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FALL 2023

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ASK US
ABOUT
CHAPTER
SHIRTS!



Message from
THE PRESIDENT

Greetings,

I hope this letter finds all of you doing well. Now is the time to gear up for the next AED National Convention. Registration for the conference is now open and we are extremely excited to welcome you to the great state of Texas! The National Office is located in Texas so we are extremely excited to welcome you!

Attending the Biennial Convention is extremely important. This is a chance for your chapter to connect with other chapters, the national officers and healthcare professions. It provides an opportunity to network, learn and grow. AED is the cream of the crop when it comes to students pursuing a career in healthcare. The board wants to provide you opportunities to exchange ideas and learn information to take back to your chapters. Please make plans to have at least one delegate and the advisor from your chapter attend the convention. It is so important that we stay connected to help AED grow stronger.

AED offers a robust scholarship program. Applications are due each spring and will follow you to your professional school. Please take the time to apply as this organization uses those scholarships to give back to you as you continue to give to it.

As always, the Scalpel is a fantastic publication because it highlights you, the members of this great organization and the work that you do at your chapters. Please continue to submit your pictures and activities. What you do at your chapter can inspire others and as members, we are in the inspiration business.

I am extremely appreciative of each and every one of you! Keep working hard and continue to strive to be the best! As always, if there is anything the board and I can do for you, please do not hesitate to let us know.

Truth I Pursue,

Dr. Sovent Z. Taylor
Alpha Epsilon Delta National President

ALPHA EPSILON DELTA

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FALL
2023

CHAPTER REPORTS



ALABAMA GAMMA

Auburn University

submitted by Madden Bain

This fall semester at Auburn University’s chapter started out with a meeting of our executive board whose members are all excited to grow our program and help pre- health students. President Lucy Seay, Vice President Gracie Farmer, Secretary Lindsey Gatson, Treasurer Daniel Phillips, Scalpel Reporter Madden Bain, Historian Carson Walters, Pre-optometry Rep Caroline Brown, Pre-Medical Rep Will White, Pre-Dental Rep Lauren Kuykendall, Publicity Coordinator Jalen Boynton, and Volunteer Coordinator Monique Schindler all have diverse goals for healthcare and are eager to guide younger students.

AED at Auburn offers weekly meetings with speakers from different professional schools and doctors from across the state. They provide opportunities for undergraduates to learn more about different fields in healthcare and meet like-minded people. For example,

one of everyone’s favorite speakers each year is from a non-profit clinic close to our campus where they share stories about the impacts the clinic has made on the community and what kind of doctors we should strive to be. These meetings also include admissions board directors and different graduate program opportunities.

Some more opportunities offered this semester for AED members include a blood drive, volunteer days, a suture clinic, and a 5K for an organization called Women in Training that promotes reproductive health. The suture clinic spots fill up fast as students get one-on-one training from military medics. For the first time at this campus, the executive board started a raffle for entrance exam costs. We are excited to see how this organization can help Auburn students this semester and throughout the students’ journeys in healthcare.



ALABAMA LAMBDA

University of North Alabama

submitted by Bailey Oliver

The Alabama Lambda chapter here at the University of North Alabama has had an exciting and fun-filled fall semester. We have had some wonderful speakers who have given us useful advice to apply to our careers as health professionals. Some of these speakers include the MSS executive committee with Joshua Collingwood who discussed with us the importance of research during our undergraduate, and David Farris, the volunteer coordinator from Amedisys Hospice of North Alabama, who shared with us ways to get involved in volunteering in our community. Our members applied that advice and spent some of their free time volunteering at Common Ground Shoals, which is an organization that helps under-resourced families and children in our area. At Common Ground, our members talked and became acquainted with the kids, helped them with their homework, and played with them during recess. This was an amazing opportunity for the students to get hands-on volunteer experience together.

Coming up for the rest of the semester we have speakers such as Tanner Coleman of HudsonAlpha who will talk about genomic cues in nongenomic use and Dr. Belinda Maples, a family medicine physician from Athens, AL, who will be talking about all things rural medicine and reaching out to areas in need. During Halloween, we have planned a pumpkin painting night where our members can hang out and enjoy spending time together while also taking a break from studying for mid-terms. Following this, we will have one of our professors, Dr. Zhao, set up and lead us in a suture clinic, which is always a big hit with our members. While working with Hospice of North Alabama again, we will be doing a Thanksgiving activity which will involve making cards and gift bags for patients there. Approaching the end of the semester, we will have our Fall initiation where we will welcome the new members into our chapter and help get them started on their pre-health journey!



ALABAMA ZETA

University of South Alabama

submitted by Connor Lewis

The Alabama Zeta Chapter continues to promote a myriad of valuable opportunities, each aimed to enrich the academic and extracurricular experiences of its members. We are proud to offer an assortment of ongoing service events — e.g., PASSAGE USA, Wilmer Hall tutoring, and the Student Run Free Clinic — that directly benefit our local community and likewise, our members. We make further efforts to provide fulfilling one-time service opportunities, including those sponsored by the Little Sisters of the Poor and the Alabama Coastal Cleanup. This semester, we are excited to supplement such events with a wide range of in-person shadowing opportunities and select graduate student panels.

A widely adored initiative, the Preparing All Students Socially and Academically for Gainful Employment (PASSAGE) Program is a two-year/four-year undergraduate certificate program designed to develop intellectually challenged students. Assistance is supplied by “mentors”- individuals who volunteer their time and companionship to PASSAGE students. Junior, Connor Holm, believes that mentorship is far more endearing than simple companionship. Indeed, he feels that mentors act also as “friends, study buddies, advocates, and role models for PASSAGE students. PASSAGE mentoring is one of my favorite volunteering opportunities — I sincerely enjoy working with these students and have gained countless memories and friendships from my involvement with the program.”

