

# the scalpel

SPRING 2023

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Letter from the President.....	04
Board of Directors.....	05
AED Regions.....	06
AED Regional Directors.....	07
AED Scholarship Winners 2021-2022.....	08
Chapter Reports.....	13
Important Reminders.....	59
Alpha Epsilon Delta Chapter Directory.....	60
How to Submit a Scalpel Report.....	66
Are You Sure You're a Member?.....	67
Reflections of a National Member's Journey Before Medical School.....	68
AED Announcements.....	70

ASK US  
ABOUT  
CHAPTER  
SHIRTS!



Message from  
**THE PRESIDENT**

Greetings,

I hope this letter finds all of you doing well. Now is the time to gear up for the AED National Convention. Registration for the conference will be opening soon and we are extremely excited to welcome you to the great state of Texas!

Attending the Biennial Convention is extremely important. This is a chance for your chapter to connect with other chapters, the national officers and healthcare professions. It provides an opportunity to network, learn and grow. AED is the cream of the crop when it comes to students pursuing a career in healthcare. The board wants to provide you opportunities to exchange ideas and learn information to take back to your chapters. Please make plans to have at least one delegate and the advisor from your chapter attend the convention. It is so important that we stay connected to help AED grow stronger.

AED offers a robust scholarship program. Applications are due each spring and will follow you to your professional school. Please take the time to apply as this organization uses those scholarships to give back to you as you continue to give to it.

As always, the Scalpel is a fantastic publication because it highlights you, the members of this great organization and the work that you do at your chapters. Please continue to submit your pictures and activities. What you do at your chapter can inspire others and as members, we are in the inspiration business.

I am extremely appreciative of each and every one of you! Keep working hard and continue to strive to be the best! If there is anything the board and I can do for you, please do not hesitate to let us know.

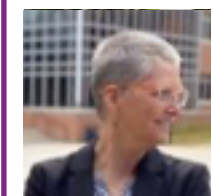
Truth I Pursue,

Dr. Sovent Z. Taylor  
Alpha Epsilon Delta National President

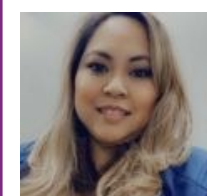
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**AED Past President**  
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# AED REGIONS & REGIONAL DIRECTORS



REGION 1	REGION 2
REGION 3	REGION 4
REGION 5	FUTURE CHAPTERS

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# CONGRATULATIONS

## AED SCHOLARSHIP WINNERS 2021-2022



V.L. Tweedie Scholarship  
\$10,000  
Region 3  
**Michael Ho**  
University of Alabama,  
Birmingham



T. G. Jackson Scholarship  
\$5,000  
Region 4  
**Emily Otken**  
Louisiana State University



Moore Scholarship  
\$3,000  
Region 1  
**Miranda Robinson**  
Muhlenberg College



Moore Scholarship \$3,000  
Region 2  
**Cami Wells**  
Kansas State University



Moore Scholarship \$3,000  
Region 3  
**Amelia Curtis**  
University of North Carolina,  
Chapel Hill



Moore Scholarship \$3,000  
Region 4  
**Cindy Ngo**  
University of Texas at Dallas



Moore Scholarship \$3,000  
Region 5  
**Sara Esteves**  
Loyola Marymount University



Donald Schreiweis  
Scholarship \$2,000  
Region 3  
**Cailyn Toro**  
University of Florida



Donald Schreiweis  
Scholarship \$2,000  
Region 3  
**Chandler Curtis**  
University of South Carolina



Donald Schreiweis  
Scholarship \$2,000  
Region 4  
**Amara Chike**  
Xavier University of Louisiana



Donald Schreiweis  
Scholarship \$2,000  
Region 3  
**Constance Sullivan**  
University of Georgia





Donald Schreiweis  
Scholarship \$2,000  
Region 3

**Jolie Boullion**  
University of South Alabama



Donald Schreiweis  
Scholarship \$2,000  
Region 2

**Leah LoVerde**  
Bradley University



Donald Schreiweis  
Scholarship \$2,000  
Region 1

**Natalie David**  
Muhlenberg College



Donald Schreiweis  
Scholarship \$2,000  
Region 3

**Noah Baker**  
University of South Alabama



Donald Schreiweis  
Scholarship \$2,000  
Region 4

**Mia Alshami**  
University of Arkansas



Donald Schreiweis  
Scholarship \$2,000  
Region 1

**Regan Shanahan**  
Boston University



Donald Schreiweis  
Scholarship \$2,000  
Region 4

**Sadie Beeman**  
University of Arkansas



Donald Schreiweis  
Scholarship \$2,000  
Region 2

**Sonia Bhakkad**  
University of Michigan



Donald Schreiweis  
Scholarship \$2,000  
Region 3

**Serena Gilmore**  
Clemson University



Donald Schreiweis  
Scholarship \$2,000  
Region 4

**Thi Kim Vu**  
Houston Christian University



Donald Schreiweis  
Scholarship \$2,000  
Region 3

**Shane Harrington**  
North Carolina State University



SPRING  
2023

# CHAPTER REPORTS





# ALABAMA ALPHA

## University of Alabama

submitted by Malena Long

Happy New Year from the Alpha Chapter of Alpha Epsilon Delta at the University of Alabama! Our pre-health family is back for the spring semester with juniors and seniors well into their MCAT studies and the 2024 application cycle and freshman and sophomores gearing up to conquer their classes and extracurriculars.

Last semester, our initiative directors did an incredible job creating resources for our members. Our Metrics leaders masterfully designed a spreadsheet reviewing any and all MCAT resources, the community directors planned a Halloween movie night, and volunteering scheduled the most loved event of the year; blanket making for Project Linus. We had three physicians in the field come to share their experience at meetings and our members were given the opportunity to ask questions about their work-life balance, time in med school and residency, as well as anything else they had on their heart. In addition to planning and providing resources, at a meeting our directors introduced themselves as mentors to the underclassmen. We want to foster an encouraging and close-knit community

among AED members and our philosophy is that we all succeed together.

This semester, we will do our absolute best to support our members who are knee deep in the application process. Our very own vice president, Madi Boudreaux, was accepted into LSU New Orleans School of Medicine and we couldn't be more proud. At upcoming meetings, we will address current issues in healthcare, introduce options for those looking forward to their gap year, and start our Medical Admissions Series with speakers from University of Alabama Birmingham and University of South Alabama.

As mentioned above, we finished out the semester making blankets together for Project Linus, a nonprofit organization that provides blankets for children in need everywhere- whether that be in a hospital, shelter, or social service agency. Here are a couple pictures of our dedicated, wonderful members building community for a cause!



# ALABAMA DELTA

## University of Alabama at Birmingham

submitted by Wajiha Mekki

The Alabama Delta chapter of Alpha Epsilon Delta is excited to welcome new and returning students on the University of Alabama at Birmingham's campus and help guide them through their undergraduate career, preparing for their future careers in healthcare. We hope to keep up the spirit and charisma from the previous semester as we continue to plan interactive workshops, programming, Q&A board and more.

We ended last semester with an interactive gala for our active members, rewarding them for their participation during the fall. This was a way for us to reflect on the memories made during the semester and acknowledge the future health professionals on our campus. This semester, we have been focusing on increasing service opportunities to our members and utilizing it as a vehicle to help provide our members leadership opportunities to develop their interpersonal skills, preparing this for future patient interactions. Some of these opportunities include MLK's Beloved Community and Rise Against Hunger alongside the UAB Leadership and Service Council, Jones Valley Teaching Farm, Red Barn, Spirit of Luke, and other community partners.

Our first general body meeting this semester was a panel with MD and DO institutions within the state of Alabama. This is one of the first events of this caliber and we are honored to have had the opportunity to host these institutions.

We followed up with an interview workshop in collaboration with the UAB Career Center to help mobilize resources and education to ensure that they are prepared for future professional school applications.

Over the past couple of weeks, we have planned and coordinated activities alongside other UAB pre-health organizations and look forward to successful collaborations. Beyond our event planning, we have taken steps to connect with freshmen and transfer students to share our message and teach them about AED.

We have many activities planned for the rest of the semester and are excited to welcome new members and grow our tight-knit community of students, passionate about their futures in healthcare.





# ALABAMA EPSILON

## University of Alabama Huntsville

submitted by Monet Kingdavong

The Alabama Epsilon chapter of AED at the University of Alabama in Huntsville has had an eventful semester. With the effects of COVID-19 gradually reducing, AED was able to enjoy a variety of in-person activities.

One of the major events that AED got to experience and plan was Health Careers Day. This year's Health Careers Day is the first in-person Health Career Day since before COVID-19. Health Careers Day features a variety of different personnel in health career-related careers like doctors, optimists, physical therapists, and several others coming to host workshops and presentations that gave students a deeper insight into professional school admission and their respective careers. In addition, Health Careers Day also hosted several professional school admission representatives and science companies in an exhibition fair.

Some other opportunities that AED got to experience were a variety of special guest speakers that came

and presented about a variety of different health-career-related topics like genetic counseling, forensic pathology, Alzheimer's disease, The Alabama College of Osteopathic Medicine, and many others. We also had many volunteering opportunities and workshops that students were encouraged to attend. There were workshops about interviews, resume building, personal statements, and many more. Volunteering was also open at the local homeless shelter.

As the semester progresses, the Alabama Epsilon Chapter of AED will continue to educate its members and promote the importance of professional skills and relationship building. We hope that our members will be able to use the skills and knowledge gained from their experiences in AED to aid in their academic and professional goals.



# ALABAMA GAMMA

## Auburn University

submitted by Kate Sims

The Alabama Gamma chapter of Alpha Epsilon Delta at Auburn University is excited to welcome students back for Spring 2023 to continue to further educate and provide opportunities for members. We are committed to helping students further their goals in the health professions. To start off the semester, we invited LaKeshia Whigham and Dr. Julia Fowler from The University of Alabama at Birmingham Rural Medicine program. We will also welcome Mackel Harris of Life University Chiropractic as well as Mary Davis Kennedy from the Samford Public Health Program. We strive to invite multiple speakers to talk about alternative careers in medicine. There will be opportunities for students to become familiar with many health professions as they go through their undergraduate studies. We are excited to welcome Dr. Robert Record from Christ Health Center to speak about the road to becoming a physician. Dr. Record also offers numerous undergraduate students positions in his clinic. Our Pre-Medical, Pre-Dental, and Pre-Optometry students all hosted an MCAT, DAT, and OAT workshop respectively. This is an opportunity for members to gain insight into how admissions tests will be administered from distinguished students. We have also invited speakers who will share their personal experiences

throughout their residency, P.A. school, and the path that got them there. We will be closing off the semester by holding a Health Professions Application Workshop where our representatives will be sharing information and advice regarding the application process for medical, dental, and optometry schools.

We will be inducting and initiating new members for the 2023-2024 academic year, as well as holding elections for positions for the following academic year. AED Alabama Gamma has continued to diversify our members' experiences by presenting several potential volunteering opportunities. The chapter shares opportunities during meetings and through our weekly emails. Some examples of this are volunteering with Camp Kesem, which is a nationwide program supporting children whose parents are affected by cancer, Project Uplift, which allows students to mentor adolescents from underserved areas around Auburn, IMPACT and Beat Bama Food Drive, which are both volunteering opportunities around Auburn's campus. These are just a few examples of our current volunteering opportunities and we strive to provide more.





# ALABAMA IOTA

## Troy University

submitted by Allyson ALEXander

The Alabama Iota chapter of Alpha Epsilon Delta at Troy University had a very busy and successful fall semester and has exciting plans for the upcoming term. This fall we focused on helping our members navigate the professional school application process. Speakers included the head of admissions from various programs such as the University of South Alabama School of Medicine, Heersink School of Medicine, Alabama College of Osteopathic Medicine, UAB School of Optometry, and Auburn University Harrison College of Pharmacy.

