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Tampa, Florida
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MESSAGE FROM CINDY STANFIELD, IMMEDIATE PAST PRESIDENT

Thank you for allowing me to serve as your President from 2012 –2020. It was an honor and I hope the changes that occurred during my tenure were positive. I strongly believe that AED, the Prehealth Honor Society, belongs to the students and the Board of Directors serve the students. I will continue to be on the Board as your Immediate Past President.

The elections at convention came with joy and sadness. I always believed that Board members should be actively engaged with prehealth students, which is why I stepped down from the President position. Your new President, Dr. Sovent Taylor, works for his students. His passion rises beyond that of most AED advisors. Dr. Taylor loves all sports. He attended two preseason Yankee games while we were in Tampa, even though he does not like the Yankees! Now that is commitment. I have full confidence that Sovent will lead AED in the right direction, with the students always at the front of decision making. The loss of Dr. Frank Dyer as Counselor, which he served for about 30 years was heart-breaking for Board members but opened the door for some new ideas on the Board from Dr. Robert Kearns. Dr. Kearns served as Region 4 Director for many years and has always been one of our most active Regional Directors. Mary Anne Hoskins was a vibrant member of the Board and will also be missed. Our new Secretary, Amy Raimondo, comes to the Board with much energy and enthusiasm. Last, we welcome Carol Bokros as our Member-at-Large. Carol has been active in the prehealth advisor organizations and her knowledge and enthusiasm for her students will be helpful. You can find the list of all our Board members on the AED website at https://aednational.com/about-us/board-of-directors/.

As you move forward in your local chapters, remember that the National Office, Laura Dixon and Aelanda Counts, as well as your Board of Directors and Regional Directors, are here for you. We want the local chapters to be strong in the support of your prehealth students, your school, and your community.

Cindy Stanfield, Ph.D.
CONGRATULATIONS
AED SCHOLARSHIP WINNERS 2018-2019

V.L. Tweedie Scholarship
$6,000
Justin Raman
University of Texas Dallas - Region 4

T. G. Jackson Scholarship
$3,500
Ashna Shah
Mercer University - Region 3

Moore Scholarship $2,500
Region 1
Baadal Vachhani
Muhlenberg College

Moore Scholarship $2,500
Region 2
Margaret Shope
University of Michigan

Moore Scholarship $2,500
Region 3
Christina Mattingly (Sego)
Western Kentucky University

Moore Scholarship $2,500
Region 4
Nadhish Lokesh
University of Texas Dallas

Moore Scholarship $2,500
Region 5
Tala Shahin
University of Arizona

Donald Schreiweis Scholarship $1,500
Region 1
Anne Marie Arcidiacono
Stevens Institute of Technology

Donald Schreiweis Scholarship $1,500
Region 1
Annu Suresh
Muhlenberg College
Donald Schreiweis Scholarship $1,500  
Region 2  
Alexandra Peirce  
University of Michigan

Donald Schreiweis Scholarship $1,500  
Region 2  
Katelyn Hagood  
University of Toledo

Donald Schreiweis Scholarship $1,500  
Region 3  
Maria-Camila Ochoa  
University of South Alabama

Donald Schreiweis Scholarship $1,500  
Region 2  
Leah Wolfer  
University of Cincinnati

Donald Schreiweis Scholarship $1,500  
Region 2  
Madeline Gerdes  
University of Dayton

Donald Schreiweis Scholarship $1,500  
Region 3  
Kelly Tillman  
University of South Alabama

Donald Schreiweis Scholarship $1,500  
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Leah Wolfer  
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University of South Carolina

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Region 3  
Kelly Tillman  
University of South Alabama

Donald Schreiweis Scholarship $1,500  
Region 4  
Sophia Sakers  
University of Oklahoma

Donald Schreiweis Scholarship $1,500  
Region 4  
Allison Burns  
Virginia Polytechnic Inst. & State University

Donald Schreiweis Scholarship $1,500  
Region 3  
Leslie Thelan  
University of South Carolina

Donald Schreiweis Scholarship $1,500  
Region 4  
Sarah Nagel  
Texas Christian University

Donald Schreiweis Scholarship $1,500  
Region 5  
Samantha Clark  
Montana State University

Donald Schreiweis Scholarship $1,500  
Region 4  
Caroline Graham  
Oklahoma State University
Attendees of the national convention in Tampa, Florida.
The Alpha Chapter of Alpha Epsilon Delta had a great Fall semester and is off to a great start in this new year. At the University of Alabama, our initiatives are what makes us unique and continue our student-led and student-focused mission.

Our chapter of AED has 8 initiatives designed to empower students to have the experience and opportunities needed to make a lasting impact in the field of health care. Our initiatives had quite a successful fall semester. Our volunteering initiative led a blanket making night, which gives opportunities for our students to make comfortable blankets for patients of Birmingham’s Children’s Hospital. Our Capstone Mentoring Initiative, which pairs pre-health juniors and seniors with sophomores and freshmen who are seeking the guidance needed to navigate college, paired over 30 students with mentors in the Fall. Our Medically Related Experiences initiative connected many students with local shadowing opportunities and local medical scribing positions. We also have 5 students set to attend a medical mission trip to Colombia over Spring Break. This is just a glimpse of the impact that the initiatives of the Alpha Chapter of Alpha Epsilon Delta are making in the lives of both its students and of the community.

Our initiatives have many exciting activities planned this semester. We are especially excited about our Social Initiative. This initiative is designed to help students slow down the pace, enjoy the little moments, and have some fun in the context of a community. Pre-health students across the country will relate to the stress and pressure that comes with trying to balance the classes, studying, activities, and self-care. This Spring’s events include intramural dodgeball, kickball and basketball, as well as a movie night, all leading up to our end-of-year party, led by our social initiative. We look forward to the initiation of our new members in April. The Alpha chapter continues to strive to make a positive impact on our campus, our surrounding community, and every member of our group.

[Below: former University of Alabama students who currently attend The University of Alabama School of Medicine made their way back to Tuscaloosa from Birmingham for a student panel. Our former student answered relevant questions and talked about their own personal journeys to Medical School]

The University of Alabama at Birmingham
submitted by Brenton Bicknell

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The Alpha Delta chapter of Alpha Epsilon Delta has continued working hard to recruit new members and give back to the community. After a successful fall semester at the University of Alabama at Birmingham, our chapter is looking forward to a prosperous and fruitful spring semester through exceptional meeting attendance, great volunteering efforts, and outstanding fundraising events. Our chapter also continues to demonstrate exponential growth in membership by reaching a record number of applications each year, as well as having a large social media outreach to over twelve-hundred Instagram followers (@uabaed)— the largest number of followers of all AED chapters.

This semester, our chapter has planned three fundraisers in the efforts to raise funds for the Spirit of Luke Charitable Foundation. The Spirit of Luke Charitable Foundation hosts a free mobile medical clinic that travels across the rural Black Belt communities of Alabama on the first Saturday of each month. This is organized by Dr. Sandra Ford and Mr. Henry Ford, who are close friends of Alabama Delta and our school, the University of Alabama at Birmingham. The clinic’s main focus is to provide basic primary healthcare to underserved regions of Alabama through free checkups and medication. Our fundraisers this spring semester will include a Buffalo Wild Wings percentage night, Krispy Kreme sale, and raffle ticket drawing.

Outside of raising funds for the Spirit of Luke Charitable Foundation, our members also have the opportunity to volunteer at the Foundation’s mobile clinics. Students are able to assist with set-up, triage, pharmacy, and are even able to shadow physicians. In addition to Spirit of Luke clinics, we have continued volunteering with a local partner that caters to our pre-physical therapy and pre-occupational therapy members: The Red Barn. This nonprofit offers an encouraging environment where disabled children and adults work with therapy horses to strengthen their minds, bodies, and souls.

Beyond volunteering, shadowing, and fundraising, our chapter holds weekly general business meetings for members to attend and gain insight into health professional fields. Students from all pre-health tracks are welcome to listen in to help understand and create a more unified healthcare system. This semester, we look forward to having many diverse and informative meetings such as a Student Organization Showcase, Professional School Student Panel, and a Diversity in Medicine meeting. Lastly, one of the most anticipated events of the spring semester is the New Member Induction Ceremony. The Alabama Delta chapter has already received several application requests, and we are so excited to welcome eager and deeply driven pre-health students. All in all, the Alabama Delta chapter of Alpha Epsilon Delta is looking forward to such a bright year of opportunities, academic growth, and service.
The Alabama Epsilon Chapter of AED at the University of Alabama in Huntsville is excited to continue our community service by volunteering at Manna House on a biweekly basis. Manna House is a local charity that provides food and other necessary supplies to people in need. We assist this public charity in distributing food and unloading boxes. The goal of this volunteer opportunity is to promote community service in our members while also giving back to our local community.

We are looking forward to hosting speakers who will present about medical ethics, optometry, dentistry and medicine this semester. We plan to talk with current students, alumni and admissions representatives from The University of Louisville School of Dentistry, The University of Alabama School of Optometry and The University of South Alabama College of Medicine. This will allow our members to learn from the experience of students and ask them specific questions about the application process, what life is like in professional school, and specific field related issues. We also plan to put on an MCAT trivia night to help prepare our pre-medical students for the MCAT as well as help other pre-professional students prepare for their respective entrance exams. Through our variety of planned events and speakers, we hope to familiarize our members about different fields of medicine and build their interprofessional skills as future healthcare professionals.

Our chapter will also be hosting our annual AED induction ceremony on March 24, 2020. We plan to discuss our mission and role as AED members while also hearing from a keynote speaker to help instill these values in us. We will be continuing our fundraising efforts on campus this semester and bring awareness to new students about how to become AED members.

The Alabama Epsilon Chapter hopes to continue educating its members about the numerous fields of healthcare and help them gain a lifetime of interprofessional skills to successfully pursue their academic and pre-professional goals.

For the Spring ’20 semester, our AED chapter executive committee is focusing on exposing our members to a number of speakers regarding their respective health field interests. This will afford them the opportunity to connect and network with individuals in their discipline of interest, as well as educating them on the process necessary to achieve that career. We will have speakers come to talk about dentistry, nursing, medicine, and physical therapy, as well as having a student panel.

Finally, we will be conducting our semesterly blood drive in April. For these, we pair with The Red Cross and advertise as much as possible through social media and word of mouth to fill the slots and donate as much as we can. The blood drive is always an easy but powerful way in which we, as an AED chapter and as a higher-education institution as a whole, are able to give back to the community.
The Alabama Gamma chapter of Alpha Epsilon Delta at Auburn University takes pride in providing unique opportunities to students and individuals seeking a future in Pre-Health fields. This chapter is devoted in establishing an atmosphere where members are given the right tools to become a competitive applicant to professional schools. The Spring semester is filled with many events aimed to assist individuals applying to their prospective professional school. One of the most beneficial resources for future applicants is PPAC. The Pre-Professional Advisory Committee (PPAC) at Auburn University is a faculty committee that helps students with the application process to dental, medical, and optometry schools, as well as rural medicine program applicants. Once students meet the eligibility criteria for PPAC, they will be given information regarding aspects of which school they are applying to. PPAC members are guided through the application process by experienced faculty. The faculty will assist in reviewing resumes, personal statements, and other essays needed for professional schools and offers feedback on ways to enhance these documents. Workshops are offered to help students navigate the different application services, as well as determining which information should be included. Each PPAC member is evaluated during a series of interviews by faculty, and the evaluations are submitted to the designated applicant service or school. Auburn’s PPAC is an incredible resource for future applicants to use, and is a great way to strengthen overall applications.