The University of South Alabama Student-Run Free Clinic (USA SRFC) is a student-led enterprise with the purpose of enhancing wellness among underserved populations, particularly through its promotion of health accessibility and education. The latter objective is further extended to undergraduates, who can serve the clinic and gain valuable hands-on skills in a uniquely experiential environment. Senior, Andrea Vavrinek, spoke explicitly to these sentiments: “Volunteering with SRFC has

been one of my most meaningful experiences, through which I have learned the importance of preventative health education. As AED volunteers, we are able to see the impact SRFC has on our community providing us with an exposure to primary care.”

A more recent and successful initiative of the Alabama Zeta Chapter is our graduate student panels that are aimed at informing our members of the application processes and programs which they are currently working toward. This is done in an open end environment. This year our officers compiled a panel of five graduate students whose professional pursuits spanned several concentrations of healthcare. Junior Aaryan Piracha stated, “Listening to the diverse perspectives of several medical school, nursing, PA, and PT students gave me much insight on medical professions for the future. I was able to really grasp an understanding of how medical school worked, which will definitely prepare me in the future.”

The Alabama Zeta Chapter promotes these and many other opportunities so that each of its members can discover their interests and serve their community with due passion. Our constituents excel in these pursuits, both academically and extramurally, and they continue to have a positive impact on the larger Mobile community through their personal and professional lives. Ultimately, it is our goal and privilege to facilitate such beneficial experiences for all our members.



**2023-24 Alabama Zeta Officer Board at its first general-body meeting of the Fall 2023 Semester*

CALIFORNIA EPSILON

University of California Irvine

submitted by Kathy Bui

During the Spring Quarter, members of the Cal Epsilon chapter continued their commitment to serving the community by hosting our annual Free Health Clinic in Orange County. Our Free Health Clinic provides essential services and advocates for equitable healthcare access in neighboring areas. We offer a diverse range of services including but not limited to BMI assessments, bone density readings, blood screenings, dental care, and optometry services. This event serves as a unique learning opportunity for our active members to acquire valuable hands-on medical experience and enhance their interpersonal abilities with the guidance of current healthcare professionals. This year, we expanded our reach by collaborating with non-profit organizations in our community such as Planned Parenthood, the Asian Pacific American Medical Student Association, and Western University.

In addition to our healthcare initiatives, the Cal Epsilon chapter’s annual Faculty Banquet proved to be a resounding success with great feedback from both members and faculty. This special occasion offers a diverse array of cuisines and an abundance of engaging games that creates a relaxed atmosphere where students and faculty can bond outside of the traditional classroom setting. Furthermore, the banquet fosters networking opportunities and cultivates lasting relationships, enriching the overall academic experience.

Lastly, our active members eagerly look forward to our annual Spring Retreat, which serves as a rejuvenating getaway and well deserved trip after all the hard work our members put into the school year. This retreat offers an opportunity for our members to recharge and strengthen their bonds with one another. It highlights a significant value of ours— genuine connection and the importance of understanding the people and world around you. Activities such as interactive games and communal meals serve as a catalyst, forging a profound sense of camaraderie and unity within our chapter.

Throughout these endeavors, the Cal Epsilon chapter consistently makes an impact on our community and its members. Our dedication to healthcare access, academic enrichment, and fostering strong bonds among our members remains at the core of our mission.



CALIFORNIA KAPPA

Dominican University of California

submitted by Noah Gibson

Dominican University of California's California Kappa chapter has been holding monthly informative chapter meetings to provide a forum for students with interests in the health sciences. Service outreach in the community is highly encouraged and many of our members have been working within the community to further their career goals.

Chapter President Hooriya Shaghasi has been working as a Behavioral Health Associate at Bayside Marin Treatment Center where she is collaborating with and assisting doctors, psychologists, and therapists in working with patients suffering from addiction to treat, rehabilitate, and return them to the community.

Chapter Vice President Alyssa Crosby became a Certified Medical Assistant at the University of San Francisco during Summer 2023. She's now volunteering at MarinHealth Medical Center with AED member, Navreet Raj.

Navreet Raj is also interning at the Buck Institute for Research on aging. She previously worked with the Buck doing genetic work and research on mice. While she interns at the Buck, she continues her research with Dr. Protas at Dominican University of California on investigating the genetics and developmental biology behind cave animal genetics.



Chapter Secretary Clarence Seludo has also continued his research at Dominican University of California with Dr. Gurrola that involves Pinniped dental abrasion. Clarence and Navreet will begin interning and shadowing physicians at Kaiser through the DUC Pre-Med Program in the Fall.

Simi Lebitsamer is also interested in research and is currently working as a research assistant where she helps with experiments and does quality control work.

Noah Gibson, Chapter Reporter shadowed General Dentist, Dr. Burges and Dental Specialist, Dr. Gray at Gray Family Dental. He also worked as a Front Desk Attendant and Assistant at Gray Family Dental in hopes to further his career goal to become a Dentist.



Looking ahead, the chapter is excited to plan upcoming events, including seminars, and expand its impact in the community through collaborative initiatives and community outreach.



COLORADO GAMMA

Regis University

submitted by Noah Aguilar

The Colorado Gamma chapter has been hard at work to further its mission of providing prospective health care students with fun opportunities to further both their education and their career. The semester began with our first meeting being an absolute success. We had a tremendous showing and with some help from the university's student government, we were able to provide pizza for our attendees. At our first meeting we also had the privilege of Dr. Lauri Pamuk being a guest speaker. She spoke to our chapter about the Regis University Guatemala Interfaith Medical Service Project, where accepted students will get the chance to travel to Guatemala with a medical team and help provide care to an underserved community.

The success of our first meeting carried over into our other two major events, our internship meeting and our research night. During our internship meeting, we had Quinn Waller, the Academic Program Coordinator for the Academic Internship Program, talk to our chapter about finding different internships. Concerning our research night, we had the largest turnout of the semester and were able to showcase numerous opportunities. We had Dr. Karin Streifel talk about researching Rett Syndrome, Dr. Fredrick Grey present his research in particle physics, and Dr. Tyler Imfeld, Dr. Amy Schreir, Dr. Gena Nichols, Dr. Lenetta Mier, and Dr. Allison Hall present their various biology focused research projects. Students were encouraged to contact the professors to aid them in their research and gain experience outside of the classroom.