This fall our members put on various events on campus and in the community. We partnered with the Pre-Dental club and Pre-Vet club to host a health booth on campus with information about local healthcare and veterinary services. We partnered with the Colleges Against Cancer organization and participated in the breast cancer awareness walk on campus. We also made teacher appreciation gifts for the faculty of the College of Arts and Sciences and wrote Christmas letters to patients receiving hospice care.

This coming semester we are planning to host a CPR certification class open to all students on campus for upcoming summer jobs or if required for their degree. We will be participating in the American Heart Association Heart Walk and the American Cancer Society Relay for Life. We will also be giving back to our community by aiding Habitat for Humanity on a house being built here in Pike County, continuing to participate in our Adopt-A-Mile program where we clean up a portion of Highway 231 in Troy, Alabama, and helping put on the Pike County Groundwater Festival hosted at Troy University.

With all the great upcoming opportunities to get involved and give back to the community, we are excited to watch our chapter grow its presence on campus and in the community. Our goal as a chapter is to positively impact our campus, community, and each individual member. We are excited about the future and cannot wait to see what is in store for the Alabama Iota chapter.



# ALABAMA LAMBDA

## University of North Alabama

submitted by Autumn Makenzie Robertson

In the Fall of 2022, most of our meetings had speakers telling members about application processes, interview processes, and how a typical day for them is. These meetings gave our members unique perspectives on medical professions and more of an idea of what it is really like to be a doctor, optometrist, pharmacist, or medical student. In one of the meetings, Dr. Ryan Gray spoke with us over Zoom and gave some excellent advice. We also learned all about the MCAT, DAT, OAT, and GRE. We did a suture clinic which everyone loves because it is educational and fun. This semester, many of our members began volunteering with Amedisys Hospice. This volunteer work provides great experience and exposure to the medical field. Our last meeting of the semester was our fall initiation and we added some excellent students to our chapter!

This semester we have some fun things planned! We will have a doctor, medical student, pharmacist, and podiatrist speaking with us. We are volunteering at Common Ground Shoals, which is a local volunteer program that focuses on youth development and leadership. We are having a fundraiser night at our local Taco Mama. Yum! We will be doing a vitals clinic which will provide our members with an excellent opportunity to become familiar with reading basic vital signs of future patients.

After spring initiation, we are having a cookout which will be a great opportunity for our members to hang out and relax before final exams! We are looking forward to another great semester that is full of opportunities!





# ALABAMA ZETA

## University of South Alabama

submitted by Neil Chaudhary

The Alabama Zeta chapter continues to provide our members with the valuable opportunities they need to excel both academically and extracurricularly. We provide our members with rewarding, ongoing service events such as Mobile Infirmary, PASSAGE USA, St. Joseph's Hospice, BELONG tutoring, Victory Health, and many more. We also provide fulfilling one-time service opportunities such as the upcoming event Night to Shine and local 5K runs. This semester, we are excited to continue offering a wide range of in-person shadowing opportunities for our members.

BELONG is an organization that aims to provide immigrants in America with an educational foundation through tutoring, life skills, health, rights awareness, and ESL services. This is a new service opportunity we began to offer to our members during the Fall 2022 semester. When asked about his experience as a BELONG tutor, Freshman Dev Mehta explained, "BELONG has exposed me to an assortment of cultures which has allowed me to help students who may find their coursework more rigorous than other classmates due to not having a fluent English-speaking parent."

Graduate school tours are an exciting new project that the Alabama Zeta chapter has begun to organize for our members. Exploring the Auburn Harrison School of Pharmacy Mobile Campus was a fantastic experience for our pre-health students, especially those interested in pharmacy. Our members were

given a hands-on glimpse into the world of pharmacy and a potential fulfilling career. This tour was organized by Senior Noel Godang, our Member-At-Large, who explained "I am thrilled to bring even more enriching experiences to our members this semester, as we have several other similarly exciting opportunities in store to introduce them to a variety of healthcare fields."

To close out a successful Fall 2022 semester, the Alabama Zeta chapter organized a community-building Friendsgiving potluck in collaboration with fellow on-campus student organizations. This event was a massive success with hundreds of students in attendance, and according to Senior Matthew Jalkh, "Friendsgiving to me was an incredible event hosted by an incredible community. Working with my friends to plan/set up the event and seeing how everyone had a ton of fun was definitely a highlight of my semester!" In addition to community-building, this event served as a Food Drive collection for Victory Health Partners Healthy Living Food Pantry. This food pantry provides healthy foods, ranging from canned goods to fruits and meats for patients.

Victory Health sees this as a way to help patients afford food and learn which foods to eat to improve their overall health.

Alabama Zeta provides its members with a plethora of opportunities so that they can find the right fit for their professional careers and serve our community with passion. This semester we aim to host Dine with Docs, an event that will allow our Pre-Medicine students to network with local doctors in a dinner setting. Our members excel in both academics and extracurricular activities, and they aim to continue making a positive impact on the community in both their personal and professional lives.

*\*Alabama Zeta Officers and Members at our philanthropy event Mega Musical Chairs 2022*



# CALIFORNIA ALPHA

## University of Southern California

submitted by Danya Fatehi

The California Alpha Chapter at The University of Southern California was able to reinstate 100% of the fall semester activities in person! Members were afforded the opportunity to strengthen ties with each other as well as the greater Los Angeles community through social, networking, and philanthropy events.

While new members gathered every week, general body meetings were held multiple times throughout the semester. We were fortunate to get everyone together for fun as well as professional activities; with some of our members meeting in person for the first time! We would like to thank our new faculty advisor Dr. Susie Kim, for leading presentations on long term goal setting and the importance of friendships especially during the tumultuous time of our undergraduate studies. She reinforced the importance of human connection while inspiring us to be the best version of ourselves as we pursue our dreams.

Our chapter partnered with Vida Mobile Clinic and the Kidney Health Quest Foundation for our first in-person clinical event. Members eagerly assisted healthcare professionals in offering checkups and discussing nutrition, mental health, and positive healthy habits with patients. Our bilingual members translated for Spanish speaking patients, helping to create a strong physician and patient communication. Our chapter was grateful for the opportunity to serve members of the San Fernando Valley and those who traveled hours to attend this event.

One of the most talked about networking events was held by Emergency Medicine Physicians and Residents. Twenty of our New Members participated in our "Suturing 101 Workshop" where they practiced their manual dexterity on a silicon authentic skin pad. Members found this networking event to be their

favorite as they enjoyed the hands-on experience of performing stitches and sutures while building relationships with mentors.

As we prepare for an engaging and versatile semester, we invite all USC pre-health students to attend our annual Southland Conference. Led by physicians in the Los Angeles area, we strive to inspire students and provide a resource in which they can meet like-minded individuals. I extend my sincere gratitude to our executive board for their dedication to AED and making this club a home for so many individuals! We lead by elevating one another and we look forward to the opportunities that the future holds!





# CALIFORNIA EPSILON

## University of California Irvine

submitted by Kathy Bui, Ethan Nghiem

This past fall marked the Cal Epsilon chapter's full-fledged return to in-person community service and intra-organizational camaraderie events. The Cal Epsilon chapter's beliefs are to provide our members with various opportunities to give back to the community. Our biannual service events of Skid Row provided our members a chance to gain insight into other people's lifestyles and hardships. Our members were able to collect and prepare care packages for individuals in downtown Los Angeles as we hope our efforts will help the underserved community. This trip is always extra special to us as we were able to hear the stories, as well as, the hopes and dreams of many individuals. Such gratitude from each individual reminded our members that a simple gesture can go a long way.

We were also able to collaborate with the pre-medical fraternity Phi Delta Epsilon for a community service event promoting health awareness. Over 50 members from both of our organizations, hosted by our community outreach coordinators, had the opportunity to gather together and create posters promoting the practice of healthy habits for maintaining both physical and mental health in areas such as general nutrition, proper exercise, and sleep. These posters were then distributed to local high schools and placed around their campuses. Through this activity alone, our chapter was able to bridge AED's pillars

of camaraderie and service and apply them to strengthen our ties to the community.

Aside from these major events, the Cal Epsilon chapter continued its standard program of bringing speakers to our weekly meetings to discuss their experiences within their areas of expertise. This quarter, our active members were able to gain a firsthand account of life as various medical professionals in the fields of surgery, internal medicine, nursing, and dentistry as well as what it takes to become prepared to work in the field of healthcare.



# CALIFORNIA KAPPA

## Dominican University of California

submitted by Mitchell Sanders

During our Fall '22 semester, the California Kappa chapter held bimonthly meetings to further our connections in the medical field. One of our most memorable meetings included a talk from Dr. Beth Sedeinberg who has seen many sides of the pharmaceutical and biotech industries. We also held a study-tip session before finals week to help our members achieve their goals. Several of our AED members have recently begun shadowing in the medical setting. Many members are also currently involved with research, community service, and internship programs. Our honors society will also be offering tours of local medical and PA programs, as well as hosting information sessions for the newly accredited PA program at Dominican University of California.

Hooriya Shaghasi and Chili Phaler have recently started their internship at our local Kaiser Permanente hospital. Both of these members are shadowing individual doctors in their free time to further their education in the field. Hooriyah has been in an OB/GYN's office and Chili has been observing a doctor in family medicine.

Tayah Simpson was recently invited to present at the National Conference of Undergraduate Research (NCUR) to present on the relationship between a history of childhood maltreatment and a woman's desire to have children. She hopes to hear back from the Works

Progress Administration (WPA) about a job post-graduation.

Mitchell Sanders was accepted into the RIDE program at the University of Washington School of Dentistry. This program focuses on dental services in rural and underserved communities.

Chapter president, Angely Joy Binauhan, was certified as a medical assistant for pediatric patients. With this certification, she has been volunteering at Marin Health hospital to prepare for her future career.

Jennifer Borromeo submitted her application to the Summer HIV/AIDS Research Program (SHARP) provided by the San Francisco Department of Public Health. Emily Vu is currently working with the Spahr center, testing patients for HIV/AIDS.

A significant amount of our members are currently involved in research with the university. Chili Phaler is working on developing computer software that will generate material that will help repair prostate glands. Hooriya Shaghasi is studying national marine products and their impact, while Emily Vu looks into the effects of wildfires on salamanders. Mitchell Sanders is finishing his research on the effects of diving on the health of coral reefs.





# COLORADO GAMMA

## Regis University

submitted by Katelyn De Leon

The Colorado Gamma Chapter of Alpha Epsilon Delta has conducted various exciting events this semester. We kicked off our first meeting with an anatomy and physiology kahoot. This provided an opportunity for students to reconnect with their peers after a long break through a friendly competition. We hosted individuals from a variety of majors with different areas of knowledge, which brought a diverse perspective to the topics we were covering. The race for first place was tight, and this game was a soft review into the material many of us will be diving deeper into this year.

We also helped prepare our peers by inviting speakers who could provide insight regarding preparation for professional schools. More specifically, we brought in a speaker from ScribeAmerica who discussed a great job opportunity where students can start to familiarize

themselves with medical terminology in a hospital environment. We also had some professors come in to present their research and provide an opportunity for members to get involved with some studies occurring right now on campus.

One of the most highly anticipated events our chapter experienced was our annual suture night. We bring in a podiatrist who teaches us how to place sutures on pig feet. It's a very hands-on and unique experience that many of our students have never done before.

In conclusion, the Colorado Gamma Chapter has been really fortunate to experience yet another outstanding semester. We look forward to further unifying and supporting our members on their healthcare paths after college.

