

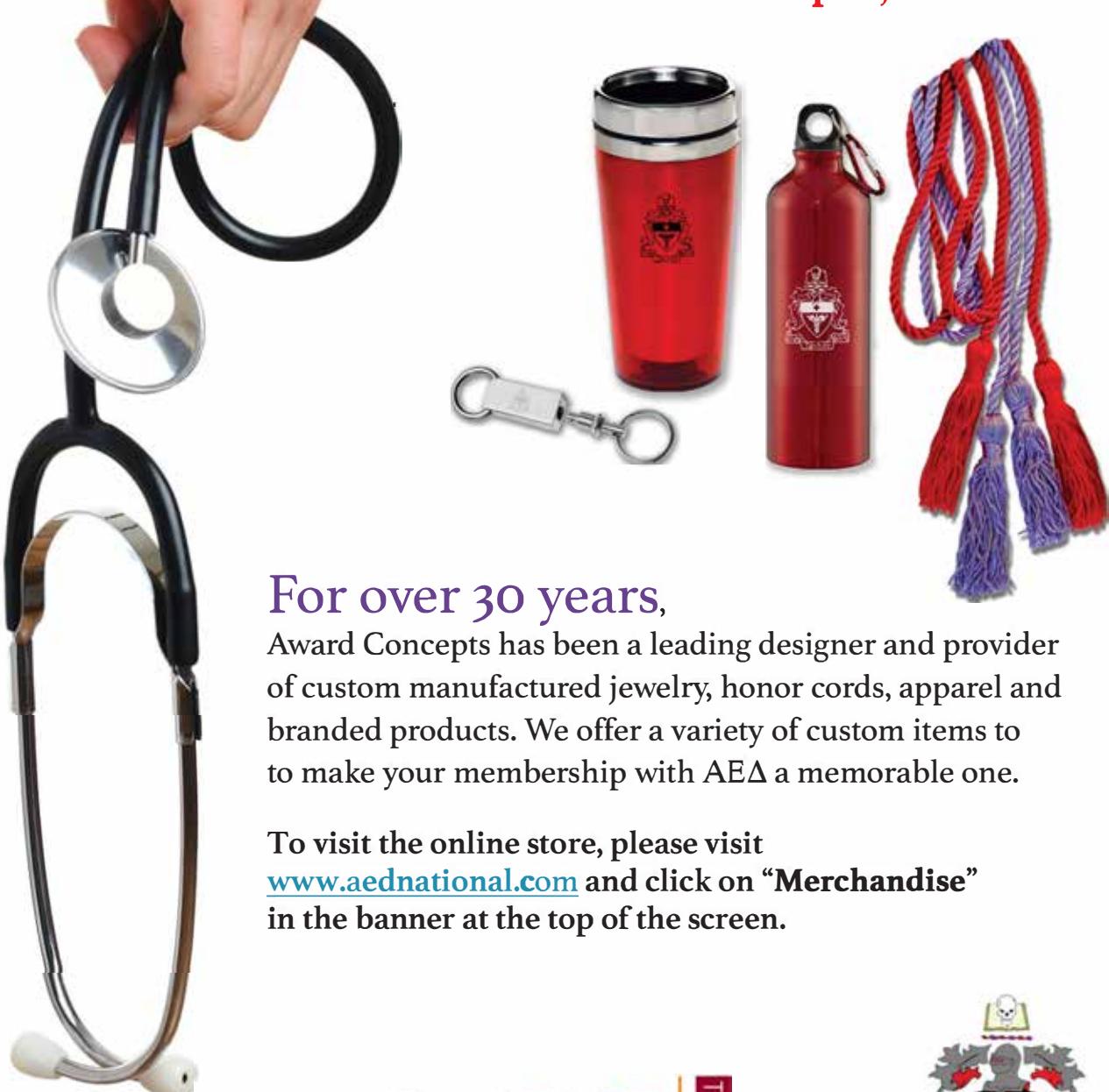
the scalpel

FALL 2020

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M E S S A G E F R O M
SOVENT TAYLOR, PRESIDENT



Greetings,

I hope this letter finds all of you doing well. I know we live in a new reality right now, full of restrictions and social distancing. It is not a world we signed up for, but it is a world we have. I know it is increasingly difficult to carry on the business of Alpha Epsilon Delta the way you normally do. However, I am so encouraged by you! Each chapter is working hard to find new ways to stay active. Some chapters are having virtual mentoring sessions, while others are filling their virtual meetings with guest speakers from professional schools. Whatever you are doing, I want to say Thank you! Thank you for working so hard to keep AED active during this difficult period. Thank you for chartering new chapters and re-establishing old ones. Thank you for initiating new members in ways that we have never done before. I am proud of the Servant

Leaders I hear about all over the country within this great organization. This is my very first letter as your National President and I wanted it to show my appreciation for all that you do for this organization. Without you, there would be no need for me. Keep working hard and continue to strive to be the best chapters that you be and live the motto, "Truth I Pursue."

Dr. Sovent Z. Taylor

Alpha Epsilon Delta National President

"Stay Positive, Test Negative"

ALPHA EPSILON DELTA

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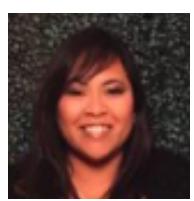
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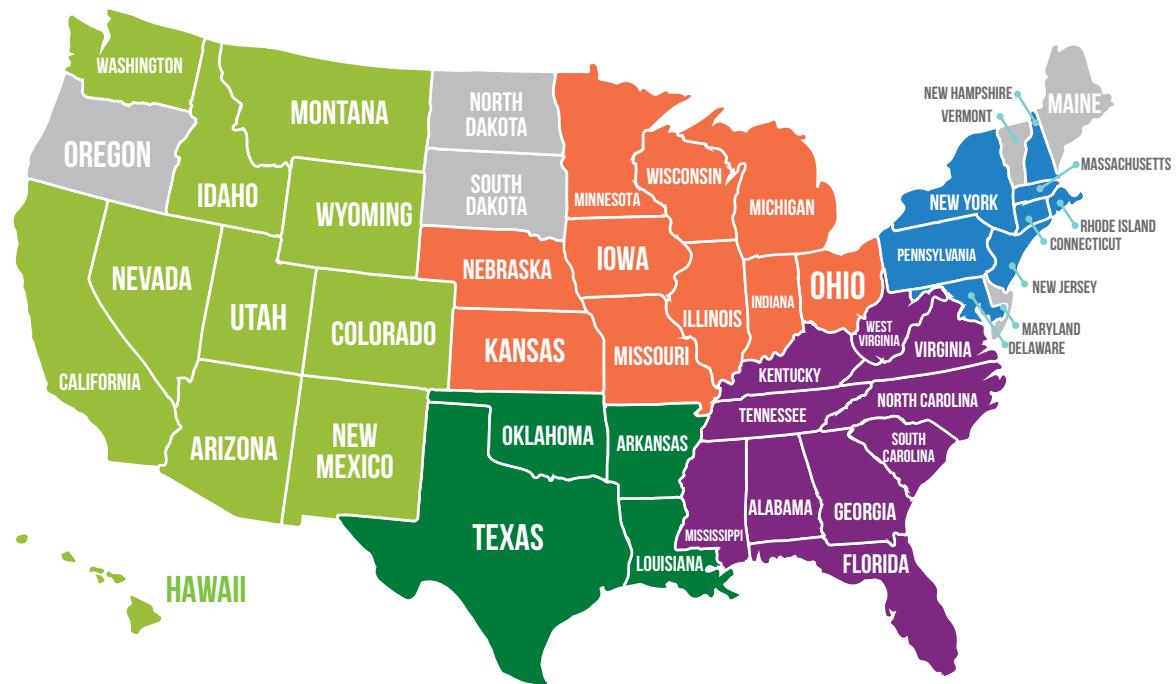
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Attendees of the national convention in Tampa, Florida.



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ALPHA_EPSILON_DELTA

FALL
2020

CHAPTER REPORTS

ALABAMA ALPHA



University of Alabama

submitted by Katherine Fadus

As the pandemic spread throughout the country this past summer, the Alabama Alpha of Alpha Epsilon Delta came up with new, creative ways to facilitate delivering resources to the members on campus. At the beginning of the summer, we underwent a website development project in order to ensure that our materials are all easily accessible. Our newly structured and designed website provided information, answered relevant pre-health student questions, and sparked new member interest. Like many of our peers across the nation we had to transition our form of delivery for the weekly meetings, which are being conducted entirely online; despite this online formatting, we have had an amazing turnout with attendance and interest.

With the implementation of a monthly theme for our meetings, we established a diverse educational

experience in regard to our meeting content. For example, the month of October was all about medical specialists. We had a handful of doctors speak to our students with specialties ranging from an internal medicine doctor to a surgeon who is well known for the high-tech equipment he uses at UAB Highlands Hospital. Another project that we facilitated this semester would be the collaborative pre-health meetings. We partnered with our Pre-Dental, Pre-Physician Assistant, and Pre-Physical Therapy Societies to host combined meetings that provide our membership with a diverse speakers bureau. Through these two projects our Executive Board helped to provide more unity and cohesion for the pre-health organizations around campus as well as showcased the opportunities outside of campus for members to get invested in.





ALABAMA DELTA

University of Alabama at Birmingham

submitted by Becca Pall

It has been said countless times this year, but the COVID-19 pandemic has truly left college students in a school year unlike any before. However, in these unprecedented times, the Alabama Delta Chapter of Alpha Epsilon Delta at the University of Alabama at Birmingham has striven to maintain a fall semester schedule that will benefit and support its members, perhaps now more than ever. We are proud to say that we have been able to remain an active organization through exclusively virtual events this semester.

Members are able to connect through our weekly online general body meetings and our interactive social media pages which include an Instagram that boasts over thirteen-hundred followers. Additionally, we have been hosting frequent new-member meetings—virtual social events that aim to introduce our freshmen and other new members to our officers and to one another. We have been innovative with our meetings by including “watch parties” and virtual games to keep members engaged.

So far, one of our most successful meetings has been our professional school admissions panel which we present yearly. We were honored to host a variety of admissions board members from different professional schools. We invited representatives from medical, dental, osteopathic, optometry, pharmacy, physician assistant, occupational therapy, and physical therapy schools. All ten of our guests answered questions regarding admissions processes to their respective programs. We received invaluable advice

and encouragement from those that have experience in evaluating professional school candidates. Along with tips on being strong applicants, many panelists also gave us suggestions on how to obtain meaningful experiences while avoiding in-person interactions during the pandemic. We look forward to more insightful meetings this semester with topics that will include interviews, applications, healthcare policy, and more.

We also continue to value service. One of our main volunteer partners is the Spirit of Luke Charitable Foundation where we typically volunteer with their free mobile clinic in the underserved Black Belt regions of Alabama. In an effort to remain contactless, we are unable to assist with clinic services right now; however, we were excited to have a small number of volunteers travel to the Black Belt to distribute school and well-being supplies in a drive-through format instead. We hope to continue to find unique ways to provide services with Spirit of Luke this semester.

Other service efforts include donating hygiene items, school supplies, and face masks to M-Power Ministries, a local poverty-fighting organization in Birmingham, and informing our members of online volunteer options. We are also exploring virtual fundraising opportunities starting with a Krispy Kreme sale that offers electronic gift cards.

The Alabama Delta chapter has learned to be flexible this semester as we are constantly required to adapt to ever-changing circumstances. It is our flexibility, creativity, and commitment to our goals that has allowed us to be successful so far. We look forward to continuing a semester that is sure to be full of growth and achievement.



ALABAMA ETA



Birmingham-Southern College

submitted by Amelia Dodds

Our spring activities were cut short due to our rapid campus wide shut down and our students being moved to remote learning. Thankfully, we were able to complete our full membership drive before leaving campus, but we were not able to have a transition period for the new Executive Committee. This fall, the Alabama ETA chapter has hit the ground running, as the campus has been able to successfully have on-campus living and activities while also implementing new COVID-19 protocols. Our Executive Board has been working diligently to create opportunities for our members to volunteer on both campus and within the community and to recruit healthcare speakers. Thus far,

we have hosted a successful blood drive sponsored by the American Red Cross, and we have scheduled two Zoom speaker events. We are hoping to have at least one more speaker this semester but scheduling 2 more speaker events would be optimal so that we can ensure our members are able to attend and have a variety of fields. The Alabama ETA chapter is working in the present. We are unsure of how far in advance we can set events, so we have been working to set up virtual speakers and have been focusing on fall events without putting too much focus on what next semester holds.