In addition to PPAC events and workshops, the Alabama Gamma AED chapter will be hosting meetings with guest speakers from professional schools as well as various programs in the Auburn community to discuss opportunities in service, study abroad, and research. To wrap up the spring semester, AED is honored to congratulate and welcome new members and National members into society with an initiation ceremony.

The Troy University Alabama Iota chapter had a successful fall semester and is excited about looking forward to future events planned for the upcoming semester. Our chapter’s goal is to allow our members to participate in community service projects, allowing them to connect with each other and community members, as well as providing education about opportunities for the future.

This past semester our chapter focused on our local community. We hosted a health booth for our students providing information about the local doctors and ways to stay healthy. We also gave back to our professors by creating goodie bags with supplies that professors could use throughout the semester. Our chapter also participated in judging science fairs in our town’s schools. Our members were able to participate in community service projects while also being able to see their impact on our community. Our chapter will also be continuing our Adopt-a-Mile program, where we clean up a mile of US231.

Looking forward to this semester we have many events to look forward to. Our chapter will host an initiation to welcome new members to continue to grow our chapter. We will host various professional schools to help prepare our members. We also have a CPR class planned, which will be open for all students. Later this semester we will host our Annual Ground Water Festival for the second graders to learn about the water cycle. This is an event that everyone involved enjoys. We are also looking forward to Heart Walk. This event is for the entire community and is aimed at raising awareness for stroke and heart disease, while also providing a fun way to teach kids about heart health.

The Iota chapter is excited about all the events planned for the upcoming semester and is proud of everything we accomplished this past semester. We hope to continue to grow and leave a positive impact on our community.

University of Alabama submitted by Kaylee Burlingame

The Troy University Alabama Iota chapter submitted by Abby Hamilton
The Alabama Lambda chapter has had a wonderful semester at the University of North Alabama! For the Fall 2019 semester, our chapter strived to provide valuable information and opportunities to our members, as well as serving our campus and community. In the fall of 2019, we did several service projects to serve our students on campus as well as those in the community. As a chapter, we hope to provide diverse resources and experiences to our members. A highlight of our Fall semester this year was holding a suture clinic for our students, pictured below, to provide our students with hands-on learning experience.

Our chapter aims to be a valuable resource to its members, and to achieve this, we have organized several speakers to present to our students on various topics and professions. These speakers included students from health professions schools, as well as leaders in the health professions within our community. As a chapter, we are committed to serving our community and campus through service projects that we complete throughout the semester. For Spring 2020, our chapter will be collecting donations for a local domestic violence shelter, as well as serving through University organized days of service and providing various volunteer opportunities for our students.

We are looking forward to an eventful semester and cannot wait to attend convention this spring! Roar Lions!

The Alabama Zeta chapter has had an outstanding academic year thus far. We had 129 members, which accounts for over 2,000 service hours, who were given active member status for the Fall 2019 semester. In addition, Alabama Zeta has been fortunate enough to raise over $12,079.16 for our chapter and $94,851.17 for our Mega-Musical Chairs philanthropy event. Touching the lives in our campus and community is what ignites our passion for medicine. Two regular service events that allow us to do this is our Campus Vital Sign Clinic & Community Vital Sign Clinic for the elderly.

Our chapter has been able to provide vital sign readings for individuals residing in communities across Mobile, Alabama. Our members work with an organization called AHEPA (American Hellenic Educational Progressive Association), which provides housing for the low-income elderly and disabled persons. This mutualistic activity affords AED members the opportunity to learn and practice how to take vital signs, and also gives the elderly individuals an accurate reading of blood pressure, respiration rate, temperature, and oxygen level. While it may seem rather insignificant to just come to a site and only take vital signs, an abnormal vital sign reading may prompt these people to see their medical provider for a routine check-up or medication adjustment. In addition, our members have started conducting basic vision screenings at these sites as well. If detected early, diseases like Age-related macular degeneration, which affects over 11 million people in the United States alone, can be slowed down with treatment. In many cases, individuals do even not realize they may be losing their sight until they have taken a vision screening.

Several times a semester, the Alabama Zeta chapter also holds a vital sign clinic in the student center on our campus. This opportunity gives AED members the ability to advocate for student wellness and lend a listening ear to our peers. Educating our fellow classmates on the importance of vital signs will hopefully increase medical awareness on our campus. In order to organize these events, we received funding from our SGA to purchase the medical equipment needed to take vital signs. Ethan Hayes, an Alabama Zeta member, says “The Campus Vital Sign Clinic is a way for AED members to not only learn how to take vital sign readings, but also to learn how to communicate with people on a personal level.”

By strengthening our roots and expanding our passion for healthcare, Alabama Zeta continues to serve as a leader in our area. We look forward to remaining involved in our campus and community throughout the remainder of the semester. Service events like Ozanam, Alabama Zeta holds a vital sign clinic in the student center on our campus. This opportunity gives AED members the ability to advocate for student wellness and lend a listening ear to our peers. Educating our fellow classmates on the importance of vital signs will hopefully increase medical awareness on our campus. In order to organize these events, we received funding from our SGA to purchase the medical equipment needed to take vital signs. Ethan Hayes, an Alabama Zeta member, says “The Campus Vital Sign Clinic is a way for AED members to not only learn how to take vital sign readings, but also to learn how to communicate with people on a personal level.”

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The completion of the 2019 fall semester signaled another impressive year and marked a dramatic growth and change in the Arizona Beta chapter of Alpha Epsilon Delta at the University of Arizona. Through the strengthening of our Kaplan partnership and outreach to numerous organizations on campus and around the Tucson community, we are taking this momentum in stride as we approach the beginning of our 2020 academic year.

As the national convention approaches, Arizona Beta has raised funds for national members who are determined and committed to collaborating and meeting additional AED members on a national scale. With this emphasis on outreach, Arizona Beta has been communicating with chapters in other states and regions to begin working on an impactful and meaningful events that can be executed in the near future.

In order to assist our members in outreach to organizations on campus and within the community, we have had a wide variety of health events that have focused on underrepresented topics such as native medicine in rural areas and the opioid epidemic. Furthermore, we have had professional health panels and events with professionals that have examined the role of transgender health care, disability and sexuality, and mental health; areas often overlooked or ignored in the pre-health field. Experts and speakers on these topics have presented realistic and important information in the field of modern health, allowing our members to stay updated with active problems and potential solutions in the pre-health field.

Arizona Beta has continued collaboration with the Arizona Simulation Technology and Education Center which has recently expanded in both size and scope of its realistic surgical and medical simulations. Presenting real-life emergency, surgical, and practical applications of medicine in a team building environment has been an invaluable experience and opportunity in developing pre-health professionals within Arizona Beta by helping them practice how to intubate, suture, assist in surgery, and assess life-threatening situations.

Arizona Beta hosted our semestery Benefit Dodgeball Tournament through collaboration with other health focused organizations on campus in order to support Parkinson’s Wellness Recovery Gym and research. With continued involvement in their organization we hope to make strides in Parkinson’s research while remaining active with our other partnered organizations: Tucson Community Food Bank, Z-Mansion, and Habitat for Humanity.

As Arizona Beta continues to grow, we have had incredible opportunities to expand and connect with the faculty and leadership here at the University of Arizona. This past semester we hosted a general meeting at the home of the President of the University of Arizona, Dr. Robert Robbins. In addition to hosting the meeting, the Deans of the College of Medicine, Pharmacy, and Nursing were all able to attend to discuss their respective programs and teach our members about the future of the health field.

Arizona Beta looks forward to an incredible year ahead as we expect to incorporate alumni while increasing opportunities and pre-professional development in order to prepare our members for their bright futures as health professionals.

The University of San Diego chapter is very excited to begin our second year on campus. In our first year we had some big accomplishments and we are looking forward to seeing what we can achieve in the future. Last February we inducted the first fifteen members to AED on the University of San Diego’s campus. Since then, we have welcomed many more members to our chapter, and are looking forward to our second induction ceremony this semester. Our hope for this semester is to continue to grow our presence both on campus and in the community.

In March, we will be hosting our second philanthropy event. This event will be a comedy show and all of the proceeds will go to Fresh Start. Fresh Start is an organization that works to provide surgeries to disadvantaged children with physical deformities caused by birth, accidents, abuse, or disease. Last April our chapter raised $2,600 for Fresh Start. This year, our goal is to get a larger audience at the event and double the amount of money that was raised last year.

This year we plan to emphasize the importance of being involved in the community. Our hope is for our members to recognize the importance of forming strong connections in the community and seeing how service may positively impact their lives. To help all of our members get involved, we are planning to organize different community service events throughout the spring semester. We believe this will help our chapter grow closer while also giving back to the community.

Submitted by Ryan R. Silva

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Submitted by Kate Kohler
Dominican University of California’s Kappa Chapter is looking forward to continuing into the Spring 2020 semester with opportunities for its members to collaborate and connect with each other as well as the community. Our chapter works closely with unique volunteer locations throughout San Rafael and surrounding cities. One of the best parts about AED is the volunteer ideal that it upholds. Seeing our members go out into the community and find something that interests them, then connect it to the honor society’s ideal through volunteer involvement is a wonderful way to maintain and strengthen the legacy of community for our future members. In addition, throughout the semester our chapter will be working with each other as well as with faculty, to prepare its members for overall experiences relating to professional schools. This Spring our chapter is planning to host chapter meetings with topics such as “Financing your professional school education”, “Personal statement” and “Interviewing”.

Some highlights from our AED members include Vice President Casey Bravo’s acceptance into Dental School. Casey will attend the University of the Pacific’s Dugoni School of Dentistry this coming summer, selecting the San Francisco dental school over UCLA, Southern Illinois, and UT Houston. AED member Tia Furness was accepted into College of Podiatric Medicine Western University. This Spring, Dominican University of CA, California Kappa Chapter is hosting an in person Kaplan MCAT prep course which has seven enrolled students and provides accessible MCAT preparation for its students.

New to our chapter, and campus is a partnership with Atlantis and the Global Education Office of Dominican, which is sending five students from AED the opportunity to pursue a medical shadowing internship at The Complejo Hospitalario Universitario de Ourense in Northwestern Galicia region of Spain. AED is also eager for members Olivia Lang-Brown, Evangeline Adana, and Kayla Kukaua to showcase their skills at the National Conference on Undergraduate Research 2020 and demonstrate their involvement with campus research. Through these achievements, the chapter hopes to keep setting examples and models for future members and promote the ideals of Alpha Epsilon Delta to the campus.

The Colorado Alpha chapter of AED at the University of Colorado at Boulder has made leaps and bounds within the last two years. We are exuberant to announce the substantial growth in both community affiliation as well as the number of individuals involved in our club. We experienced our largest pledge class to date this past semester boasting 60 students.

In an attempt to supply a breadth of students with the sought-after resources and direction so many desire, we introduced our first-ever spring pledge class. In this, we gave 27 eager students the opportunity to become involved with our chapter without having to wait for the following academic year. We are proud to say the Colorado Alpha chapter has grown substantially from a mere 17 members in 2018 to an astounding 107 upon the completion of this semester.