These events, however, are not the only things we have planned for this semester. In October we will host our suture event and in November we will be visiting the University's cadaver lab. For suture night, our chapter will have the opportunity to practice our suture skills using pig's feet, and for our cadaver lab visit, students will get to interact with human cadavers dissected by physical therapy graduate students. With all the events we host this semester, we believe we are providing a fun environment for Colorado's future healthcare professionals to learn about their fields and socialize with their future colleagues.



FLORIDA ALPHA

University of Florida

submitted by Cassidy Fowler

This fall the Florida Alpha chapter of AED is pleased to announce our first ever Color Run 5K benefiting Florida Diabetes Camp (FDC). This philanthropic event takes a traditional fundraising race and enhances the experience by incorporating elements from the Hindu festival of Holi.

Money raised from this event will go directly towards subsidizing each and every camper's cost of stay in their journey towards diabetes self-management. With the addition of this new event, we expect to far surpass the \$14,560 raised last fall for FDC. In addition to our fall philanthropy, our chapter boasts eight unique service divisions to impact the surrounding community in various ways. Whether our members wish to get involved in Students in Art and Medicine (SAIM) or Stop Cancer, we foster opportunities for service based on a member's specific interests.

One aspect of AED that our chapter would like to highlight is that we are a pre-health organization, not solely pre-med. With each passing semester, our member body becomes more diverse in the healthcare careers they are actively pursuing. From speech language pathology to genetic counseling, our professional development division aims to

cater events towards all health professions. We have invited Dave Nelson (President of UF Health), Beth Virnig (Dean of Public Health and Health Professions), and other health professionals to speak at our general body meetings. We also offer hands-on vocational certifications, such as CPR and Stop the Bleeding, to ensure that our members are equipped for future employment.

Oftentimes, previous members of AED lose touch with current members. This semester, we are combating this occurrence by implementing an alumni directory. We currently have 65 alumni registered in our network to bridge the divide between current and past members. Our members have the ability to network with those employed in their desired occupations. This reconnection goes to show that AED is truly a family that doesn't stop giving. This semester the AED alumni, members, directors, and executive board will each play a pivotal role in the success of our fall events.



FLORIDA BETA

Florida State University

submitted by Leslie Infante

The Florida Beta Chapter of Alpha Epsilon Delta at Florida State University had an overwhelmingly successful Spring 2023 semester and has many exciting plans for this Fall. We are excited to welcome new and returning students and hope to prepare them for their future careers in healthcare.

Last semester, we hosted our first FSU College of Medicine's Deans Day's since COVID-19 began in 2020. Dean's Day provides students the opportunity to network with various medical school deans. Our event included Florida State University College of Medicine, University of Florida College of Medicine, University of South Florida College of Medicine, Florida Atlantic University College of Medicine, and many other prestigious medical schools throughout the southeast region. This event allowed students to gain a deeper insight into admissions processes, requirements and allowed them to network with fellow pre-medical students.

In the Spring, we reestablished our annual mission trip, where some of our members traveled to Guatemala. Our members were able to stay with host families, experience a new culture, and learn/interact with the healthcare of Guatemalan communities. They had the opportunity to experience how medicine works in a

less resourceful community that does not have as many medical availabilities compared to what we may experience. This experience is valuable for our students' future in medicine!

Additionally in our general body meetings, we had a variety of healthcare speakers come to our meetings to share their experiences in their field. We ended the Spring semester by hosting our annual induction banquet, where we welcomed new inducted members of the National Chapter and the 2023-2024 E-board.

Over the course of the Fall 2023 semester, we hope to achieve our goal of providing more leadership and service opportunities; such as the Mentor-Mentee Program. This program partners upperclassmen mentors with underclassman. This helps underclassmen find connections in Tallahassee, academic guidance, and a new friend here at FSU. We have also restarted our tutoring program, which is available for anyone in our chapter. Additional opportunities we plan to participate in include Walk to Defeat ALS, Walk to End Alzheimer's, Lott's Community Garden, and Habitat for Humanity. We have many more activities planned for the year, and we are excited to continue to explore our community and our passion for healthcare.



GEORGIA EPSILON

Mercer University

submitted by Christen Arant

The Georgia Epsilon Chapter of Alpha Epsilon Delta at Mercer University is eager to start a new semester with exciting events and opportunities for our members! Our chapter aims to focus on three goals: supporting pre-health students during their pre-health track, encouraging pre-health students to recognize and connect with the community around them, and promoting cultural sensitivity. We hope to better prepare pre-health students for their future health professions by integrating and promoting these three goals into our events.

Our chapter hopes to connect our members with helpful guidance and resources to aid in the navigation of their pre-health tracks. We, with a few other pre-health organizations on campus, have recently introduced a new informal peer mentorship program, Pre-Health Ambassadors. This program will allow the mentors to grow in their leadership role as well as allow the mentees to receive guidance from the upperclassmen on anything pre-health related. Additionally, we plan to host a test-prep panel to provide an opportunity for students to learn from and engage with upperclassmen. This panel is aimed to help students discover the best way to approach their MCAT, DAT, or GRE studying. As well as a test-prep panel, we offer members the opportunity to register for a mock exam. These mock tests will allow members to practice taking their exam in a similar condition to the real exam environment. Our chapter also offers unique workshops that could aid members in their future professions as well as aid them in becoming a more well-rounded applicant. For example, we plan to host a suturing, interview, and CPR workshop.

Although we are dedicated to providing many opportunities and connections for our members, we also put strong emphasis on service in our chapter; serving the Macon community is a top priority. This semester, we have lined up several community service events for our members. Once again, we are very excited to partner with MerServe in their efforts to support our community in the various service events, such as Service Saturday. Additionally, we will be working with Backpack Buddies in an effort to supply food-insecure children with nutritious and kid-friendly food. Our hope with these service opportunities is to remind our members to focus on and make strong connections with our local community.

