

In terms of social events, our wellness chairs made sure that members had the chance to de-stress by planning an organization-wide potluck! Here, members came together to enjoy the plethora of food that everybody prepared. Our academic committee also facilitated the first ever “AEDogs” event where AED members brought their dogs to Ann Arbor for a fun afternoon in the sun with furry friends.

Reflecting on the events of the past semester, we are thrilled to have continued some of our favorite traditions and are eager to watch new events turn into traditions as well.
Michigan State University

submitted by Peyton Fowler

Alpha Epsilon Delta here at Michigan State University has made a lot of progress over the past few years. Our chapter, Michigan Gamma, has grown our member count by 10 times the amount it was two years ago. While growing in size, we have also been seeing a lot of diversity within our members. We have students going into all sorts of medical professions such as medical school, physician assistant school, pharmacy school, dental school, and even more. It makes the experience so much more unique when we can all come together and genuinely learn from each other and our different experiences.

Our chapter has also been very successful in serving the community around us. Our members are very motivated to volunteer and we have students helping out in local schools, homeless shelters, and food banks. Along with that, our Dominican Republic trip was incredibly successful. All of the members that attended the trip formed an awesome bond and learned fundamental medical skills by working alongside doctors, nurses and pharmacists.

So far for this year we had a very successful succulent fundraiser on our campus as well as a fundraiser at Blaze Pizza. Having such effective fundraisers at the very beginning of the year signifies how much we have been able to grow in such a short period of time. A couple of years ago, these would not have been nearly as successful. We are so happy with the new members that we have added to our chapter and think this year is going to be really special.

Michigan Technological University

submitted by Jenna Zamaites

The Michigan Technological University chapter has been off to a great start this year. After being a newly inducted chapter in the fall of 2018, we are looking to hold our first induction ceremony as a national chapter this fall for our new incoming members.

Late last spring, the chapter took its yearly trip to Platteville, Wisconsin to partner with University of Wisconsin-Platteville for a cadaver lab. During this trip, we were able to participate in a three-hour lab with various cadavers alongside other students at U of W and professors. This is a great opportunity for us because as we are a smaller school, we do not have any access to cadaver labs locally and this gave us a hands-on experience with gross anatomy.

This past summer, we recently started a new program for local community members called Husky Hug Bags. This program aids to helping children of various ages work through different grievances that may occur in their life. We are working on partnering with local schools and community members to help bring this program to life. Currently, we are working on developing different educational and support material to be handed out to those who are recommended to the program along with promotional material.

We hope to launch this program to local schools and communities this fall. This program is especially important to us and our community as we do not have a lot of mental health resources available to children in our smaller community. In the future, we hope to grow Husky Hug Bags to the surrounding local communities and neighboring towns.
Alpha Epsilon Delta of the University of Nebraska at Kearney has had a great start to the 2019 year. As always, there has been a lot of excitement coming into a new year and reflecting on the past! Last spring, we left off with a number of significant events where we were able to bring in a variety of health professionals to our meetings as well as get out into the great community of Kearney, Nebraska. During one very exciting meeting, we were honored to have guests from CHI Good Samaritan Kearney. A few employees from CHI Good Samaritan put on a Stop the Bleed event where members were taught about the procedures of first aid and hemostasis. Not only were members equipped with knowledge from health professionals, but also got to practice the techniques of applying a tourniquet and packing a wound.

AED of the University of Nebraska at Kearney likes to honor and celebrate those who are graduating and last commencement was no different. Alpha Epsilon Delta was able to celebrate those headed off from UNK at the Big Apple in Kearney. The Big Apple in Kearney is a fun center that offers a variety of activities from bowling to mini-golf. We had a great time with those members graduating by enjoying a night of fun and celebration at the Big Apple!

As always, AED at UNK had the pleasure of electing new officers. This is exciting for not only the candidates, but also the organization as everyone gets a voice in what they would like the organization to provide as well as who will be leading us in the upcoming year! Officers elected to lead and represent Alpha Epsilon Delta for the 2019-2020 year were Rebecca Meusch, Taylor Kizer, Bryant Menke, Shelby Smith, Brad Schoch, Mikayla Brady, MaKenna Rother, and Trevor Daubert.

The Mississippi Beta chapter of Alpha Epsilon Delta had an eventful spring semester, and the coming fall semester also promises to be filled with opportunities for growth and involvement on campus and in our community for our student members.

This chapter actively works to enhance its 124 active members’ knowledge and preparedness for their respective pre-health professional aspirations. In order to achieve this, the Mississippi Beta chapter has hosted beginner and advanced suture clinics, IV simulations, and CPR demonstrations, which all help our members consistently grow their technical skills.

In addition to this, our chapter enjoyed the opportunity to learn from speakers at each of our monthly general meetings. We hosted a wide range of speakers to meet the needs of our chapter, which contains students aspiring to be healthcare-related professionals in a variety of capacities. We often hosted test-preparation organization representatives to offer complimentary test prep materials and advice for students needing to take standardized tests for admittance into professional school. In addition, we allowed upperclassmen within our chapter who had been successful in achieving admittance into their respective professional schools to share their strategies and advice on how to be a successful student. Health professionals from within the Oxford community were also given the opportunity to share their wisdom from their experiences in their respective fields to our student members. Additionally, we had the pleasure of having our university faculty in the Health Professions Advising Office facilitate personal statement and application workshops.