ALABAMA GAMMA

Auburn University

submitted by Sterling Thomas

The Alabama Gamma Chapter of Alpha Epsilon Delta at Auburn University strives to provide opportunities for its members to succeed as college students and in life. Despite the COVID-19 outbreak, which led to life becoming virtual, the Alabama Gamma Chapter has continued to host meetings and events via Zoom. To begin our online journey, we welcomed Dr. Carly McKenzie from the University of Alabama at Birmingham School of Dentistry. Dr. McKenzie spoke about the expectations and academic requirements needed for the Dental School program. Another speaker, an Auburn alumnus, Dr. Sarah Novara spoke on her personal experiences at Auburn University and how vital it is to be involved with the AED. Also, we were able to welcome two guest student speakers from the Edwards Via College of Osteopathic Medicine in Auburn who explained their path to Osteopathic

Medicine. They discussed crucial steps required to succeed in the transition from undergraduate to medical school. This included hardships they faced and recommendations for seniors to prepare for the next phase in their education. AED not only provides students with the opportunity to receive assistance on their educational journey, but to also participate in giving back to the community. AED offers numerous volunteer options to students, such as the American Red Cross Blood Drives, IMPACT events, and the AUDM fundraiser. Our members are looking forward to the spring semester and welcoming our new National Members. We are proud of our current officers and members for being diligent and hardworking through COVID-19 and these hard times. We will finish this semester strong together and start the next even stronger.

ALABAMA IOTA



Troy University

submitted by Catherine Daniel

The Alabama Iota chapter of Alpha Epsilon Delta at Troy University strives to help members achieve their goals by providing them with the information that they need to succeed and prosper in an ever-changing world. Our newly elected Executive Board has been hard at work creating plans for community service events and meetings meant to help prepare our members for professional schools. Although the coronavirus has altered many of our plans for this semester, club members are still able to serve the community and engage with leaders in the medical field through online meetings.

This semester our chapter once again teamed up with other pre-health organizations on campus and hosted a health booth on the university's quad. At the booth, AED members passed out goodie bags to students. These goodie bags contained everything from information about local doctor's offices and hospitals to the warning signs of medical emergencies like heart attacks and strokes. The event was a huge success and our members can't wait to host another.

The Alabama Iota Chapter is also looking forward to sponsoring a child in need this Christmas through the Pike County Department of Human Resources. This project will help ensure that a child is able to have a Christmas this year.

Our chapter has always tried to ensure that every member is prepared to apply to professional schools. To help achieve that goal, this semester members have been able to listen virtually to speakers from VCOM - Auburn, Southern COMs for Southern Schools, and Samford Pharmacy School. These speakers have helped to show our members the opportunities that will be available to them after graduation. Our AED chapter is looking forward to continuing these online meetings until it is safe to meet face-to-face once again.

Although the early end of the spring semester kept our chapter from being able to initiate our new members, our Executive Board plans to host an initiation celebration this fall. The Alabama Iota chapter is looking forward to an exciting and eventful fall semester.





ALABAMA ZETA

University of South Alabama

submitted by Rohan Badve

The Alabama Zeta chapter has experienced no shortage of opportunities to serve our community in what may be the most unique semester in the chapter's history. Using the Zoom video conferencing platform for online meetings, attendance has notably increased to approximately 200 members biweekly. We continue to provide meaningful service events for our members, with ongoing activities including volunteering with USA Children's and Women's Hospital, Victory Health Partners, Spirit of Luke, PASSAGE USA, and more.

Alabama Zeta offers our members virtual and in-person shadowing programs at local hospitals to allow our members to gain insight into the clinical fields of their choice, such as pediatrics, oncology, cardiology, and more. Additionally, we have now introduced the Shadow Pass research program to give students a feel for academic research with on-campus professors as well as researchers at the USA Mitchell Cancer Institute.

Alabama Zeta provides invaluable support to young people in need at the Wilmer Hall Children's Home. From providing virtual tutoring in youth coursework and standardized testing to serving as friends and mentors to Mobile's future, AED members understand what it means to give our all to our community. Mr. Eugene McCall, President of Education

4 Life, stated that, "the college volunteers through AED have been an enormous contribution as the promotion and graduation rate for Wilmer Hall and Education 4 Life has been 100% since 2011."

AED does not just assist the young of our community, but we also spend quality time with community members nearing the end of their lives at Comfort Care Hospice. Comfort Care provides palliative care in over 21 cities in Alabama using local physicians, nurses, and volunteers. Not only do AED members gain valuable experience first-hand from observing professional caregivers, but we also provide social support and friendship to those who often suffer from feelings of loneliness and grief. CJ Weinstein, the Volunteer Coordinator for Comfort Care, expressed that "the patients and caregivers constantly reach out to our staff and their family members to express the gratitude they have for the time that the 'young people' spend with them and how very special it makes them feel."

Alabama Zeta chapter members serve a diverse community, a community they will continue to serve with passion and integrity as they matriculate into professional schools in medicine, nursing, pharmacy, and beyond.



ARIZONA BETA



University of Arizona

submitted by Ryan R. Silva

The completion of the 2020 spring semester signaled another great semester and change in the Arizona Beta chapter of Alpha Epsilon Delta at the University of Arizona. Through the strengthening of our Kaplan partnership and outreach to numerous organizations on campus and around the Tucson community, we are taking advantage of the limitations that COVID-19 has placed on what can be done in both academia and community involvement.

Members of our executive board attended the national convention in February 2020 with tremendous enthusiasm. They brought back great stories and ideas as we have begun reaching out to other chapters on the West Coast to strengthen the Region V community.

In order to assist our members in outreach to organizations on campus and within Tucson, we have had a wide variety of health events that have focused on underrepresented topics such as native medicine in rural areas and transgender and disability healthcare.

Over the course of the summer, the Arizona Beta chapter began a new philanthropic initiative called the

Sonoran Relief Fund which worked with local Tucson organizations in order to raise money and funds to help support those on-campus and those significantly affected by COVID-19. International students stuck on campus without the opportunity to go back home were provided snacks and interactive material for those unable to leave their dorms. Additionally, funds were raised to help Z-Mansion, a Tucson homeless shelter, supply occupants with summer supplies such as hats, sunscreen, toiletries, masks, and water. Over \$3500 was raised and excess funds were sent to local food kitchens in need of supplies.

Arizona Beta looks forward to an incredible year ahead as we expect to incorporate alumni while increasing opportunities and pre-professional development in order to prepare our members for their bright futures as health professionals. Despite the limitations of COVID-19 we welcome our 106th New Member class this fall and are excited to host more virtual events with the focus on professional development in areas of interview preparation and personal statement and resume workshops.





CALIFORNIA KAPPA

Dominican University of California

submitted by Kyra Toquinto

Over the past summer and through the fall thus far, Dominican University of California's Kappa Chapter has demonstrated a continued dedication to responding to the ongoing global pandemic and furthering its medical training. While assuredly not unique to Dominican's chapter, our rapid and dedicated response to this virus has been a rare bright spot in an otherwise disastrous 2020.

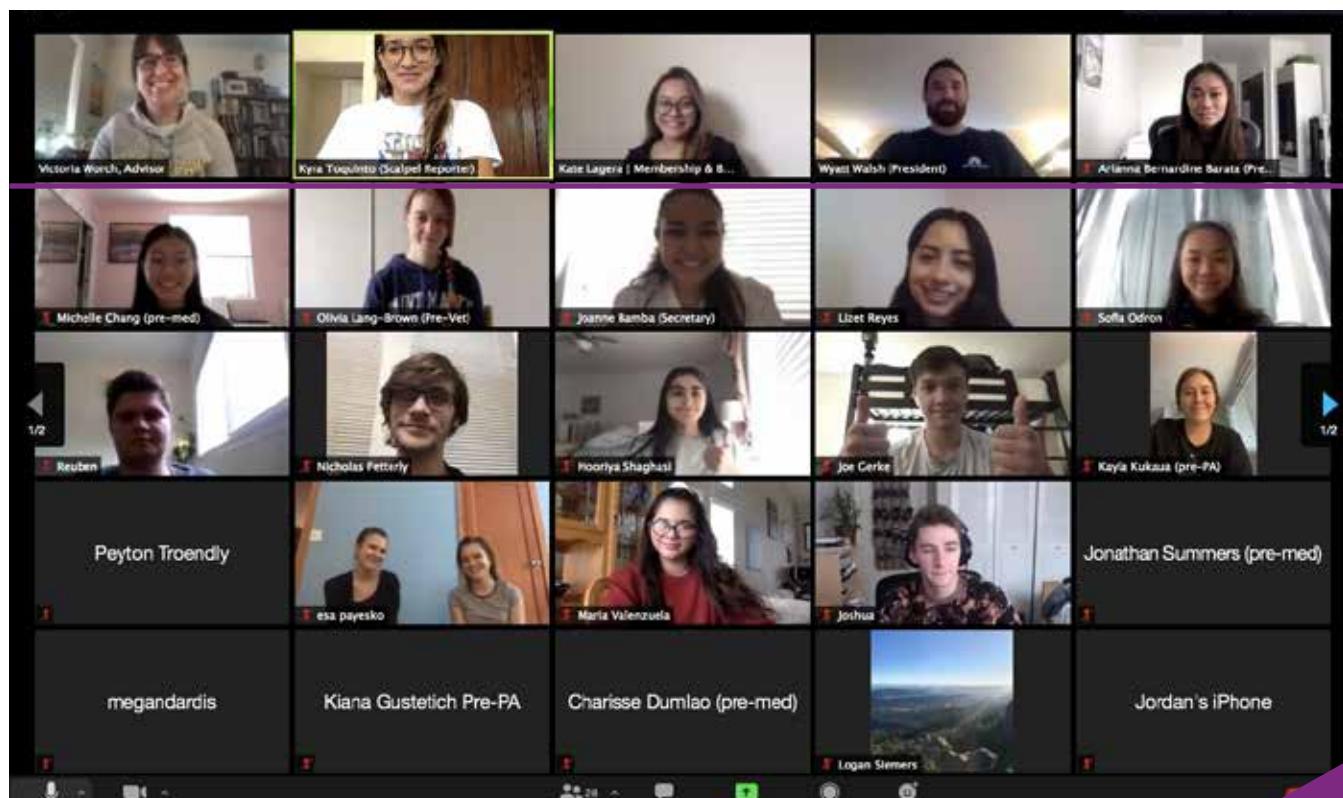
Particularly encouraging has been Dominican's partnership with the Marin County Department of Public Health, whereby students have actively volunteered to assist with contact tracing and case investigation. Though located within a county of immense prosperity, the partnership has been actively aiding a severely underserved and vulnerable population within our community. These families face a tragic dilemma: identify themselves and risk adverse legal action, or face the risk of transmission on their own and also impinge upon the collective effort to better track the spread of a virus that disproportionately affects their community.

Dominican students are helping to resolve that conflict and do their part to combat the pandemic. Current members participating in the partnership or other roles related to the pandemic response include Scalpel Reporter, Kyra Toquinto of California, and Sophia Odrón of Alaska.

Beyond the COVID-19 landscape, many members of the local chapter have embarked upon or completed important steps in their burgeoning medical careers. President Wyatt Walsh and Vice President Nicholas Fetterly both took the MCAT, while Kayla Kukaua interned with a local ophthalmologist. Kayla's experience, in addition to being considerably more enjoyable than Wyatt and Nicholas', included significant patient interaction and clinical experience in the administration of medical services. Kayla is currently still working at the office.

In addition to the aforementioned goings-on with the California Kappa Chapter, Membership and Banquet coordinator Kate Lagera has created and implemented a new mentorship program. This program will pair AED upperclassman with freshman and sophomore science and math majors. It will give them the opportunity to benefit from senior and junior AED members cumulative knowledge in courses they have yet to take, as well as general mentorship related to being a science or math major.