This spring, we aimed to compile an itinerary that encapsulates AED’s motto. We are now affiliated with the University of Colorado athletics department in an effort to inform the sports community of AED-sponsored events such as blood drives, health fairs, Habitat for Humanity builds and much more. While our chapter strives to serve the community, we recognize the importance of building social relationships as well. Notable up and coming events include our Valentine’s day social, Big Little reveal, and our annual retreat. This year, we are holding a fun weekend in the mountains where our members and pledges can bond and enjoy a stress-free environment. In addition, our merchandise committee has created a wonderful new tee shirt design to commemorate the memories and bonds formed.

While our club has experienced substantial gain, we are not done yet. We hope to continue our upward trend in an attempt to leave larger footprints within our community. With Alpha Epsilon Delta becoming a recognized name here at the University of Colorado at Boulder, we are eager for what is to come.
Members of the Colorado Gamma chapter at Regis University finished the 2019 Fall Semester strong and are very excited for another semester to climb closer to accomplishing our goals of becoming healthcare professionals. Students developed professionally and intellectually through a cadaver lab hosted on campus, networking with representatives from pre-health programs and medical schools, and professional development workshops.

Our chapter gave back to the community last fall by writing thank you cards for professors that had to adapt to campus wide technology issues and throwing another arts and crafts party with kids at the Children's Hospital at the CU School of Medicine. The kids at the Children's Hospital absolutely loved the arts and crafts party, and our members thoroughly enjoyed the event as well.

This spring our chapter looks forward to making a difference in the community by organizing another craft party for the kids at the Children's Hospital, coordinating with Art For The Nations to help fundraise art supplies for communities across the U.S., and well as volunteer for Project Angel Heart to prepare meals for families in the Denver area. Our bi-weekly meetings will consist of guest speakers of diverse healthcare professions and admission representatives, a med school student panel board, member induction, and application preparation workshops that cover letters of recommendation, personal statements, studying for standardized testing, and interview etiquette.

The Gamma chapter is very excited to make a difference in our community through various service projects and take more steps toward becoming the next generation of healthcare professionals.

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This year in Alpha Epsilon Delta at the University of Florida, we have branched out in new ways. This past May, a group of our members traveled to El Salvador with the Climb For Cancer Foundation to both hike and volunteer in a health clinic. Our members spent a week here, traveling, volunteering, and raising over $5,000 for the Climb For Cancer Foundation. Each year, our members have taken a trip with the Climb For Cancer Foundation and its co-founder, Ron Farb. We have traveled to Tennessee, North Carolina, and Virginia, as well as numerous other locations, to hike mountains and raise money for this amazing foundation. Branching out to include some medical service trips simultaneously had been a mission of ours, and we were so excited to see this come to fruition. Our executive board for the 2019-2020 year has also made environmental health a key value of ours. While our main service is to the healthcare community around us, we also wanted to prioritize environmental health, as it holds great importance to all of us. We created a new Environmental Health division, to reach out into our community even further, and start making ties with more organizations in this realm, as well as to have our members be a part of this important outreach to our community and the nature that surrounds us. Some of our recent outreach in this area has involved “adopting” a koala from the Port Macquarie Koala Hospital in New South Wales, which helped fund the costs of the treatment for burns and dehydration, as well as aid the hospital’s incredible efforts towards building water stations in the millions of acres that have been destroyed from the fires. Since our “adoption”, our koala has been released from the ICU and the hospital has purchased and placed nearly 20 drinking stations in wild areas affected by the fires to help the dehydrated wildlife, along with planning workshops for locals across Australia to help with building and distributing many more. Being able to know about and see what our donation went to and how much it helped, has helped us understand the value and importance in monetary donations, even if they feel less valuable.

While we do raise lots of money for the philanthropies we serve, our main contribution to our community is through our volunteering, so it was exciting to be able to help a city and country so far away. Our next upcoming environmental outreach is selling beautiful t-shirts that promote environmental health; the profits made off of these shirts will be donated to an organization that we decide would really benefit from it. We are excited to keep moving forward and making new waves in healthcare related fields, but also beyond that and into the surrounding communities, and we are hopeful that our current executive board and members have set those waves in motion, and that our future executive boards and members will continue on with them.
For the second half of the semester, AED has provided many opportunities not only for our active members, but also for the community. One of those events was the splinting workshop. In these kinds of events, we demonstrate to our members the importance of being able to take and monitor vitals, such as heart rate and blood pressure, as well as how to splint limbs or fingers in case of an emergency. These skills are also important for our members who are going into the medical field, as that is one more thing they know how to do and were properly taught by physician assistants. Monitoring vitals and being well prepared for accidents is an essential life saving skill that everyone should know.

Another important event we do is Stem Saturdays. On the first Saturday of every month, our executive board and members volunteer in elementary, middle and high schools and other public organizations to help out kids that may not be feeling their best. We have done activities such as coloring, replicating organs and their functions, and creating our own slime. This event teaches kids the importance of teamwork with other classmates, or any other person. It is also a chance for our own members to work together. Stem Saturdays provide the kids with a day where they forget about their disabilities and enjoy fun activities. It is important to show these children, their parents and/or caregivers that they are not alone and do not have to go through the hard times alone.
Throughout the spring semester, the AED chapter at the University of Georgia has held two major events. The first being how to prepare for medical school interviews, specifically multiple mini interviews (MMIs), and the second discussed the medical school admissions process. Our chapter’s vision focuses on how to increase our member’s chances of acceptance into health professional school. We hold seminars to spread important information that equip our members with the tools they need to become successful and stand out in their professional school applications.

Many medical schools are changing the way they conduct interviews to a newer model. The purpose of MMIs are used to assess skills and qualities that are overlooked or not conveyed in a traditional interview setting. Around 50 medical schools have adopted the MMI format and that list is expected to grow. This interview process is also used by dental schools, optometry schools, PT programs, pharmacy schools, and some PA programs. Typically, an MMI consist of 6 to 10 distinct stations in the span of two hours. In these stations, applicants will be asked to answer questions or to reason through a difficult decision. Other stations assess communication skills with a partner or other individuals. After going into detail about how to approach each situation and question type, we discussed what to do and what not to do during an interview. Our biggest piece of advice was to stay composed because there will be multiple opportunities to do well. Lastly, there was an activity at the end of the meeting where members took turns being the interviewer and the interviewee. This exercise was tremendous in demonstrating how long applicants will be expected to speak for. It gave me an appreciation for the time it takes to talk for three to four minutes straight; your answers have to be thoughtful and well organized.

Our other main meeting discussed the pieces needed in the medical school application. This includes taking the MCAT, developing a personal statement, asking for letters of recommendation, and the work and activities section. For the MCAT, it is recommended that students study between three to six months, for 350 total hours. The ideal time to take the MCAT is from May 19th to June 9th. The personal statement should reflect why the applicant wishes to pursue a career in medicine. This aspect of the application will be unique to each individual and should tell a story. Letters of recommendation often differ for each school. However, medical schools typically ask for one to two letters from science professors, one letter from a non-science professor, and one physician letter. Lastly, the work and experience section includes a maximum of 15 activities. Applicants should strive to include seven to ten meaningful experiences that have demonstrated their character and commitment to pursuing a medical career. While applying to health professional school can be an arduous process, we strive to help alleviate the stress of application process by making it more manageable.

The Georgia Epsilon chapter of Alpha Epsilon Delta at Mercer University had an amazing 2019 Fall semester and we welcome the new year with our new goals and aspirations. We are excited to present all of our new members at our induction ceremony in the first week of February. In addition to recognizing our member’s excellence, we also look forward to continuing our mission, to strive and spread awareness while encouraging all members to be active with the community as they pursue their pre-professional education.

Last semester we hosted several Culture Competence Series and had the opportunity to collaborate with a lot of other organizations. These series successfully spread awareness and broaden our perspectives overall. Hence, we plan on continuing our journey to promote knowledge of different cultural practices and world views through our Culture Competencies Series. AED started the spring semester of 2020 by welcoming all members in our first meeting along with a presentation by Dr.Bokros on “Demonstrating Competencies in Your Application”. Not only do we encourage our members to understand and embrace cultural differences with these series, but we also hosted this presentation that highlighted the importance of cultural competence for graduate school.

In efforts to provide our members with opportunities to engage with upperclassmen, we had our first Mentor Café event of the year. This event was open to all members who were interested in meeting other students with similar interests, ask questions, get advice, and get to talk and meet with some professors. We look forward to continuing to have similar events in the future to provide more mentoring opportunities.

This semester we are excited to present our members with the opportunity to volunteer with First Choice Primary Care, in Macon, and be a part of their mission “to improve the health of the medically underserved in Middle Georgia and provide quality care.” This amazing volunteer opportunity encourages our members to become more involved with our local community in addition to providing exposure to the clinical setting.

Our AED chapter is also looking forward to our “Love is More Than Romance” event, where we will be writing valentine letters to send to the Daybreak Homeless Shelter in Macon. The simple act of writing thoughtful letters and sharing them with everyone at Daybreak with the goal of creating smiles on their faces is yet another of our ways for getting more involved with our local community.

We look forward to having yet another successful year and to continue encouraging professionalism to our members as they pursue their goals and prepare for their professional education.
The 2019 fall semester was a huge success for the Delta chapter at the University of Illinois at Urbana-Champaign. Beginning with a recently implemented rush process, we welcomed 77 new PHPS members to our growing family. This group of pre-health students underwent an education program for a smooth transition into college and the Delta chapter. Some activities included team-building exercises and interviewing executive members. Beginning in Fall 2018, the Philanthropy Chairs set a goal to dedicate all fundraising profits to All in for Ethan, a non-profit organization supporting those with giant axonal neuropathy (GAN). GAN is a rare inherited genetic disorder that affects both the central and peripheral nervous systems. This organization holds a special place to a Delta active member, and we are so proud to collaborate with them. Through hard work by the entire chapter, a total of $3,950 was raised for All in for Ethan in just one year. Several events helped us reach this goal: Chipotle and Panda Express fundraisers, canning on campus, and Quad bake sales. In addition, the Delta chapter raised about 400 items for Salvation Army, including clothing, toiletries, and women’s health products.

Our chapter also began collaborating with The Princeton Review for guest speaker meetings on test-taking, professional applications, and admissions processes. In the fall, the Academic Chair organized a practice full-length MCAT to help prepare undergraduates for the exam. Service plays a vital role to our members in the surrounding Champaign-Urbana communities. Throughout the semester, members volunteered at Swann Special Center, a live-in center that aids those with intellectual and physical disabilities. Volunteers ran activities such as reading books, karaoke, and craft making. Members also volunteered at UniPlace Church Community Dinners, Urbana-Champaign Books to Prisoners, and Salvation Army Canteen Run. These unique experiences have developed member’s passion for helping those in need.

Looking ahead to the spring, we are very excited to celebrate the 50th anniversary of Illinois Delta and attending another professional school in the Midwest.