This fall, the newly elected executive board of the Mississippi Beta Chapter is excited to continue the professional development of its members, as well as to increase the chapter’s philanthropic activity and volunteerism in the community. In addition to hosting percentage nights at restaurants in the Oxford community benefitting service organizations such as Global Brigades, the chapter plans to begin regularly volunteering with the Veteran’s Home and the Oxford Medical Clinic to increase our member’s experience with patients and first-hand exposure to professional healthcare settings.

The Mississippi Beta chapter is excited to continue its efforts in the development of capable and caring healthcare professionals.
In the past few months, Alpha Epsilon Delta, Nevada Beta Chapter has enjoyed tremendous excitement and ambition to continue to serve the Las Vegas community. Our membership has grown to over 140 members with the addition of our chapter’s affiliate membership where freshman can get involved with AED as soon as they become a UNLV Rebel. This addition has exceeded our expectations with the positivity and excitement we received from all of the new incoming students.

In April, AED Nevada Beta partnered with two other pre-health student organizations on campus, the American Medical Student Association, and UNLV Pre-Dental Society, to put on our first annual Charity Kickball Tournament. Students joined their organization’s team by donating $5. Each of the organizations chose a charity to play for and the winner of the tournament donated all of the money collected to the charity of their choice. Unfortunately, AED was not able to step up to the plate to bring home the win, but regardless, the money still went to a great cause. The event was so successful that all three organizations are planning to expand to the other pre-health organizations on campus to make an even bigger event next year.

Also at the end of April, AED Nevada Beta hosted an Oncology Colloquium featuring Pediatric Radiation Oncologist Kenneth Wong from the USC Keck School of Medicine, local oncologist Dr. Russell Gollard, and a few students from both the USC Keck School of Medicine and the local Touro University DO program. It was an incredible turnout, and all of the students were excited to be enlightened by the stories that Dr. Wong and Dr. Gollard shared with us along with the experiences and advice from the USC and Touro students. Dr. Wong and Dr. Gollard loved our membership, so they are planning to come back and put on the event next year as well.

Another accomplishment from the Nevada Beta chapter was our recent national recognition from the American Cancer Society. AED’s membership always participates in the Relay For Life event here in Las Vegas that brings communities together and symbolizes that no one should face cancer alone. Additionally, we make donations to their cause each semester through our organization’s community fundraising efforts. Due to our time partnering with the American Cancer Society, they sent us a national recognition letter thanking us for our service and donations. AED Nevada Beta continues to make these differences in the Las Vegas community, and we look forward to making this upcoming fall semester even more successful.

The Nevada Alpha chapter of Alpha Epsilon Delta at the University of Nevada, Reno has had a plethora of community service events with many organizations, such as Special Olympics, our philantrophy, and Canine Companions for Independence, along with having a busy recruitment season. Special Olympics is an organization devoted to helping the special needs community of Reno and Sparks feel included with sporting events in which they can compete in. With Special Olympics being our philanthropy, we always have the biggest involvement in all of their events that are hosted spring and fall semester. Recently, our members volunteered their time to helping out Special Olympics with their basketball and flag football tournaments. These events allowed our members to help out and have fun as well as being more familiar with the disabled and special needs community that is present in Reno and Sparks. Their roles were facilitating individual skill tests for the players and scoring them based on how well they excelled at the skill. For example, the skill tests were throwing a football through a hula hoop or shooting a basket at different distances. Along with Special Olympics, our members took part in DogFest which is hosted by Canine Companions for Independence, an organization dedicated to training and matching service dogs to people. During DogFest, we helped out with event registration, activity booths, and the dog costume contest.

Beyond our philanthropic involvements with the Reno and Sparks community, we are also planning on enhancing our members’ experiences with workshops and conferences later on in the fall semester. We will also be having more interview preparation and personal statement workshops since many members found them extremely beneficial. We will have members attending the UC Davis Health Conference on October 19th to network with various healthcare professionals and other students while educating themselves on the diverse components of the medical field. As we start the new fall semester, we look forward to furthering our community involvement and supplying our members, current and incoming, with valuable skills and education opportunities that will allow them to flourish beyond their undergraduate years.
Rowan University’s NJ Epsilon Chapter had a fantastic Spring 2019 school year that was as productive as it was exciting. We kicked off 2019 with the induction of several new members. With new members come new ideas, new cultures, and new leaders. We are very confident in the bright future of our organization as new members have already taken the initiative on several events. We also continued our goal of educating fellow students with our famous “MCAT: Secrets of Success Workshop.” We informed dozens of fellow students on how to navigate this intimidating and challenging exam. As a health pre-professional honor society, we view it as our duty to make sure that our fellow members, along with the members of our community, have the proper resources and learning experiences necessary for them to achieve their health career goals. We will continue to promote this legacy of excellence with our “AMCAS Application Tips” and “Summer Internships” workshops this fall.

We will also continue our mission of uniting the various health professions groups at our institution. We continue to coordinate events and initiatives that reflect our core values of leadership, excellence, service, and commitment to the health profession. We have many new and exciting events planned in the future. We eagerly await the arrival of tomorrow as we reflect upon the joy and learning that we engage in today.

In conclusion, the NJ Epsilon Chapter continues to thrive at Rowan University. We continue to coordinate events and initiatives that reflect our core values of leadership, excellence, service, and commitment to the health profession. We have many new and exciting events planned in the future. We eagerly await the arrival of tomorrow as we reflect upon the joy and learning that we engage in today.