As a whole, the Dominican chapter plans to continue its dedication to the study of medicine and growing as a unit.



COLORADO GAMMA



Regis University

submitted by Kristian Hooker

Although the 2020 spring semester was cut short due to the COVID-19 virus, members of the Colorado Gamma chapter of Alpha Epsilon Delta at Regis University continued to develop themselves intellectually and professionally while facing multiple roadblocks and a difficult transition to a virtual platform. Prior to moving online, the Gamma was able to host a meeting with the Regis School of Pharmacy, as well as professional development workshops involving personal statements and study strategies. While there won't be any in-person events for the Gamma chapter this fall, members are still fully engaged and look forward to taking more steps to becoming the future of healthcare.

This fall our chapter looks to make the most out of difficult circumstances and serve our community through virtual means by tutoring, sending letters and "I SPY"

games to kids at Children's Hospital, and developing a repository of useful pre-health resources for future and current generations of AED. Chapter meetings will consist of guest speakers from various medical school admissions committees and health professionals of differing fields, a financial aid workshop highlighting graduate school finances, and an upperclassmen pre-health Q & A panel. Members are also being provided with information and connections regarding medical outreach programs through the specific academic resources affiliated with Regis University.

Despite arduous challenges inherent in a hybrid semester and the present environment, members of the Gamma chapter are very optimistic to progress down the pre-health path while serving others and building a community of like-minded students that cultivates success.



(Note: this was taken before COVID-19)



FLORIDA BETA

Florida State University

submitted by Madison Drake

The Florida Beta chapter of Alpha Epsilon Delta is excited to start the 2020-2021 school year. Our chapter is determined to educate our new members and provide them with resources to continue to serve the community in safe ways during the current pandemic. While the current health crisis has presented challenges, we see these challenges as opportunities to create a school year like none other we have had before.

At our biweekly meetings, members are virtually brought together to expand their knowledge about the healthcare field from our speakers, learn about the opportunities we are offering, and socialize with other members through small groups. We hold a donation drive for each meeting in which members can send us monetary donations that are used to purchase items needed to benefit local institutions. So far this semester we have collected school supplies for Leon County Public Schools, monetary donations for Hurricane Relief for the victims of Hurricane Sally, and canned goods for the Grace Mission Food Drive.

The Florida Beta chapter has also provided resources for many virtual volunteering opportunities including Grace Mission's S.O.A.R. Tutors where our members can tutor children enrolled in the church's program and services, and Senior Citizen Pen Pals which allows members to write letters to a senior citizen at Hillside Medical Lodge. We have also provided resources such as VolunteerMatch and Volunteer Leon which contain many remote service opportunities that benefit Leon County.

Aside from providing our members with virtual opportunities to serve their local community, we also give them the opportunity to help benefit health charities by participating in our many special events. These events include Dance Marathon, St. Jude Walk to End Childhood Cancer, Walk to End Alzheimer's, Making Strides Against Breast Cancer, AED Heart Walk, Autism Speaks Walk, and Light the Night. In the weeks leading up to these events, members are encouraged to raise money, participate in our fundraising raffles, and raise awareness for these organizations.

Dean's Day is one of AEDs largest events and takes place during the spring semester. Deans of Admissions from Medical Schools around Florida attend the event to speak about the programs their schools offer. Due to this event now being virtual, we have the opportunity to have Deans from schools of other states attend this event as well. This event will also consist of presentations from physicians, a medical student Q&A panel, and virtual tour of the FSU College of Medicine. Dean's Day is open to all students throughout the southeast region of the United States who are interested in pursuing a medical degree.

While these times may be unprecedented, our chapter is thrilled to take on the challenges of this new year to grow as an organization. We will continue our mission of promoting the professional development of our members, serve our community, and exceed expectations.



FLORIDA EPSILON



Florida International University

submitted by Raphael Crespo, Historian

For this event members worked with the organization Feeding South Florida to distribute food to members in the community who are food insecure. Our members helped nourish many individuals during this troublesome time of the COVID-19 pandemic, where people are losing jobs and it is becoming increasingly more difficult to feed their families or even themselves. This experience although not an academic health related event is something our members are passionate about, as pre-health is more than just a career rather it is a positive commitment to our communities. Our chapter works to provide both pre-health events such as workshops and information panels with current health workers along with service events in an attempt to improve the society around us.





FLORIDA THETA

Stetson University

submitted by Abdul Muneeb

The Florida Theta Chapter of Alpha Epsilon Delta continues to provide an organization that welcomes students from a variety of pre-health professions dedicated to the pursuit of professional development. Throughout the years, our chapter has grown thanks to the many opportunities we provide in clinical shadowing and community service-related activities. One of these opportunities is in collaboration with the Good Samaritan Clinic in Deland, Florida. The clinic offers free medical and dental care to the uninsured population of West Volusia County, and functions solely through volunteers and generous donations. The clinic also provides basic psychological evaluations and is equipped with a pharmacy which all provide their services free of charge.

Stetson AED members volunteering at the clinic are able to experience a lesser known aspect of medicine, the synchronization of physicians and staff to provide quality healthcare to patients. Volunteers also develop social skills through patient interaction, clinical observation,

and gain office experience. Shadowing opportunities are also made available to volunteers during active hours. Through the Good Samaritan Clinic, students realize the need for quality healthcare for the uninsured population. Many of our members develop new perspectives about the significance a physician or staff member can have on a patient in need and develop an understanding of healthcare in Florida. Some students become executive members of the clinic and assist in planning, organizing, and running fundraisers for the clinic through advertisement in the community.

One of our goals in Florida Theta AED is to expand our program to different health professions such as Physical Therapy, Occupational Therapy, and other health related professions. We would also like to emphasize the importance of growing a community and helping one another to get through these tough times. We look forward to having another successful and productive semester with new members to come!



GEORGIA ALPHA



The University of Georgia

submitted by Jackson Kelly, President

This past year was a special year for the Georgia Alpha Chapter of Alpha Epsilon Delta at the University of Georgia. We provided several events for our members that were informative, unique, and provided them with opportunities to network and gain real insights from those farther along in their medical careers.

One of our highlight events was the Minorities in Medicine Dinner from last Fall. We invited a panel of guests including physicians in the Athens area, UGA Professors and advisors, and medical students from the Medical College of Georgia to come and have dinner with current UGA students interested in pursuing a career in healthcare. Our guests spoke about the challenges that face minorities in medicine, both for those working in healthcare as well as the problems that minorities can face in healthcare access and proper treatment. Not only were our members able to hear about these important issues from some of the healthcare leaders of our area, but they were also able to network with these experts and have some of their questions about healthcare answered.

Our other main event from this past year was our dinner with students and admissions committee members from the Medical College of Georgia (MCG). For our pre-

medical members, MCG is one of the more popular desired locations to attend medical school and is nearly universally applied to by UGA medical school applicants annually. This event allowed for UGA pre-meds to get their questions about life as a medical student and the medical field in general answered by MCG students who are able to give the most accurate description of the modern medical student experience. This event is very helpful for our younger students who are trying to get a better understanding of medical school. This event is also valuable for our members who are preparing to undergo the application process, as they are able to get a great understanding of the process from committee members who play a crucial role in admissions as well as students who have recently undergone the admissions process.

Like many organizations, our chapter has had to adapt the way that we operate due to COVID-19. We are conducting meetings virtually, and some of our events are being modified or moved to ensure the safety of our members and community. We remain committed, however, to providing the best experiences possible for our members to help them on their journeys to the healthcare field of their choice.





GEORGIA EPSILON

Mercer University

submitted by Ashton Taylor

The Georgia Epsilon Chapter of Alpha Epsilon Delta at Mercer University has ushered in the 2020 Fall semester strong. This semester, we are empowering students to continue to gain experience and opportunities needed to successfully pursue their pre-professional goals. Our chapter is striving to provide valuable information and opportunities to our members while serving our campus and community.

Over the summer, we compiled a list of virtual volunteer opportunities for our members. Despite the spring semester being cut short, many members were searching for ways to give back to those in need during a time of uncertainty. As the semester began, we continued this trend of volunteerism through collecting and delivering detergent to our local homeless shelter, Daybreak, and participating in Community Cleanup at Napier Heights. We plan on continuing this initiative into the Spring semester by offering members other service opportunities and partnering with other student organizations on campus.

Our chapter has also become involved in Political Action Wednesday as a way to facilitate students entering conversations about social justice issues. Political Action Wednesdays teach students about specific actions you can take to engage in the political process to move us toward a more just and equitable society. The issue discussed each week varies, but all issues covered relate to social justice.

We also hosted our first Cultural Competency Workshop of the semester in partnership with an on campus organization called URGE. The Cultural Competency Series is meant to successfully spread awareness and broaden our perspectives overall by promoting knowledge of different cultural practices and worldviews. The workshop in partnership with URGE covered details about abortion that the average person would not know. These include funding for different types of clinics, health reasons that women get abortions, and warnings about fake abortion clinics in the United States.

We have also hosted workshops to help our members prepare for the upcoming application year to professional and graduate schools. This has included a mock multiple-mini interview workshop, where we got to discuss how to respond to various prompts, and will include resume and personal statement workshops in the future. Throughout the rest of the semester, our chapter will be hosting various pre-health practice exams on campus to provide students with the opportunity to practice in real testing conditions.

The Georgia Epsilon chapter hopes to continue to educate and empower its members during such a time of uncertainty. We look forward to a successful close to the fall semester and cannot wait to further support our members throughout the Spring!



ILLINOIS KAPPA



Bradley University

submitted by Taylor Gammell

Bradley University's Illinois Kappa chapter of Alpha Epsilon Delta looked a little different this fall semester, but has been successful all the same. Due to a shortened semester in the spring we were unable to formally induct our new members and say goodbye to our seniors, but during our first meeting this semester we were happy to initiate 31 new members into our society. Our biweekly meetings are held over Google Meet, which enables us to stay connected with our members and keep them informed about different speakers and volunteer opportunities available to them.

This semester, we have had the chance to partner with Princeton Review and have been supplied with many useful materials that we extend to all of our members. Some of these materials include practice MCAT and GRE tests, strategy sessions, and medical school webinars. We encouraged our members to utilize these resources to help them in whatever career path they choose to pursue.

We have also had the opportunity to invite speakers to our meetings, some of which include a veterinarian, an orthopedic PA, and a respiratory therapist. Each speaker creates a presentation to present during our virtual meetings and our members are encouraged to ask questions throughout the presentation to make the most of the experience. Through this variety of speakers, we are able to offer our members a wider range of possibilities for careers they could pursue and explore.

Overall, we are looking forward to the spring semester and are hoping that we can hold in person meetings again to really connect as a chapter. We also hope to continue with volunteer opportunities and stay involved to further our connection with the Peoria community.