Bradley’s Illinois Kappa chapter of Alpha Epsilon Delta has had a very successful fall semester. We have strived to provide our members with opportunities to involve themselves with our chapter and the greater Peoria community. We have also dedicated a lot of effort to fundraising events for our chapter including local restaurant nights, a bake sale, and Kaplan course raffle. Funds raised from these events will be used to increase member involvement and allow our chapter to engage in more activities pertaining to pre-professional health. Our chapter has coordinated volunteer opportunities with with Easter Seals and Almost Home Kids. We have also welcomed a variety of speakers to present at our meetings and share their experiences in their respective fields of medicine including chief medical scribes, physical therapists, and a veterinarian. These meetings allowed our members to ask insightful questions and develop professional connections. This spring, we intend to further expand our chapter as well as our involvement in the community. We are currently planning an induction ceremony for incoming members. The ceremony will feature a keynote speaker from Bradley University as well as a reception for the inductees and their friends and families. We look forward to expanding our chapter and anticipate a very successful spring semester.
The Kentucky-Alpha Chapter of AED is making new strides at the University of Louisville (UofL) by hosting the 6th annual Health Careers Fair, increasing community outreach, and introducing new guest speakers and opportunities. KY-Alpha continues to promote academic and personal success of its members by connecting them to like-minded individuals who are also geared towards similar healthcare fields.

This year we have continued to partner with Uspiritus, Centerstone, Louisville Grows, Americana Community Center, Supplies Over Seas (SOS), Backside Learning Center, and Biology Garden. We also introduced new forum speakers, including a paramedic student who spoke about Pre-Hospital Care, the Army Health Professions Scholarship Program (HPSP), a mass casualty simulation lab, and information sessions on the UofL School of Medicine Trover Rural track and on the University of Kentucky School of Pharmacy admissions.

Our student-led Health Careers Fair further attracts more professionals and career opportunities to our campus. This increase in inclusivity to all healthcare fields was a direct result of student feedback. The university has given us their full support, with faculty and staff participating in and promoting the event, urging both upper- and underclassmen to attend.

It is our chapter’s mission to expand and share our passions of healthcare by cultivating new relationships, increasing the number of professional schools and career opportunities that attend the Annual Health Careers Fair, and continuing our efforts of outreach into the community. We hope to work directly with our members to make AED more geared towards success by continuing to improve the organization’s culture and participation.

With a membership of 88 the Kentucky Gamma Chapter of Alpha Epsilon Delta at Western Kentucky University in Bowling Green, KY serves as the university’s premier organization for Pre-Health Professionals. This year the KY Gamma Chapter inducted 21 new members into our organization and plan to have more inductees in the spring.

Meetings are held two to three times a month with a different professional school presenting at each meeting. This year we have had presenters from across the state and country including concentrations from Pre-Med to Pre-Vet and Physical Therapy. Along with chapter meetings, members are expected to complete service hours each semester. This year one opportunity that was open to all members was volunteer hours at the Center for Courageous Kids. Here, members were given time to interact one-on-one with a child to brighten their day and in turn learn from that child. Aside from volunteer hours, members are given various opportunities to donate items or money to many organizations. From donating feminine care products to Project Eve and canned goods to the university’s food pantry, the members of our organization never fail to remain as selfless as possible.

A special monetary donation drive was held this year in honor of a student of WKU and member of our chapter who passed away suddenly during the semester. Money was collected at WKU as well as at the nearby University of Kentucky Medical School Bowling Green Campus. All earnings were donated to a charity that was near and dear to the deceased student’s heart. A final, yet very important, activity that is hosted for our members is a student panel at the end of every year. This panel is led by students who are currently in professional schools and those entering professional schools. Members are given the opportunity to ask as many questions as they want and are able to see firsthand the life of a student in professional school. This student panel is important to the future successes of all of our members as it gives them insight to the field that they are beginning to enter.

They are able to see real, genuine student answers rather than the speeches that many presenters that visit from schools are required to give.
LOUISIANA ALPHA

Louisiana College
submitted by Courtlyn Bieber

The Louisiana Alpha chapter of Alpha Epsilon Delta at Louisiana College (LC) kicked off the 2019 fall semester with a great start. Along with the induction of new members and election of new officers, AED students impacted the lives of many third graders and traveled to Kentucky to broaden their horizons at the Global Health Missions Conference.

The entire third grade class from Forest Hill Elementary (56 students) were the guests of AED and the science department for a full morning of activities this fall. They had no idea about the day of fun our AED chapter had planned for them. The children learned about the heart and brain anatomy and physiology from our AED members in the science labs. We had designed activities for the children to examine and study the hearts and brains of sheep. The students were asked to fill in a worksheet with the knowledge they had gained of the two organs. The third graders expressed great joy and excitement at having the opportunity to touch, hold, and examine real hearts and brains, and our AED students took it a step further. In the physiology lab, we connected the young learners to ECG recording devices and explained to them how the data indicated their own heart functions.

The other highlight of the fall semester involved members and sponsors from our team attending the Global Medical Missions Conference in Kentucky. Students thoroughly appreciated sessions and such topics as the opioid crisis and having the opportunity to experience hands-on sessions about how to therapeutically treat patients in other countries with limited resources. AED group members were able to listen to the testimonies of various people who had been affected by drugs. Upon return to the LC campus, the participants shared their experiences with other members of the AED group and encouraged more participation in 2020.

Louisiana Alpha continues to enjoy active participation in planned activities. The chapter members are currently planning to host presentations by admissions officers at several professional and graduate schools both in Louisiana and Mississippi. Additionally, a large group of AED students are planning a trip to Franciscan University, LSU New Orleans Medical and Dental Schools and LSU Shreveport Schools of Medicine, Physical Therapy, Occupational Therapy and Physician Assistant.

LOUISIANA BETA

Louisiana State University
submitted by Eva Mace

Here at Louisiana State University in Baton Rouge, Louisiana, AED’s Louisiana Beta is striving to make an impact in our local community. We are continuing many of our services while also implementing new opportunities for our members. Our chapter comprises over 150 active members that are all working toward to common goal of attending medical school. This task is not easy; moreover, our club offers one-on-one tutoring to all members. Our chapter also encourages service to the community with over 15 varying organization to chose from.

Last fall, our chapter put on a blood drive for the LSU students and collected 88 units of blood. In addition, our Halloween Food Drive was a large success with 1637 pounds of food donated. Due to the hard work of many members, 1364 meals were served to deserving families during the holidays.

Our chapter’s largest philanthropy supports Youth Oasis, which is a shelter for homeless or endangered youths in the Baton Rouge area. In order to raise the funds for the children, our chapter is currently organizing the 21st annual “Miles for Medicine”. This 5k is attended by all of our members as well as many other individuals in our LSU community. In the past years, our race has raised over $5,000 with all proceeds going directly to the children.

This upcoming semester we will continue to add members to our club and strive to offer new and exciting service opportunities as well as social events to our members. Towards the conclusion of the spring semester we host an initiation banquet for new members, old members, and executive board members. This event allows us to reflect on the past years accomplishments while transitioning to a new executive board to continue the goals of AED. AED fosters relationships between fellow students in order to better our world.
On October 31, 2019, the University of Louisiana at Monroe Chapter of Alpha Epsilon Delta participated in the ULM Trunk or Treat held in front of the football stadium on campus. This event invited families from the community to partake in a safe and fun trick-or-treating. Campus student organizations decorated car trunks to go along with a theme of their choosing. The kids and their families walked around the event, collecting candy from the students. We, in keeping with AED’s interest in health, decorated our trunk with “Doc McStuffins” in mind, which is a popular children’s TV show. Our trunk featured a board with a hand-decorated bandage design and the name of the show as well as many stuffed animals. In addition, we had lots of candy in buckets adorned with pink bows. AED members present at the event dressed up as medical professionals by wearing scrubs, stethoscopes, and other medical gear. This event was special for our chapter as we got to interact with the community and to meet children who were interested in being future leaders in healthcare. The children loved getting candy and we enjoyed interacting with them. Many of them were interested in our costumes, asking to try out our stethoscopes and look at our IDs. It was amazing for us to be able to inspire these youngsters to attend college and eventually professional school. Overall, it was a fantastic event to give back to the community. Pictured below are AED members, from left to right, Hunter Vienne, Ellen Ingram, Sarah Corley, and Cade Hunter.

The Louisiana Iota chapter of Alpha Epsilon Delta has had a wonderful Fall and is looking forward to continuing our successful endeavors this Spring! We entered this semester after welcoming 19 new members during the Fall and have recently held our first informational meeting to encourage more dedicated pre-health students to apply for membership. Our members have been committed to helping the Shreveport-Bossier community through volunteering at Christus Highland’s Grace Home, St. John’s Hospice, the Food Bank of Northwest Louisiana, and several other locations.

For students aspiring to become healthcare professionals, being well-read in literature other than their academic textbooks is an essential skill to cultivate. Critical reading allows for a deeper comprehension of human experiences and familiarizes students with diverse social nuances through the authors’ multicultural lens. In consideration of these developable competencies, our chapter established a book club last Fall. This initiative welcomed students of all majors to read, analyze, and have an open discussion on a selected book. During the book club’s first meeting, the members debated the logic behind the decisions of the main character of Paul Coelho’s The Alchemist. By the end of the meeting, we found that we could somewhat relate with the character’s decisions based on several of our own personal experiences. Our engaging conversations not only broadened our perspectives, but they also brought our members closer together as a team. We hope to continue this book club with more interesting books and topics to cover. The Louisiana Iota chapter is working assiduously to ensure that we can provide our members with quality service and resources so they can have a strong foundation in their pre-healthcare related education. During the Fall, we had several healthcare professionals from the local hospitals speak to our members about their fields. We will continue to do our best and strive for excellence from our members.

Our goal for this semester is to give back to our community that has done so much for us through volunteering and community service projects. One of the exciting ventures that we have planned for the Spring is our Easter Eggstravaganza! This annual fundraising event, which was started last year, aims to provide a safe space for the local children and their families, as well as the LSUS students, to participate in a campus-wide Easter egg hunt and other fun activities. All proceeds from this undertaking are donated to a philanthropy of our chapter’s choosing. Many of our fellow student organizations and local businesses are invited to host their own activity booths and informational tables. We hope that this year’s Eggstravaganza will be just as hugely successful as our previous one.
The Louisiana Zeta Chapter of AED has had an information packed quarter. During the fall, AED members heard from several excellent professional school speakers. Madison Blackwell, a graduate of Louisiana Tech, came and spoke on behalf of Edward Via College School of Osteopathic Medicine. Madison graduated in Biomedical Engineering and is now in her second year of DO school. She presented information to our chapter about what Osteopathic Medicine is and its similarities and differences to the traditional Allopathic Medicine route. Louisiana will be gaining its first Osteopathic Medical School, also a branch of Edward Via College, in Monroe, Louisiana in the fall of 2020.

In addition to hearing from Madison, a panel of current medical students from LSU Health Sciences Center Shreveport shared experiences from their first two years of medical school. They provided an outline of their day to day schedule, touched on the importance of maintaining a study schedule, and answered many questions from chapter members regarding the MCAT. They also gave advice on the application and interview processes.

For those interested in becoming a Physical Therapist, Daniel Flowers, a LA Tech alumni and Assistant Professor of the PT program in Shreveport, also visited and answered questions from members about becoming a PT. Lindsay Ferrington, Assistant Professor and Clinical Coordinator of the Physician Assistant Program in Shreveport, also gave a presentation on admissions requirements and duties of a PA.