In addition to providing guidance/resources and promoting community service, our chapter also prioritizes and promotes cultural competency. Our goal is to continue several of the workshops from last semester, including but not limited to talks on the LGBTQ+ community in healthcare, women's health, and ethnic and racial disparities. We hope to educate members on the role they play in their future professions as well as encourage our members to reflect on these issues.

The Georgia Epsilon chapter is excited to see what our members accomplish this semester and push them toward their pre-health goals. We hope that our events and opportunities will allow members to become passionate and mindful pre-health professionals.

ILLINOIS DELTA

University of Illinois Urbana-Champaign

submitted by Ashley Potter

The University of Illinois Urbana-Champaign Delta chapter of Alpha Epsilon Delta is thrilled to welcome our members back to campus for the new fall semester. We are honored to continue providing personal and professional development opportunities for our members during their undergraduate, pre-health journeys. Our chapter welcomes students from all academic backgrounds interested in pursuing health-related careers. The University of Illinois is looking forward to having an amazing 2023-2024 academic year within our chapter.

This semester, we have made great strides in the betterment of our chapter. We have selected the Crisis Nursery to be the new philanthropic organization for our chapter to support this academic year. The Crisis Nursery offers an island of safety to families and children in need, and we are so excited to support this organization. We will be continuing to host fundraising events in support of The Crisis Nursery, involving local restaurants, bake sales, and sporting event tournaments such as volleyball. This year, we have had a variety of group volunteering events, with organizations such as the Hope Volunteer Center,

Books to Prisoners, and the Wesley Food Pantry. These organizations are local to the Champaign-Urbana area, and the Illinois AED chapter loves being able to provide tangible support to the individuals in our community. Academically, we have had a plethora of valuable professional individuals come and share their pre-health experiences and provide advice to better serve our members. We are planning on hosting a speaker event panel near the end of this semester, and we are incredibly excited for this event to take place. We also offer frequent group study sessions which provide beneficial academic mentorship and collaboration.

This fall, we have also accepted a new pledge class of 36 members. We cannot wait to mentor our new members and connect with them on a personal level moving forward. We host bi-weekly chapter meetings for our general members to provide valuable information to our members, such as research opportunities, gap year information, resume workshops, and other professional development tasks. Our Illinois AED chapter is looking forward to having a great year and a successful semester with our newly inducted and current members.



KENTUCKY ALPHA

The University of Louisville

submitted by Amanda Rhodes

Alpha Epsilon Delta (AED) stands as a unique blend of honor society and service organization, where academic excellence converges with unwavering community commitment. The Kentucky Alpha Chapter, in the spirit of AED's mission, proudly exemplifies these ideals through recent accomplishments and upcoming initiatives, demonstrating our dedication to both honor and service.

****1. Welcoming New Members:**** Our chapter upholds the belief that excellence in healthcare education deserves recognition. We are delighted to announce the addition of seven exceptional new members to our esteemed community. These individuals have not only demonstrated outstanding academic achievements but also showcased their passion for making a positive impact in healthcare. Their induction into AED signifies not just academic success but also a commitment to the principles of service and leadership that define our organization.

****2. Induction and a New Officer:**** On December 5th, we will gather for an induction ceremony to welcome our new members. This ceremony serves as a poignant reminder of the high standards of academic excellence and character that AED upholds. During this event, we will also initiate a new treasurer, a pivotal role ensuring the responsible management of our chapter's finances. This position enables us to continue our impactful service initiatives, solidifying our commitment to fiscal responsibility and ethical leadership.

****3. Ongoing Commitment to Ronald McDonald Charities:**** Fall is a season of giving, and our chapter maintains its steadfast dedication to our partnership with Ronald McDonald Charities. We believe that service is fundamental to healthcare, and our volunteers work tirelessly to support

families facing challenging times. Through our efforts, we provide comfort and foster compassion within our chapter, aligning with AED's mission of promoting service as an integral facet of healthcare.

****4. Promoting Community Involvement and Engagement:**** Beyond academic excellence, AED recognizes that healthcare thrives in a community where professionals collaborate and share their expertise. To nurture this engagement, our chapter hosts forums where local healthcare professionals share their insights and experiences. These discussions inspire our members to strive for excellence and forge connections beyond the classroom, in keeping with AED's commitment to service, leadership, and community.

****5. Spring 2024 Healthcare Careers Fair:**** Looking ahead, our chapter is excited to announce our plan to host a Healthcare Careers Fair in spring 2024. This event will offer students invaluable opportunities to explore diverse healthcare career paths and connect with professionals in their chosen fields. Organizing this fair aligns with our vision of facilitating the growth and development of future healthcare leaders, in sync with AED's mission to nurture leadership within the industry.

In summary, the Kentucky Alpha Chapter of Alpha Epsilon Delta passionately upholds the honor society's ideals of academic excellence, service, and leadership. Our recent achievements and forthcoming endeavors underscore our unwavering commitment to these principles. We are proud to be part of an organization that not only recognizes scholastic achievement but also cultivates future healthcare leaders who are resolute in making a meaningful impact on their communities and the world.



LOUISIANA BETA

Louisiana State University-Baton Rouge

submitted by Brianne Bankston

The Louisiana Beta chapter of Louisiana State University has focused on service, social bonds, and medical opportunities this last semester. We have strived to further develop interpersonal relationships in our community of pre-medical students while expanding and creating more leadership positions for members to stay involved through our two subcommittees, Be PrePared and Freshman-Sophomore committee (FSC). These programs have allowed underclassmen to build stronger, more sustainable relationships with more members of the organization and become early leaders. Our revamped Medical Buddies mentorship program has also heightened its effectiveness at creating meaningful social relationships within the club.

With a focus on education, last spring we implemented a new group within our organization, Medical Book Club, where we read literature like Five Days at Memorial, a story about the events at the New Orleans' Memorial Medical Center during Hurricane Katrina. New this fall is a cultural competencies in medicine series, where we are looking to advance our pre-medical students' knowledge pertaining to ASL, disabilities, and other facets of life concerning underrepresented populations. Incorporating this crucial knowledge into our practices is important in keeping medicine diverse. Additionally, we have hosted multiple MCAT application workshops, medical student panels, and speeches from various physicians in the Baton Rouge area.