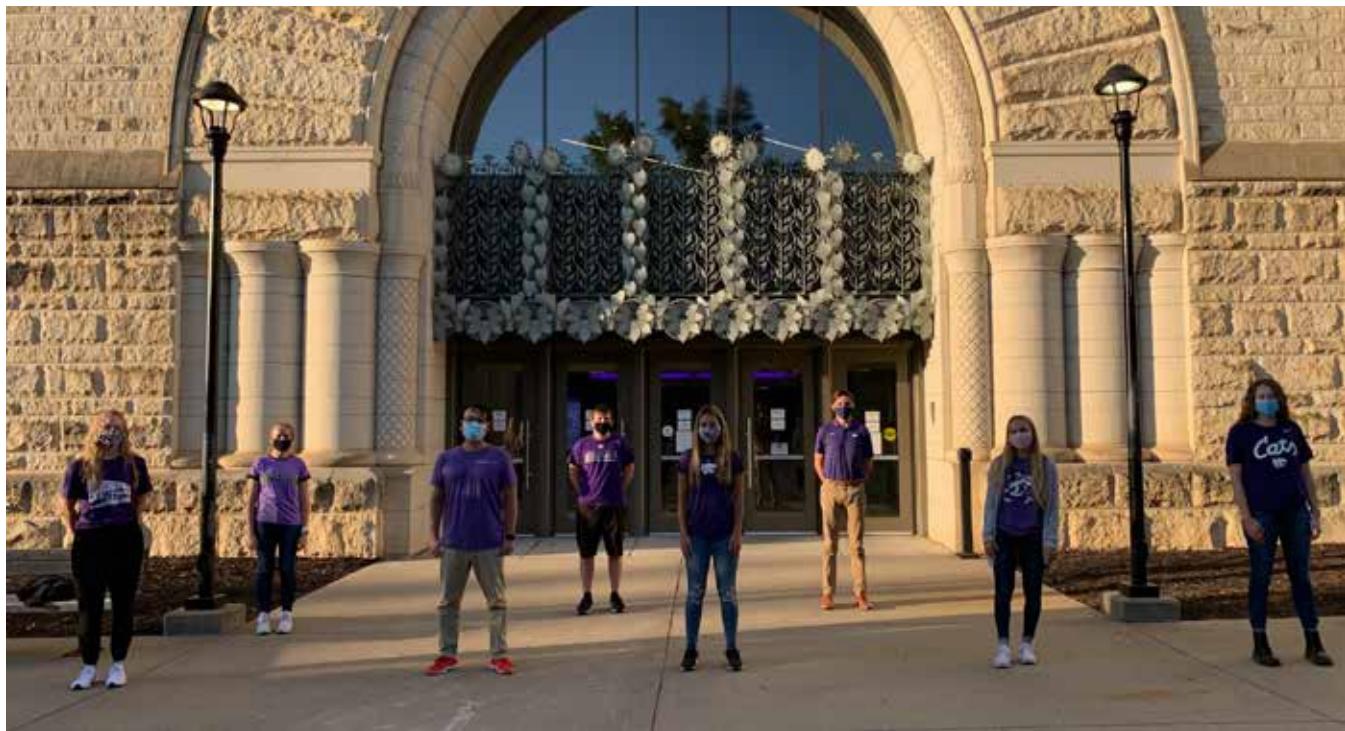
KANSAS ALPHA

Kansas State University

submitted by Yibo Liu

The Kansas State University Chapter of Alpha Epsilon Delta is dedicated to preparing its members for their journey into healthcare and giving them the tools they need to succeed in applying to graduate programs. The past year saw the chapter hosting mock professional school interviews for its members to have the experience of going through this process before attending real interviews when they are applying to programs. In this activity, members were paired with an interviewer that asked them common questions in professional school interviews and then provided them with feedback after the interview was complete. This experience gave the chapter's members confidence and experience when it came to interviewing that will help them in their pursuit of higher education from professional schools. The KSU

chapter also invited several professionals and experts to come give workshops and presentations on a variety of topics related to the medical field and graduate applications. One such workshop was focused on writing and perfecting a personal statement, which is an aspect of graduate school application that many individuals struggle with. In this workshop, the members were given a brief presentation on how to write a compelling personal statement, and they were then given the opportunity to have other members read their personal statements and gain feedback on them. In addition to professional development events, the KSU chapter of AED also hosts socials for members to get to know one another and participates in several volunteer activities within the community.



KENTUCKY ALPHA

University of Louisville

submitted by Meghan Schneider

The AED Kentucky Alpha Chapter at the University of Louisville (UofL) has been making the most of these past few months by finding ways to continue catering to the needs of its members and the surrounding community. Although forums and volunteering events can no longer be done together in person, the chapter has utilized online communication resources to come together as a group. Through video conferencing, we inducted our new members and officers virtually in April. Since then, we have been able to virtually connect with the Louisville Army Medical Recruiting Station to learn about the Health Professions Scholarship Program. The chapter also has forum speakers scheduled that will inform members about a wide range of health-related careers. In the coming weeks, the chapter will host professionals in acupuncture and psychiatry, as well as representatives from the UofL Dental School. During our forums, speakers enlighten members about the details of their areas of expertise. We

will also learn about topics such as mindfulness, mental health, and pain management during forums that will focus on these less-emphasized, but exceedingly important, aspects of health. Forums such as these help expand our knowledge and views about the health industry. We have also worked to incorporate community service into the chapter's activities in innovative ways. Our members are able to engage with the community in any way they are comfortable with as individuals. Members have completed hours with organizations such as the American Red Cross and Remote Area Medical, as well as taken on private projects such as tutoring and working with local business owners. Although faced with the challenges of virtual engagement, we are excited to continue to grow as a chapter, reach out to the community, and expand the scope of our thinking about health.





LOUISIANA BETA

Louisiana State University

submitted by Emily Ames Otken

The AED Louisiana Beta Chapter of Louisiana State University believes our goal as future physicians is to foster a spirit of service among our members and to create true leaders in the medical field.

Louisiana Beta was honored to attend the 2020 National Convention in Tampa, Florida in March. Twenty-one of our members were able to attend and represent our chapter. Our members thoroughly enjoyed the convention speakers, leadership seminars, suturing clinic, and getting to meet fellow pre-health undergraduates from across America.

This fall, our chapter hosted a supply drive to assist the victims of Hurricane Laura in Lake Charles. With many of our members coming from across the South, we realize how disastrous hurricanes can be for a community. As an organization, we were able to donate around \$2,000 in supplies to Volunteers of America for them to distribute to struggling families in the Lake Charles area. In addition to our Hurricane Laura Supply Drive, AED still plans to host our annual blood drive. In this global pandemic, hospitals are experiencing a shortage of blood and blood donors. As a pre-medical organization, Louisiana Beta understands the importance of serving our communities, donating blood, and helping to save lives in the process.

AED also hosted the Dean of Admissions from LSUHSC New Orleans Medical School for our annual mock interview event. Our members are able to receive an inside look at the interview process as well as ask questions about clinical experience, the application cycle, and more. During

the mock interview, the Dean asked our 2020-2021 Vice President some of the Dean's personal favorite interview questions and evaluated our Vice President's responses. This experience provides our members with a sense of what to expect in an interview as well as what personal experiences make great talking points in a medical school interview. This semester, we were also proud to have an LSU graduate and current cardiologist speak on his medical journey as well as his experience working in New York City as an ICU doctor during the height of the COVID-19 pandemic.

Our chapter is extremely excited to work with our new philanthropy, the Boys and Girls Club of Greater Baton Rouge this year. The Boys and Girls Club organization works to provide the children and youth of Baton Rouge with various programs and opportunities to aid them in school as well as inspire them towards a great future. Our members will be assisting with the organization's Trunk or Treat Event, teaching one time virtual enrichment classes in languages, art, or music, and facilitating tutoring sessions for the children as well.

Although we had to meet via untraditional methods this semester due to the COVID-19 pandemic, we were still able to provide our members with information and opportunities to help further them in their pre-medicine journey. We look forward to the day that our organization can safely meet in person again.



LOUISIANA IOTA



Louisiana State University - Shreveport

submitted by Van Carroll

The Louisiana Iota chapter has made its goal to help the community and maintain safety for our members and those we serve. During the pandemic, many compromises were made to stay healthy, but community service and education were not among them.

Several community service projects have been a focus of our chapter. We have been aiding those affected by hurricane Laura by holding a collection drive for its victims in September, with many items donated. These items will go a long way to aid people who have been without power or water for many days or weeks.

In October, we will finish making blankets for the homeless population in Shreveport. The project was started as a way for people to recycle their shirts that were no longer in use while also making something useful and needed for the people. We have had great success by weaving the shirts together to form many tight-knit soft blankets for them. We are also making cards for local senior resident facilities, which is both fun and good for getting back in touch with those who are often forgotten. Another service project we will work

on is the annual Red River cleanup. The cleanup is a massive undertaking and is necessary to maintain our river's aesthetics and the health of the environment around it. We continue to work for the community in these projects and many others.

Education and Medical school preparedness are essential to any AED member, and we are happy to have many opportunities to enhance the two. Starting in October, we will host an alumni pre-med Q&A session where members will have the chance to get advice from past AED alumni who have been accepted to medical school. We will also host several speakers from various health fields such as cardiopulmonary science, occupational therapy, and speech-language pathology.

Our membership continues to grow as we welcomed six initiates and five associate members to our chapter. We are dedicated to our community and our chapter and know that we will persevere and overcome the obstacles ahead.



MASSACHUSETTS GAMMA

Boston University

submitted by Haiqa Mian

The Boston University Massachusetts Gamma chapter of Alpha Epsilon Delta has enjoyed an extremely enriching Fall 2020 semester. Though this semester looked very different from previous ones, the 2020-2021 Executive Board organized a variety of virtual career development, social, and even community service opportunities for members to participate in. Looking ahead, although it remains unclear what the Spring 2021 will look like, we remain confident that our chapter will continue growing and thriving together in our collective pursuit of becoming healthcare professionals.

This semester, we hosted monthly meetings on the virtual video conferencing platform, Zoom. During these meetings, members were able to connect with fellow pre-health students as well as current healthcare professionals and graduate students. In October, we held a panel with a diverse set of panelists (eg. current MD, MD/PhD, DMD, MAMS, and DDS students) who spoke about their healthcare-related post-undergraduate activities. This experience proved tremendously rewarding and provided members with valuable insights into post-college success and opportunities. In November and December, members bonded over virtual game and movie nights, creating stronger bonds within our chapter—something we believe to be more important now than ever.

In addition to our monthly meetings, the Executive Board arranged several virtual career spotlights throughout the semester. Each virtual career spotlight featured a single healthcare professional working in a distinct sphere of healthcare. These spotlights gave members an opportunity to learn more specifically about different career pathways, as well as ask specific questions about the day-to-day life of a healthcare professional and their path to their profession.

We have continued to host monthly reflection sessions (albeit virtually) which prompt thought-provoking discussions on current events in healthcare. Topics for our reflections sessions this semester included the role of nutrition in mental health; inequity, implicit biases and racism in healthcare; the future of gene editing and the effects of gene therapy on healthcare; and more.

Applications were released in early October and interviews were conducted in early November. The Executive Board worked hard to select students who are truly passionate about and dedicated to connecting with their peers and someday working in healthcare. Although this was undoubtedly an atypical semester and there were some challenges along the way, we are so happy to have been able to navigate these challenges together as an AED family and still have a productive and fruitful semester!



MASSACHUSSETS ZETA

Northeastern University

submitted by Brianna Considinel



As we head into the Fall 2020 semester, our plans have had to take a new approach given the current pandemic. During our virtual fall fest at the beginning of September we received a lot of interest from underclassmen students, so we anticipate a large growth in our chapter as we induct people in the spring. We are proud to continue to grow this relatively new chapter year after year and are excited to foster a community of diverse healthcare professionals at Northeastern. Our plans for Fall 2020 include a few virtual events that we hope many students will engage in. Each fall we typically host an application panel to have students currently going through the application to Medical School, PA school, or other programs to give personal insight on the application process to younger students. We envision our virtual panel to touch upon

Medical school applications, PA school applications, and unique opportunities for those deciding to pursue a gap year. Secondly, we are looking to host a co-op panel again. While this event will be virtual, this will help students learn from individuals who have completed clinical, research, or other co-ops at Northeastern that they might be interested in. Finally, we had hoped to have a presentation about gun violence from Dr. Miller, a Northeastern professor specializing in this area, but had to cancel due to COVID-19. We are excited that he has agreed to give his presentation to our club on a virtual platform this November. We are excited to take on this semester virtually and cannot wait to see what the semester holds for us all.





MICHIGAN EPSILON

University of Michigan - Ann Arbor

submitted by Carly Martin

This spring, prior to the COVID-19 pandemic and stay-home orders, Michigan Epsilon stayed busy maintaining our favorite traditions, creating new traditions, and also expanded the impact of our chapter within our local community.

Yet again, we hosted our favorite annual event where we welcomed Special Olympians from the greater Ann Arbor area to our Snowball Dance. This night was filled with goofy pictures and props, lots of snacks, and many of our favorite songs and dance moves throughout the decades. Furthermore, in the spirit of community building, our Philanthropy Chair organized an online campaign to help local healthcare workers during the early months of the outbreak. The money we raised helped to provide meals and scrubs to frontline workers at Michigan Medicine. We were able to donate over 100 meals and money that was used to purchase additional scrubs for workers.