In addition to learning about different professional career paths, AED is planning other exciting events for the spring. The most notable of these is the annual medical mission trip to Guatemala. Students will gain valuable experience while donating their time and efforts to those in need. In the weeks to come, AED will also be hosting a workshop to learn clinical skills such as taking blood pressure and heart rate manually. A mock interview day is also being arranged for the spring to aid members in gaining admission to professional healthcare programs.

The Boston University Massachusetts Gamma chapter of Alpha Epsilon Delta is excited for what this New Year and new spring semester will bring to our society. We are very happy to welcome into our AED family a new group of very talented and passionate members, who will enrich our chapter with their enthusiasm, fresh thoughts and active involvement. We will continue our strong dedication towards supporting our local community by participating in volunteering activities, and providing educational and professional opportunities to our members throughout the Greater Boston Area.

Our first event of the semester will be the Induction Ceremony, where our new members will be formally welcomed to our chapter and a distinguished alumni and current members will talk about their AED experience. As in the previous semester, our members will continue to volunteer for the non-profit organization Community Servings, where they will have the opportunity to prepare medically tailored meals to individuals and families living with critical and chronic illnesses.

As for our social events, we will be holding two fundraising events in collaboration with local restaurants. We will also visit the Warren Anatomical Museum of Harvard University and the Russell Museum at Massachusetts General Hospital. Thus, our members will learn more about historical medical innovations and artifacts, like Phineas Gage’s famous skull and the Ether Dome. In addition, we will host a game night, where members can socialize and relieve their stress by playing interactive games.

At the end of March, we will hold our annual Pre-Health Networking Dinner, where members and other students will have the opportunity to interact with medical students, graduate students, and public health professionals, including dual degree candidates from last semester’s panel. We will continue to hold our revised monthly reflection sessions that focus on current issues in medicine and biomedical research that challenge our members’ critical thinking, ethical reasoning, and problem solving skills. For the first time this semester, two reflection sessions will be discussions on Gawande’s “Better: A surgeon’s notes on performance” with the help of a Writing Professor, who will give us a better insight on the field of Narrative Medicine.
2020 plans to be another big year in the growth of the Massachusetts Zeta chapter of Alpha Epsilon Delta. We inducted 26 new members into our chapter this spring, to bring our total up to 60 active members! We are proud to continue to grow this relatively new chapter year after year and are excited to foster a community of diverse healthcare professionals at Northeastern.

Once again we will be partnering with the Army to lead a Suture Clinic for our club. The first one we held in 2019 was one of the most successful events of the year, and we’re excited to continue this partnership for years to come. This clinic allows our members to hone in on clinical skills they otherwise might not have had the opportunity to experience before attending a graduate program. Another thing that we’ve grown since our 2019 year is the education pertaining Naloxone trainings. In 2019, we made it an optional requirement to attend a Naloxone training guided by the Boston Public Health Commission. We realize the importance of being prepared for a circumstance in which Naloxone may need to be administered, particularly in a big city. Since then, we have partnered with The Boston Public Health Commission to lead an overdose prevention training during one of our weekly meetings. Lastly, one of our final things lined up for the semester is a presentation about gun violence from Dr. Miller, a Northeastern professor specializing in this area. We are excited for a rounded year of experiences and discussions and can’t wait to report back next year!

This fall, Michigan Epsilon maintained our favorite traditions and dedicated time toward creating new traditions, while also expanding the impact of our chapter within the community.

We continued volunteering at the Ronald McDonald House and Creature Conservancy, which our members have grown to love over the years. Our chapter expanded our service outreach by assisting in the construction of a fully accessible playground at Eberwhite Elementary, volunteering with Kid’s Kitchen, and sending cards of positivity to Brookdale Senior Living Center. Furthermore, this fall we introduced the Philanthropy division of our chapter, which is dedicated to fundraising for the Alzheimer’s Association and volunteering at their local events.

Michigan Epsilon looks forward to strengthening our relationships within and outside of our Chapter throughout the semester ahead.
The Michigan Gamma Chapter at Michigan State University has had one of its most successful years yet. We've grown our community tremendously and now stand at about seventy-five members, more than double of what we had last year. As we have developed our chapter, we have put a lot of value towards establishing a sense of unity among our organization. With that being said, we make it a point to ensure that each member feels as included and involved as possible.

One of our chapter’s greatest priorities is to serve our community in any way we can. We participated in the 2019 “Making Strides of Lansing,” and we were able to raise over $2,000 towards putting an end to breast cancer. Along with fundraising, we have put a lot of effort towards assisting our local food banks and volunteering at shelters that provide temporary housing for those who cannot afford it. From organizing different non-perishable foods to playing with children who do not have a home, we have been able to make a significant difference in our community which we are incredibly grateful for.

Along with volunteering, our chapter values the importance of education and awareness of all different health professions. We know that being involved in the medical profession comes with interacting with a variety of medical professionals. A goal of ours for this academic school year was to bring in a large selection of guest speakers to our bi-weekly meetings. We have hosted many professionals such as a physician assistant, a family medicine DO, and a dentist. We also try and gather students from different masters or doctorate programs to speak on their personal experiences throughout their schooling process. For the rest of this school year we hope to encourage our members to volunteer, network, and learn as they continue through their undergraduate careers. We plan to implement more graduate school tours, learn more from our guest speakers, and create a community that believes in education and togetherness. We can’t wait to see how far this organization goes!

The Mississippi Delta chapter of Alpha Epsilon Delta at the University of Southern Mississippi is proud to finish the 2019 year with success among its members and the organization. Our chapter has always strived to help educate and develop our members into academically driven and community service oriented students on campus. We hope to continue to provide service and support to our members by connecting them with our local community and provide guidance in their pre-professional journey.

Our officers aim to inform the members about their future careers and occupations by having representative speakers from the state medical school, the University of Mississippi Medical Center, and osteopathic school, William Carey College of Osteopathic Medicine during the semester. This will help our members strengthen their applications by focusing on their weaknesses and improving upon their strengths to make them desired candidates in the selection process. Our officers also strive to educate members about the history of both the national and local chapters of AED. We hope to help members understand the purpose of this organization and inform them of all resources offered to help further their academic and professional careers.

The Mississippi Delta chapter hopes to connect members with service opportunities throughout the local area. Our chapter has partnered with the University’s chapter of the American Medical Student Association to host a community service organizations panel that included speakers from Southern Pines Animal Shelter, Compassus Hospice Care, Edward’s Street Fellowship Center, and Forrest General Hospital. This will serve to help members find community opportunities and recognize the importance of service to the community in their future careers.

The Univeristy of Southern Mississippi
submitted by Jay Nguyen
The Mississippi Gamma chapter of Alpha Epsilon Delta at Mississippi State University had a great 2018-2019 year. The United States Army Recruitment staff hosted a suture clinic on campus multiple times because of the large number of students who signed up. At the clinic, students used bananas and materials that were provided by the Army Recruiters to learn different knots and methods to close up wounds. These skills are extremely important for pre-health professionals to learn sooner rather than later because they take practice to master. The Army Recruiters also hosted a competition and gave away prizes for best sutures.

A representative from the Mississippi Rural Physicians Scholarship Program also told our students about the need for physicians to serve in rural areas. This program, offered by the State Legislature, helps students receive early admission into the University of Mississippi Medical Center as well as help them with the MCAT and the admissions process. While they are still undergraduate students, they attend medical encounters where they learn to suture, apply fiberglass casts, and even learn intubation and other emergency medicine skills. All of this is for the commitment to serve Mississippi’s rural areas as a primary care physician – something our state desperately needs!

Our organization also teamed up with other organizations on campus and went to tour the University of Mississippi Medical Center. Our students got to meet current students and faculty as well as tour the simulation labs. This allowed them a chance to ask questions and get advice on the admissions process. We are planning on teaming up with another organization to do this again this year.

In addition to the connections and experiences our members receive through our chapter of Alpha Epsilon Delta, we encourage service and volunteerism. Our members receive points when they volunteer or serve locally in the Starkville, MS area or on campus. The Oktibbeha County Humane Society is an institution the entire chapter supports by getting our members to bring toys, food, and other needed supplies to donate. We also have done a food drive in association with the Biological Sciences Ambassadors.

Our chapter strives to provide our pre-professional members with a diverse range of activities from trips to cadaver labs to hearing from guest speakers to pre-medical conferences. We have recently teamed up with Health Care Recruiters from the U.S. Army to provide our members with a variety of medical training including suture clinics and Stop the Blood certification courses. This spring, the Army medics will provide CPR certification training as well. These certifications look good on resumes and serve as life skills that would come in handy in case of an emergency. Our members improve their communication skills while participating in an activity we call PAWS. This activity is usually done twice a month and involves taking fluffy happy service dogs to brighten local nursing home residents’ days. The residents look forward to seeing the dogs and getting to talk to our students, thus making it a favorite activity of both the residents and the students. For members interested in health research, our University sends students on a trip to Sioux Falls, South Dakota. The Sandford Research Facility and Research Hospital are located here. Our students are able to tour the facilities, shadow researchers, and speak to graduate students. This unique opportunity introduces students to careers in the health field they may never have considered before. Overall, our chapter is continuing to grow and explore new activities to help our members pursue their dreams.
The Nevada Alpha chapter of Alpha Epsilon Delta has been working on member relations and retention along with our community service projects. Member relations and retention became a major goal for our chapter as we are still small due to the number of wavering attendances. We created a game night social in November as well as a white elephant Christmas party in December to get our members more involved in the club and build a better relationship with the officers. The game night social was a potluck with board games, and it was a lot of fun for the members to bond with each other over games, such as “What Do You Meme?” and create and strengthen new friendships. The white elephant social was a fun and festive way to hang out with members and share a piece of the holidays with everyone. We noticed that more members came to white elephant as a result of the game night social.

As we worked on member relations we continued to devote our time to our philanthropy, Special Olympics, and volunteered in their Northern Nevada Bowling Regional event. We worked with the special needs athletes to make sure they were able to make it to their lane as well as help with awards among many other tasks. The Special Olympics people always need volunteers, and it was very valuable for our members to build a relationship with our philanthropy.

After sending out a survey to the entire chapter to get their feedback on what they would like for the upcoming semester, the officers had a meeting to work on developing goals for our chapter with these responses in mind. We are focusing on member retention, getting more volunteer opportunities, fundraising for our philanthropy as well as the chapter, and more graduate and professional school presentations and workshops. We recently have built a partnership with Princeton-Review, and, as a way to increase member retention, we are giving the member with the most meeting attendance and club involvement, who is not an officer, a scholarship for test prep materials. We are hoping to build upon our chapter and make more of a presence in the university as well as the Reno-Sparks community.