This will mark the fourth year Alpha Epsilon Delta has been active at Manhattan College. With the departure of the 2019 graduating class, NY PI lost 21 members. These seniors set a great foundation as the club has attracted a lot of attention at the 2019 fall club recruitment. Freshmen were particularly interested in the club and previous activities NY PI has sponsored. NY PI welcomed 16 new members in the 2019 spring induction ceremony. The 2019-2020 NY PI board is led by Shannon Forty (President), Jose Feliciano (Vice President), Rebecca Lowe (Secretary), Bryan Alfonso (Treasurer), William Kulp (Scalpel Reporter), Nesibe Memedovski (Historian), and Lucas Babio (Social Media Coordinator). Dr. Wilkins serves as the chapter advisor of the NY PI chapter. NY PI had its first board and new member meeting where many of the following things were planned and organized.

NY PI has arranged multiple fall events for members to participate in. The chapter will have its annual Chipotle fundraiser, which has been a great success in the past. The independent funding has allowed for growth and better events. Near the end of October, NY PI will participate in Manhattan College’s Safe Halloween. Children will ‘trick or treat’ on the Manhattan College campus, going between classrooms, which are hosted by various organizations on campus. NY PI will also be participating in the annual breast cancer walk in Central park. The club looks forward to these and planning more volunteering events for pre-health students in 2019-2020.

NY PI is excited to be having multiple on campus talks related to pre-health careers. The first speaker Shaili Patel, a Manhattan College alumni currently enrolled in PA school, will be giving a talk on her journey to PA school. As a recent graduate, Shaili will be able to relate well to students starting the process and provide invaluable tips. The informal lunch should be a great experience for all attendees. Additionally, a speaker from the NY Blood Center will be giving a talk on campus about blood drives and initiatives students can get involved in. NY PI also looks forward to contacting various medical schools and sponsoring additional campus talks.

As the year continues, the board hopes to plan events which help and inspire members to take initiative. NY PI’s outreach and influence will continue to grow at Manhattan College in the foreseeable future.
We have accomplished some incredible things at the UNC chapter of Alpha Epsilon Delta and our Executive Board and members are committed to excellence in every one of our three pillars: service, academics, and social.

This past spring, we helped raise over nine thousand dollars in one weekend through the UNC Shack-a-thon. The UNC Shack-a-thon is a one-week event to support Habitat for Humanity and accessibility to affordable housing in our community. In partnership with Carolina Blueprint and student organizations, we fundraised in the center of UNC’s campus for an entire week. Our members built, decorated, and stayed in a shack to support this initiative. This cause is extremely important to our members and our organization, as we routinely volunteer with Habitat for Humanity and realize that housing is an essential part of healthy living. This coming fall, we are excited to raise money for the UNC Children’s Hospital through a trivia night planned and hosted by members, and I cannot wait to see what other things are in store.

We have also developed an incredible shadowing program here at UNC. For the past 3 semesters, every single member in AED that applied for a shadowing opportunity has been placed with a preceptor, and most members are able to follow a doctor in a top field that they requested. Gaining real-world clinical experience and insight is an invaluable part of what we offer to our members and many students are able to shadow multiple semesters through this program. We continue a fantastic relationship with numerous health professionals and we are so proud to be able to offer such substantial opportunities to the students in our AED community.

Finally, we have made significant strides in our diversity and interconnectedness in AED. All of our executive members and many of our members completed implicit bias training this semester, and we are committed to a diverse and inclusive social network in our organization. Our Big Little Program matches all incoming members with more experienced upperclassman. This directly connects them to social support systems and endless advice during their time at Carolina. Our members are able to learn from one another through these established connections and grow through the diversity of backgrounds, interests, and identities.

The Epsilon Chapter of Alpha Epsilon Delta at East Carolina University has been in a season of growth and flourishment. They have just recently welcomed 64 new members into their chapter increasing their number of members to 117. They are very proud to be one of the largest pre-health organizations on campus, they are also proud that while growing and expanding the chapter they have kept a prestigious reputation on campus.

The chapter plans to participate in many different volunteering and service events during this fall semester that are geared towards helping the community in Pitt County where ECU is located. One major event that the chapter is very excited to participate in is the 2019 Greenville Heart and Stroke walk. This event is being put on in collaboration with the American Heart Association in order to raise money for research into heart disease and stroke. The chapter is partnering with the American Heart Association to not only volunteer for the Heart walk event that is being held at the ECU football stadium, but also assist in fundraising. The Chapter was the leading fundraising team for the heart walk event and raised over 1700 dollars in the first two weeks of fundraising. This event provides an opportunity to get involved with an incredible association like AHA and allows members to join with the community to fight against heart disease and stroke.

Medical readers theatre, an annual event held with the Brody School of Medicine is an incredible time of discussion and learning for chapter members. This event consists of several current medical students performing a scripted theatrical storyline that tackles current issues in the medical field. After the performance there is an in-depth discussion on the various topics covered and how they relate to medicine today. This event gives members exposure to the real issues faced by medical professionals every day and allows them time to interact with medical students. Members love this opportunity to converse with medical students because it not only gives them the chance to inquire about the process of medical school, but it also gives confidence to see that it really is possible to be accepted and be successful.