Michigan Epsilon was also grateful to have a variety of healthcare professionals join us at our weekly meetings. One of our favorites, Dr. Richard Ohye, M.D., took the time out of his very busy schedule to talk about his long and impressive career as the Associate Chair of the Department of Cardiac Surgery and the co-Director of the University of Michigan C. S. Mott Children's Hospital Congenital Heart Center. During his presentation, Dr. Ohye reminded us that

anything is possible if you follow your heart and remain persistent toward your goals.

Our chapter also maintained a focus on professional growth and collaboration with our health-related colleagues on campus. Our Professional Development Chair worked with other pre-health organizations to host a large "Professional Development Day." At this event, attendees learned about MMIs, graduate school entrance exams, research opportunities, resume tips, and much more. This was a great opportunity to integrate ourselves with other pre-health students outside of our organization, while also learning new things!

Finally, we take pride in bonding as a chapter through our social events. This semester, our time was cut short for in-person activities, but we made sure to still connect through virtual means. On a weekly basis, we hosted large "Zoom" calls where members could log on to see familiar faces, have their spirits uplifted, and play games with one another regardless of the physical separation.

Michigan Epsilon looks forward to strengthening our relationships within and outside of our Chapter throughout the semester ahead, and we're eager to watch new events turn into new traditions.



MICHIGAN ETA



Albion College

submitted by Connor J. McCosh

The most significant activities that we performed as a group were on November 14th, 2019. The first one was hosting Captain Michael Dulworth, a United States Army nurse for demonstrations on first response tactics and decision making. Many of our members at the time were involved in either EMT courses, EMT certified or volunteering/working at a hospital. Therefore, hosting Captain Dulworth allowed our members to directly take the lessons that they learned and apply them throughout the healthcare workforce. Secondly, on that same day Captain Dulworth performed a “stop the bleed” clinic for our members, allowing us to become certified in bleeding control. While some of our members were already certified in bleeding control and other areas such as CPR, Captain Dulworth joining us on this day allowed us to enhance our “stop the bleed” skills along with teaching us valuable lessons about healthcare in general.

Another activity that we did was having a workshop for everyone working on applications for graduate or professional school. All of the senior members and a majority of the junior members were present for this workshop. This workshop allowed us to share ideas with each other as well as to hold us accountable in order to meet certain deadlines that all of us were under. This meeting also allowed the younger members to learn things about themselves and also about applications to graduate and professional schools.

Overall, all of these activities had a large impact on all of our members, but most importantly it gave younger members opportunities to learn more about healthcare and the application process.



MICHIGAN IOTA

Western Michigan University

submitted by Jenna Schneider, Scalpel Reporter

At Western Michigan University, the Michigan Iota chapter of Alpha Epsilon Delta strives to create opportunities for its members to thrive and prepare for the next chapter of their life in the healthcare profession. One of the events that many of our members look forward to is the suture lab. E-board members arrange this by getting pig legs, which serve to mimic human skin. A healthcare professional attends this event and explains the significance of sutures, and offers hands-on training. We have had a scrub nurse and an Emergency Room Physician come in to do this event. This event serves to be the most successful due to the physical hands-on experience we provide our members, and it gets everyone excited for their future careers in healthcare.

Other successful events at the Michigan Iota chapter are having panels of healthcare professionals that are

related to the degrees that our members are seeking. We have members seeking degrees in many areas of healthcare. Our members consist of pre-med, pre-PA, nursing, pre-dental, Occupational Therapy, and more. Our members with diverse majors allow for students to learn about other healthcare professions, which gives insight to other professionals that they may be working with. E-board members communicate with professionals willing to come in and speak to our members about their work life, ways to succeed in life, and possible opportunities to allow our members to better their applications when applying to graduate or professional schools. This event is a question and answer style, and our members are eager to learn more about the professions that they have worked so hard to do one day.



MISSISSIPPI BETA



University of Mississippi

submitted by Johnny Yang, President, Callon Green, Editor

At the University of Mississippi, the Alpha Epsilon Delta (AED) Mississippi Beta Chapter has continuously sought to serve pre-health students across all prospective fields. One of the major obstacles that hinder these efforts is the difficulty of serving a variety of interests simultaneously. These interests range from profession, primarily medicine or dentistry, to the location of their desired professional school. With hopes to meet the various and expanding interests this semester, the executive team has coordinated four meetings: Volunteer Opportunities, Rural Healthcare Explorations, Professional Speakers, and Admissions Committee Speakers. With growing undergraduate student membership (currently 127), the organization has also implemented a raffle to incentivize memberships.

At these meetings, various speakers can deliver their messages while concurrently recruiting. While COVID-19 has altered the format and experiences, AED students can still gain meaningful messages and opportunities by utilizing Zoom breakout rooms. These rooms allow more interest-focused discussions. For instance, while we have Dr. Wahnee Sherman speaking on the Mississippi Rural Physicians/Dentists Scholarship Program (MRPSP) in one breakout room, in the other room we have practicing dentist Dr. Elizabeth Bills facilitating a more in-depth conversation over the minutia and her experiences as a rural dentist. At

the MRPSP meeting, pre-medical students were also able to interact with a physician, 2 medical students, and 5 undergraduate students simultaneously.

With campus organization's events moving to virtual platforms due to The University of Mississippi's pandemic response, our chapter sought to incentivize attendance and membership rather than require mandatory hours this semester. The attendance-based raffle implemented this semester encourages members to join the meetings, with each attendance entering their name once for a chance to win one of four \$100 gift cards. With the shift to virtual meetings and incentivized attendance, we have seen an increase in attendance and have been able to provide resources for a vaster array of professional disciplines.

Overall, despite the drawbacks of not being able to physically meet as an organization, we have seen that virtual meetings through the Zoom platform has been advantageous to providing members with the ability to utilize breakout rooms in order to have more meaningful conversations related to their prospective field. Furthermore, it has allowed a broader range of speakers who could not have physically attended meetings to speak to our members.





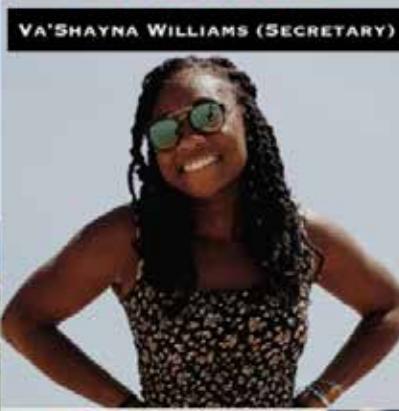
NEW JERSEY BETA

Stevens Institute of Technology

submitted by Jeel Shah

The New Jersey Beta Chapter of Alpha Epsilon Delta at Stevens Institute of Technology is committed to establishing and providing support for the pre-health community. To start off the spring 2020 semester, AED hosted a Pre-Health Study Abroad Info Session at which a Study Abroad Advisor introduced various volunteer and academic opportunities around the world. However, with such a strong start to the semester, the semester took a strange turn with the medical emergency of

COVID-19 pandemic. All the operations shifted to online relatively quickly. AED at Stevens continued to gauge interest as 12 new members joined in Spring 2020 through Virtual Spring Initiation. Along with the pandemic, we also observed increasing unjust actions towards the black community. AED has raised awareness for Black Lives Matter Movement on our social media by engaging and providing resources for various donation organizations, petitions, contact information, books, movies, podcasts, and lastly, articles that signify the issue in relation to health. AED has worked with various organizations, such as Student Health Professions Club, around the campus to raise \$175 for "Reclaim the Block" to aid street medics in their efforts to protect the protesters, and COVID 19 mutual aid in LA. In the future, we plan to host a wide range of events for the students virtually. Some of the events include interview tips from a renowned University Associate Professor from the School of Business at Stevens with extensive experience in the healthcare field. AED plans to collaborate with the Student Health Professions Club to co-host a Research Panel with primary investigators from biology, chemistry, and biomedical engineering labs. To promote further involvement with the society, AED will be hosting a community service event at which multiple organizations such as local homeless shelter, volunteer ambulance corps, and Be the Match (Bone Marrow / Stem Cell Drive). Lastly, AED is planning to publish their first Pre-health newsletter to educate and engage with the pre-health community at Stevens.



NEW JERSEY GAMMA



Rutgers University

submitted by Nivashini Muthuvel

The Rutgers University, New Brunswick chapter is looking forward to continuing into the Spring 2020 with virtual and in-person opportunities for its members to collaborate and connect with each other. In my experience with AED, I realized the value of mentoring and guidance. We endeavored to create an environment where pre-med students feel they belong in the healthcare community and can easily share their thoughts. We are firm believers in uplifting and mentoring others to help achieve success in life. In our chapter at Rutgers, we organize several medical school table talks where current medical school students and recent graduates talk about their experiences and share their insights. Addressing the needs of members, we also create informative events with the medical school deans, physicians, and other healthcare professionals so that students can access first-hand information on their desired medical schools and career paths. I am immensely proud of

our chapter's pioneering efforts in the community service segment. We conduct various opportunities, such as fundraisers for charity organizations, serving in soup kitchens, organizing annual food drives, and executing multiple blood donation drives. We had a very successful blood drive during our spring semester, with over 60 people coming and donating their blood. We are proud to have created a giving culture where members feel passionate about how they give back and bond over volunteering activities. In spring 2019, over 50 new members were inducted, the largest group of inductees in one semester at Rutgers University AED History. Little actions can have significant ripple impacts, which we are pleased to have accomplished with AED. The Rutgers Epsilon Chapter strives to continue educating and facilitating interprofessional relationships among members as we aim to support each other in our academic and pre-professional journey.



NEVADA BETA

University of Nevada, Las Vegas

submitted by Dr. Daniel Bubb

In 2020, AED Nevada-Beta chapter conquered a variety of hardships that were presented as a result of the Coronavirus. While we had to pause in-person volunteer events and meetings, we continued to provide our members with extensive professional development and virtual volunteer opportunities. Some of these volunteer opportunities include virtual tutoring with local schools in the valley, as well as writing letters to US Veterans and hosting blood drives with our partner, Vitalant. Other volunteer efforts are focused around the pandemic at hand as we have participated in local food, mask, and sanitation drives. Throughout this unprecedented time, we have accelerated member appreciation efforts by devoting resources to our members such as professional school test preparation book sets and courses. Fortunately, we have maintained member engagement, and experienced a surge in member recruitment. Each of our members is important, and we recognize them through our Monthly Spotlight.

Although our semester continues to be virtual, we consistently host several events throughout the month for our members to continue building their friendships and to have fun with each other. Moreover, we have expanded our relationships with our non-profit partners in Southern Nevada: The Ronald McDonald House, Catholic Charities, Las Vegas Rescue Mission, Girl Scouts, Special Olympics, Project 150, and the Boys and Girls Club. The strength of our relationships with these organizations has allowed us to obtain additional opportunities for our members such as shadowing opportunities with the UNLV School of Medicine as well as with local physicians. We feel grateful for the continued support of our organization, and words cannot express how proud we are of the NV Beta chapter.



OHIO ETA



University of Dayton

Tessa Cedargren, Vice President

Like many universities across the nation, COVID-19 has presented unique challenges to the Ohio Eta chapter of Alpha Epsilon Delta at the University of Dayton. In an effort to ensure the health and safety of our members while complying with the University of Dayton's Coronavirus safety protocols, our newly elected board of executives and chairs began working on an innovative plan in July to continue to provide the robust educational and service opportunities our chapter prides itself on throughout the 2020-2021 school year. This August, our recruiting efforts resulted in a massive pledge class of 54 pre-health professional students joining our 53 active members. We are extremely pleased with our growth after a total of 20 active members graduated last Spring!

Working closely with the Eta chapter's faculty advisor, our executives and chairs have developed creative ways for members to attend our traditional general membership meetings and in-person social events. We decided to host all of our membership meetings remotely, via Zoom, for the entirety of the academic year to easily accommodate our guest speakers. So far this fall, members have seen presentations from a representative of Ohio Votes, an anesthesiologist, and even a clinical psychologist focused on health inequity. In our upcoming fall semester meetings, we will hear from a physician's assistant, dentist, coordinator at the Dayton & Montgomery county office of minority health, a surgeon and many other local professionals.