We have also hosted several clinics for our members to gain practical experience in medical tactics, including a CPR clinic and suture clinic with a local ENT office last spring. Our preceptorship program has also expanded greatly to include more local physicians. Louisiana's Beta Chapter focuses much of our attention on

service, particularly to assist local communities and establishments. We are thrilled to be leading our own canned goods drive this semester and involving other organizations on campus. Another event we're co-hosting is a LifeShare blood drive, which in the past has seen 100+ pints of blood donated, saving hundreds of lives.

Our annual involvement in Dance Marathon has continued to perform exceptionally. Dance Marathon is a year-round philanthropic event hosted by students that benefits Children's Miracle Network. This foundation is very essential to our chapter because Our Lady of the Lake Children's Hospital is located in Baton Rouge, Louisiana. Last spring, our incredible members came out in full force for this opportunity to serve, establishing the largest Dance Marathon team on LSU's campus. Several philanthropic fundraising events were hosted on campus to benefit the hospital. AED's Dance Marathon team raised \$6,434.37, approximately 7% of LSU's entire fundraising total. We are so proud of our Dance Marathon team and know that next spring, we will push even harder!

The annual Miles for Medicine 5k that we host in the spring semester to raise money for our philanthropy, The Boys and Girls Club, was also huge success with a turnout of over 270 participants, over \$7,600 in sponsorships, and a net total of \$9,658.89 raised!

As our resources and programs continue to grow, we are proud to be an organization that's home to an abundance of future medical professionals here at LSU.



MARYLAND GAMMA

Hood College

submitted by Susan Ensel

We are thrilled to be one of the newest AED chapters, thanks to the tireless advocacy of Julie Karlsson and other Hood students who are planning to enter healthcare professions.

We welcomed AED Board of Directors Member-at-Large Carol Bokros from Mercer University to our campus this past spring for our inaugural initiation ceremony. During the program, attended by excited students, family, friends, and college representatives, we initiated fourteen new student members and three faculty members (one as the advisor).

Our biweekly meetings typically combine group support, information, and study sessions. Our chapter looks forward to hosting a variety of events during the 2023-2024 school year including a medical admissions panel, an MCAT preparation workshop, and a tour of our regional Veterans Administration hospital. The pre-health students on our campus have a strong tradition of community service, holding events in recent years related to mental health, self-care options, and HIV awareness. Plans are in the

works to volunteer with the local Multiple Sclerosis Walk, area blood drives and vaccine clinics, the local animal shelter, and after school science programs for elementary students. We are also partnering with the Hood graduate school to help the master's program in counseling students with their mental health screening outreach. In addition, we plan to build our health alumni mentoring program to help connect our pre-health students with Hood graduates working in the health professions. Panel discussions with alumni have been extremely helpful in allowing students to explore healthcare opportunities, learn more about the application process, and gain valuable career advice (including the realities of the healthcare fields).

We are so pleased to be connected with a national organization that supports pre-health students in so many ways.



MASSACHUSETTS ETA

Clark University

submitted by Carolynn Steffens

The Massachusetts ETA chapter at Clark University has been engaged in career-building opportunities that expose pre-health students to various healthcare fields and community engagement. We started off the semester with an event exposing students to different pathways to medicine, the course requirements for each, and how each profession contributes to the healthcare team when caring for patients. Career paths covered included Physician Associate/Assistant (PA), Nurse Practitioner (NP), and Nursing. Showing how each profession works alongside the other emphasizes the importance of teamwork and communication when caring for patients as it leads to better outcomes. In addition to being informative, this event also allowed for members to make connections among other members on similar career paths.

Another highlight from this semester included guest speaker Vatche Melkonian, a Clark alum and 4th- year surgical resident at St. Louis University Hospital. He

spoke about his career path to medicine, the medical school application process, and advice he has for undergraduate students considering medical school. One piece of advice that he gave was that what happens now doesn't define how you will handle things in the future, reminding us that mistakes are a part of life and are learning opportunities going forward. Listening to his experiences and advice gave us insight not only into the expectations of medical school but also life advice as we grow as individuals and figure out our career paths.

To help students prepare for the MCAT, we hosted an event with representatives from the website Sketchy which brands itself on a new model of studying using storytelling videos. This exposed students to another resource that may be more helpful than the traditional model of using textbooks. Not only does this help with studying for the MCAT but can be a learning model that students can apply to their coursework.

MASSACHUSETTS GAMMA

Boston University

submitted by Sarah Petit

The Boston University Massachusetts Gamma chapter of Alpha Epsilon Delta is pleased to welcome our members back to campus for the fall semester! Our chapter is beyond excited to be back together, where our members cultivate a community of growth, learning, and service. The Massachusetts Gamma chapter will begin the academic year by continuing our strong dedication to the Greater Boston area through enriching community service events and we will continue to empower our members through professional development opportunities.

Our first event of the semester was our September general meeting where AED members were welcomed back to campus. Members had the opportunity to meet our Executive Board for the 2023-2024, as well as discuss the goals and events of our chapter for the year. Our members also found academic support within one another, giving advice to fellow members about what allows them to thrive at Boston University. Additionally, our chapter is working with Cradles to Crayons. Cradles to Crayons is a non-profit organization that supplies low-income and homeless children with the essentials needed to thrive in all aspects of their lives. Members volunteered in The Giving Factory, where members will process donated goods to be distributed to children in need within the Greater Boston area.

One of our newest events our chapter held was a hands-on suturing class, where a local podiatrist joined our chapter to talk about their educational and professional background while being in the healthcare field. The

podiatrist also taught members the basics of medical sutures. Members had the opportunity to practice different suturing techniques with personalized feedback from a physician. We are very grateful to have had such an excellent learning experience for our members this semester.