# FLORIDA ALPHA

## University of Florida

submitted by Andy Gil

This past year has been the first true school year that our chapter has been able to function with minimal restrictions due to COVID. While we still highly encourage our members to continue practicing CDC guidelines, we have now transitioned to an entirely in-person year with in-person events. Our year started with a fundraising hike in August where we fundraised over \$4000 to Climb for Cancer, a foundation dedicated to providing support to cancer patients and their caregivers. Throughout the fall semester, we offered over 200 hours of community service with some of our favorite organizations to volunteer with like Peacefield and Camp Boggy Creek. Peacefield is an animal sanctuary that AED has volunteered with for over 2 years now and have built a strong relationship with. In these events, we help care for the sanctuary and learn a little bit about their mission. This wonderful event really shows the diversity of AED as we aren't strictly focused on the pre-medical track, but truly offer a variety

of events for everyone's professional interest, pre-veterinarian in this case. Camp Boggy Creek highlights our dedication to service as it is a foundation based outside of Gainesville. For this event, we drove several hours to volunteer at their first annual fundraising walk and helped their event run smoothly. We set up throughout the paths of the run/bike trails and in the finish line to point the runners and bikers in the correct direction as well as cheer them on as they got closer to the finish line. To accentuate the great effort to work within our communities, our chapter helped organize a donation drive in the aftermath of Hurricane Ian. Our organization pulled their resources and all of the donations we received, we sent to Tampa, Florida as they were affected much more by Hurricane Ian than Gainesville was. The rest of our semester focused heavily on all four of our pillars: Service, Philanthropy, Family, and Professional Development. Excluding the August trip for Climb

for Cancer, we fundraised \$14,500 for Florida Diabetes Camp, a foundation dedicated to providing children with diabetes an opportunity to experience a true camp without the judgment or criticism of peers. Overall, our year has been one we've shared with our member body and have truly embraced the family that AED thrives to be.





# GEORGIA EPSILON

## Mercer University

submitted by Komal Gandhi

The Georgia Epsilon Chapter of Alpha Epsilon Delta at Mercer University is ready to start off the new year with events! As we are nearing application season for graduate programs and internship opportunities, we hope to host opportunities that support our members' goals in their pre-health endeavors. These events will integrate values central to health professionals, including professionalism, cultural competency, and service.

Our chapter will help increase access to helpful guidance and resources as students begin navigating their respective pre-health application processes. We recently hosted a test-prep panel to provide an opportunity for students to ask upperclassmen how to best approach studying for the MCAT, DAT, and GRE. Throughout the semester, we have also added dates when members may register for a mock exam. These days will give them an opportunity to practice testing closer to exam-day conditions with access to the computer lab and other exam resources. With these opportunities, members will be able to become more comfortable with how to prepare for and take their exams. We will also be planning an information session with Mercer University's School of Medicine (MUSM) to give students insight into the application process and MUSM's mission and values.

To better prepare our members for future careers in medicine, we also prioritize cultural competency. We will be continuing our workshop series from last semester, which featured talks on health disparities within the Hispanic community and providing inclusive medical care for the LGBTQ+ community. This semester we will have speakers to raise awareness of other important conversations in the medical field, including women's health, rural health, and racial and ethnic disparities. These workshops will provide a forum to encourage reflection on these issues.

Promoting community outreach is a vital goal for our chapter. We have organized many different volunteer events to provide unique ways that our members can give back to the community. We are excited to be partnering with other university organizations, including MerServe and

Mercer's Miracle Network Dance Marathon chapter (MU Miracle) in their efforts to support the Macon community. Next month we will be partnering with MerServe during their Service Saturday events, and we plan to participate in one of MU Miracle's fundraising events for the Beverly Knight Olson Children's Hospital in downtown Macon. Our chapter hopes that these opportunities will inspire our members to continue fostering close ties with the Macon community through service.

The Georgia Epsilon chapter is looking forward to working with our members this semester and being a part of their pre-health journey. We believe the events we have organized will guide members towards both their goals as pre-health students and health professionals.



We partnered with Backpack Buddies last semester to prepare nutritious meals for economically disadvantaged children

# ILLINOIS KAPPA

## Bradley University

submitted by Alexis Printz

The Illinois Kappa chapter of Alpha Epsilon Delta at Bradley University wrapped up 2022 with multiple accomplishments and noteworthy events. We started out the semester continuing to build our relationship with Almost Home Kids by inviting them to our very first meeting of the semester to educate our new members on the volunteer opportunities they offer and make blankets for the kids! Almost Home Kids provide transitional and respite care for children with medical complexities that no longer require hospitalization, but they may not have adequate trained family or home accommodations. In addition to Almost Home Kids, we were able to invite several other speakers to our meetings including Doctor of Physical Therapy students, Physical Therapists, Nurse Practitioners, and long-term COVID research project members at University of Illinois College of Medicine at Peoria. Additionally, we hosted a LinkedIn informational session to help our members learn skills on applying to graduate schools, build resumes, and professionally develop. For the second semester in a row we hosted our suture clinic with the US Army Medical Recruiters. Having them back consecutively allowed for our members to continue to grow their skills that they already learned and master their suture techniques. We plan to continuously have them back as this is one of

our favorite events as an organization.

To wrap up 2022 we brought all our members together for an OSF facility clinical lab tour. This

was the first time we have done this and our members were able to see what it would be like to work in a laboratory everyday. Our members were also able to gain hands-on experience with viewing samples through microscopes. This experience was great exposure for our members and provided them with insight into medical careers that could be beneficial when preparing for medical school or utilized as an alternative route. We also fundraised money for our chapter by holding an auction for graduate school entrance test prep-course from The Princeton Review.

Looking ahead to 2023 and our spring semester we have several exciting opportunities and events coming up. We are looking forward to our meetings with physical therapists, physicians, directors of medical schools, and neuropsychologists. Additionally, we plan to grow our relationship with Almost Home Kids and engage our members with more of their opportunities. We are excited to welcome more new members this spring. We are also looking forward to congratulating our seniors and hearing about their future plans!

We plan to continue to help educate our members and provide them with multiple opportunities to help them be the best healthcare providers that they can be!





# KANSAS ALPHA

## Kansas State University

submitted by Cami Wells

Members and affiliates of Kansas State University's AED chapter are very excited for what the Spring semester has to offer. Our local chapter will kick off the semester with our first meeting on January 30th, where attendees will be able to hear from a faculty member of K-State's PA program and gain detailed insight on what this program has to offer, as well as the chance to have specific questions about this program answered. Several AED members and affiliates possess a Pre-PA emphasis in their current academic track, so our chapter is very excited to be able to offer this opportunity to them.

Along with regularly scheduled meetings, all of which will consist of a guest lecturer with a unique health professional background, AED officers are currently working to organize a club fundraiser. Officers wished to think outside of the box for this event and have discussed the possibility of partnering with K-State's baking club for its implementation. This partnership would consist of AED members and affiliates assisting the baking club members with preparing goods for their weekly, campus-wide bake sale, and in return for assurance in staffing for baking preparation and tabling at the bake sale, AED would receive a percentage of the profits earned. Not only would our chapter raise money to help support future club activities, but we would also provide AED members and affiliates with a chance to receive community service hours by assisting with this fundraiser. Aligning with national AED's core value of excellence in scholarship, not only must our members pursue academic success, but they must also possess a passion for service, as service is the primary focus in any health profession.

We are greatly looking forward to all planned club activities this semester. However, the event that officers and members alike are most eager for is our chapter's initiation, which will take place on April 3rd. One of the officers' primary goals this year was to double the number of previous initiates and we are currently on track to achieve this goal with more than 10 students completing membership applications thus far. We hope to make this year's initiates feel as welcomed as possible so our AED officers plan not only to complete the traditional rituals of initiation but also to serve a formal meal to all those in attendance. We hope to raise member's excitement for the upcoming academic year and motivate initiates and current members to apply for leadership positions within our chapter. Our ultimate, long-term goal is to continuously increase recruitment for this AED chapter as well as provide increasingly unique and beneficial pre-health experiences to all those who participate in our chapter's events.

Kansas State's AED chapter greatly looks forward to what awaits us this Spring. By offering opportunities for growth as students and community helpers and initiation to become official AED members, we hope to continually spread awareness of what AED has to offer K-State students and students nationwide.

# KENTUCKY ALPHA

## University of Louisville

submitted by Helen Chuong

The Kentucky Alpha chapter of AED at the University of Louisville has begun this new semester with in person meetings to make connections and build closer bonds with current and new members of AED. This semester we will have a variety of online and in person forums that will ensure that all the members of AED are able to safely experience the forums that AED has to offer. For the fall 2022 semester, our forums taught our members a variety of knowledgeable information. Our members learned about the skills of the interview and resume process, scholarship opportunities, medical school admissions, and information about undergraduate research. Having these forums allow for our new and current members to gain incredible insight and guidance into their respective fields.

So far for the spring semester, we have had an introductory meeting to welcome our current and new members we inducted last winter. For the rest of this spring semester, we have prepared a variety of topics for our forums spanning different careers within the vast medical field. We have prepared forums with a dental student, ARNP, PA, and Radiologist tech. These forums

will allow our members to get insight on these various careers and an opportunity to ask questions and seek guidance from our guest speakers. We strive to equip our members with information and resources to assist them in their pursuit to future endeavors into the various healthcare fields. Our goal with these forums is to introduce our members to the various careers in healthcare from professionals in their perspective fields. Our members will learn about their journey as well as get insight and opportunity to ask questions to these professionals as well. In this spring semester, our hope is to foster more connection between our members and strengthen our sense of community with more opportunities of in-person engagement. Our chapter also strives to service our community and we are doing so by continuing to volunteer with the Ronald McDonald House. Furthermore, our members are also contributing to the communities in their own ways and continuing the work and passion they bring to various organizations. Our chapter hopes to bring guidance and encouragement to each of our members as they pursue their passions as pre-health students.





# LOUISIANA BETA

## Louisiana State University-Baton Rouge

submitted by Jade Vicknair

Louisiana State University's Louisiana Beta chapter of AED has continued to embody the true meaning of service and community since the 2022-2023 school year has begun. We have implemented several new programs within our chapter and focused on building companionship with our members and community. We are excited to share with you the last semester's highlights.

Our chapter is particularly invested in service, finding joy in aiding our city of Baton Rouge and the surrounding communities. One of our most successful endeavors this year has been collecting cans for the LSU Food Pantry. Their mission is to provide food and educational outreach to students who may experience food insecurity. Many students experience situational food insecurity, while others demonstrate chronic hunger and need continued support. Our members exceeded expectations and donated more than 2,000 pounds of canned goods. This drive has proven to be our most successful yet, doubling the amount collected last year, and we could not be prouder of this astounding achievement! We plan to continue our partnership with the LSU Food Pantry and hope to top our donations each year!

We have also begun collaboration with LSU Health Medical School in Shreveport and the St. Baldrick's Foundation. Our members have joined the fight against childhood cancer, have been collecting donations over the last semester, and are looking forward to building this connection with LSU Health Shreveport. The club even raised over \$400 in partnership with the campus community during a Christmas Event! We would also like to highlight and thank our members for another awesome

blood drive with LifeShare. Together, we donated over 100 pints of blood, saving 300+ lives. We are so proud of our club's dedication to service.

We are looking forward to hosting our annual Miles for Medicine 5k benefiting our philanthropy and local communities. We anticipate 500+ runners and several sponsors in participation. Last year was an exceptionally successful event and we anticipate nothing less for this year! In addition, our AED Dance Marathon team continues to work year-round to raise money for Our Lady of the Lake Children's Hospital. The end-of-the-year big event is hosted in April, and we are excited to see our fundraising efforts come to fruition. Last year, we were the highest fundraising student organization and this remains a priority for our hardworking team!

We have several physicians, medical student panels, first aid clinics, and application workshops planned for the Spring semester. We expect record attendance and look forward to creating a welcoming environment for our members while providing helpful information. Our new Medical Buddies mentorship program has been a success and undergraduate students have been forming new meaningful relationships throughout our chapter. We plan to continue this program for years to come to emphasize a collaborative and friendly space within our club.

As we continue to launch new programs and grow as an organization, we are proud to be a resource for pre-medical students at LSU while serving our home in Baton Rouge.