This semester we have been forced to put a lot of normal events and activities on hold. Our current plan is to resume in-person service events in the Dayton community in the Spring semester if possible. Some examples of service sites we hope to continue partnering with are Dayton Children's Hospital, Collins Lodge, HELP, and more local places.

The pledges were excited to meet the executive and chair members during our socially distant pledge retreat. Pledges got to know their fellow classmates better on a Sunday afternoon through some ice breakers and free catering at Old River Park. Everyone had an opportunity to see some old friends and meet new people with similar goals in person, for the first time since March.

This semester, our chapter has focused a large portion of our educational efforts on health inequity, racism, and implicit biases in the United States' healthcare system. Our chapter is sponsoring a Minority Health and Equity Book Club in which members will read and discuss "Black Man in a White Coat" by Damon Tweedy, M.D. The book club meetings will be held via Zoom and led by Fabrice Juin – a coordinator at the Dayton & Montgomery county office of minority health. Along with the book club, members are attending and promoting Zoom forums hosted by UD's Human Rights Center focusing on racism as a public crisis.





OHIO LAMBDA

University of Cincinnati

submitted by Gargi Rajput

This year has been like no other. With COVID-19 sweeping through the world, a lot of changes and adjustments have been made. But despite the challenges, the AED Cincy Chapter has firmly overcome the obstacles by starting this year off stronger than ever. With formation of new committees within our organization and additional creative initiatives, there is so much to speak about! But first here is a little background:

Our AED Cincy chapter strives to provide meaningful experiences to our members. Whether it is through the form of networking, doing community service or learning new skills, we provide opportunities to help our members establish and grow themselves. One impactful experience which aligns with our motto has been spending the weekend at the Center for Courageous Kids Camp. During this event, CCK invites little kids with illnesses along with their families for a fun retreat, to provide families with an environment where they can unwind. In order to run this show, student volunteers engage with the family and become friends with little kids. Some of our members who have volunteered for CCK recall this weekend being something that they will remember for a while! When asked about the most heartwarming moment of this experience, many said that they were inspired by how resilient the little kids were. The brave smiles from these children and their tenacious spirit, has allowed our members to step out of their shoes and consider the world from a broader perspective.

Another powerful meeting which members enjoyed was when our guest speaker Daniel Richie amazingly narrated his journey to becoming a healthcare provider. Having been through several ups and downs in his life such as drug addiction, Daniel told us all that despite his shortcomings in life he was able to use his personal experiences to become less biased and more mindful towards patients from various backgrounds. His message provided AED members with insight on how to both respect and provide help to all patients. This meeting in fact sparked the idea to begin hosting our new initiative: ethical discussions! Daniel spoke about many taboo topics, and it made us realize that as future healthcare providers we should move towards being able to intellectually discuss situations and find the best possible solutions.

Along with adding ethical discussions to our meeting agenda, we have created several committees within the organization to increase interaction between members and the exec board. These committees include a recruitment/public relations team, social event organizing team, community service planning team and a fundraising team! We are extremely excited to be able to enforce these additions and super thankful for the support of our advisor Sue Roth, who is the director of Pre-Professional Advising here at UC.

We cannot wait to see what meaningful experiences the rest of the year brings!



OHIO MU



Ohio Northern University

submitted by Morgan Doverspike

Our Alpha Epsilon Delta chapter, Ohio Mu Chapter at Ohio Northern University recently held our annual apple picking event for our first meeting of the semester. We were all very excited for this event, as the focus of the Ohio MU chapter is to address local hunger issues. We picked 66 pounds of apples at a private orchard and then packaged the apples, so that each bag contained several apples. We then delivered the apples to the West Ohio food bank in Lima, Ohio. The local food bank provides food for community members in need; which ties into our chapter's focus on hunger. During our apple picking event we also discussed other possible meeting ideas for the upcoming semester. We usually also give one Saturday to the local food pantry, but this event was not able to occur as a result of COVID-19.

Our Ohio Mu Chapter also usually sponsors a speaker each semester, and we are currently in the process of trying to set up virtual speakers for some of our meetings. These speakers typically focus on a profession in the medical field and are very informative. Additionally, the unit adopts a local family around Thanksgiving and provides them with all of the components of their Thanksgiving meal. We also plan to have a CPR event, in which our members can learn how to perform CPR by using the beat of a song to help keep time. Our upcoming events this semester will focus on learning more about healthcare and our chapter focus on hunger.





OKLAHOMA BETA

Oklahoma State University

submitted by Adam Bronson

The Oklahoma Beta chapter of Alpha Epsilon Delta at Oklahoma State University is committed to assisting our members in preparing for professional school applications and any career field they plan to enter. Our students have a long legacy of successfully attaining admission into medical, dental, veterinary, physical therapy, and physician assistant school. We submit that our success is due in part to the professionalism, confidence, and commitment of our students. Alpha Epsilon Delta's role at OSU is to support our students in all stages of their academic career by providing opportunities for career exploration, informal academic advising, and networking with medical professionals, admissions staff, and test preparation companies. We believe that our model has proven itself effective.

Over the past year, AED has welcomed three new members! We have also had many speakers

including current medical/dental students, medical school admissions officers, and local professionals offer advice to our students. Given the COVID-19 pandemic, we unfortunately were not able to hold meetings. Even still, our students stepped up to serve their communities. We received frequent updates of students volunteering at food banks, working as relief workers in hospitals and nursing homes, and becoming certified in mental health first aid, all while managing online coursework. Oklahoma State University and our chapter of AED could not be more proud.

This upcoming year, it is our goal to increase our membership, develop virtual programming, and continue to help our members develop into prepared professional school candidates.

OKLAHOMA DELTA



The University of Tulsa

submitted by Erika Ward

To begin the Spring 2020 semester, the Oklahoma Delta chapter at The University of Tulsa held a meeting consisting of a panel of senior Pre-Medicine students. During this meeting, underclassmen were given the chance to ask their older peers about medical school admission. The senior students answered various questions regarding the MCAT, medical school applications, and building resumes for medical school. The seniors used their experiences to advise younger students on how best to prepare for medical and graduate school admissions. The purpose of this meeting was to help put younger pre-medicine students at ease in their preparations for medical school applications. Additionally, this meeting was created to help these students feel more confident going forward in their pre-medicine undergraduate career. Many of the students commented that after the meeting they felt much more validated in their pre-medicine experiences and felt more enthusiastic about the medical school application process. This meeting verified the importance of the mentorship of younger

students, setting them up for even more success both in academics and extracurricular activities.

The next meeting planned included a panel of professors from the Pre-Health Committee, who would answer questions regarding the Committee letter and medical school applications. This meeting was subsequently canceled due to a snow day. Following this, similar to other students around the country, the students of The University of Tulsa were sent home due to the COVID-19 pandemic. During this quarantine, Alpha Epsilon Delta members elected new officers to serve on the executive board for the upcoming school year. Additionally, the pre-medicine advisor held multiple advising sessions online regarding changes to the medical school application process due to the pandemic. The executive officers continued to maintain communication with members through the end of the school year, while the chapter members continued to strengthen their future applications remotely.





PENNSYLVANIA NU

Muhlenberg College

submitted by Jessica Orofino

The Pennsylvania Nu chapter of Alpha Epsilon Delta at Muhlenberg College takes pride in our impressive alumni network and works actively to keep students connected and engaging with established alumni in various parts of the medical field. This chapter is committed to helping students find the areas of the medical field suited to their unique skills and interests, and building relationships with alumni that can help guide them throughout their journey. One of the most effective ways we have been able to accomplish these goals has been through having alumni from a multitude of areas of medicine speak about their experiences. Though initially our speakers would join us on campus, we have had no trouble converting to our online format. Despite the new virtual circumstances, we are particularly proud of our record attendance—especially to these talks. Presenters speak about their lives in undergrad as well as the process that has led them to their careers today, including their set-backs, changed decisions, and moments of clarity. Our chapter embraces the variety of paths individuals will take while pursuing their goals and emphasizes the multitude of unique opportunities available at Muhlenberg to help our students further develop their passions.

In addition to gaining professional insight into the medical field from our alumni, the Pennsylvania Nu chapter at Muhlenberg College encourages our students to connect with current medical students as well as

their peers for support on their pre-health journeys. In the beginning of our spring 2020 semester, we had students connecting with mentors from Geisinger Medical School who could provide our students with a better understanding of what it means to be a medical student today. More recently, we have been excited to expand our peer mentoring program connecting Muhlenberg freshmen to upperclassmen farther along on the pre-health track.

We would like to recognize and congratulate the most recently inducted members of our Pennsylvania Nu chapter, and despite the complications surrounding a ceremony, we hope to properly honor the hard work and dedication of these students. It is important to note that the majority of the meetings for our chapter are not limited to inducted members. We encourage students to meet the induction requirements, but we feel that the information of our meetings is helpful for all students in their pre-health paths and should not be limited by their status within our organization.

Continuing into our fall semester, we are excited to host a new speaker series and begin our virtual outreach projects within our community. We will also be continuing our community service efforts and fundraisers of selling keychains and stickers.

TEXAS ALPHA



University of Texas-Austin

submitted by Chase West

Fall 2020 proved to be a semester unlike any other for Texas AED. With pandemic restrictions in place at the university, we modified to a hybrid activity schedule, with the majority of our events online. Nonetheless, we succeeded in running a strong recruitment campaign, and we were able to accept an enthusiastic pledge class. Furthermore, we readily and effectively adapted to our new circumstances, and we were able to provide members with all of our typical opportunities (shadowing, mentorship, professional development) as well as novel events such as virtual volunteering.

A key component of Texas AED's character is our commitment to spread awareness and fundraise for our philanthropy, Operation KidDocs. Each Spring, we host one of the largest on-campus philanthropic events, Pie A President, which serves as our final fundraising push of the year. Due to the COVID-19 pandemic, we faced the difficult task of having to move this event online. Our leadership team was able to defy the odds, however, and managed to raise \$17,170.56 -- more than any previous year! Our ability to accomplish this provides inspiration moving forward, and we can already see the steps toward being successful in the new year. As of right now, our

fundraising efforts include peer-to-peer fundraising and a virtual Pledge Project. Depending on the state of the pandemic in the spring, we are hoping to add canning, volunteer events, and Pie A President.

This semester, our chapter continues to provide meaningful opportunities to our members. We are hosting guest speakers at our virtual general meetings, connecting members with virtual volunteering opportunities such as writing cards to hospice patients, and helping members stay social with virtual game and movie nights. While this semester prevents unique challenges, our chapter is doing our best to adapt to the circumstances and make the best of a difficult situation.

While we cannot say for sure what will happen in the Spring semester, we are hopeful that our chapter will be able to reintroduce some limited in-person volunteering opportunities. Depending on how the COVID-19 pandemic develops, we will remain flexible and optimistic that no matter what happens, we can continue pursuing our chapter's values of community service and professional development.