In 2019, AED Nevada-Beta chapter attained a number of our goals, among which included bringing back our Physician Shadowing Committee along with a list of local physicians our members can shadow. We also created a joint committee with other pre-health organizations on campus. To expand our membership, we introduced the Affiliate Membership program where freshman can join the organization on a limited basis until they have successfully completed one year of classes, and meet the grade point average requirements to enjoy full membership and benefits. AED also facilitated new connections with UNLV’s School of Medicine through partnering with their humanitarian efforts around the Las Vegas community. We also introduced the Special Events and Pharmacy Committees, and began building our alumni network. Finally, at the end of the Fall semester, we hosted a gala for our graduating seniors.
The New Jersey Beta chapter of Alpha Epsilon Delta at Stevens Institute of Technology is dedicated to recognizing and encouraging those committed to healthcare. During our fall semester, AED hosted many events to inspire and teach Stevens students the essentials of the application process. To start off the semester, the upperclassmen organized a pre-health 101 seminar for mentoring underclassmen including recommendation of classes and planning for admission exams (MCAT, GRE, DAT) that are required for different healthcare programs. Tips were provided on the best books, courses, and study tips for these exams. Students were given information on vast opportunities to get involved in community service and clinical hours. Our upperclassmen students shared experiences as being EMTs, scribes, serving in hospitals, various shadowing experience and volunteering within the healthcare community. Another event to highlight was our personal statement workshop, where AED partnered with the Writing and Communication Center and guided students on the process of starting, editing, and perfecting their personal statement. For the spring semester, we have multiple interactive events planned, including an interview tips workshop in order to prepare students for health professional school interviews. Additionally, there will be a Senior Panel event for postgraduate degrees, where a panel of Stevens seniors will share their advice for the application process. We hope to empower our members through offering resources, encouraging and preparing them to move forward in their health professional journey. The Beta Chapter of Alpha Epsilon Delta is looking forward to a productive and inspiring semester!

New Jersey Beta
Stevens Institute of Technology
submitted by Michelle Gnidash

Alpha Epsilon Delta, has continued to catch the attention of the Manhattan College pre-health students. Fall 2019 was another successful semester and we look forward to becoming an even stronger resource on campus. The board did a great job last semester in planning and executing various seminars and engagement talks for fields within medicine and are already planning more for Spring 2020. The current officers: Shannon Forty (President), Jose Feliciano (Vice President), Rebecca Lowe (Secretary), Bryan Alfonso (Treasurer), William Kulp (Scalpel Reporter), Nesibe Memedovski (Historian), and Lucas Babio (Social Media Coordinator) will continue to schedule events for Spring 2020. The first board meeting was held recently and gave board members a chance to outline upcoming events and goals.

During Fall 2019, the chapter had another Chipotle fundraiser to send officers to the national AED convention, host off-campus events, and improve club resources. Safe Halloween was another spooky success with the help of inductees and board members. Children loved the various “scientific” stations and cringed when grabbing a tomato (labeled as a heart). The two speakers invited to campus were great opportunities for learning about medical education and setting up blood drives. The first speaker, Shaili Patel, was a great resource for the application process of PA school and an insight to the life of a first year PA student. Over pizza, the talk was very informal as to invite younger students to ask questions. The other speaker, a speaker from NY Blood Center, spoke about blood drive initiatives and how to get involved. Both speakers served as an invaluable resource for all attendees.

With the recent meeting, the board was able to outline many of its initiatives for the upcoming semester. The chapter will be cohosting with the pre-health seminar, an admissions director from the NYIT college of osteopathic medicine. We hope to work with other clubs on campus to spread awareness for resources on campus, increase engagement, and continue to support AED’s strong presence on campus. The applications for next semester have already started to come in and the board is excited to hold the Spring induction ceremony. It will be sad seeing seniors move on to the next stage of their life, but it is exciting for a new board to be selected and see what ideas they bring to the table.

Manhattan College AED looks forward to another strong semester!
This second semester of AED at the University of Dayton has been off to a great start! Here are a few highlights that our Ohio Eta chapter of AED is looking forward to for this spring semester of this academic year:

On January 28th, the AED executive board, chairs, and active members welcomed 31 new pledges into our chapter. We are excited to see these new AED members grow and continue to be of service in the rest of their time at Dayton and the rest of their time in AED!

In April, our chapter will be sponsoring the Danny Arnold 5k on University of Dayton’s campus. This annual 5k is held at our university in celebration of the life of Danny, who was a premedical student at the University of Dayton who had been accepted into medical school before tragically passing away after a canoeing accident in June of 2012. AED members have been working hard planning out this 5k, including designing t-shirts for the race, recruiting runners, and soliciting local businesses for donations. Danny’s family will be attending the race, as they do so every year. This is a very special event to our AED chapter, and we are honored to have a hand in both celebrating Danny’s life and uniting our campus and surrounding communities. AED members will help make sure the race runs smoothly. We are planning on having 100% AED involvement!

Throughout the semester, we will also be listening to talks given by respected healthcare professionals in the Dayton area to broaden our understanding of the healthcare professions. Finally, towards the end of April, our chapter will have our “Senior Send-off,” during which we will wish seniors well in their post-undergrad endeavors and present them with their AED cords for graduation.

The Alpha Epsilon Delta Mu chapter at Ohio Northern University experienced a new endeavor this past fall semester. For the first time, this Chapter participated in a campus wide event called Fill the Fireplace. Fill the Fireplace is in its 15th year running on the ONU campus and serves to bring extra holiday cheer to families in need around our community. For this event each family that signed up would receive presents for Christmas and non-perishable food items. Our Chapter was first drawn to the event because our philanthropy is hunger and because this event gave our members a chance to interact with the community directly. Further into the process, it was apparent that this event was going to be a great learning opportunity for our members as our chapter was paired with another organization on campus called Professional Association of Women in Science (PAWS); moreover, meaning that our members were going to have to practice professional communication in order for both groups to fulfill our promise to Fill the Fireplace and the families involved. All of the members, from both organizations, provided food items from their own pantries in the spirit of giving. Together, the exec board members gathered items, clothes, and toys based on information provided to us by the family. Lots of communication and dedication was shown in order to pull off all the needs described by the family but both organizations stepped up to the plate.

On the day of the event, the members of our organizations, multiple other campus organizations and the families came together for Christmas themed activities. Directed towards the kids, there were games, Christmas crafts, hot chocolate bar, visit from Santa and more (pictured to the left: four members our AED chapter with Santa). The families and chapter members rotated through the many stations, competing together, and sharing stories. The event provided a safe place for our members to learn and practice communication with individuals they just met and different mannerisms needed when working with children. These communication skills will transfer over to their careers in the healthcare profession and increase their ability to make connections to their future patients, co-workers and personal lives. A mission of AED is to create future healthcare providers who positively impact and allocate high quality care to their community which this experience fully encompassed.

In this coming semester, we will be focusing more on the educational values AED upholds as we have a local pathologist coming to speak to our chapter about the role of the pathologist in healthcare and how their job has evolved over their 29 years of service. Another guest we hope to line up is a mental health coordinator for our campus who would educate us on how healthcare professionals can best deal with these difficult situations both inside and outside of their career. For our service activities we are planning on providing and serving dinner at the local Restore center: as well as travelling to a nearby soup kitchen to volunteer our time.
The University of Oklahoma Alpha Chapter has had a great semester so far this year! Despite the weather and scheduling conflicts causing us to have fewer meetings than usual, we still were able to accomplish a great amount. Our first fall volunteering event at the Wildcare Foundation was informational and fun (shown below). We helped them prepare for their opening day at their new location in Noble, Oklahoma by cleaning out cages, transferring bags of feed, and sanitizing the rooms where the animals live! Afterwards, we learned about the many animals that were housed and cared for there before being released back into nature where they belong. Through this experience, we learned to appreciate all kinds of life as well as learn patience, diligence, and hard work, which are all characteristics needed in medicine.

This semester, for our first meeting, we will be hosting medical students and physician assistant students from OU Health Sciences Center, where they will share with us their experiences in their respective fields. Furthermore, we are partnering with OU Health Hub to promote a healthier style of living through diet or exercise. Being future health professionals, we want to help prevent future disease in the population and advocate for a more sustaining lifestyle. More details to come! Lastly, AED will take part in OU’s Big event, which is a day of volunteering in the broader Oklahoma community by many OU organizations on campus. Through our efforts, we hope to promote our chapter’s name recognition and increase the number of national and affiliate members. We can’t wait to see our job site and volunteer as a collective group of likeminded pre-health professionals.

Last semester, the AED chapter at the University of Tulsa has had success in developing a positive and encouraging environment of growth and professional development towards a career in medicine. To kickstart our first meeting, our officer board had the chief health professions advisor come and speak about being a pre-med student on campus. He discussed the requirements to apply to medical school, the recommended courses to take, extracurricular activities such as shadowing, volunteering, and working at clinics/hospitals, and the MCAT. In addition, he also elaborated on the statistics of TU students who have been matriculated in specific medical school classes for the following year. We have also had a local physician who owns his own private business speak to the students. Alongside talking about his personal journey in medicine, he educated the students about health care as a system. He discussed the complexity of the medical field, the entities that make up the model, and the patient-physician dynamic. He also talked about the expenses of medical services and the social determinants of health. We had medical students from the University of Oklahoma discuss their experience as medical students. They first had a general discussion with all those who attended the meeting where AED members could ask general questions. Then the medical students split into individual discussion circles and had their small group ask specific questions. This helped students to get their undivided attention. Overall, the students had positive feedback about our events and felt that they learned from each one. We are pleased how the events turned out and are very excited to continue promoting the success of our members.
During the Fall of 2019 semester, the Pennsylvania Nu chapter of AED concentrated on adding variety to our bi-weekly meetings, along with integrating further into Muhlenberg College Pre-Health Life. To start the semester, we held an Alumni panel for recent graduates to talk about the experiences in professional school and beyond. Some other notable meetings included those in which Muhlenberg College faculty visited to speak with us about specific topics within medicine. For example, Professor Borick from the Political Science department demonstrated the importance of public opinion in health policy, establishing a fundamental understanding of saliency and public consensus. Along with this, our Multicultural Center director visited to speak about equity in medicine regardless of background (gender, racial, ethnic, socioeconomic, sexual, etc.).

In expanding our relationship with non-member pre-health students, we have further developed our mentor-mentee program, which pairs an AED member with a pre-health first-year student or sophomore. Our mentor-mentee and Big/Little programs were designed to guide underclassmen students throughout the beginning of their time at Muhlenberg. At the end of the year, we held a “majors” talk in which upperclassmen spoke to the mentees about the specifics of members’ majors and their pros/cons. This event was wildly successful, as many students said they had a much better understanding of the majors here at Muhlenberg and felt informed regarding majors they were interested in.

While last semester heavily focused on expanding the vitality of our AED chapter, we hope to expand upon the programs from last semester along with increasing our presence on Muhlenberg’s campus via fundraising and community service projects. Last semester, we began looking for potential partners for our AED chapter and develop relationships further.

The Rhode Island Alpha Chapter at Providence College is looking forward to an exciting 2020 after a successful 2019. Last spring, our chapter inducted 43 new members into AED and those new members have enabled us to further our goal of contributing both to our student body and to our surrounding community.

This fall semester, we ran two blood drives for the Rhode Island Blood Center. Each blood drive lasted two days and AED chapter members both volunteered and donated during the span of each drive. Through volunteer hours and donations, our club members, and Providence College students in general, have recognized the need for active involvement in community fundraisers and the need to maintain the blood supply of the hospitals that surround our campus.

Our chapter has been dedicated to blood drives since its creation. Maintaining our chapter’s passion for blood drives and volunteering has been accomplished by inviting individuals who have a personal connection to blood donations to speak to the club at our meetings. These speakers have had a strong impact on the motivation of our club members and have enabled students to connect with individuals who possess different perspectives and have had different experiences.