# LOUISIANA KAPPA

## Northwestern State University

submitted by Jenna Caswell

The Fall 2022 semester had a large impact on the Louisiana Kappa Chapter of Alpha Epsilon Delta. Our beloved chapter advisor, Dr. Curt Phifer, retired after many years of dedication to the chapter. Dr. Phifer began devoting time to the development of pre-health professional students in 1990 with Mu Epsilon Delta (MED). After almost two decades of participation with MED the club put in an application to be a recognized chapter of AED and was accepted in 2009. Dr. Phifer's leadership and commitment to AED impacted many pre-health professional students throughout his years in leadership. He organized annual mission trips to Belize and Florida for students to gain clinical experience and benefit many people in need of medical and dental care. Activities during mission trips included application of dental fluoride with the majority of treatments being administered to the grade-school children of northern Belize. In the last couple of years medical clinics were set up to provide comprehensive care to the migrant farmer population in multiple cities on the east coast of Florida. Dr. Phifer served as advisor until his retirement at the end of the Spring 2022

semester. With his bittersweet retirement, Dr. Phifer left the duties of chapter advisor to Dr. Jerry Brunson who willingly stepped into the role. This change in leadership caused the Louisiana Kappa Chapter of AED to reevaluate its' systems and adjust the annual curriculum to fit today's pre-health professional student. Dr. Brunson actively participates with the Pre-Professional School Advising Committee (PPSAC) and decided it would be in the best interest of the club to integrate these two entities. Initially, discussions were held with all of AED to consider community outreach prospects and review speaker preferences so each student's interests could be evaluated and addressed over the coming year. The highlight of the semester was having multiple board members from PPSAC review student submitted personal statements to define the best practices and things to watch out for when writing. Overall, while we regret the loss of such an extraordinary advisor, AED has been rejuvenated by the change in leadership and we hope to continue making it the best it can be for the pre-health professional students to come.





# MASSACHUSETTS ETA

## Clark University

submitted by Jiwon Chung

The Massachusetts Eta Chapter at Clark University had a productive and successful semester hosting numerous events that helped engage our community. Our chapter hosted a Pre-Health Trivia Night to connect with our members. Through our Jeopardy game, we could bond better as a club and a community. The Jeopardy game was a great way to engage with our members while enhancing our medical knowledge. The members got to know each other better and we were able to learn in a more enjoyable way.

We hosted a course registration guide event for our pre-health track members who are still figuring out their plans. With our school's course registration date coming, we presented all the pre-requisite courses for each health track including pre-med, pre-dental,

pre-PA, pre- podiatry, and more. We also introduced example schedules. This event helped many of our freshman members, as many of them were not sure what their options could be to fulfill both their majors and pre-health prerequisite courses.

In conjunction with the Office of Diversity and Inclusion, and the Career Connection Center, we co-hosted a campus-wide screening of the important film Black Men in White Coats. The screening was followed by a panel discussion including members of the University of Massachusetts Medical School community. This is an issue that continues to plague the medical community and we were proud to help raise awareness of it.



# MASSACHUSETTS GAMMA

## Boston University

submitted by Marjories Vasquez

Through the multifaceted aspects of pursuing a healthcare career, the importance of knowledge and community remains constant. This spring, the Massachusetts Gamma Chapter of AED at Boston University exemplified these key concepts, making this semester a huge success and a journey through all the aspects of health and medicine.

Early on, we started our semester with our annual induction ceremony following our competitive application and interview process. Our ceremony and breakfast event was a true success as we welcomed twenty talented and diverse members, ranging from sophomores to juniors, all pursuing plenty of different healthcare careers. This was a great opportunity for our returning and new members to socialize and bond through different games and activities hosted by our executive board.

This semester, we continued our reflection sessions series, giving our members a chance to discuss current events or important topics within healthcare. Some discussion topics this semester included International Health and Tropical Diseases as well as the Wealth and Nutrition Gap.

Later in the semester, we dove into one the difficult themes of a career in healthcare, death and dying, by watching the documentary “Being Mortal” named after Dr. Atul Gawande’s book. This documentary follows Dr. Gawande as he explores how healthcare professionals care for terminally ill patients and the

struggles behind talking about death. Our member’s benefited from seeing a unique perspective on end of life care through real life stories from patients and recognizing the importance of communication and honesty.

The highlight of our semester was our annual networking event occurring later in the semester. Whether our members are preparing for professional school or still deciding their specific career plans, we all made the most out of this multidisciplinary event. This year we were able to host both healthcare students and professionals from Boston University and the Greater Boston area. This annual tradition was an incredible opportunity for our members to discuss everything from opportunities to curious questions regarding different fields such as dentistry, public health, and medicine.

We ended our semester with a celebration for our graduating members and their contributions to our chapter. With the tools they have developed at Boston University and through our chapter, they are sure to excel in their future academic endeavors and we wish them the best of luck!

Our AED members and E-board are incredibly grateful for such a successful and opportunity filled semester. We cannot wait to return from an eventful summer and are excited to see what the Fall 2023 semester will bring.



# MASSACHUSETTS ZETA

## Northeastern University

submitted by Evelyn Warren

This past semester, the Northeastern chapter of AED spent time developing interpersonal relationships between members while progressing general medical knowledge. Thursday nights were spent listening to other students and young professionals talk about their experience with applications for graduate schools and give advice to younger classes on various topics. The night spent discussing entry exams was perhaps one of the most helpful, as hearing how other students approached and modified their study habits throughout the months preparing for the exam gave a leg up for younger students overwhelmed by the level of books, practice exams, and courses out there. Our exam panel gave students a chance to learn how they might start their own studying and figure out how to know when it is time to change study habits.

Making paper birds for hospital patients gave our group a chance to get to know each other while also making an impact in the Boston community. Our new members and old alike had a chance to chat and, admittedly, struggle together in this construction process, forming personal connections lasting throughout the semester.

The organization also hosted an event with Northeastern's EMS organization, wherein members were given an opportunity to secure a CPR certification. Having some basic life support training is critical as our members decide the type of field they would like to go into and the degree they need to do so. Being at a school where co-op is so integrated with the curriculum also makes this certification a necessity when securing a role in a clinical setting.

Looking forward to the new semester and year, Northeastern's chapter of AED is looking forward to furthering our member's experience and knowledge in the medical field while also connecting with our local community.



# MICHIGAN EPSILON

## University of Michigan - Ann Arbor

submitted by Kali Mochel

Throughout the Fall semester of 2022, Michigan Epsilon was able to fully transition back to in-person events, allowing members to engage in events centered around bonding and giving back with a renewed appreciation for our community.

Members of Michigan Epsilon continued their service pursuits and one of the favorite service events of the semester was "Blueprint for Pangaea," an event where AED members helped to organize medical supplies for centers lacking the necessary equipment to support their patients. Another favorite event was in partnership with Kids in Science, where members helped to package science experiments for underprivileged kids to bring home during the winter break to continue fostering their curiosity and love for science.

Michigan Epsilon also continued its pursuit of growth, now hosting a full roster of in-person meetings with inspirational speakers. Dr. Versha Pleasant, an Ob-Gyn at Michigan Medicine, gave one of the chapter's favorite presentations of the semester, sharing her journey in the healthcare field and the challenges she's faced due to inequality, including some of the foundational values she's implemented during her life. The organization got to hear from a variety of different healthcare fields, including Dr. Stephen Strobbe, a nursing clinical professor with a specialty in psychiatric and addictions nursing, and Erica Siismets, a DDS/Ph.D. dual degree candidate at the University of Michigan School of Dentistry. The variety of speakers gave insight into the interdependent network that exists in healthcare, providing an opportunity for every AED member to grow and learn regardless of their pre-health track.

Finally, the Michigan Epsilon Chapter continued its pursuit of family, focusing on incorporating its new members into the organization and continuing to bond in the stead

of the pandemic. One of our favorite annual traditions is traveling to a local apple orchard to enjoy cider and donuts in the beautiful fall weather. Wellness and DEI, key pillars of Michigan Epsilon, were incorporated into many social events, including a Wellness movie night and a delicious potluck dinner consisting of dishes representing the many cultures of the members.

Michigan Epsilon took full advantage of the return to in-person events, creating memorable and relevant experiences for its members while celebrating the ability to be together and revive old traditions. The future is exciting for Michigan Epsilon with another memorable and impactful semester ahead.





# MICHIGAN IOTA

## Western Michigan University

submitted by Annalicia Hoag

This has been a very exciting semester, with our first meeting back in January starting with a bang. We had our chapter go over to W Med, a nearby medical school for a suture clinic with their first and second year students. This experience was something super fun because our members were able to ask the older medical students questions while they learned how to do basic sutures. For our February meeting, we had Dr. Spitsbergen, our advisor and chair of the Department of Biological Sciences, take our members on a tour of all of the research labs in the biological sciences department and talk about tips for getting into a lab. The information that we received was very useful

for all the students since research is something that looks good on your application and gives you end up knowledge on a topic that you can speak about in interviews for professional school. We have also ordered Club t-shirts which was a collaborative effort between the executive board and those involved in the club. All members were able to share and put on the design and it was really exciting to have merchandise to show off our pride for being in AED. For our March and April meetings we are having a graduate professor come and talk to us about a post-back program focused on biomedical engineering as well as an end-of-the-semester study session pizza party!

# NEBRASKA BETA

## University of Nebraska Kearney

submitted by Stefani Wegner

The Nebraska Beta chapter is located at the University of Nebraska Kearney, and enters its sixth year of existence during the 2022-23 school year. Our members have diverse goals of professional school in several healthcare career fields including medicine, pharmacy, physical therapy, occupational therapy, physician assistant, nursing, and radiography. The Nebraska Beta chapter started the school year with an introduction of two new Chapter Advisors: Sara Bruner and Stefani Wegner.

During Health Professions Week in November, the honor society held a brief fall semester meeting to discuss the chapter's structure. Also, the AED students offered a "Fall Semester AED Panel Discussion for Undergraduates" event. Our current members sat on a student panel and spoke with health sciences freshmen and sophomore students in a candid mentoring role about how to be successful college

students. AED members offered tips and advice on topics such as job shadowing, volunteerism, entry-level work in healthcare, study practices and strategies, what they had learned about the application process, among many other subjects. All UNK AED members who applied to professional school over the summer and early fall have been accepted into professional programs -- their advice carries a lot of truth and weight. The event was well received by the undergraduate students, who asked many great questions of our AED panel and were appreciative of their advice.

On Monday, January 28th, 2023, we initiated seven new candidates into the Nebraska Beta chapter at UNK. All current AED members took part in the The Ritual of Alpha Epsilon Delta. Many candidates brought family and friends to witness the AED ritual, which took part on-campus in the evening, followed by hors d'oeuvres.



We look forward to a successful spring semester for our chapter, with a spring planning meeting, a community service project as an organization, and a yearly wrap-up meeting in May to honor our outgoing members and discuss future plans. One of our goals as a university office sponsoring AED, is to expand members' social environment and academic opportunities even beyond UNK. One such avenue will be continued outreach to our alumni to provide additional support and resources from the Central Nebraska Area Health Education Center, located on our UNK campus.



# NEW JERSEY BETA

## Stevens Institute of Technology

submitted by Gianna Callegari

The Fall 2022 semester was a busy one for the New Jersey Beta chapter of Alpha Epsilon Delta. The first major event the organization had during the semester was a CPR certification event that took place on October 8. The AED members that participated in the event had the opportunity to learn CPR and become certified. It was a very successful event, and a wonderful opportunity for members to receive their CPR certification, which is very valuable in a large number of fields.

Another major event that AED hosted during the Fall 2022 semester was a Suture event. This event took

place on November 18, and it was opened to the entire organization. AED invited one of its member's parents who works as an OR nurse to teach the event. Members who attended this event learned how to suture bananas and oranges using the proper suturing equipment. This event was hosted alongside the Stevens Health Professions Club (SHPC) and the Biomedical Engineering Society (BMES). This event was highly anticipated by the organization's members, and it was very successful.