TEXAS BETA

Baylor University

submitted by Hope Chang

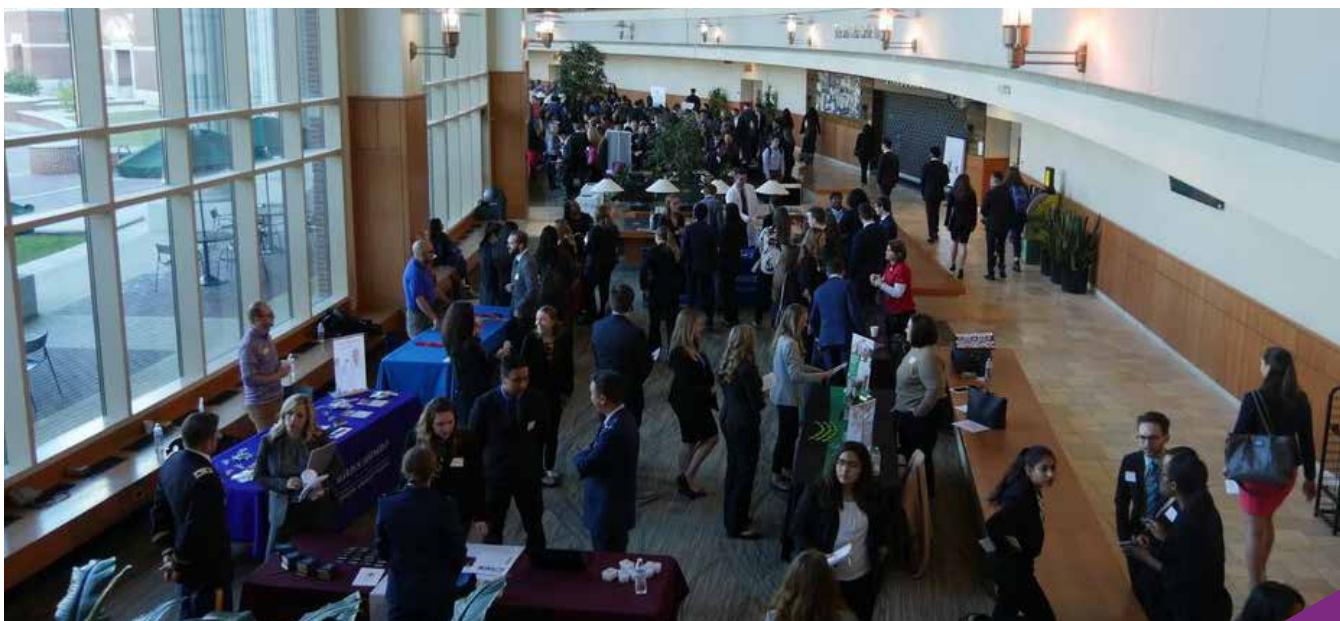
Every year, the Texas Beta chapter of Alpha Epsilon Delta hosts the Pre-Health Symposium for the entire Baylor Pre-Health community, where Medical, Dental, Podiatry, Veterinary, Physical Therapy, and other professional schools share information about their programs. The Vice President of Scholarly Events and her Pre-Health Symposium Chairs are at the helm of the event, contacting representatives all over the country and organizing the event months in advance. On the day of the event, AED members have the unique opportunity to host each school's representatives. When the representatives walk through the doors, an AED member is there to greet them and help them set up their information tables as well as assist them throughout the day. This is a wonderful opportunity for AED members to network with representatives from some of the most sought-after programs in their fields of interest. Furthermore, professional schools are able to witness the leadership and passion of Baylor's students.

The event features breakout sessions hosted by the different programs, each one catering to the different needs of the students. Some are geared toward underclassmen, with topics ranging from study techniques to presentations on the various pre-health tracks. Others provide key information about specific admissions requirements for different schools, such as how medical interviews work and how to prepare for the CASPer test. Beyond formal breakout sessions, students are able to network and chat with representatives and current students from many of

the programs. This is a valuable time to ask questions on anything from student life to curriculum and receive contact information from each student's programs of interest. Students also have the opportunity to have a professional headshot taken by the AED Historians.

In addition to the Pre-Health Symposium, Texas Beta AED members continue to develop their professionalism, leadership skills, and passion for service by volunteering in the Waco community and beyond. Though there were many changes this year, students are able to continue volunteering at Family Health Center (a local medical practice) and helping out the Salvation Army while maintaining safe practices among other virtual and in-person opportunities. In late September, AED members were able to take part in a service event at Caritas Hidden Treasures where they helped process donations to prepare them to be sold. In response to social distancing guidelines, online volunteering opportunities were created in conjunction with mentoring organizations for local schools. Virtual meetings over Zoom and innovative socials - including socially-distanced scavenger hunts and virtual game nights - continue to connect members of the AED family outside of the classroom.

The Texas Beta chapter of Alpha Epsilon Delta hopes that these events instill a greater passion for healthcare, leadership, and service within its members and the Baylor community.



TEXAS DELTA



University of Houston

submitted by Jericho Morcilla

The 2019 Spring Semester was nothing short of successful for the University of Houston's Texas Delta chapter. We worked hard to make sure that we continue to motivate, inspire, and educate the physicians of tomorrow. We aim to create an environment that prizes leadership, community, compassion, and work ethic above all. Our goal is to be the pre-eminent hub for pre-health students on campus. The University of Houston Texas Delta chapter is excited to begin the new year.

During the summer break, we have created several new projects to adapt to the online semester. One such project is our new Family & Mentorship program. The Family & Mentorship program will provide members a chance to make life-long connections and friends. We are confident that this program will give members the strong support network that is vital for them to thrive, both socially and in their careers. Due to the pandemic, many of our events are now online. In response, we also started our new podcast, "Doctor Diaries", to provide members with valuable information on the medical field.

In addition to new projects, we will also continue our existing events. This includes events like our ample volunteering opportunities. We are proud to engage so heavily in our community. Some of these include, but are not limited too:

The Houston Food Bank, The Beacon Homeless Shelter, Hope Farms, and Project CURE. Our members have plenty of chances to connect with the community and serve. We are also proud to engage in our philanthropic efforts. During June, we committed a 100% match to donations for Campaign Zero, a research-based policy group for police brutality in America. In total, we were able to raise over \$600 for the organization.

We will also continue to provide opportunities for members to learn about careers in medicine. In 2019, our members had an opportunity to attend a tour of McGovern Medical School. Members were led on a tour of the school by McGovern students, who also answered questions members had. The tour was a great chance for members to picture themselves in medicine — We hope these events continue to inspire members to pursue their goals.

We strive to maintain our position as the largest pre-health honor society at the University of Houston. Although classes are online, our mission to help pre-health students isn't over. Our unique situation has provided us many opportunities to think about new ways to engage members. Ultimately, we are proud to be an organization that continually strives to provide what's best for pre-health students across campus.





TEXAS EPSILON

Houston Baptist University

submitted by Garima Malhotra

The mission of Alpha Epsilon Delta has always been to instill a passion for service in all of our members, and to be committed in providing ample well-rounded opportunities in the healthcare industry, so that each member attains personal and professional growth. As we all continue to fight COVID-19, our vision remains the same. We want to keep providing unique experiences to everyone amidst the pandemic because we want to keep serving those who need our help the most. Each of our officers and chairmen are continuing to work hard to make sure that each member of the organization will have a memorable experience.

Like our President, Garima, says, "Challenges have been stepping stones to success for AED this year. While facing COVID is not an easy feat, innovation, determination, and teamwork became our best friends". As our leader, she is driven to make AED as great as ever before. Our Vice-President Olina has been working hard alongside Garima to supervise and ensure that each meeting, social event, information session, and service opportunity runs as smoothly as possible on the Zoom online platform. They are continuing to grow AED to new heights to make sure everyone has the best experience possible. Our Secretary, Andrew, has created an online TimeCounts account for our entire organization so that each member can easily sign-up for events and track their points throughout the year. This will significantly help us function more efficiently online. Our Historian, Liliane, created a great website for our chapter so that each member can have easy access for everything

they need for the club. Along with the website, she is using multiple social media platforms so that there is clear and constant communication between everybody amidst the pandemic. Our Treasurer, Ally, started accepting payments remotely using the Square app. While collecting in-person dues she maintains the highest degree of sanitization through all transactions. Myself being the club Reporter, I send out all the organization online Zoom group invites, so each member has the correct link to attend each event. Also, I am in constant communication via email with everyone so that I can relay all planned online activities effectively. Finally, all of our chairmen and coordinators are doing an amazing job scheduling and creating unique experiences remotely. They are in constant contact with service programs to create the best online opportunities for the rest of the club and are coming up with creative ways to raise money, such as drive-through fundraisers and online raffles.

COVID-19 has affected us all in some way, but the resilience of everyone at Alpha Epsilon Delta has been truly remarkable. Our mission is to continue to provide valuable experiences and lessons that each member can take for the rest of their lives. This year, we have planned informative and engaging online events with healthcare professionals, alumni, and service events, with the philosophy to instill a lifelong passion for service. We are very excited to see this year unfold!



TEXAS ETA



University of Texas at El Paso

submitted by Mary E. Miller

The Texas Eta Chapter of the Alpha Epsilon Delta Health Preprofessional Honor Society at The University of Texas at El Paso (UTEP) has been working in promoting and encouraging the success of premedical students. Our students have the unique experience of living life on the border. El Paso, Texas is the home of military base Ft. Bliss and we are sister cities to Ciudad Juarez, Chihuahua and Las Cruces, New Mexico. El Paso is a true melting pot of cultures, which is represented by the many different backgrounds of our student members. Our organization aims to allow members the chance to volunteer in clinical settings and to have the opportunity to see how they can help meet the needs of our diverse multi-cultural community.

In order to make sure that we enable our members to simultaneously serve our community and give our members exposure to the medical environment, we established a partnership with the El Paso Baptist Clinic (EPBC). EPBC is a non-profit, no cost clinic run by established local nurses, physicians, healthcare worker volunteers and medical students from the Paul Foster School of Medicine (Texas Tech) and Burrell School of

Osteopathic Medicine. A key element of EPBC is that it is founded on brotherly love and being kind to one another. This message has deeply resonated with our members, showing us as we volunteer the humble purpose behind finding a path to the healthcare field.

El Paso has a large Spanish speaking population, one way a majority of our members can help in the clinic is by being medical translators for the physicians and medical students. Members can also be assigned to shadow, work in the pharmacy, clinical laboratory, dental area, or in assessment where they help register patients. A special benefit members receive when they volunteer at EPBC is the ability to see what health professionals do firsthand, to see what our community needs in healthcare, to be able to network both with other community volunteers and with people who have been through medical, or other health professional programs before and to develop relationships with everyone they meet.

Given that EPBC is a no cost clinic, there are many specialty physicians that volunteer in order to meet the plethora of needs that so many in our city who do not have health care or are low income. Our members get to see all the variety of health professional skills that are necessary to take care of our community and that help address health disparities. As members gain hands on experience, helping and watching all the moving parts that go into the medical setting, it simultaneously has instilled in our members a deep love for serving others in addition to an already passionate view of one day becoming a medical professional.

The Alpha Epsilon Delta-Texas Eta Chapter is committed to expand our involvement in the community and growth of the chapter in 2020-2021.





TEXAS LAMBDA

University of Texas San Antonio

submitted by Natalie Rodriguez

The Texas Lambda Chapter of Alpha Epsilon Delta at The University of Texas at San Antonio excels in providing enriching opportunities to our members as well as remembering the value of service by consistently giving back to the community. Texas Lambda strives to empower and provide guidance to pre-health students in their unique journey into the desired field of their choice.

The Spring 2020 semester for Texas Lambda had a great start by introducing our exciting recruiting events to our prospective members. Our chapter thrives off of the diverse group of students that keeps growing every semester. This semester, our Texas Lambda family grew with the addition of new recruits. Our chapter takes pride in being one of the largest pre-health organizations on campus.

We continued to play an active role in the San Antonio community by providing helping hands at Habitat for Humanity, The San Antonio Foodbank, The Salvation Army, Mathcounts Nationwide Program, and San Antonio State Hospital. The San Antonio State Hospital improves the quality of life of patients by providing the psychiatric and rehabilitative services needed. We are grateful for the insightful experiences The San Antonio State Hospital has provided to members by allowing them to interact with patients and get an inside look of how the hospital works. In addition to this, our members have broadened their assistance by volunteering at locations we have not been to before such as Goodwill Industry, Labor Serena Community Garden, San Antonio Pets Alive, Morgan's Wonderland and The San Antonio Residence and Rehab Center.

On March 5th, five of our officers traveled to Tampa, Florida to attend the Alpha Epsilon Delta Biennial National Convention to meet other pre-health students from all over the country. There were a variety of events each day at the conference that provided professional development and insight on how to bring forth the best experiences for our members. Our officers partook in the official business sessions and networked with other pre-health students during the convention. The five officers had a chance to meet keynote speaker Dr. Vince Michaud who spoke about the different perspective of medicine as a flight surgeon at NASA Headquarters.