With the fall semester in full swing the North Carolina Epsilon Chapter of AED at ECU is ecstatic about all the incredible things to come in the months ahead. We challenge ourselves every day to fully encompass the three pillars that AED was ecstatic about and be a helping hand for each other, as well as the community. Go Pirates!!!
At the beginning of Fall 2019, the Ohio Beta Chapter kicked off its semester with its new executive board and committee chair members eager to provide a fun and educational semester for all new and current members of the Ohio Beta Chapter. Members of the Ohio Beta Chapter started off their active service to the community by working with the Community Care Clinic in Toledo, OH. The Community Care Clinic (CCC) aims to raise health care awareness in the Toledo Community and is run voluntarily by medical students, allowing them to obtain “hands-on” clinical experience as they give free and quality health care to the less fortunate population of the Toledo Community. The Ohio Beta Chapter played its volunteer role by bringing over 15 members to serve free meals to each individual who received health care from the CCC. Volunteers also walked around to greet and socialize with the individuals who received health care.

Members of the Ohio Beta Chapter further served the Toledo Community by participating in an on-campus event called Clean Your Streams. Clean Your Streams is a three-hour event during one day in September that involves thousands of volunteers across the Toledo area to help clean up trash around the streams of Toledo. The Ohio Beta Chapter brought many volunteers to pick up many pounds of trash and recorded what we picked up on several data sheets. After that, the volunteers were welcomed to an Appreciation Picnic where they were served free lunch and provided with the clean-up results from that day, which amounted to over 600 lbs. of trash!

The Ohio Beta Chapter has also been active in helping clean the stadium after every home football game at the University of Toledo. In addition to participating in more future stadium clean-ups, the Ohio Beta Chapter also looks forward to mock medical school interviews, a CPR/Vitals seminar with medical students, Relay for Life, and involvement in Opening Minds Through Art, which is a program that provides opportunities for creative self-expression and social engagement with individuals with dementia.

The Ohio Alpha chapter welcomed many new Buckeyes this semester who are eager to serve our community. The Buckeye Tutor Team, one of our most popular service programs, has invited additional students this semester to tutor patients and form lasting connections throughout a child’s hospital stay on the Hematology/Oncology floor of Nationwide Children’s Hospital. Our volunteers often see the same patients over several weeks, and enjoy getting to know patients while assisting with homework and playing games.

We have also continued our commitment to volunteerism through the Physician Free Clinic, Columbus’s largest free clinic. Alpha Epsilon Delta members assist in registering patients, conduct vision screenings, and serving as translators. Our members enjoy being a part of the medical team providing care to the Columbus community.

Our recent meetings have been full of learning, including a successful Ohio State medical student panel. Current members had the opportunity to ask questions to students who recently completed the application process, and gained valuable knowledge for our pre-medical members. The organization’s dedication to mentorship continued as we kicked off our Big/Little program in September, where several of our upperclassmen volunteered to offer advice and guidance to younger students, which we hope will assist in a smooth transition into college and prepare each member for professional school.

We are looking forward to another fantastic year as we continue with our outstanding service and professional programs.
The Ohio Lambda Chapter of Alpha Epsilon Delta has welcomed around 62 new members in fall 2019. We are excited to see many new inductees and their dedication to the club. We kicked off our first meeting with a guest speaker of Robotics surgery from Mercy Health. We have many exciting things planned for this semester. We are continuing our service partnership with Center of Courageous Kids, participation at the University of Cincinnati Dance Marathon, Ronald McDonald House at Cincinnati Children’s. We have decided to add some new events such as Habitat for Humanity, Relay for life and Broken Bus Ministries.

Some social events we have planned for this semester includes suturing clinic, baking, pet therapy at the Rec Center, Festival of Lights at Cincinnati Zoo, and end of the year Christmas social to wrap up the 2019 school semester. Regarding speakers this year we will be hosting a medical school panel with residents where members can have interactive conversation and learn more about the process firsthand. We are trying to get other speakers lined up for the semester. For Fundraising, we are partnering with restaurants around campus i.e. Chipotle. We are also planning to have a bake sale during the homecoming week (come support if you are in town).

Some things we are trying to plan for next semester includes our attendance at the National Convention held in Tampa, FL. We are also trying our best to plan more social and service opportunities to hold the interest of our members. We might try to host a social/service event where all of us can run for a cause. From the events we have planned, we are trying to educate our members about what AED is and help them learn about different Pre-health career paths that they can pursue.

We are grateful to have the Director of Pre-Professional Advising Center at UC, Susan Roth, as our Ohio Lambda Chapter Advisor. We hope to continue our great work throughout the past and encourage new members to join the club. We are glad to say that we have a successful club which offers a wide variety of learning opportunities.
As for fall semester 2019, the Oklahoma Gamma Chapter of Alpha Epsilon Delta at ORU has had a great kick-off. We have already had our first club meeting and event, gaining new members and establishing our future events for this semester.

Our first event, featuring a scientific talk given by Dr. William Ranahan, produced an incredible turnout, as he discussed “The Nature of Immortality.” Referring to biological mechanisms of longevity, such as the p53 gene and telomerase, he explained the amazing ability the body has to retain its integrity. His talks are hosted by our chapter every month and are always an event many are excited for. Currently, we are working toward increasing our club numbers, as we just co-hosted a game night with clubs such as the American Chemical Society (ACS) and the Minority Association of Pre-Health Students (MAPS). This game night provided an opportunity for biology and chemistry majors to get to know each other and have the chance to learn about the clubs!