# NEW JERSEY GAMMA

## Rutgers University

submitted by Ashana Nayak

This Spring 2023, the New Jersey Chapter of AED at Rutgers University-New Brunswick is excited to welcome new members and support them through their pre-health journey. Our chapter is under the leadership of Ashana Nayak (President and Scalpel Reporter), Samantha Rozario (Vice President), Hannah Naseer (Treasurer), Nirali Dalwadi (Secretary), Annabel Guo & Rithika Sriram (Community Service Officers), Aravind Aryasomayajula (Program Coordinator) and Priya Gupta (Public Relations). This past semester was a great success, and we had several new members join us in the Fall. We had a number of memorable events, one of which included co-hosting a blood drive with the New York Blood Center during a period of national blood emergency. This was our first in-person community service event since the beginning of the pandemic, and we had a great turnout with respect to both blood donors and volunteers. We want to continue providing such community service

opportunities to our members and one of our goals for this semester is to expand on these events.

We have several events lined up for this Spring semester, which include volunteering at the Rutgers Cancer Institute of New Jersey, making care packages and cards for patients, MCAT strategy sessions, suture clinics, speaker sessions and much more. Additionally, we are looking forward to the E-board elections in March and the annual induction ceremony in April. We have had multiple guest speakers present for our organization and our members have thoroughly enjoyed learning from them and actively participate in the Q/A sessions. This past semester, we had the privilege of inviting Dean Heinrich, the Associate Dean for Admissions at New Jersey Medical School (NJMS) to speak about the medical admissions process and expectations. The AED chapter at Rutgers continues

to work to provide a variety of opportunities for their members. We will be having a mix of in-person and online events this Spring 2023 semester and we're looking forward to a great semester ahead!





# NEW YORK IOTA

## University at Buffalo

submitted by Katie Holzmacher

Fall 2022 was a great semester for University at Buffalo's Chapter of AED. We started the semester off by successfully reviving the Annual UB Pre-Health Fall Social that was temporarily lost due to the COVID-19 pandemic. AED collaborated with five other UB pre-health clubs to welcome students back to campus with this social event! At the Social, pre-health students enjoyed free food and drinks while mingling with each other and learning about resources on campus. Students played fun outdoor games and causally interacted with professional school admission committee members and healthcare providers from our community. Students also had the chance to dunk the presidents of other pre-health clubs in the dunk tank fundraiser for the Western New York Alzheimer's Association! UB's Chapter of AED then donated raised funds from the dunk tank and volunteered at the WNY Alzheimer's Association Walk the following weekend.

Later into the semester, AED partnered with a volunteer organization on campus to host a campus-

wide Narcan Training presented by Erie County's Health Department. This event gave students a Narcan training certificate and free bottles of Narcan. Through this event, our AED Chapter hoped to spread awareness and educate students to strengthen our Buffalo community. Our commitment to service and the betterment of our community can be highlighted by AED's volunteering events at a local nursing home and a temporary homeless shelter. Our AED Chapter is also dedicated to furthering our members by providing opportunities for learning and networking. During the Fall 2022 semester, we hosted residents from the Jacobs School of Medicine and Biomedical Sciences who spoke about their experiences and journeys to medical school. This was a unique opportunity for our members to gain insight into the application process and medical school in Buffalo. We are very excited about the events we have planned for this upcoming semester!

# NORTH CAROLINA BETA

## University of North Carolina Chapel Hill

submitted by Anna Feng

As a piece of the Carolina Community, the North Carolina Beta Chapter at the University of North Carolina Chapel Hill is surrounded by spaces of/for healthcare — whether it be lively classroom spaces discussing health policy, the virtual spaces connecting international researchers, or the physical spaces where patients are cared for. As a chapter, we are thankful to be situated minutes away from these spaces, providing our members with the unique opportunity to support the care of our local Chapel Hill community

For instance, a fifteen minute walk down from the center of UNC's campus brings us to the UNC Blood Donation Center, a large blood bank supplying UNC Medical Center patients. In encouraging the awareness of platelet need and active donation, we hold a service event centered around platelet donation: Puppies & Platelets. Held in the center of our campus, our members are joined by a representative of the UNC Blood Donation Center and several adorable puppies! Typically held in late spring or early fall, puppies chase each other around the event space, drawing students as they walk to-and-from classes in the warm weather. As students come to meet the puppies, our AED members provide information about platelet donation, such as donor scarcity, platelet use, and the process of

becoming a platelet donor. As donating blood/platelets is also a service event for AED members, many share their personal experiences as donors, detailing the relative ease of the process while emphasizing its value. A source of joy for both members and students alike, Puppies and Platelets serves the dual purpose of increasing platelet donation awareness as well as supporting student wellbeing.

Another 10 minute drive places us at the Student Health Action Coalition, the oldest student-run free clinic in the United States. Last November, we partnered with this organization, holding a SHAC 5K and Health Fair to raise funds and awareness in support of SHAC. In the brisk morning air, over 50 AED members joined medical students, volunteers, and community donors to set up booths, tables, and race stations, preparing to cheer on the racers that would speed by. With the sun rising behind, our AED volunteers traced the path forward for runners, undercutting the morning chill with their cheers and bright posters. With the support of community donors and incredible partners, the SHAC 5K was successful in supporting SHAC's free health services, which serve uninsured and underinsured neighbors in Chapel Hill, Carrboro, and Durham.

Along with serving our Chapel Hill community, UNC AED strives to create a community of inclusivity and belonging. In ensuring AED feels welcome to all, we hold social opportunities geared toward the wide range of personalities and interests represented, ranging from study dates and ice cream socials to Mountain Weekends and formals. Whether it be runs at the library, advice about an organic chemistry exam, or rides to the airport, our AED members are endlessly generous with their kindness and support, continuing to build what we are proud to call our "UNC AED Family".





# OHIO ALPHA

## The Ohio State University

submitted by Breanna Heath

The Ohio Alpha Chapter at The Ohio State University had a wonderful fall semester and is looking forward to continuing that streak in the spring. Every semester, OSU holds an involvement fair where all organizations get the opportunity to recruit new members. The executive members of our chapter started both semesters off strong by participating in the involvement fair to recruit new members and share the goals and values of our pre-health honor society.

Every other week, we held general body meetings. We do something different in each session to keep our members engaged and wanting to come back for every meeting. For one meeting, we made it a social event in which we painted tote bags and got to know the new members. Other sessions focus on professional networking or development. Our chapter held a medical professionals panel at one of our more popular meetings. Our special guests included an oncologist, a NICU physician, and a surgeon. They discussed their experiences and answered any questions the members had. For another meeting, we hosted a suture clinic ran by the US Army Columbus Medical Recruiting Stations. All our members were able to participate and learned how to suture. The rest of our meetings

included representatives from medical organizations or test preparation companies, such as Kaplan. These representatives discussed the opportunities and resources they could provide to our members.

Ohio Alpha provided many other networking and service opportunities besides our biweekly general body meetings. Our service opportunities included long-term opportunities, such as volunteering at local free clinics, and one-time events. At these clinics, members can register patients, organize files, room patients, and perform other roles. These clinics also provided a chance to network with physicians and other providers, those who run the clinic, and professional students. Another long-term volunteer opportunity that our chapter has offered for many years is Buckeye Tutor Team. Buckeye Tutor Team is a partnership with Nationwide Children's Hospital, and members visit the hospital weekly to tutor or read to the patients. It's our chapter's most popular opportunity, and members love connecting with the children and making a difference in their lives. Our one-time service events included volunteering at the American Cancer Society's "Making Strides Against Breast Cancer" event. Members cheered on the runners and worked a children's booth. Another

one-time event we participated in was for the Hilliard Food Pantry. Volunteers drove around a neighborhood and asked people to fill paper bags with food and other essentials. Our members collected over 583 pounds of goods for the pantry! A social networking opportunity our chapter offers is Dining with the Docs. Once a month, members can have dinner with a healthcare professional, allowing them to network and ask questions about their careers.

The Ohio Alpha chapter looks forward to a new semester of opportunities and the connections our chapter will make!



# OHIO BETA

## University of Toledo

submitted by Holly Heck

This 2022-2023 school year, the Ohio Beta chapter kicked the year off with an inside look into a day in the life of a Family Practice Practitioner! Dr. Pooja Sharma walked our chapter through her daily routine and answered our questions regarding medical school, residency, and the specialty of family practice. This event was a success and helped start our year off right! In October, we held an introduction to medical ethics lecture with professor Christa Jimachello. It was a great opportunity to learn more about how to practice ethical medicine, as well as an insight into MMI questions, the CASPER exam, and an AAMC Preview. In November, our chapter hosted an MMI workshop, allowing students an opportunity to practice interview skills and learn more about the common interview method used for many graduate programs.

A favorite event of our members this past semester was touring the University of Toledo College of Medicine and Life Science's Anatomy Lab and Simulation Center. This opportunity also included a vitals workshop for our members and a tour of the plastination museum! It was an awesome experience to learn more about UTM and

get more exposure to the excellent facilities available at UTM.

Ohio Beta remains dedicated to service in the Toledo community through volunteering with Food for Thought in downtown Toledo. We distributed food and coffee to those in need and helped to make peanut butter and jelly sandwiches. We learned the value and importance of a smile! This spring semester, we will continue to volunteer with Food for Thought as this remains one of our favorite volunteering opportunities.

Our final event of the semester was a social with pumpkin pie and cider! This allowed our members to get to know their pre-health peers and chat about what everyone was thankful for! Overall, our events reached over 50 pre-health students on our campus!

Two new and exciting opportunities that we are looking forward to hosting this upcoming spring semester are a medical student panel in collaboration with the American Medical Students Association (AMSA) at UTM and an opportunity to mentor and help students at the Toledo Pre-Medical and Health Science Academy. We are looking forward to continuing to provide opportunities for our pre-health university community and growing AED Ohio Beta!





# OHIO ETA

## University of Dayton

submitted by Erin Stuczynski

The Ohio Eta chapter at the University of Dayton continues to grow and evolve. This year we welcomed a total of 48 new members, which brings our total membership to 148. The goal of our chapter is to assist in the pre-health professional development of our members. This professional development includes shadow, volunteer, and mentor opportunities. Aside from professional development, we also strive to build a sense of community among our organization. Among our community of pre-health students, we seek to support and encourage one another. The path to grad schools and health careers is not an easy one, thus we offer support and guidance to our members and the pre-health community.

This semester our organization has already offered a variety of opportunities to our members. Our members frequently volunteer at blood drives, providing patient care to community members. Our members also volunteer at organizations such as Good Neighbor

House, Dayton Children's Hospital, and local nursing homes. Our members are also provided with connections and access to shadowing opportunities at local hospitals. Shadowing opportunities include a variety of MD, PA, and NP professions. Our members also have opportunities to socialize with other members of our chapter. This year we have hosted a medical trivia night and a cookout, and plan on having a formal towards the end of the semester.



# OHIO LAMBDA

## University of Cincinnati

submitted by Weston Gaskins

The fall semester for the AED Ohio Lambda chapter was another period of growth and development for all of our members! During the fall semester we were happy to bring in 34 new members who were eager to contribute and help the chapter. New to this semester, we conducted a small spring recruitment to offer membership to students who had learned of AED on campus and developed interest throughout the fall semester. After fall and spring recruitment, we are beyond proud to share that our chapter has grown to 138 members!

We take great pride, as a chapter, to remain involved in the surrounding Clifton community. Our community looks out for us and we always want to return the favor and look out for our community. One of the first events we did as a whole chapter was prepare food for a local Cincinnati soup kitchen. Following proper sanitation procedure, our members worked to prepare and package a variety of grab-and-go sandwiches to send to our local soup kitchen, Our Daily Bread.

Our effort to engage with the local community did not end there. A large presence in our Cincinnati community is the Cincinnati Children's Hospital Medical Center. CCHMC also has a partnered Ronald McDonald House for families needing to travel to receive care at CCHMC.

As the holiday season approached, our chapter dedicated a meeting to making blankets to donate to the families staying at the Ronald McDonald House. We hope that our small gesture was able to help even a few families feel a bit more at home during their holiday season.