With the progression of the COVID-19 outbreak, our communication with members became virtual, but we still managed to have the same camaraderie from the beginning until the end of the semester. During this time, our chapter still managed to stay connected and offered support to our members even if we couldn't be together physically. We managed to stay connected with socials via zoom and Instagram challenges to engage with our members and shed some light during this trying time. Our chapter has strived to be a second family to our members for whatever they may encounter during their pre-health journey. Texas Lambda is looking forward to another semester of offering the best opportunities, guidance and support needed for our members to flourish and become the strongest collective of healthcare professionals of the future.



TEXAS PI



Tarleton State University

submitted by Benjamin Olivo

Within the last year, our chapter has organized several meaningful events. The three that really stood out to us were our annual blood drive that we sponsor with the American Red Cross Association, Take a Paws, and the Festival of Trees. All three of these events were able to bring life and joy to our local community.

This year our chapter joined with the American Red Cross Association to organize and hold a blood drive on campus. This special activity has helped reach those around the country that are in need of blood transfusions. We are excited to be helping make this event possible again.

Take a Paws, was a new event that was organized by our chapter last semester. This wonderful event helped students on campus to take a break from the

stressful season of finals as well as helping our local humane society promote their animals that were up for adoption. Hopefully we will have the privilege to partner with them again this semester.

Our final memorable activity that we were a part of was called Festival of Trees. In this event our chapter joined together and decorated a Christmas tree that would be auctioned off and the proceeds donated to a charity. The decorated trees were then bid on by businesses and families or donated to nursing homes or other businesses throughout the community.

We are overjoyed to be a part of such an amazing community and excited to see these events come to life each year. Hopefully we will continue these events for the years to come.





TEXAS XI

Texas A&M University – Corpus Christi

submitted by Anay Silva

Despite the unfortunate COVID-19 pandemic, the Texas A&M University-Corpus Christi Texas XI chapter has made all the efforts necessary to be able to give members the full AED experience. Even though it has been a challenge to communicate via online for the general meetings, we have implemented various opportunities so that members can still 100% participate, whether it be in-person (with the appropriate safety measures implemented) or from the comfort of their homes. Our chapter this semester has two amazing volunteer coordinators that have made this possible.

The biggest priority this semester was to make sure that our members could still be involved within the community while keeping safe. With that in mind, our volunteer coordinators felt that collaborating with the Coastal Bend Food Bank in the Corpus Christi area would be a great way to give back to the community, especially during a year where many people have faced struggles. From helping at the food bank location to going out to locations set-up within the city to distribute food, our organization has been able to make a huge impact. The food bank is very strict on making sure that all volunteers do take the necessary precautions such as face coverings, temperature checks, and self-distancing which fits well with our goal to make sure everyone in AED is kept healthy.

The next biggest event we have coming up is the Food Drive that is being hosted by the food bank. We wanted to further extend our outreach within the community so the officers unanimously agreed that this would help feed many families. This event is

scheduled from October 12th – November 12th. We hope that this will help feed families during the Thanksgiving season. Items that can be donated consist of canned goods and non-perishable items. Four drop-off locations have been set-up through the campus so that students have easy and safe access to get those items to us. Because it may difficult for some members to go out and volunteer at events, we wanted to be able to provide them with some volunteer hours if they did choose to participate.

Being online can be distracting for many so to keep members engaged, The Texas Xi AED chapter decided that having a guest speaker at every meeting would be a great way to inform and make it enjoyable. So far this semester, we have had guest speakers ranging from a medical student, PA student, to a pharmacy school admissions director. This helps students interested in a specific career path to get the awareness they need to meet perquisites or the path that they must take to reach their goals. This has helped us get great attendance outcomes at our meetings primarily because everyone has been able to still get so much knowledge from their homes.

Even though this semester has posed a challenge, the Texas Xi AED chapter wanted to show that maintaining the organization online was not an impossible task. Members have shown outstanding commitment, one to be extremely proud of, and we believe that AED is paving a new and different way to maintain student involvement if the COVID-19 situation does persist for longer than expected.



TEXAS ZETA



Texas Christian University

submitted by Luke Hamilton

At the Texas Zeta Chapter of Texas Christian University, we have continued to remain active and diligent in finding ways to connect our members to the Fort Worth Community and also with each other—despite the ongoing COVID-19 pandemic. Since April, our executive team has met monthly via Zoom preparing for the transition to an online format this semester. Over the summer, we recognized the opportunity presented with a virtual-format semester and began planning virtual speaker events to hear from those in the medical field, locally and nationwide, talk about their experiences amidst the pandemic; however, we also recognized the communication and community-building challenges that our organization would face during this unusual semester.

Early into June, our executive team worked on constructing a website for our organization to keep our members—especially our incoming freshman and transfer members—informed, engaged, and connected with our organization. Additionally, we created a membership interest form to learn more about the demographic among the members of our organization, which will aid us in catering future speaker events to specific pre-health fields, whether that be pre-dent, pre-med, pre-PA, pre-pharm, or pre-vet.

On September 1st, our organization hosted our first virtual speaker event in collaboration with the TCU Nursing Club

and TCUPA Club. At this event, Erin Rutledge, a critical care PA with Texas Pulmonary and Critical Care Consultants at THR Downtown Fort Worth Hospital, Andrea Malis, a cardiac nurse at Texas Health Presbyterian Denton, and Dr. Deborah Lay, a hospitalist in Charleston, South Carolina, shared their respective medical experiences while operating in a pandemic as well as advice for undergraduate students preparing for graduate school and careers after college. This event was a tremendous success with 52 TCU pre-health students attending, one of our highest event attendance rates within the past few years. Our students were able to learn about the challenges that these medical professionals faced at the beginning of the pandemic in March, all the way through what they are currently experiencing in the clinic now, along with how the case-count, hospitalization rate, and severity of the pandemic has fluctuated throughout this unprecedented time.

TCU's Texas Zeta Chapter of AED is excited to continue to embrace this virtual format by pushing for community building among our organization and also by connecting with more medical professionals to educate ourselves and learn more about their medical experiences and journey progressing to their professional careers.





VIRGINIA DELTA

Virginia Tech
submitted by Allen Blaha

The Virginia Delta Chapter of Alpha Epsilon Delta has been transitioning into the COVID-19 era very smoothly. Our main focus for this semester is to increase recruitment from previous years. Last year, our meetings hit a staggering low of roughly 20 students per meeting. I am extremely happy to announce that we had over 60 new applicants which led to a meeting average of about 70 people so far this year. The online aspect has actually been great. Members have been thoroughly engaged with our guest speakers. Zoom has allowed members to ask the speakers any and all questions that come to mind. The two speakers that we have had so far have been an internist sleep medicine specialist and a Pediatrician from CHKD.

Our chapter takes community involvement very seriously. Unfortunately, there are a lot fewer in person community service opportunities available this semester. To provide alternative opportunities to fulfill service requirements, we have partnered with two new organizations. First, we have set up a pen pal program with a local assisted living facility, Warm Hearth Village. We just started this, so I am very excited to see how successful it is. Second, we have also paired with the local

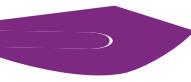
YMCA to participate in Meals on Main. This is a weekly event where members hand out food to local children at the YMCA thrift store.

Our social aspect of the organization has taken a huge hit due to COVID. We have a couple of zoom social events planned. "Zoom Icebreaker Questions" is planned for October 3rd, where new members will be able to meet other members and get integrated into our organization. We also have a "Let's Talk About Food" social event on October 4th where members will cook an easy to make meal then have a virtual dinner with each other. Our Vice President is coming up with a mentor program which will hopefully increase member involvement and help our organization be more social.

Virginia Delta chapter is extremely excited to continue this rollercoaster of a semester. All members are looking forward to meeting new guest speakers and further exploring the various medical careers out there. Hopefully we will be able to meet back in person soon, we miss seeing everyone face to face.



VIRGINIA MU



Regent University

submitted by Jalyn Dio

At Regent University, our growing AED Virginia Mu chapter has made significant efforts to respond to the pandemic that has changed all aspects of our daily lives. Even during a time when in-person meetings are no longer available and outreach events are highly regulated, the Virginia Mu chapter has risen to the call of our local community for service as aspiring health providers. Our chapter is bustling with outreach activities from virtual tutoring for K-12 students studying remotely to a mask and soap fundraiser for Chesapeake Care Clinic, a local medical and dental facility dedicated to serving low-income families.

In addition to our efforts at outreach, Regent University's AED Virginia Mu chapter is still making every effort to support our members in their pursuits of postgraduate studies. Our members are active in the medical and scientific communities as emergency medical

technicians, interns at Eastern Virginia Medical School (EVMS), and an intern at a Department of Energy National Lab. Additionally, our members have come together to make their own sub-clubs to offer encouragement and support to other members pursuing similar careers. This year, two of our members, already accepted into the Physician's Assistant program at EVMS, founded a Pre-PA sub-club to guide underclassmen through the application and clinical hour process.

Regent University's AED Virginia Mu Chapter is sincerely devoted to service and scholarship, now more than ever before. With the deafening demands of the community for passionate medical providers, the Virginia Mu chapter is making every attempt to prepare our members for the future while serving our local communities now.





WEST VIRGINIA ALPHA

West Virginia University

submitted by Rachel Quattrone

To begin the year in these unexpected times, West Virginia University started with a hybrid delivery of classes. Our chapter of Alpha Epsilon Delta followed regulations and began with meetings online. The cancellation of the induction ceremony in the spring and the abrupt departure from campus left us to have officer elections online and lose some interaction between new and existing members that usually happens at the induction. To combat this, we have tried to connect in the meetings online. We have focused on recruitment by creating infographics and distributing

them to large classes with pre-health students. We are searching for volunteer and service opportunities that we can participate in either online or in a safe and socially distanced way. We plan to incorporate some video appearances from some healthcare professionals for our members that are planning on different careers in the healthcare field. For the remainder of the semester we will continue to have meetings monthly online and search for safe activities we can participate in that will benefit our community.

WISCONSIN BETA



University of Wisconsin-Madison

submitted by Andrew Turunen

The Spring 2020 semester had an energetic start filled with many social, professional development, and volunteer opportunities. Due to restrictions and guidelines put in place to ensure the safety of everyone during the COVID-19 pandemic, we transitioned to providing our members with virtual events, like virtual speakers from various healthcare fields and documentaries with guided discussions afterwards.

One of our big accomplishments of the spring 2020 semester was teaming up with the Leukemia and Lymphoma Society (LLS), which is an organization that focuses on cutting-edge research to help find cures for blood cancers. LLS has invested nearly 1.3 billion dollars in blood cancer research since 1946 and has helped advance 55 blood cancer therapies

since 2017. By teaming up with this organization, AED members can benefit from volunteer, social, fundraising, professional development, and advocacy opportunities, all of which help LLS achieve their mission. Some specific future plans for AED's involvement in supporting LLS include helping with the Light the Night event which is made to celebrate, honor, and remember those touched by cancer. Another event is the Dodge the Dark, which is a dodgeball tournament fundraiser, which we believe could be a huge success on campus. AED Wisconsin Beta chapter is looking forward to building our relationship with LLS, while always continuing to build on our usual volunteer, social, professional development, and advocacy events that our members enjoy.

HOW TO SUBMIT A SCALPEL REPORT



01

Step 1: Visit the AED website to download the Scalpel Reporting Form.

02

Step 2: Fill in your Chapter Name, University, and Scalpel Reporter, using the PDF file

03

Step 3: Write and Save your article in a Microsoft Word document making sure it follows the 250-350 word count range.

04

Step 4: Photos must be in High Resolution (320 DPI or more) JPEG format at least 2.5 "X 4". (Photos are strongly encouraged)

05

Step 5: Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at: aednationaloffices@tcu.edu



REMINDER:

AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1st for the Fall Scalpel and Feb 1st for the Spring Scalpel.

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ARE YOU SURE YOU'RE A NATIONAL MEMBER?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren't!!!

Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

Contact us:

Phone: (817) 257-4550

E-Mail: aednationaloffices@tcu.edu

CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF's:

1. Only typed forms will be accepted and processed.
2. A typed list of each student's first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.

SAVE THE DATE

for the 2022 Convention.

It will be in Nashville, TN,

March 17-20, 2022.



Attendees of the national convention in Tampa, Florida.