More events planned by our chapter include tours of the Oklahoma State University College of Osteopathic Medicine as well as the Oklahoma University College of Medicine Tulsa Campus. On these tours, talks with current medical students are offered and provide a great atmosphere to ask questions. Our chapter is also sponsoring a trip for our school to the M3 Global Health Conference for the 5th year in a row, another anticipated event. This event takes place in Houston, Texas, and emphasizes missions work around the world. We expect to find more opportunities for gaining new members, events, and achievements this year!

The University of Oklahoma Alpha Chapter has had a busy year full of volunteering, reorganization, and preparation as several of the past executives (shown above) moved on to their respective professional programs. With seven new National Members inducted over the past two years and over fifteen affiliate members, AED’s presence on campus and in the surrounding Oklahoma City and Norman communities continues to grow. One of the significant acts of volunteering included our members delivering basic healthcare and free clinic information to homeless patients with the Rapha Medical Outreach multiple times per year. At the J.D. McCarty Center in Norman, we interacted with pediatric patients with developmental disabilities, providing an afternoon of fun and excitement away from their hospital units. Lastly, at Manos Juntas, we offered free healthcare to the underserved populations in Norman along with the help of volunteering physicians. Every year, AED takes part in OU’s Big Event, a community-wide effort of volunteerism. Over the past three years, we have provided new landscaping for the local YWCA, painted the exterior of a Salvation Army Boys and Girls Club, and most recently listened to the life story of an older couple and their foster child after rain prevented outside gardening. This last act showed our members how impactful the simple act of listening can be to others and how we can use this trait to provide excellent healthcare in the future.

This semester, we have gotten off to a great start with our goals to continue increasing membership and presence on social media. At our first meeting, we had an admissions recruiter from ARCOM speak about osteopathic medicine and the upcoming programs offered in Arkansas. We are quickly approaching our next National Induction Ceremony and our first fall volunteering event at the Wildcare Foundation. The AED Oklahoma Alpha chapter looks forward to continuing to grow and serve the surrounding communities as a collective group of likeminded pre-health professional students.
At the end of the Spring 2019 semester the OK-Theta Chapter of Alpha Epsilon Delta was formed with a total of 8 members. A vote took place, and 5 of the 8 members were initiated into office. Currently, we have Stephanie Mansour as president, Kinsey Watts as vice president, Kiera Vaughn as secretary, Robbie Azimi as treasurer, and Danielle Clifton as historian. Our advisor is Dr. Caroline Bentley, the Health Professions Advisor and an Associate Professor of Biology at UCO. Since then, however, we have only gained 1 additional member. Therefore, since this honor society is new to the UCO campus, our main goal is to inform others of its existence and recruit new members. Lastly, in order to accomplish this goal, we plan to form a shadowing platform with the OU health science center. We believe that by having a program such as this we will be able to further distinguish ourselves from the existing pre-health club at our university and attract new members.

On March 30, 2019 many AED members of King’s College in Wilkes-Barre, Pennsylvania came together to help make the Fashion for Compassion Dress Sale a success. All the proceeds went to St. Jude Children’s Research Hospital. There were about 500 gently used dresses of all types, lengths, occasions and sizes available for purchase for only $10. Some of these dresses included dresses for commencement, the summer, weddings, mother of the bride, and so many more. This fundraiser was such a success as it was able to give back to the community as well as help with cancer research at St. Jude Children’s Research Hospital.
The Pennsylvania Sigma Chapter of Alpha Epsilon Delta at Carnegie Mellon University continued the tradition of participating in CMU’s 1000Plus Day of Service, in which we aim to collectively perform over 1000 hours of service in a day. Our task was to help clean and organize the Carnegie Library of Pittsburgh in downtown Pittsburgh. Additionally, we also hosted multiple blanket-making events throughout the semester where members would come and help make blankets to be donated to nearby shelters and charities.

In addition to service, our chapter also aims to aid the members in developing important skills and adequately preparing for future opportunities. One of the ways we accomplished this was with our resume workshop. The members who were more experienced helped those who were less experienced with deciding what information to include on their resumes as well as how to format them to be clear and concise as well as visually appealing.

A completely new idea we implemented this semester was our holistic application workshop led by none other than our organization advisor and director of the CMU Health Professions Program, Dr. D’Antonio. In this workshop, we assumed the roles of medical school admission committee members and collectively chose candidates to be admitted to our medical school based on made-up profiles. This exercise allowed us to experience the nuances in considering what makes a competitive applicant and showed us that there is more to applying to health professions than just a GPA and standardized test scores.

This upcoming semester, we plan to continue to foster a culture of camaraderie by introducing new ideas that motivate members to participate and help each other. Thank you for cheering us on, and wish us luck on recruiting new members and expanding our organization this upcoming rush season!
The Texas Beta chapter at Baylor University is thrilled to be back in the full swing of activities with the start of a new school year. Our chapter and its activities are overseen by our wonderful advisor, Ms. Linda Haynes! She is encouraging to all our members and enthusiastically shares her wealth of knowledge with us, we are very fortunate to have her.