The professional development committee also brought in valuable presenters for our members. Early in the semester we received a presentation from the director of the Pre-Professional Advising Center on our campus, Sue Roth. She shared valuable insights into what a well-rounded applicant looks like for a variety of healthcare fields and helped us practice introductory interview skills.

Furthermore, we were very fortunate to have the opportunity to have representatives from the military visit us and share information about their scholarship and work opportunities with us. During their visit, they walked us through a suture clinic, giving each of us an opportunity to practice hands on skills and get a glimpse as to what may be in our futures!

The Ohio Lambda chapter has had a very successful semester in cultivating new relationships through shared experiences and valuable chapter social meetings. We are eager to see where our chapter

will grow and cannot wait to see the amazing things the spring and summer semesters will bring us!





# OKLAHOMA EPSILON

## Southern Nazarene University

submitted by Dylan Gann

Starting with the new spring semester the Oklahoma Epsilon chapter held an election at the end of the fall semester to select new officers. The elected officers include Josh John as President, Jhonathan Guerrero as vice president, Hannah Danley as secretary, Elora Jones as treasurer, Luis Ontiveros as historian, and Dylan Gann as scalpel reporter. All of the newly elected officers are excited to continue the excellent work done to establish an AED chapter at SNU! Our main objectives for the semester consist of the following: advertising AED to more majors across the campus, setting up events where current physicians and healthcare professionals would come to talk to our students, and getting ready for the induction ceremony for our newest members of AED.

On Saturday, September 17th our AED members took part in a 5k run sponsored by St Jude's Children's hospital. This event helped raise money and awareness for Saint Jude's mission to help fight Cancer that affects children. We had a blast participating in the race with

many others for a good cause. On November 5th, a few of our members volunteered at the Oklahoma Regional food bank. Our job was to sort and package different types of bread and grain products into boxes for distribution. We all enjoyed working together with other volunteers that day. We were thankful to be able to directly help in the process of getting food to people who need it the most in Oklahoma. A few of our seniors in AED will be graduating this semester. Former AED president Callie Campbell will be graduating with a double major in Biology and Chemistry. She plans on applying to Medical School and being a part of the Doctors Without Borders Initiative. Former historian and scalpel reporter Charity Logemann will be graduating with a major in Biology with plans to work as a Veterinary technician and apply to Veterinary school. Member Belle Frazier will be graduating with a major in Chemistry with plans of pursuing a degree in Pharmacy.



# PENNSYLVANIA ETA

## Saint Joseph's University

submitted by Bryn Spaide

The AED chapter at SJU has a lot to be proud of this semester. We inducted our largest class of AED members ever. We are very excited to see our chapter evolving. Having a larger chapter will allow us to expand our events and have more of a presence on campus. In other exciting news, SJU merged with the University of the Sciences as of Fall 2022 which will bring many more opportunities to campus for our prehealth professions students. We are already in the works of planning events with their prehealth organizations and cannot wait to collaborate. Our biggest event this semester was a holiday toy drive that we held in collaboration with another health professions club on campus. We collected toys via an Amazon wishlist and donated them to our

local Ronald McDonald house. Since the COVID pandemic still places some restrictions on visiting places such as the Ronald McDonald house it was awesome to find a way that we could still bring some holiday cheer to the visitors. In addition to the holiday toy drive, the University hosted a Narcan clinic in which many AED members learned how to administer Narcan, the lifesaving drug for those experiencing an overdose. Looking forward to the rest of the current semester we will be celebrating our graduating seniors as well as hosting many events such as an application process panel, suture clinic, school information sessions, and service opportunities in the local community.



# PENNSYLVANIA NU

## Muhlenberg College

submitted by Jacob Kunsman

The Pennsylvania Nu chapter of AED at Muhlenberg College focused heavily on further developing interconnectivity between members of both the chapter and the campus community throughout the fall semester. One of our goals has been to further develop strong ties between members of AED and create a network of students that help and uplift each other, which in turn will enable the organization to continuously grow.

We are proud to have organized both Research and Clinical Experience panels led by upperclassmen this past fall. These students were able to share their own experiences and provide valuable insight regarding what they have learned throughout their journeys. Our underclassmen members were able to ask questions and gain a further understanding of how they can become further involved in both AED, Muhlenberg, and the Allentown, PA community as a whole.

We have continued to develop our Mules Mentorship Program, which connects experienced upperclassmen with underclassmen mentees in order to form a network of support and guidance between all members of AED. Having a resource in the form of a fellow classmate to turn to with questions and concerns about the pre-medical path can be crucial. Along with this, we have created three new committees within AED with the hopes of increasing engagement and participation

within the chapter. These committees oversee several fundamental aspects of AED, including fundraising, apparel, and outreach, and will enable greater coordination and focus to be placed towards these goals.

We were delighted to be able to host a variety of speakers throughout the duration of the semester as well. From Muhlenberg alumni to current professors in academia, our speakers introduced fascinating case studies and new ways of thinking about medically related issues to our members, from altitude sickness to the ethical modes of patient interaction and autonomy. These discussions were invaluable for our members and offered unique ways of becoming further engaged with the medical field.

This coming spring, we hope to continue to have opportunities for AED members to become exposed to medicine in a variety of different settings. One of our first events will be a Suture Clinic at Bethlehem St. Luke's University Hospital, where members will be taught suturing skills directly by surgical residents. This is an exciting opportunity, and in the vein of other opportunities we plan to have in the near future. Additionally, we are in the process of working with other Pennsylvania AED chapters to connect our individual communities through collaborative events such as

speakers and specialized training sessions. We would like to sincerely thank Cailin, our HPA director, and our members for their continued engagement in the chapter.



# RHODE ISLAND ALPHA

## Providence College

submitted by Julia Bonavolonta

The Providence College Alpha Chapter of Alpha Epsilon Delta has continued to serve as a resource for pre-health students on campus, while simultaneously facilitating a number of events that give back to the greater health sciences community. In November, we collaborated for the second time with the Be The Match Foundation, a nonprofit organization managed by the National Marrow Donor Program. Their goal is to make bone marrow and cord blood transplants more accessible through education and populating the registry. Our team came together along with an ambassador from Be The Match, facilitating cheek swabs and educating our peers to identify potential bone marrow donors at the Student Center on campus. Throughout the day, a total of sixty people visited the table and completed a cheek swab, ultimately entering them into the donor registry which remains active throughout their lifetime. We were able to gather ten more donors than last year's event, demonstrating the success of our organization's campus-wide outreach. During a time where exceptional healthcare is of the utmost importance, it is critical to look after our greater community's health and wellness. Ultimately, due to our club's efforts, patients throughout the country will be able to say that one of our donors saved their life.

In addition to working with Be The Match, we also hosted a Holiday Card Drive for senior residents at Elmhurst Nursing Home in Providence. We successfully collected sixty-three holiday cards, each containing a heart-warming message. This event was very impactful,

especially for those seniors who were not able to visit with loved ones during the holiday season. With this drive, we were able to encourage the Providence College community to come together as a student population and provide support for those who might not receive it during the holidays. While maintaining physical health is extremely important, it is just as vital to check in and offer support to members of our community in a way that will benefit their mental health as well. Given this great success, we plan to implement additional card drives during upcoming holidays too!

Along with the aforementioned events, our club also introduced a new committee that gives Providence College students a creative outlet to write pieces in the school newspaper, The Cowl, pertaining to pre-health related subjects. The articles our members wrote ultimately expanded our ability to provide educational pieces and news relating to the science and health fields that are accessible to all students on campus, not just pre-health students. Given all of these impactful events and outreach opportunities, we look forward to welcoming new members with fresh ideas this spring semester.

As our chapter broadens throughout our campus and beyond, we look forward to our collaborations with health services, and non-profit organizations to continue to develop our outstanding members in their pre-health professional careers!





# SOUTH CAROLINA DELTA

## College of Charleston

submitted by Kirsten Synder

With the final relinquishing of COVID-19's hold on Charleston, SC, College of Charleston's AED chapter has been busy these past few months. We have grown exponentially in number and made many new valuable connections in the local medical community.

One notable connection is with the Barrier Island Free Medical Clinic, providing free healthcare to the low income and uninsured citizens of Charleston. A number of our students volunteered at BIFMC and we fundraised over two hundred dollars for their cause. We have also initiated the monthly tradition of trash pickups in the downtown area, collaborating with numerous clubs on campus to improve the public health of the city. Another win for us was managing to get almost all of our events back in person this year, something we've been fighting to do since the beginning of the pandemic.

This year's executive board members have also been up to great things. Our president, Kirsten Snyder, partnered with the Medical University of SC's Department of Neurosurgery to pioneer a shadowing program for students without access, enabling students from nonmedical backgrounds to delve into medicine through shadowing in the ER, OR, cadaver lab, and research lab.

Our vice president, Grace Bader, started a new position working as an emergency department technician at MUSC, providing life-saving care to patients in the hectic environment of a Charleston ER. Our treasurer, Kaitlyn Victoria, worked at MUSC's children's hospital to build a pediatric scribing department, of which she is now the head scribe. Our service chair, Caitlin Grimaldi, conducted research in orthopedic surgery studying lumbar discectomies and was published in the Journal of the American Osteopathic Academy of Orthopedics. Our social chair, Celia Campbell, interned with a small company that specialized in studying novel cryopreservation techniques in medical research. Our fundraising and media chair, Chase Newberry, began conducting public health research studying information seeking, worry, and compliance with prevention measures in college students. Our secretary, Carlisle McCoullough, entered her second year serving as the student leader of CofC's honor board. This year we hope to broaden our horizons and cater to a greater variety of pre-health careers and continue to support BIFMC and other health clinics financially through our fundraising efforts.



# SOUTH CAROLINA THETA

## The Citadel

submitted by Alex Shirley & Jesse Murdaugh

The Citadel, The Military College of South Carolina's chapter of Alpha Epsilon Delta has lots to reflect on from 2022, and is thrilled to begin a new year. As a young chapter, our team has worked tirelessly to provide its pre-health students with the best possible resources. This year, we decided to take a diverse approach into pre-health mentoring and education, and sought to equip our members with valuable experiences and programs to make themselves a competitive candidate for their respective professional goals. Here is what The Citadel's chapter of Alpha Epsilon Delta engaged in this past year.

Feed-a-Friend Friday has been our chapter's most involved organization, where we have provided hundreds of hours of volunteer service to the homeless community in downtown Charleston, South Carolina. Every Friday afternoon, students help package meals and goods for the underprivileged population, all while sharing fellowship and providing care to the local community. This has allowed our members to connect with unfamiliar cultural backgrounds, and identify needs that are prevalent in our own backyard. We strive to engage our members in opportunities like Feed-a-Friend Friday, as it is critical to gain experience serving others before entering a healthcare career.

This year we collaborated with the Medical University of South Carolina (MUSC) to provide our Pre-Medical and Pre-Dental students unparalleled opportunities to network and hear from current medical/dental students and faculty members alike. The College of Medicine's Coaches Program, which offers students individual mentors to assist them along their journey to medical school was a huge success. Our students meet with their assigned mentors once a month, and engage in a variety of topics tailored towards their specific needs. This includes detailed MCAT study

plans, personal essay tips, and general guidance through the application process. Our chapter also took a day trip to MUSC's Dental Day, which included a presentation from faculty and admissions committee members, a tour of campus, and an opportunity to hear from a panel of current dental students. This is the one of the only days that MUSC opens its Dental School to undergraduate students, and our members were thrilled to participate.

Perhaps our most exciting event from last year was a study abroad trip to Kenya. This trip was a huge success, and allowed our students to be immersed into a foreign culture to provide free healthcare to an impoverished community. Led by faculty advisors Sarah A. Imam, M.D., and Dr. Kimbo Yee, PhD, our students assisted physicians and provided care to over 5,000 patients at the medical camp. Not only did our team change lives in another part of the world, but our chapter also went home with an entire new sense of gratitude and appreciation for the level of healthcare provided in the United States. We are extremely thankful to have the support and opportunities that we do, and are looking forward to another productive year!