At the end of the semester, we held our annual Pre-Health Networking Dinner, where members discussed their professional and academic careers with distinguished AED alumni, healthcare professionals, and graduate students. This annual event is a staple of the Massachusetts Gamma chapter that we are thrilled to continue in the upcoming years. We will continue to offer our reflection sessions that are centered around discourse about health-related research and current news. This semester, our members have had lively conversations surrounding the U.S. healthcare system, AI in medicine, and how residents in the Greater Boston Area have access to physicians. Prospective members completed their interviews with the Executive Board this December. Our entire chapter is excited to welcome all our new members in the Spring 2024 Induction Ceremony next semester.

This fantastic fall semester was a culmination of our advisor's and our member's hard work. Our Executive Board is grateful for their dedication and involvement, and we are looking forward to more great opportunities in the spring semester.



MASSACHUSETTES ZETA

Northeastern University

submitted by Angel Sun

The Massachusetts Zeta Chapter of Alpha Epsilon Delta had a wonderful year. There were thirty three accepted members of which twenty three are expected to be inducted this fall and ten are conditionally accepted and on track to be inducted in the spring semester of 2024. Throughout our winter semester and beginning of fall semester, many events were hosted to create a safe space for students to collaborate, learn, and network.

Community service is an element of our organization that members take pride in. Notably, our volunteer event at Boston Healthcare for the Homeless Program, where members served lunch to the community. This event led many members to not only bond with each other but as well as talk to members of the underserved population. Students learned more about available resources and issues circumferencing the unsheltered population in terms of both health and multifaceted factors.

Staying on the pre-health track can often be confusing and daunting, thus our pre-health advising meeting has always been popular. During this meeting, Northeastern University's Assistant Director of the Pre-Med and Pre-health Advising Department, Anna Pietrzak, was our guest speaker and presented insightful information on how to fulfill the prerequisites for

healthcare related graduate school. The second half of this event included a question and answer section where a student's pressing concerns could be eased.

During the winter, the co-op panel has always provided much needed advising for members who are looking to apply or are applying to internships. Northeastern's system to apply to co-ops can often seem chaotic and overwhelming, thus the panel, which is hosted by experienced members of AED, has had great feedback. Many members can find connections to their dream co-ops and have been able to rule out what type of internship they wish to pursue.

The Northeastern Zeta chapter of Alpha Epsilon Delta has had an amazing semester filled with interactive events. Later this semester we will be hosting more events with guest speakers like Michael Parisi PA-C of Brigham and Women's Plastic Surgery Department. Community drives will consist of a food drive near Thanksgiving and a menstrual supply drive in the spring semester of 2024. We are very excited to see the growth and development of our chapter and engagement with the Boston community.



MICHIGAN EPSILON

University of Michigan - Ann Arbor

submitted by Kali Mochel

Throughout the Winter semester of 2023, Michigan Epsilon was able to continue to enjoy in-person events, allowing members to engage in events centered around bonding and family.

Members of Michigan Epsilon continued their service pursuits and one of the favorite service events of the semester was “Under the Stars,” a dance hosted for the Special Olympics members to celebrate their year. AED members decorated for the event and danced with the members during a night of fun. Another favorite event was an annual blanket making meeting where members had a wonderful time helping to make tie-knot blankets for children at the University of Michigan’s Mott’s Children’s Hospital.

Michigan Epsilon also continued its pursuit of growth, hosting a full roster of in-person meetings with inspirational speakers. Dr. Richard Oye, a Congenital Heart Surgeon at Michigan Medicine, gave one of the chapter’s favorite presentations of the semester, sharing his journey in the healthcare field and the importance of fostering a strong culture in the workplace. The organization got to hear from a variety of different healthcare fields including Dr. Hillary Lobar, a doctor of Veterinary Medicine with her own equine practice and a panel of two Registered Nurses

specializing in palliative care, Dr. Karen Harden and Dr. Heidi Mason. The variety of speakers gave insight into the interdependent network that exists in healthcare, providing an opportunity for every AED member to grow and learn regardless of their pre-health track.

Finally, the Michigan Epsilon Chapter continued its pursuit of family, focusing on supporting its members and continuing the tradition of family. One of the favorite events this winter was a game night, where pledges and members participated in some friendly competition and bonding. Wellness and DEI, key pillars of Michigan Epsilon, were incorporated into many social events, including a Wellness nature walk, a DEI powerpoint meeting, and plenty of professional development workshops to learn new skills.

Michigan Epsilon took full advantage of the return to in-person events, creating memorable and relevant experiences for its members while celebrating the ability to be together and revive old traditions. The future is exciting for Michigan Epsilon, with another memorable and impactful year behind us.