The fall semester began with the recruitment of a record-breaking number of applicants. Having been introduced to our New Members at the New Member Tea, we cannot wait for them to be inducted in just a few weeks! To better integrate them into our community, we will be continuing our wildly successful Enzyme-Substrate program to offer the New Members a mentor in all things AED but also in the professional school application process and college life in general. We are ecstatic to further develop community not just with our New Members, but with the whole chapter through a number of Social Events throughout the semester including a Slime Making social, Birthday Socials, Study Socials, and many more.

In true commitment to our community, our members will be serving through a multitude of weekly service opportunities and large group service projects. Some of the service projects that our members participate in each week include working with hospice, tutoring at a local middle school, volunteering at the Family Health Center (a local medical clinic), serving at the VA Blind rehabilitation Center, and assisting at the Salvation Army. As a whole, we look forward to serving together at large service events such as the Special Olympics, the World Hunger Relief Farm, Hospice Door Decorating, and a Baylor unique day of service called Steppin’ Out. We greatly value these opportunities as a means of giving back to the greater community and deepening camaraderie between our members.

Looking forward to the spring semester, we are anxiously anticipating our Mission Trip and Prehealth Day. We are thrilled to once again have the opportunity to serve the community of Azua in the Dominican Republic. Members can look forward to being exposed to healthcare in a global setting, assisting in local clinics, and spending time with local children while educating them about beneficial daily health practices. Additionally, we are in full planning mode for our annual Prehealth Day, an event where AED hosts representatives from Medical, PT, Dental, and other professional schools who come to Baylor and present to interested students. The entirety of Baylor’s Prehealth students can look forward to the opportunity to network with admissions counselors, current medical students, and professors from these schools. Additionally, the representatives host informative discussions on a variety of topics such as professional skills, the application process, and life as a student. We are highly looking forward to these events and the enrichment it will offer our members and the greater Prehealth community here at Baylor.

TENNESSEE BETA

University of Tennessee

submitted by Ashley Calise

The Tennessee Beta chapter at the University of Tennessee, Knoxville has a full calendar of events planned for this semester! This Fall, we have already held several events designed to enrich the experiences of our members and pledges. Our very first event of the semester was our Fall Kickoff. Here, we were able to recruit upwards of 50 interested pre-health members. We had the opportunity to share what Alpha Epsilon Delta was all about with prospective members as well as introduce them to our 2019-2020 officers.

This semester, we have already hosted three speakers from across the medical-field. These speakers provide members with first-hand accounts of their experiences working in medicine. In addition to having several speakers visit the University to share their experiences with pledges and members, we also have health-related events. We recently joined forces with several other pre-health organizations on campus and the University of Tennessee Medical Center to present “Stop the Bleed.”
The University of Houston Texas Delta Chapter of AED started the 2019-2020 year off right with 200+ potential new members showing up to our first meeting. Our organization always makes improving on the previous year a priority to ensure that moving forward our chapter always maintains the best version of itself. We pride ourselves on the fact that we host more than 80 events per semester to help further the advancement of our members through their pre-medical career. By hosting so many events, we create a culture within AED where the members can get to know each other and feel comfortable while meeting people who share similar interests and goals in their professional careers.

One of the programs we offer in the Texas Delta Chapter is the Officer Intern program. The Intern program is designed for members who are interested in developing leadership and organizational skills. Interns will be able to choose a current officer as their mentor and gain perspective on what it is like to be an officer. It is a wonderful opportunity for members and we are looking forward to the two upcoming out of city medical school tours, to San Antonio and Austin, for bonding and learning experience for our members and girls. The internship will run so far this semester and we can not wait to share our upcoming activities in the next issue of The Scalpel!

The organization has also been highly active within our community by volunteering at The Houston Food Bank, Project Cure, The Beacon Homeless Shelter, and Boys and Girls Club. The purpose of these volunteering events is to get AED involved within our community and to help wherever and whenever we can.

In spring 2019, our chapter held an out of city tour to UT Southwestern. We carpooled our members to Dallas and stayed in a hotel overnight. In the morning, we were led on a tour by one of the current medical students at UTSW where we were able to take an in-depth look at their facility, library, common areas, and of course their training area which included a laparoscopic suturing game as well as a da Vinci. This trip was a great bonding and learning experience for our members and we are committed to creating future physicians who excel in community service, academics, and leadership through our academic and service-oriented activities.

As part of our Community outreach programs, the organization is strengthening its partnership with the Candlelighters of El Paso, a non-profit organization that serves families of children with cancer. The Candlelighters are committed to supporting children with cancer from birth to age 25 and members of their families with no out of pocket costs to the families. During one of their largest events, the annual Walk of Hope, our Alpha Epsilon Delta members volunteered and participated in set up, clean up and encouraging the participants. As aspiring health professionals, it is important for our members to gain soft skills such as empathy, patient respect, listening skills and other interpersonal skills that cannot all be learned in the classroom.

Most notably, a large number of our Alpha Epsilon Delta members are planning on participating in a life-changing journey by partaking in the 34th annual Medical School Bus Trip at the end of the academic year. This trip entails a weeklong bus trip in which our members visit the majority of the allopathic and osteopathic medical schools in Texas. This student-run Medical School Bus Trip is the only one of its caliber in the whole state of Texas. To improve the quality of our member’s experiences on the Medical School Bus Trip this year we have made significant changes in the way the trip is organized. Instead of having our trip at the end of the summer when many of our students cannot afford to attend, as we have had it in previous years, we are organizing the trip for May, immediately after our academic year ends. We are helping students to develop planning and organizational skills, so that more students can afford to attend. In addition, we anticipate that by having the trip during the time when medical schools have just completed their academic year, we will be able to meet more program directors, and students who attend medical school. Most importantly, our members who are able to attend this event will learn about essential elements of becoming a successful applicant into professional programs. We expect that this trip will help Alpha Epsilon Delta meet the mission of our region to help our students gain entry into medical school so eventually they can return to serve our region.