# SOUTH CAROLINA ZETA

## Erskine College

submitted by Carly Egan

This past fall semester AED had a large group of blood donors at our annual blood drive. We would like to give a big thank you to everyone who donated. We had over 100 applicants signed up within an hour. With this many successful blood donations we are hosting another blood drive on February second. We are also planning to host another basketball tournament on February seventh to raise money for a non-profit women's clinic in Abbeville, South Carolina. We will also be hosting a Pie a Professor event and beach volleyball tournaments this upcoming semester. We are excited to see what the rest of this year will entail.

We are excited to see our seniors graduate and for their future endeavors. We will be hosting elections for officer positions later this year. Listed below is a little bit about each of our graduating seniors:

Morgan Brown – Financial Chair

Allie Carter – President – Continuing education at Anderson University for physical therapy. Carly Egan – Scalpel Reporter – Working at Erskine College as the Head Acrobatics and Tumbling Coach. In the future may attend Anderson University for Autopsy Pathology Assistant School.

Madysen Fisher – Taking a gap year and working at the Villages Health Center in Florida. After the gap year, will attend a physicians assistant program in Florida.

Kelsey Tyson – Secretary – Finishing applications to medical school and will be attending Air Force Officer Training School. For the gap in between, planning to work at a postgraduate research program.

# TEXAS BETA

## Baylor University

submitted by Sinchana Basoor, Kirti Chamkura, Michelle Pujol, Ruth Zachariah

The Texas Beta Chapter at Baylor University had a wonderful fall semester with numerous events that allowed members to get engaged with other organizations, participate in Baylor events, be inspired by wonderful guest speakers, and serve the community in Waco.

AED members were able to socialize with other pre-health students at the “Skate-A-Date” social event that was in collaboration with Baylor’s Christian Pre-Health Fellowship (CPF). This event was an engaging way to meet other Baylor students and continue to foster strong relationships with other pre-health organizations. Another fun opportunity for AED members this semester was being the “Org of the Game” for a home basketball game. Members got court-side seats and enjoyed cheering on the Baylor Bears as they faced off against the University of Northern Colorado.

Students also dedicated time to giving back to the community throughout the semester. One of our own members, Yesmeena Shmaitelly, initiated a project on campus called “Loaves of Love” where students gather together on Fridays to make peanut-butter jelly sandwiches to help combat food insecurity in Waco. This service event has allowed AED members to collaborate

together, as well as with other Baylor students, and end their week with a focus on giving back to the community.

In the fall, AED and other Baylor pre-health organizations organized the Pre-Health Charity Gala. The goal was to raise money for the Waco Immigrant Alliance while enjoying the company of our pre-health community for an evening outside of academia. The auction was the highlight of the evening with several local companies contributing items and gift cards, including Waco Cha, Alpha Omega, and local thrift stores. The DJ and photographer were also pre-health Baylor students, once again enforcing the importance of community in this event. The event was planned, set-up, and hosted entirely by pre-health students! It was a very successful and new experience for our community. The Gala exceeded expectations in so many ways! The attendance was higher than expected and the event raised three times more money than anticipated.

For our upcoming spring semester, we have a number of fun events and opportunities for new and general members alike! This year we will be hosting the 50th Annual Pre-Health Symposium. As the largest pre-professional health event held at Baylor, PHS is dedicated to providing students with insight as to what

future institutions are seeking in their students. In both a virtual and in-person format, representatives from schools all around Texas and even around the country will come to Baylor to help students prepare for the next steps in their career!

Alongside this incredible academic event, we hope to organize several creative social events to help enhance the AED experience, such as a Take-A-Date inspired by Valentine’s Day and a Disney Channel Games Field Day! We hope to not only engage students in numerous academic and social activities but foster a sense of community to ensure a long-lasting AED legacy!





# TEXAS DELTA

## University of Houston

submitted by Uyen Le

For the 2022-2023 academic year, the University of Houston's Texas Delta Chapter of Alpha Epsilon Delta has dedicated our hard-working efforts to creating an environment that aims to support the next generation of physicians through community service, leadership, and mentoring. We continuously strived to meet our goal of being the best pre-health organization on campus, upholding the title of the largest pre-medical national honor society at the University of Houston. Our faculty advisor, Dr. Monique Ogletree, and the officer team are elated to have had a successful year full of great energy and memories.

We pride ourselves on our involvement in community service events and our members; engagement to proudly serve through multiple volunteering opportunities. Not only are we taught communication skills and compassion, but we are also making a difference in others' lives. Some of our projects include, but are not limited to, Project CURE, The Houston Food Bank, BARC Animal Shelter and Adoptions, Books for Development, and The Beacon Homeless Shelter. Our assignments ranged from packaging books, sorting medical supplies, and walking animals in the sun. Even though our activities differed in each area, we were able to let our members connect to people and expand their worldviews while promoting social responsibility and leadership.

Our chapter also prepared multiple resources and hosted events for members to explore and overcome the hurdle of medical school. On March 11, 2023, we ventured out on a day trip to visit the beautiful campus of the Texas College of Osteopathic Medicine at the University of North Texas. We managed to travel with a carpooling system, and TCOM student ambassadors welcomed us. After touring the campus while learning about the culture, we were given TCOM merch and an opportunity for questions and answers from the students and an admissions faculty member himself. On the other hand, if touring is impossible, we improvised by partnering with schools for a virtual tour instead. For example, on March 3, 2023, we held this event with the Anne Burnett Marion School of Medicine at Texas Christian University. Whether in person or online, our members could envision themselves being part of the community- and we hope this could give them a boost in reaching their final career goal.

The University of Houston's Texas Delta Chapter has strived to give back to our community and members, providing as many resources and opportunities as possible to inspire members to pursue their dreams. We are proud to be the pre-medical national honor society with the most members on campus, and we will continue to perform our best to ensure our success.



# TEXAS EPSILON

## Houston Christian University

submitted by Malena Blanchard

This past semester, the Texas Epsilon Chapter at Houston Christian University began a new initiative called "Integrating Faith into Healing Professions." We kicked off this new initiative by hosting and attending more faith-based events such as the Mobilizing Medical Missions (M3) Conference which all AED students were graciously invited to by Dr. Paul Osteen who gathered with us to share his experiences regarding healthcare and performing surgeries in Africa, while also highlighting the importance of spiritual wellbeing and how that can have a direct impact on patient recovery. We also held an event with 1000 Hills Ministry, a faith-based organization dedicated to serving the homeless population in downtown Houston, where members helped pack and serve food to families. Our goal with "Integrating Faith into Healing Professions" is to convey the essential aspect of spiritual health on overcoming

adversity, and we will continue to incorporate events that support faith-centered healing.

In addition, our chapter got the amazing opportunity to attend a campus tour at Sam Houston's College of Osteopathic Medicine. Our members learned about the medical school admissions process and gained a realistic perspective into what being in medical school will look and feel like. Because so many of our members are on the pre-medical track, this campus tour was a monumental moment that provided us with the information necessary to have when choosing the right medical school to apply for and attend.

Overall, our chapter has had an exciting semester with community and service events which we will continue to do.





# TEXAS KAPPA

## Southern Methodist University

submitted by Apurva Veeraswamy & Saima Alwani

This semester for our AED mentorship program, we threw a pumpkin carving event. In this event, each mentor and mentee got one pumpkin along with utensils to carve the pumpkin. This event was successful as we had 15 out of 20 mentors attend with 26 mentees. With this event, mentors were able to communicate with their mentees about how the semester was going and ask them any questions about the pre-health program at SMU.

SMU AED is thrilled to begin its volunteer partnership with Traditions Health. Traditions Health is an organization dedicated to providing Home Health, Palliative Care, and Hospice Care. This year members of our AED community have begun to volunteer with Traditions Health to learn more about Hospice and Palliative Care while making a positive impact in many individuals' lives!

This school year SMU AED also began its nutrition recipe cards program, working with a local community clinic to provide their patient community with recipe cards containing nutritious and easy-to-make recipes!

The SMU AED student community is excited to learn more about the importance of nutrition education and volunteer their time alongside this creative, impactful opportunity.

We then finished off our semester with an event hosted by the student organization, M.I.N.D. at the Texas College of Osteopathic Medicine. Students were able to chat with student representatives from MIND on the importance of taking care of your mental health throughout your career in medicine!



# TEXAS LAMBDA

## University of Texas San Antonio

submitted by Alexis Ho

Together is a wonderful place to be. In fact, together is where we want to be. The fall semester for Alpha Epsilon Delta Texas Lambda chapter at the University of Texas at San Antonio reflected a sense of unity and togetherness in the number of accomplishments, events, and service.

Texas Lambda strengthened bonds within the chapter through varying social events and reflected a sense of shared emotions throughout the semester. There was both excitement and eagerness to dress up in costumes and take part in a murder mystery night as a social celebration of Halloween coming up. In addition, there was a sense of nervousness and frantic energy at study socials for upcoming final exams. Outdoor nature hikes and recreational activities promoted physical wellbeing and sparked a sense of calmness and concentration. Attending social events as members and being in the same vicinity of each other enabled a sense of comfort and reassurance that we as a chapter are all in this together.

As a Pre-health professions chapter, we pride ourselves in making an effort of continuing to find a diverse panel of guest speakers within the healthcare fields including medical school dean of admissions, pediatric cardiothoracic surgeons, and speech language pathologists. Members were able to resonate specifically with this semester's professional panel of students in medicine, dentistry, nursing and physicians assistant studies. To hear advice and gain mentorship from others ,who were in our shoes not too long ago provided a sense of support and encouragement that the healthcare field was excited that students like ourselves were interested in continuing the line of healthcare workers in the near future.

As a chapter, we emphasized that the core of the healthcare field was reliant on a multidisciplinary team, bringing together a group of professionals from different fields to determine a sufficient treatment plan.

We also continued to improve our community by networking and working towards establishing new relationships with non-profit organizations within San Antonio. Volunteering and more importantly "partying" each Friday night with Special Reach provided opportunities to make a positive difference in the lives of children with special needs as well as their families through interactive party nights.

Opportunities with Habitat for Humanity, Corazon Clinic, as well as the San Antonio Food Bank proved the power in numbers, but also the power in unity and togetherness while working to build houses or package meals for the local community.

With the start of a new school year, the chapter proudly recognized and initiated 10 new members within the chapter. These members had gone through an extensive recruitment process in addition to dedicating a number of hours towards volunteering and fundraising as representation of their commitment not only to the Texas Lambda chapter, but to Alpha Epsilon Delta as a national organization. We hope that they gained recognition on the emphasis of family and togetherness this semester and highly anticipate continuation of such accomplishments and achievements in the spring semester.



# TEXAS ZETA

## Texas Christian University

submitted by Alexandra Dunker

At the Texas Zeta chapter on the Texas Christian University campus, we continue to work toward building a strong, connected pre-health community on campus to further prepare our members for their future careers in healthcare with a team-based mindset. We strive to foster relationships within the chapter, serve those in our community, and build an educational and professional support system for all our members as they embark on their journey.

In October, our chapter hosted a guest speaker panel so that our members are able to get to know each other better through meetings as well as learn from healthcare providers in various fields, as the chapter aims to foster diversity of knowledge within the healthcare field. We had an internal medicine physician, Dr. Nguyen, a pediatric surgery physician's assistant, Caitlin Trivett, and a dentist, Dr. Arthur H. Dolt. Students were able to ask questions and gain insights into prospective careers from those who have been through the journey. Some of our speakers even stayed after or provided contact information for members to continue to build a relationship and ask questions, which is incredibly beneficial for our members.

In addition to the October speaker panel, our chapter also hosted a physician assistant and medical school student question and answer session in November. Here, our members were able to bring in questions about their various paths to ask students, who were only recently in the same shoes they were in. These speakers also often provided contact information and were incredibly receptive to the member's questions and willing to give out incredible advice and guidance such as which courses helped them, things they would tell themselves if they were undergraduates still, or things that they wished they had done.