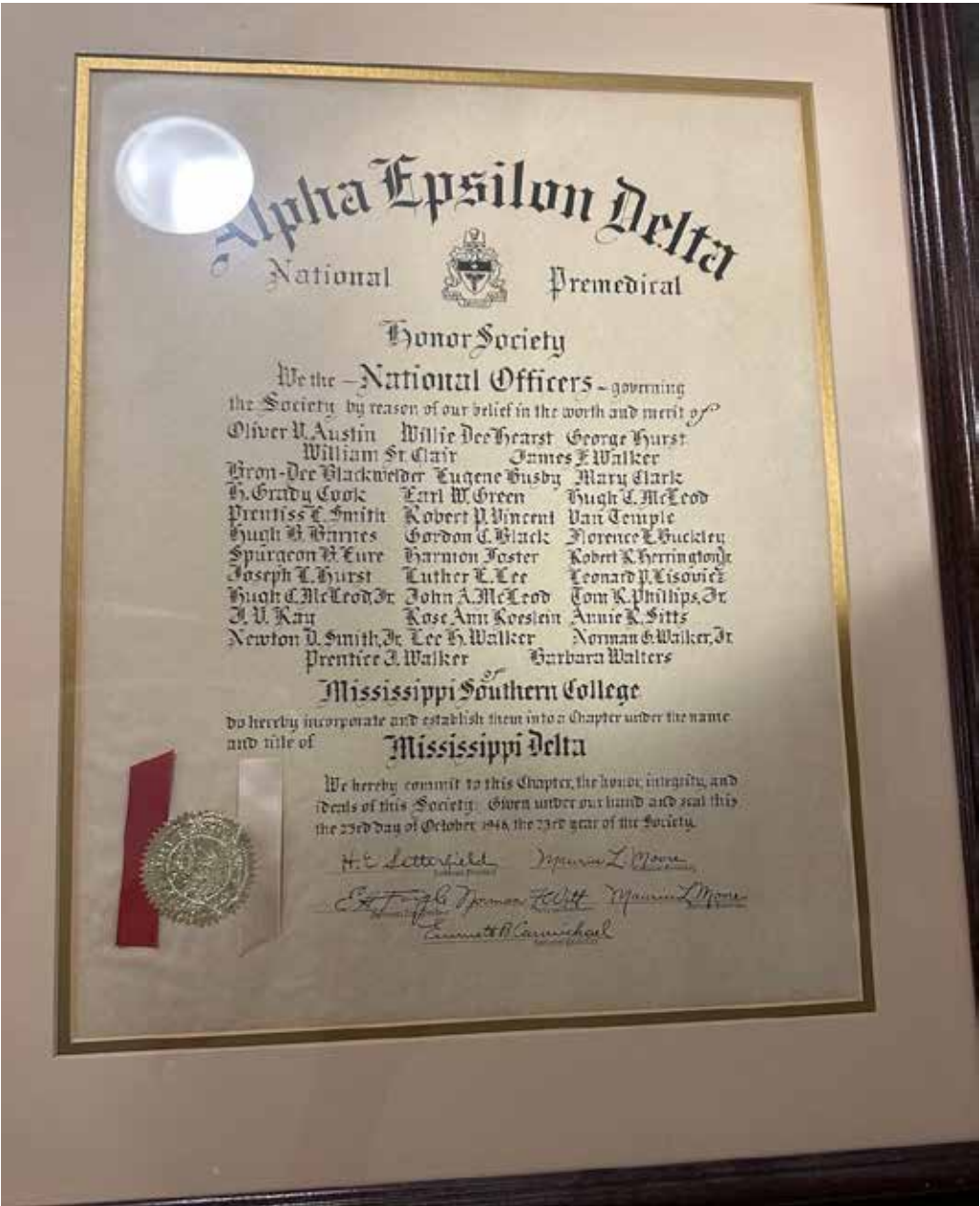
MISSISSIPPI DELTA

University of Southern Mississippi

submitted by Dr. John G. Bailey

The Mississippi Delta Chapter was established at the University of Southern Mississippi (then Mississippi Southern College) in October of 1948. Now, in our seventy-fifth year, we are currently working with Dr. Julie Reid, Associate Provost for Student Success, the University Office of Student Leadership and Involvement, the University’s Center for Community

Engagement, our local chapter of the American Medical Student Association (AMSA), our Pre-Dental Society, and other student organizations related to the health professions in order to increase the membership and revitalize the Mississippi Delta Chapter of AED.



NEBRASKA BETA

University of Nebraska Kearney

submitted by Stefani Wegner & Sara Bruner

The Nebraska Beta chapter is located at the University of Nebraska Kearney, starting its seventh year of existence during the 2023-24 school year.

Our current members have diverse goals of professional school in several healthcare career fields including medicine, dentistry, pharmacy, occupational therapy, physician assistant, nursing, and radiography. This past spring, our group saw the acceptance and matriculation of students into medical school, physical therapy school, occupational therapy school, pharmacy school, and a nursing program – 100% of our students were accepted into clinical professional programs.

On Monday, January 28th, 2023, we initiated seven new candidates into our chapter. Later in the semester, we sat down as a large group to discuss the purpose, mission, and origins of Alpha Epsilon Delta. We then planned a spring semester community project. In March, our membership worked with Kearney Jubilee Center, a local nonprofit, ecumenical, community-based organization aimed at providing the most basic of human needs while advocating for social justice. To support this organization, our students took over one of their community meals. They met at a local church, prepared, and served a meal of chili, cinnamon rolls, apples, lemonade, milk, and water to Jubilee’s patrons. Students then dispersed among the tables to eat and talk with those who came to eat, which was a valued,

memorable experience that they enjoyed. Then, AED members cleaned up after the event.

Finally, in late April we held a meeting with the goal of honoring our soon-to-be graduates with fellowship, networking, and mentoring over cookies. Our senior members who were preparing for graduation and who had recently applied, interviewed, and been accepted to clinical healthcare programs walked younger members through these processes and gave advice. Since all Nebraska Beta members who applied to professional schools were accepted, their advice carried a lot of truth and weight. Our younger members asked a lot of questions and were incredibly appreciative of the mentoring they received.

With the start of a new school year, we have named a new executive committee and we look forward to a successful fall semester for our chapter. Current plans include holding an AED Student Panel which will give advice to health sciences freshmen on campus. Also, one of our goals as a university office sponsoring AED is to expand members’ social environment and academic opportunities even beyond undergraduate study. To this end, our Central Nebraska Area Health Education Center, located on our UNK campus, will speak to current AED members about opportunities they will have once they leave us and move forward into clinical programs.

NEW JERSEY BETA

Stevens Institute of Technology

submitted by Neda Milinkovic

The New Jersey Beta Chapter of Alpha Epsilon Delta (AED) at Stevens Institute of Technology had an exhilarating experience during the Spring semester of 2023. On March 6, 2023, the chapter came together for an initiation event. During this occasion, the newly initiated members conducted a profoundly unifying and enlightening ceremony for the incoming members, known as the Class of 2023. This initiation ceremony represented the chapter’s second in-person AED initiation since the COVID-19 shutdown. The community’s enthusiasm for being reunited was palpable, filled with joy and appreciation. The new members were presented with their initiation certificates, along with a comprehensive introduction to AED’s core principles and priorities. Faculty and students from the Stevens School of Engineering & Science were present at the event and actively contributing to its leadership.