The Alpha Epsilon Delta – Texas Eta Chapter is committed to growth through our continuous involvement in the community and extensive academic projects. We look with great anticipation to foster the growth of the Texas Eta Chapter in 2019-2020.
Howdy! We are the Texas Lambda Chapter of Alpha Epsilon Delta at The University of Texas at San Antonio. This past year was full of excitement, growth, and knowledge while encompassing the core values of AED. We are always striving for excellence, utilizing our time by getting involved with the community, and serving our members by providing the education they need about the diverse fields of medicine and healthcare.

Last semester, we committed over 100 hours of volunteering with a variety of associations, including the Corazon Clinic, and the San Antonio State Hospital. At the hospital, we have the chance to establish lifelong connections with the patients through social interactions. In turn, the encounters at the Corazon Clinic provide opportunities for our members to acquire beneficial insight of the medical field that can only be learned by hands-on experiences. AED also participated in the annual For the Kids Dance Marathon, a fundraising event for families with children diagnosed with pediatric cancer. We were able to assist in raising $32,715.04 and had a remarkable opportunity to meet some of the families and hear their stories.

We also instill our core values into the new and returning members of AED by encouraging them to participate in social events. These are essential to expanding relations between our members, as well as broadening their familiarity and awareness of the various healthcare fields. Our events ranged from fun social activities, such as our succulent potting social, as well as providing academic supports including study sessions. These opportunities pushed our members to strive for excellence in their everyday lives due to the feeling of community that we share.

It is important to the Texas Lambda Chapter that we provide to them every available resource to prepare them for their prospective futures. However, not only are we expanding their knowledge, we are allowing them to grow as people and become important assets by encouraging their involvement within the San Antonio community. The Texas Lambda Chapter Alpha Epsilon Delta is a well-renowned organization at UTSA. We have a hopeful outlook of the years to come of continuing to prosper, both as individuals, and as a body of future medical professionals.

This fall semester, the Texas Christian University AED Zeta Chapter will hold its first annual cornhole tournament! This tournament will be our primary fundraiser for the school year. Our hopes are that this event will not only help the chapter financially – covering some expenses for national convention this year – but also aid in the upkeep of our outstanding member participation. Our members are extremely active, and this tournament will be a way to support friendly competition between the members, their friends on campus, and even some of the Pre-Health faculty members! We have designed a special T-shirt for this event that will only be available through pre-orders for a limited time, and the proceeds from these shirts as well as team registrations will not only benefit the chapter’s activities but help the community as well. We have partnered up with a non-profit organization and will be donating 25% of the funds raised to the homeless community of Fort Worth, Texas. The tournament is taking place on October 25th and the number of participants already registered is overwhelming! Our chapter’s executive officers are so excited to create this new, annual fundraiser and cannot wait to see the impact we can have on our chapter’s finances, participation, and our local community!
The West Virginia Delta Chapter holds an average of two blood drives through the Red Cross each semester. This activity helps bring the campus and surrounding community together to help those in need. As a small institution, our bonds with the community are very important to us. The blood drive helps support those across the country in peril as a result of some accident or undergoing a surgical procedure. Specific applications range from surgery to helping hurricane victims. Our blood drives have earned the gratitude of the Red Cross, who knows they can rely on our chapter to rally people to the aid of others. A blood typing event was also held in order to inform those who are not aware of their blood type so they can tell medical professionals what their blood type is if there was any emergency.

Another drive that the West Virginia Delta Chapter has done is a bone marrow drive through BeTheMatch. This is when student’s cheeks are swabbed to test for bone marrow type to see if they are a match with someone with leukemia or other diseases of the bone marrow. Marrow is much more sensitive to compatibility than blood; it truly takes a unique match to save someone’s life. Therefore, even one match - although uncommon - is very substantial and impactful in saving the world. This affects the community by allowing students to help those in need, once again. This also helps the country by possibly giving someone their dying wish of life again through the matched student. Through drives such as this, someone’s life could have been saved and they received the bone marrow they needed.

A third aspect we highly value is exposing students to professional and academic development opportunities. We therefore regularly host speakers who discuss their professional achievements or opportunities. For example, representatives from undergraduate research programs, internships, and part-time medical work such as WV INBRE, WVSURE, medical scribing and more have all spoken to our members. Alumni with positions in institutions such as the NIH will also inform us of internship opportunities within their labs or institutes. In general, they provide students with opportunities to work in real world instances. The research opportunities allow for the development of laboratory techniques and etiquette. The medical scribing allows the students to work in hospitals to learn from doctors and to be exposed to the environment of their chosen specificity, should the student want to go to medical school. The students then presented their research and professional development at the Scholarship Day on Bethany’s campus as well as conferences with peers to inform them of their work and the opportunities present. We, at West Virginia Delta, strive for excellence in our academics and in our skill sets. This is critically important to us as shown in giving our members opportunities to flourish to set up the foundation for their future.