The Providence College Chapter also led a successful t-shirt fundraiser this fall to help raise funds for pre-health events and for students to visit pre-health schools. In the upcoming semester, we hope to continue our efforts to support the Rhode Island Blood Center and to provide club members with more opportunities to learn about pre-health career paths.

This spring we will be inducting new members into AED and transferring leadership roles as the majority of our executive board graduates in May. We are excited to see the continued drive and passion of the Providence College Chapter and the 2019-2020 Executive Board believes the chapter will continue to succeed in the years to come.
The Delta Chapter at the College of Charleston has always been deeply engaged in our community and involved in promoting cooperation and contact between our Pre-Health students and medical personnel in the surrounding area. With the constant growth of our organization, we have made a lasting impact in the Charleston community. Starting in 2016, we have conducted annual Be the Match Bone Marrow Drives on our campus. Bone marrow donation is the only cure for patients who suffer from life threatening blood cancers, such as leukemia and lymphoma. Be The Match is involved in registering thousands of people each year into their bone marrow database; making it the most diverse registry in the world. The College of Charleston holds drives on campus every spring to not only raise awareness for the cause, but help our students send off their samples to Be the Match to be logged into the registry. Students will then be contacted if they are matched with someone in need of a transplant - giving students an opportunity to make a difference in the life of a stranger.

Along with volunteering in our community, we have recognized that the first stage in entering the Pre-Health Field should be obtaining your CPR Certification. So, starting in the Spring of 2020, the Delta Chapter at CoC is going to begin making CPR Certification a requirement of our organization. In 2009, a CoC student went into cardiac arrest at the library, and due to the heroic actions of a bystander who had just taken a CPR class, he is alive and doing well. After this incident, it sparked the debate on the importance of bystander CPR. Jackson Hartley, a CoC student at the time, conducted his own research into the impact of bystander CPR. He discovered that if a bystander appropriately performed CPR and deployed the use of an AED, then survival percentage increases drastically; leading to an improvement of neurological function following hospital release (Hartley, 2019). CoC AED will be working closely in the future with College of Charleston EMS to get every member certified in CPR, and hopefully, lead an initiative to get all of the College of Charleston campus CPR certified. The past has shown us how valuable bystanders are in cardiac arrest situations, and we want all of our members to be prepared. In the past few years, AED has solidified its importance on CoC’s campus, and we hope to continue to serve our community to the best of our ability.


To start the spring semester, the Tennessee Beta chapter at the University of Tennessee, Knoxville will welcome 39 new members into AED! We will kick off the semester with our spring initiation! Last semester was a huge success as it was full of so many opportunities to explore the medical field. AED hosted several speakers who were medical professionals, including a cardiovascular surgeon, a physician’s assistant, an OB/GYN, a scribe, and so many more. Additionally, several of our pledges and members volunteered at several “Saturday Science Connections,” a local museum teaching science to elementary-aged children. We also hosted a representative from Lincoln Memorial University-DeBusk College of Osteopathic Medicine. This semester, we are hosting another “Stop the Bleed” presentation from the University of Tennessee Medical Center. This event was designed to train students to manage bleeds. The training included how to use a tourniquet and how to pack a wound. The Tennessee Beta chapter will continue hosting speakers from across the medical profession to familiarize our members and pledges with the different options available to them. We are also excited to host a panel of medical students from East Tennessee State University’s Quillen College of Medicine. This panel will allow our members to hear what it is like attending medical school. The Tennessee Beta chapter is looking forward to making a positive impact on our pre-health students this semester!
The University of Houston Texas Delta Chapter of AED had a wonderful fall semester in 2019. We recruited the most new members into the organization in a single semester in recent history. We have been assiduous in making sure that we can inspire, motivate, and create a culture of future physicians who rise above the pack and shine in their academics, volunteering, and leadership. The Texas Delta chapter is thrilled after a successful fall semester and are ready to get into the spring semester with a new plethora of medical events, community service, and medical school tours. Our new faculty advisor Dr. Gregory Spillers and the Texas Delta chapter officer team are ready to tackle this new semester with great energy!

One thing our chapter takes great pride in is the different community service events that our chapter attends. We love to help out in the community and serve in not only the less fortunate parts of the Houston community in volunteering events, such as, but not limited to; The Houston Food Bank and The Beacon Homeless Shelter, but also Hope Farms, Hope Runs, Allstate Hot Chocolate Runs, BARC Volunteering, and at the Houston Rockets basketball games!

In fall 2019, our chapter held an out of city tour to the Texas College of Osteopathic Medicine at University of North Texas. We carpooled our members to Fort Worth and stayed in a hotel overnight. The morning after, the group was led on a tour by TCOM students. The tour consisted of visiting a presentation on TCOM campus, A Question and Answer session with current TCOM students, and a tour of campus. This trip was a wonderful experience for both the officers and the members and are looking forward to the upcoming medical school tours including all of the medical schools in Houston as well as Texas A&M medical school.

In closing, we have clear intentions to cling to our position as the largest pre-health honor society at the University of Houston. Our chapter has been so successful this school year and we plan to keep it up throughout the spring semester. We are looking forward to sharing the fun events and activities that the Texas Delta chapter has done in the next edition of the "Cougar" Scalpel!

The 2019 fall semester proved to be nothing short of a successful one for the Texas Epsilon Chapter of Alpha Epsilon Delta at Houston Baptist University. Being the largest pre-health professions organization on campus, the size of our chapter has grown tremendously due to the hard work put in by our wonderful group.

Our organization thrives from the many service events we participate in. For instance, we immediately started last semester by volunteering at the Alzheimer’s Walk. Additionally, we have consistently volunteered at the Houston Food Bank and Project Cure. Our overall motive in these volunteering events is always centered on providing our services to our community.

We usually host events to assist our members through their early stages of their pre-medical journey. One of which, includes Lone Star Survival, which is a non-profit organization led by medical students to equip people with the basic knowledge of tourniquets. Last semester, we were able to invite two students from the Baylor College of Medicine to help educate our members on bleeding control and tourniquet application. One of these students included HBU alumnus Mariana Pop.

Moreover, we also bring in speakers at our monthly meetings to further educate our members. Last semester, Mr. Robert Melvin, an admissions representative from St. George’s University in Grenada, enlightened us on the overall feel of attending medical school in the Caribbean. Speaking of the medical admissions process, we typically host weekly MCAT study sessions, and look to coordinate with medical schools in our area to set up potential medical school tours.

All in all, our organization thrives from our service events, fundraising, and our overall presence in the community. Thus, our goals for this semester include planning more events and having more fundraising opportunities. We also intend to bring in more speakers and host additional medical school tours, all leading up to a formal banquet at the end to celebrate our accomplishments this year. Alongside all of this, we plan to attend the National Convention in Tampa, Florida. With these goals in mind, we hope to continue our great work and finish off this year strong!
The University of Texas at San Antonio Texas Lambda chapter had a very successful and impactful fall 2019 semester, all while practicing the core values of AED along the way. The past semester was filled with continued excellence as our chapter was able to pursue involvement within the local San Antonio community, offer our members intellectual and professional development in the health professions, and provide members an organization in which they can interact and collaborate with one another.

In the fall 2019 semester, we dedicated ourselves to over 1500 hours of volunteering. Our members’ time was devoted to a variety of events and associations, including the San Antonio State Hospital, Brush Rush, as well as a peanut butter drive. At the State Hospital, we were able to interact with patients which was instrumental to their rehabilitation and well-being. Brush Rush is an established program that our chapter recently adopted in collaboration with the UTSA Pre-Dental Society. It is a dental-related volunteering initiative in which students travel to elementary schools in lower-income areas and teach the students how to keep proper oral hygiene through the use of videos and various hands-on activities. In our sponsored drive, we were able to collect 205 jars of peanut butter from our members that we then donated to the San Antonio Food Bank, which serves the greater San Antonio community dealing with food insecurity.

In addition to our annual Health Professions student panel, we provided a cohort of members the opportunity to visit Dell Medical School in Austin, Texas. These experiences allowed members to obtain a better understanding of what it takes to get into these highly selective health professions schools and a finer perspective of what the average day is like for these students. An abundance of engaging social events were also held throughout the past semester. These social events ranged from entertaining intramural volleyball games to more academically oriented study socials.

The Texas Lambda chapter has made sure to establish an environment in which we can prepare and provide guidance for our members in whatever health professions that may lie ahead of them. We look forward to recruiting more new members into our chapter and will continue to make an impact on the local community in the spring 2020 semester!
The Texas Theta chapter of Alpha Epsilon Delta has come very far since the previous school year. There were many obstacles that got in the way while making the transition with all new chapter officers. It was difficult rebuilding the chapter, but it was worth the time and effort. It has made our chapter better and stronger.

Our main goal for the 2019-2020 school year was to implement ways to not only gain new members but also ways to keep people interested in our chapter. We have made an effort to interact and give back to our members. In the fall semester, we hosted socials for our members that were not necessarily health-related, but they allowed our members to interact and create stronger bonds within our chapter. Most notably, we hosted a holiday social with an ugly sweater contest and a gingerbread building competition. Without the support of our members, our chapter would not have had the success that it did.

Throughout the semester, we had numerous guest speakers at our meetings. We had speakers from various backgrounds and expertise. These include dentists, medical school students, and medical school admissions officials just to name a few. These speakers allow our members to gain insight about different areas of the health care field and medical school experience. It also allows our members to start networking with these speakers, who may offer shadowing or volunteering opportunities.

For the spring semester, we plan on having more field trips. There are medical schools in our local area that offer tours and conferences. These medical school trips allow our members to gain insight and knowledge. Our chapter also hosts several events throughout the semester. The major trip is to the University of Texas Medical Branch on Galveston. The medical school holds an annual conference that some of our members attend. While it is four hours away, students usually carpool together on the journey. Our chapter also has plans to collaborate with other pre-health organizations on campus. By collaborating, it allows our members to have access to activities and events that we are not able to offer and vice versa.

Overall, we have seen so much improvement and involvement in our chapter. It is great to see our members be active and involved within and outside the chapter. With the new semester, we hope to see many new and familiar faces. The fall semester was a success, so we hope that this spring semester can bring even more!

The Texas A&M University-Corpus Christi chapter of AED started the year by welcoming many new members to our organization. Our organization continuously strives to provide a multitude of volunteer opportunities for our members, with the intention of giving back and growing a relationship with our community. For this upcoming semester, the community involvement began immediately with Habitat for Humanity, which aids in helping to build homes for those in need. Habitat for Humanity has been an organization that is very near and dear to our hearts, and we have continued our volunteering with them for quite some time. We also began the semester with time spent at the Food Bank of Corpus Christi, which organizes and propagates meals for families in need. Students are looking forward to our upcoming volunteering events, such as Sharkathon, which is an annual catch-and-release fishing tournament geared towards raising the public’s awareness of the declining shark population in our oceans. This semester we also provided our members the opportunity to gain the experience of serving and volunteering with Brookdale Trinity Towers Senior Living, which is an assisted living center dedicated to enriching their members lives. We found this opportunity to be an amazing way to give our members the chance to be a caregiver. Our organization has constantly volunteered at many other annual events including the campus preview event, Island Day; the Coastal Bend Heart Walk through the American Heart Association, aimed Towards helping fight heart disease and honor loved ones who have dealt with heart disease; as well as the Making Strides Against Breast Cancer Walk. These events took place in mid-October.