This year we will have a suture clinic, plan to host more speakers, engage with the chapter as a whole through community service, and bond over the similar desire to get involved with the healthcare field. The hope is that through our chapter's activities, our members can better visualize themselves pursuing that path and feel supported in that goal by the chapter.



# IMPORTANT REMINDERS

## EIN (Employer Identification Number) and Tax Exempt Status and Filing Your Tax Return

National Treasurer

Alpha Epsilon Delta is a 501(c)(3) tax exempt educational organization. The Society is also designated as a charity. The Internal Revenue Service states that "The issuance of an EIN to a non-profit organization is separate and distinct from the organization's actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption." This statement means that each subordinate (chapter) of AED must have a unique EIN. The IRS recognizes the chapters (subordinates) listed by AED on a list submitted to the IRS and updated yearly. Your chapter must be on the list to be recognized as a part of AED and thus exempt from Federal Income tax.

Chapters cannot use the parent organization's EIN nor can they use the EIN of their university. It is the parent organization that holds the tax exempt status. The tax exempt status of the parent organization extends to each subordinate unit in good standing with the IRS. To be in good standing with the IRS the subordinate must file a tax return each year. Failure to file the tax return for 3 years results in the subordinate unit losing its tax exempt status. Once tax exemption has been lost, the chapter must apply for reinstatement of its tax exempt status. Loss of the tax exempt status subjects the chapter to Federal Income tax and filing the long Form 990. In addition to loss of tax exempt status the chapter may also be subject to penalties and interest on back taxes. Chapters are required by federal law to file a tax return on the 15th day of the 5th month after the close of its fiscal year. For most chapters the fiscal year begins on January 1 and ends on December 31.

The fiscal year is set when the chapter first applies for the EIN. Filing a tax return is easy. A few years ago the IRS established the e-Postcard (Form 990N). It is a very simple form that is filled out and submitted online.

AED is also classified as a charity under section 509 (a)(2) of the Internal Revenue Code. Contributions to your chapter are deductible under section 170 of the Code. Your chapter is qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106, and 2522 of the Internal Revenue Code.

Tax-exempt, charitable, non-profit organizations, and EINs

The issuance of an EIN to a non-profit organization is separate and distinct from the organization's actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption. Before donating monies to a charity, it is advisable to verify its proper registration and IRS Form 990 tax-exempt status. The entire database is searchable, and one can verify an entity's registration, status, and assets and liabilities registered in private databases.

All IRS Form 990-registered charities must obtain proper registration via the Internal Revenue Service. Another source for verifying an entity's tax-exempt status is the IRS, itself.





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<b>Texas Zeta</b> Texas Christian University, Fort Worth (Charter No. 127, 04/20/1979) Advisor: Jessica Alvarez J.M.Standifer@tcu.edu	<b>Virginia Beta</b> Washington and Lee University, Lexington (Charter No. 43, 04/30/1948) Advisor: Lisa Alty, Ph.D. altyl@wlu.edu
<b>Virginia Delta</b> Virginia Polytechnic Institute and State University, Blacksburg (Charter NO.119, 05/03/2003) Advisor: Jennifer Rainville jrainvil@vt.edu	<b>Virginia Eta</b> Old Dominion University, Norfolk (Charter No. 186, 05/03/2003) Reneldo Randall rrandall@odu.edu
<b>Virginia Kappa</b> Hampden-Sydney College Sydney (Charter No.248, 04/23/2017) Advisor: Kristian Hargadon, Ph.D. khargadon@hsc.edu	

<b>Virginia Mu</b> Regent University Virginia Beach (Charter No. 254, 2/16/2019) Advisor: Patricia Lutz, Ph.D. plutz@regent.edu	<b>Virginia Theta</b> Roanoke College, Salem (Charter No. 210, 04/18/2010) Advisor: Deborah Duncan, duncan@roanoke.edu
<b>Washington Beta</b> University of Washington, Seattle (Charter No. 41, 01/17/1948) Advisor: Joslin Boroughs joslinb@uw.edu	<b>West Virginia Alpha</b> West Virginia University, Morgantown (Charter No. 7, 05/30/1931) Advisor: Randy Bryner rbryner@hsc.wvu.edu
<b>West Virginia Delta</b> Bethany College, Bethany (Charter No. 205, 02/07/2010) Advisor: Lisa Reilly lreilly@bethany.edu	<b>Wisconsin Beta</b> University of Wisconsin - Madison (Charter No. 175, 02/26/2000) Advisor: Michael Garren, M.D. garren@surgey.wisc.edu
<b>Wisconsin Delta</b> Carthage College Kenosha (Charter No.250 3-23-2021) Advisor: David Brownholland dbrownholland@carthage.edu	



# HOW TO SUBMIT A SCALPEL REPORT

01

**Step 1:** Visit the AED website to download the Scalpel Reporting Form.

02

**Step 2:** Fill in your Chapter Name, University, and Scalpel Reporter, using the PDF file

03

**Step 3:** Write and Save your article in a Microsoft Word document making sure it follows the 250-350 word count range.

04

**Step 4:** Photos must be in High Resolution (320 DPI or more) JPEG format at least 2.5 "X 4". (Photos are strongly encouraged)

05

**Step 5:** Please attach the Scalpel report (as a Microsoft Word Document), your photo (as a JPEG) and the completed Scalpel Reporting form (PDF) to an email and send the email with the three files attached to the AED National Office at: [aednationaloffices@tcu.edu](mailto:aednationaloffices@tcu.edu)



## ARE YOU SURE YOU'RE A NATIONAL MEMBER?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren't!!! Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

**Contact us:**

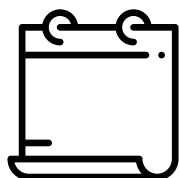
**Phone:** (817) 257-4550

**E-Mail:** [aednationaloffices@tcu.edu](mailto:aednationaloffices@tcu.edu)

## CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF's:

1. Only typed forms will be accepted and processed.
2. A typed list of each students first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.



## REMINDER:

AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1<sup>st</sup> for the Fall Scalpel and Feb 1<sup>st</sup> for the Spring Scalpel.



# REFLECTIONS OF A NATIONAL MEMBER’S JOURNEY BEFORE MEDICAL SCHOOL

Whether it is the priceless bonds you form with peers or the invaluable privilege of investing in the countless student journeys entrusted in your care, many joys come with serving in a leadership position. Nevertheless, fully committing to any leadership role requires earnestly receiving every challenge that comes with it. Indeed, storms are inevitable in our lives, even more so when we answer the call to serve in a leadership capacity. Yet, my formative experiences in Alpha Epsilon Delta (AED) have equipped me with the resilience to weather any storm. Moreover, it has provided me with a lifelong community that reminds me that we need not brave these storms alone.

The unexpected rise of the COVID-19 pandemic was one such storm that shook every aspect of our lives, and student organizations were no exception. While necessary, given the times, measures like social distancing and virtual forms of involvement undoubtedly minimized our sense of interconnectedness. However, even when a return to some degree of normalcy seemed to be on the horizon, members still struggled to engage and relate like before the pandemic. The united present-ness and personal connections that were so vital for the life of our chapter’s community were undeniably impaired, and it weighed heavily on our hearts—mine and my fellow leaders. To me, being a leader means being an earnest steward of the health and the wholeness of the people one is called to serve, so I began to wrestle with how we, as a leadership team, could be more intentional in restoring these bonds that were still in recovery.

Fortunately, the 44th AED National Convention was just around the corner, and there was much buzz and excitement for it in our chapter. Pulling off a trip of such a grand scale would require the direct involvement of every part of Texas Epsilon; its successful execution would hinge on the unified

coordination of all our chapter’s various teams. It would be no easy feat, but our small chapter was willing to rise to the occasion, and I had the great pleasure of helping spearhead this thoroughly collaborative effort.

Nonetheless, we had to overcome certain obstacles within our chapter before embarking on this grand journey to Nashville, Tennessee. In previous years, only students who had already attained national membership in AED were allowed to attend the National Convention, but such a practice sorely excluded many student members who could greatly benefit from the opportunities afforded by an invaluable experience like Convention. We knew we could not make such a grave mistake, but bridging this gap required us to break tradition and try something new. Thankfully, our advisor Mrs. Raimondo was entirely on board to make the necessary changes. By opening the Convention to all the dedicated members of our chapter, my team and I were able to give many deserving students a chance to experience the fullness of the vibrant community at the center of AED.

As a result of this willingness to be more inclusive, many passionate first-year and second-year students felt that they were an indispensable part of AED. Additionally, by being afforded the chance to participate in such a national experience, these students could connect and exchange with students and professionals from other chapters who were also committed to the health professions pathway, a reminder that they were ultimately a part of something much bigger than themselves. Since such a spirit of collaboration, connection, and inclusion is the very essence of healthcare, these were priceless lessons for students to learn early in their undergraduate careers.



“YET, MY FORMATIVE EXPERIENCES IN ALPHA EPSILON DELTA (AED) HAVE EQUIPPED ME WITH THE RESILIENCE TO WEATHER ANY STORM.”

Indeed, this renewed sense of community permeated much of my convention experience, and I had the pleasure of witnessing firsthand the fruit of our labor both in the short and long term. For example, competing against many wonderfully creative chapters across the United States, we placed first in the National Convention’s poster contest. To have my design recognized this way was immensely humbling. Still, I was more pleased that this spirit of ingenuity was ubiquitous in the many chapters that represented well what AED meant for and to them.

We received other awards, but the most rewarding thing about the 2022 National Convention was the sacred opportunity to witness the students I carefully mentored be inspired to answer the call to an even greater degree of service to our community. Every student who attended the Convention was motivated to take the additional step of becoming a national member. After their induction, many courageously took on officer and coordinator roles, and, at present, they proudly carry forward the vision of service and standards of excellence my team and I sought to embody—a sincere legacy and connectedness that I consider the greatest gift of our Convention experience.

Such moments highlight how beneficial the Convention was for our chapter, but any discussion of our experience would

be lacking if it did not include Mrs. Raimondo. Whether it was her readiness to support her students even in the face of immense challenges or her willingness to take the novel ideas of her student leaders seriously, Mrs. Raimondo helped facilitate a broader culture of resilience and innovation that not only gave us an unforgettable convention experience but ultimately took our chapter to new heights. Students, both national and regular members, were not merely members of a student organization for the sake of checking a box for graduate school. Instead, they were valued contributors and visionary collaborators modeling the standard of leadership and excellence that Mrs. Raimondo authentically embodied in all her roles. Indeed, the greatest blessing I have received from AED is her example of leadership and excellence, which I proudly imitate and carry forward as I pursue the exciting prospects in this next chapter of my life: medical school.

-Stephen Iype

TCOM 2027  
HCU 2022  
Former AED Texas Epsilon Outreach Coordinator 2020-2021  
Former AED Texas Epsilon Historian 2021-2022  
AED Texas Epsilon Faithful Shepherds of Healing Coordinator 2022-2023  
AED Texas Epsilon Executive Board Member 2022-Present



# AED ANNOUNCEMENTS

## Welcome to Our New Chapters

TX Tau

MD Gamma

University of Dallas

Hood College

## Scholarship Deadline

Don't forget to submit your scholarship applications to the national office by April 30, 2023.

- Virgil Tweedie - \$10,000
- T. G. Jackson - \$5,000
- Maurice and Charlotte Moore - \$3,000
- Donald Schreiweis - \$2,000

## Is your AED chapter active?

A chapter that has not submitted MRF applications to the national office over a three-year time period is considered inactive and must go through the process of reestablishing the chapter. For more information go to our website at [aednational.com](http://aednational.com) or contact the national office.

## SAVE THE DATE

**2024 National Convention**  
**Renaissance Hotel in Dallas**  
**March 14-16, 2024**



## IMPORTANT DATE!

**Deadline to submit the  
2022-2023 Scholarship  
Applications is April 30, 2023.**



# Alpha Epsilon Delta



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Next stop Dallas, Texas  
for the AED National Convention 2024