To begin the year, West Virginia Alpha participated in a university-wide student organization fair to inform potential new members of the club and the possible benefits and perks it can bring to all pre-health students, such as lectures by professionals in their potential future field, help with putting together applications for graduate school, collaboration/friendship with other pre-health students, and opportunities to serve the community in Morgantown through service. After the student organization fair in January, many interested students attended the first meeting and five new national members were welcomed at the induction ceremony in April. The members of AED had the pleasure of hearing from Dr. Jennifer Momen, a pediatrician who practiced in Bridgeport, WV, and is now the program director for the new WVU Physician Assistant program. For this semester’s service project, several AED members helped to prepare a meal at the Rosenbaum Family House. The Rosenbaum house provides food, lodging, and comfort to the families of adult patients at Ruby Memorial Hospital here in Morgantown for little or no fee. Officer elections were held the last meeting of the semester, and almost all of our new officers elected had just joined the club this semester. The club’s plans for the Fall 2019 semester are to advertise our club as well as possible in an attempt to gain more members, serve the community in as many ways as we can, and to do some fundraising for our chapter.

Another drive that the West Virginia Delta Chapter has done is a bone marrow drive through BeTheMatch. This is when student’s cheeks are swabbed to test for bone marrow type to see if they are a match with someone with leukemia or other diseases of the bone marrow. Marrow is much more sensitive to compatibility than blood; it truly takes a unique match to save someone’s life. Therefore, even one match - although uncommon - is very substantial and impactful in saving the world. This affects the community by allowing students to help those in need, once again. This also helps the country by possibly giving someone their dying wish of life again through the matched student. Through drives such as this, someone’s life could have been saved and they received the bone marrow they needed.

A third aspect we highly value is exposing students to professional and academic development opportunities. We therefore regularly host speakers who discuss their professional achievements or opportunities. For example, representatives from undergraduate research programs, internships, and part-time medical work such as WV INBRE, WVSURE, medical scribing and more have all spoken to our members. Alumni with positions in institutions such as the NIH will also inform us of internship opportunities within their labs or institutes. In general, they provide students with opportunities to work in real world instances. The research opportunities allow for the development of laboratory techniques and etiquette. The medical scribing allows the students to work in hospitals to learn from doctors and to be exposed to the environment of their chosen specificity, should the student want to go to medical school. The students then presented their research and professional development at the Scholarship Day on Bethany’s campus as well as conferences with peers to inform them of their work and the opportunities present. We, at West Virginia Delta, strive for excellence in our academics and in our skill sets. This is critically important to us as shown in giving our members opportunities to flourish to set up the foundation for their future.
THE SCALPEL

WISCONSIN BETA

University of Wisconsin-Madison

submitted by Andrew Turunen

The Wisconsin Beta chapter at the University of Wisconsin-Madison had a busy and successful Spring 2019 semester. Members got the opportunity to help others, educate themselves, and have fun through our many volunteer, professional development, and social activities.

One of the big focuses of our chapter is professional development, which gives our members the opportunity to learn about and explore the field of medicine. Every general meeting, we invited a guest speaker, most of whom were physicians in the local area, who talked about their individual role in the medical field and how they got to where they are. Their unique stories and experiences gave helpful and interesting insight into what life would be like as a health professional. These amazing speakers also helped to maintain our high student attendance at meetings. In the future, we plan to invite physician assistants, nurses, and other health professionals to share their stories, perspectives, and experiences. Ideally, we plan to host a panel of MD, DO, PA, and NPs at one of our general meetings.

Another one of our big focuses is giving back to the community through volunteer work. In addition to volunteering at countless local organizations, a major volunteer event this semester was arts and crafts at the American Family Children’s Hospital in Madison. Not only did we try our best to make the in-patient children's days more enjoyable during their difficult health battles but we injected a heightened sense of compassion and empathy into our membership.

As we move into the next semester, we look forward to continuing and building on the success we have had so far as an organization here in Madison.

HOW TO SUBMIT A SCALPEL REPORT

Step 1: Visit the AED website to download the Scalpel Reporting Form.

Step 2: Fill in your Chapter Name, University, and Scalpel Reporter, using the PDF file.

Step 3: Write and Save your article in a Microsoft Word document making sure it follows the 250-350 word count range.

Step 4: Photos must be in High Resolution (320 DPI or more) JPEG format at least 2.5 "x 4". (Photos are strongly encouraged)

Step 5: Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at: aednationaloffices@tcu.edu

REMINDER:
AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1st for the Fall Scalpel and Feb 1st for the Spring Scalpel.
Virginia Kappa
Hampton Sydney College
Sydney
(Charter No. 248, 04/23/2017)
Advisor: Kristian Hargadon, Ph.D.
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Virginia Mu
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Virginia Beach
(Charter No. 254, 10/26/2019)
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(Charter No. 204, 10/17/2009)
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The University of Central Oklahoma in Edmond was inducted into AED on May 4, 2019.

ARE YOU SURE YOU’RE A NATIONAL MEMBER?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren’t!!! Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

Contact us:
Phone: (817) 257-4550
E-Mail: aednationaloffices@tcu.edu

CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF’s:

1. Only typed forms will be accepted and processed.
2. A typed list of each student’s first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.
43rd Alpha Epsilon Delta National Convention
Tampa, FL
March 5-7, 2020