The positive outlook our organization has towards volunteering expresses the persistent commitment our students display towards our community. It is great to see our members be active and involved within and outside the chapter. With the new semester, we hope to see many new and familiar faces. The fall semester was a success, so we hope that this spring semester can bring even more!

The Texas A&M University-Corpus Christi Texas XI chapter of AED offered workshops where students could ask additional questions they may have about seeking careers in the health related field through our Health Professions office. This past year, the mentor-mentee program was implemented into our organization and was a great success. This program pairs underclassmen with upperclassmen as a means of trying to build and strengthen relationships between our members, resulting in a stronger organization overall. This program gives members a chance to connect and branch out of their comfort zones with communication, as well as build friendships. It also helps our members navigate through college. It provides upperclassmen a role of leadership and the chance to show underclassmen the nuances of application processes for professional schools, timelines for which underclassmen should be aware, and provide a helping hand in the transition to attending a university, especially for those students who are first-generation college students. We are all aware attending college can become very difficult trying to balance classes, work, school, and volunteering – having a friend to go to in times of hardship or even in times of excitement can go a long way. We have decided to continue with the mentor-mentee program for the semester and hopefully semesters to come.

Lastly, our organization is currently in the process of creating the first student-led Coastal Bend Health Professionals Initiative Conference here at Texas A&M University-Corpus Christi on May 9th, 2020. Texas A&M University-Corpus Christi top health pre-professional students come together for one goal - one vision. Each with a different career path, involved in a variety of organizations, participating in TAMUCC faculty research, and are community service oriented. Students bring awareness to the lack of resources and knowledge here in the Coastal Bend Region. Being a low-economic minority community, the Coastal Bend Health Professionals Initiative is challenging our university and community to take a stand and fight for more opportunities. The mission of The Coastal Bend Health Professionals Initiative is to empower local youth through educational opportunities so that they may discover their desire to heal members of the coastal bend community and beyond. By introducing these young men and women to passionate, like-minded individuals, we can inspire and prepare the next generation of leaders to serve society for years to come.
Beginning next fall, the Texas Zeta chapter at Texas Christian University will implement our new mentoring program. The Outreach Mentor Group (OMG) program is designed to help incoming freshmen and transfer students become acclimated to the Pre-Health program at TCU. Many upperclassmen in our chapter have recognized the fall semester of freshman year to be one of the most rigorous semesters, so we want to give new students hope that they too can survive the rigor of Pre-Health and continue striving to make their dreams reality. From previous and current transfer students, we have also realized how different the Pre-Health program at TCU can be from other schools.

“We will have an application process for dedicated upperclassmen interested in becoming mentors, involving a personal interview with the individual. Selected students will then undergo a training process and be assigned 4-6 new students to mentor and be with throughout the entire year. The program differs from a one on one interaction because we are creating groups of students of similar paths and goals lead by a student who has already been through these struggles. We hope to create more of a friendship with the mentor and underclassmen, as well as the students with each other, creating relationships lasting for years. We believe this program will ultimately create a more tightly knit community, as well as fostering the ideals of encouragement and recognition of excellence in Alpha Epsilon Delta.” -Mitchel David Richter, Vice-President

‘Small but mighty’ is a powerful mantra that perfectly describes the Virginia Mu Chapter here at Regent University. As a newly inducted chapter having only 9 members, we take our small number to make a giant impact on the medical community. Bi-weekly meetings, MCAT and PCAT test prepping sessions, seminars led by extraordinary physicians and philanthropists, and educational field trips to visit medical schools, research labs, and interactive museums are among the many resources set in place to benefit both our chapter’s members and our fellow science colleagues.

We have not only strived for excellence in our university’s academic sphere but have also aspired to promote the betterment of our community. Every month our team makes a home-cooked meal for the doctors working at Chesapeake Care Clinic, doing our part to serve those who seek to serve all.

The largest event completed was our DKMS bone marrow drive. DKMS is an international, non-profit organization created to be an ally in the fight against blood cancer by providing bone marrow matches between donors and patients. Over a three-day period, our chapter set up tables throughout the university campus to inform the students and faculty of the urgent need of bone marrow donors and to help potential donors through the registration and swabbing process. All swabs and corresponding information were returned to DKMS to be uploaded into the bone marrow donor database. We received over 35 participants willing to save a life if called upon.

This upcoming semester contains many opportunities for our society. We will be holding our second annual induction ceremony, as well as hosting numerous fundraisers to increase the resources given to members here at Regent University, including the chance to participate in CPR certification courses. Furthermore, we will be holding weekly science and math tutoring sessions at our local YMCA for elementary students in Virginia Beach. We hope to encourage these children to become leaders of the future, whether that be in the medical field or in society as a whole.
To finish out the decade and begin a new one, West Virginia Alpha was one of many student organizations and local businesses throughout Morgantown that handed out candy to children at the annual Trunk-or-Treat to celebrate Halloween. After multiple conversations about how to attract new members at a school with a multitude of pre-health clubs, the current members were thrilled to see a few fresh faces at the January meeting, and are hopeful the trend will continue throughout the coming months.

One of the club’s plans for the upcoming spring semester is to get healthcare professionals from the area to come speak at the monthly meetings to inform students about potential career paths as well as to allow the students opportunities to form connections with these healthcare professionals. For our community service contribution, we plan to return to the Rosenbaum Family House to help prepare a meal for the families of patients in Ruby Memorial Hospital. The club’s hopes for this semester as well as the next are to successfully recruit new members that will bring a fresh perspective and new ideas to our club, have a wonderful induction ceremony for those new members in April, find new fundraising opportunities for our chapter, and serve the Morgantown community in as many ways as possible.

This semester, the West Virginia Delta Chapter visited the Lake Erie School of Osteopathic Medicine in Erie, Pennsylvania. During this open house experience, we toured the school, were educated on their programs, and explored their manipulation room to experience the D.O. side of medicine. The comparison of the M.D. versus the D.O routes was important to distinguish for those interested in the medical field. After a nice lunch at the college, the chapter went to Presque Isle in Erie, PA to tour the surrounding area’s scenery and outdoor activities.

The West Virginia Delta Chapter holds an average of two blood drives through the Red Cross each semester. This activity helps bring the campus and surrounding community together to help those in need. The blood drive helps support those across the country in peril as a result of some accident or undergoing a surgical procedure. Specific applications range from surgery to helping hurricane victims. In the fall 2019 semester, each of the two blood drives helped save around 39 patient’s lives. This is a great success for such a small campus. We hope to continue our success for the next blood drive to come. Our blood drives have earned the gratitude of the Red Cross, who knows they can rely on our chapter to rally people to the aid of others.

The chapter has also done multiple fundraisers such as a “passing thanks” and a “self-care” fundraiser. Each of these fundraisers were centered around mental health to help spread awareness of self-care and what we described as “sharing care”. In the “passing thanks” fundraiser, individuals would purchase a door on campus for the club to decorate for the holidays. The idea was to show students, staff, and faculty that others are thinking about them during this time and wishing them well. For the “self-care” fundraiser, club members made wholly organic chapsticks and body scrubs for those on campus during the winter months. We found that students found comfort knowing that the ingredients were organic and enjoyed the essential oils that they contained. Students were also amazed to see how easy these items were to make for themselves and given instructions on how to produce these items for themselves.

This semester we are striving to see success in our blood drive and in fundraising!
The Wisconsin Beta Chapter at the University of Wisconsin-Madison kicked off the fall semester with the addition of many new and enthusiastic members who participated in our volunteer, social, and professional development events. Our general meetings, which give our members the opportunity to hear from multiple different health professionals, also had good attendance.

Wisconsin Beta was fortunate enough to have Dr. Norman Fost, a pediatrician and pioneer in the field of bioethics, as a guest speaker at one of our general meetings. Dr. Fost talked about a couple cases that defined his journey and drove him to explore the ethical issues associated with medicine. His story and message were very eye-opening and intriguing. Other stand out speakers at our general meetings included a pediatric orthopedic surgeon, a bariatric surgeon, an emergency medicine and med flight physician, and an admissions representative from the University of Wisconsin School of Medicine and Public Health. In the future, we plan to invite other health professionals like nurses, physician assistants, nurse practitioners, and others to speak at our general meetings.

One of the main focuses of our chapter is service and volunteer work, and with that, one of our bigger volunteer events is the coordination and advertising of a blood drive with the help of the Red Cross. Each semester, we set a date for the blood drive and advertise the drive around campus with posters. Members of AED helped volunteer at the event or donated blood themselves. The drive this fall was a huge success, so we already have plans for another one this spring.

THE SCALPEL

WISCONSIN BETA

University of Wisconsin-Madison

submitted by Andrew Turunen

HOW TO SUBMIT A SCALPEL REPORT

01

Step 1: Visit the AED website to download the Scalpel Reporting Form.

02

Step 2: Fill in your Chapter Name, University, and Scalpel Reporter, using the PDF file.

03

Step 3: Write and Save your article in a Microsoft Word document making sure it follows the 250-350 word count range.

04

Step 4: Photos must be in High Resolution (320 DPI or more) JPEG format at least 2.5”X 4”. (Photos are strongly encouraged)

05

Step 5: Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at: aednationaloffices@tcu.edu

REMINDER:

AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1st for the Fall Scalpel and Feb 1st for the Spring Scalpel.
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<th>Chapter</th>
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<td>[Charter No. 2, 05/01/1928] Advisor: David Garza, Ph.D. <a href="mailto:dgarza@samford.edu">dgarza@samford.edu</a></td>
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<td>[Charter No. 128, 04/21/1979] Advisor: Delia Lewis <a href="mailto:dwilson@uab.edu">dwilson@uab.edu</a></td>
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<td>Regis University, Denver</td>
<td>[Charter No. 187, 04/23/2004] Advisor: Alyson Spence <a href="mailto:alyson2008@gmail.com">alyson2008@gmail.com</a></td>
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<td>Connecticut Gamma</td>
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<td>[Charter No. 216, 4/30/2010] Advisor: Mark Jarek, Ph.D. <a href="mailto:jarekb@shu.edu">jarekb@shu.edu</a></td>
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<td>Florida Alpha</td>
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<td>[Charter No. 9, 05/07/1932] Advisor: Caroline Piotrowski <a href="mailto:shopito@ufl.edu">shopito@ufl.edu</a></td>
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<td>Florida Delta</td>
<td>University of South Florida, Tampa</td>
<td>[Charter No. 109, 05/17/1971] Advisor: Kirpal Bhati, Ph.D. <a href="mailto:kirdh@ucf.edu">kirdh@ucf.edu</a></td>
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<td>[Charter No. 90, 11/10/1964] Advisor: Mallory Joynt <a href="mailto:mallory.joynt@emory.edu">mallory.joynt@emory.edu</a></td>
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Welcome to Our Newest Chapter

California Lambda
Azusa Pacific University
Feb. 22, 2020

AED Announcements

Changes to the MRF Submission Process:
In addition to previous requirement the following should be included with each package of MRF’s:
1. Only typed forms will be accepted and processed.
2. A typed list of each student’s first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.

Are You Sure You’re a National Member?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren’t!!! Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

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