The Beta Chapter of AED also participated in a Careers in Healthcare Panel on April 30, 2023, hosted by the Health professional Advisory Committee. This event was opened to STEM students in the Stevens community, with hopes to inform and inspire students interested in pursuing careers in healthcare.

Students on pre-medical and pre-dental tracks attended, as well as students interested in pursuing careers in the pharmaceutical industry. Dr. Aalpen A. Patel, a Stevens Alumni, was present, and he talked about his career

as a medical doctor for artificial intelligence. Dr. Keren Sandman also talked to students about her role as Chief Developmental Officer at Nectin Therapeutics. The event was successful, as many students participated and furthered their knowledge on pursuing careers in the health industry.

AED and the Biomedical Engineering Society (BMES) collaborated on a remarkable event for students on the pre-health track. Together, they organized an insightful workshop on interview tips, providing aspiring healthcare professionals with invaluable guidance to shine in their admissions process. Adding to the allure of the event, Dr. Lombardi, a distinguished figure in the healthcare field, graciously joined to offer his expertise. As a special touch, professional headshots were taken during the event, ensuring that these budding healthcare leaders could present their best selves on their applications. This event not only showcased the strength of interdisciplinary collaboration but also served as a testament to AED and BMES’s unwavering commitment to nurturing the aspirations of pre-health students.



NEW JERSEY GAMMA

Rutgers University - New Brunswick

submitted by Zahra Ahmed

In the last year, our chapter has held multiple events that have given our pre-health students personal and professional development opportunities. Our events and activities also provide a platform for members to connect with peers with similar career aspirations. One event that we held was a resume and CV



workshop with the Rutgers Career Exploration and Success office. This workshop was invaluable for our undergraduate pre-health students, as it equipped them with essential skills to stand out in competitive healthcare fields. This workshop enhanced their ability to articulate their qualifications, increasing their chances of securing internships, research positions, or admission to graduate schools. Moreover, it fostered professionalism and self-awareness, instilled confidence in students and paved the way for successful healthcare careers. Another important event that our chapter held was when we made care packages for children in hospitals. Creating these care packages was meaningful, as they brought joy to young patients facing challenging medical journeys. These packages offer a tangible expression of love and support, brightening their spirits during a difficult time. Ultimately, these care packages serve as a

reminder that compassion and generosity can make a positive impact even in the face of adversity. Another meaningful event we held was a blood drive co-sponsored with the Rutgers University Air Force ROTC and the Rutgers American Medical Student Association. Donated blood is essential for accident victims, surgery patients, cancer treatments, and more. We raised awareness about the ongoing demand for blood products and encouraging regular donors to give. Furthermore, hosting this blood drive fostered a culture of compassion and civic responsibility, demonstrating that individuals can make a tangible impact on the well-being of others.



NEW YORK ALPHA

Cornell University

submitted by Julianna Crespi

The New York Alpha Chapter hosted a number of new events this year that we are proud of and are excited to continue bringing back each year. We partnered with new organizations and contributed more to the Ithaca community than in the year before and are proud of the contributions we have made. Some members volunteered at the local food pantry, gave resume and course advice to younger students, and raised money for local hospitals. We also have welcomed new members who are excited and active in our community. We have continued with our mentor-mentee program which has fostered a more tight-knit community among the members of AED throughout all grade levels and are looking forward to adding new members to this program.

Our first event of the year was a CPR, First Aid, and Narcan Administration certification event. It was a wonderful opportunity to learn from the Tompkins County Department of Health and Cornell EMS. About fifteen of our members received their certifications at this event and the rest had been previously certified!

We also hosted a service event for Project Linus, an organization that provides security blankets to children who have chronic medical conditions and spend extended periods in the hospital. Our members got to pick out fun fabric and made blankets together after classes. It was a great way to give back to local hospitals as well as a bonding experience for the members of AED.

The last event that was beneficial to our members was a MCAT prep information session. We have partnered with Kaplan Test Prep to provide our members with resources to prepare for graduate school. While we hosted a MCAT session for our pre-health students, we also have access to GRE resources for any member who wants to pursue a different professional healthcare career. This partnership provides free and discounted classes, books, and webinars to all of our members. Since all of the members of this club are planning on attending graduate school of some sort, this is an incredibly valuable tool that we have been able to provide to our members so they can do as well as they want when applying to these schools. Most people have been vocal about loving this event, so we plan to continue this partnership for a long time.



NEW YORK IOTA

University at Buffalo

submitted by Lina Daouaou

AED has been a very new experience for me, as I have only been a member since this past February. My time as president has been very short; however, there is one experience that has impacted me greatly. At our induction ceremony, we had a physician come and speak to us. While I truly appreciated her speaking about all her accomplishments and tips for applying to medical school, the part where she spoke about the hardships and reality of the life of a physician is what really impacted me. At one point in her life, already as a physician, she chose to quit because she lost her passion. A huge misconception many have about being a pre-med student, that I've even struggled

with, is once you get into medical school it is smooth sailing. But the reality is we are on a journey where we will always experience new hardships and changes. I loved that even a physician was still able to relate to the feelings I sometimes have too. She was able to find her passion again and is thriving at her new job. Instead of it scaring me further, I found her story to be even more inspiring. I was able to have that experience because of AED. They have provided me with the experience to be able to meet people like our guest speaker.

NEW YORK PI

Manhattan College

submitted by Julianne Santospirito

The chapter of Alpha Epsilon Delta at Manhattan College continues to grow and excel as a community on campus. As the new school year comes, all students interested in pursuing a career in health care extend the invitation to join. In the spring of 2023, fourteen senior members graduated and fifteen were inducted, leading the chapter to have a total of twenty-six members. The NY PI chapter is now under the new leadership of Lauren Raziano (President), Kaitlyn Holly (Vice President), Alyssa Kumar (Secretary), Alexis Colantonio (Treasurer), Stephen Perrillo-Sullivan (Historian), Julianne Santospirito (Scalpel Reporter), Isabella Kola (Mentorship Coordinator), and Ava Cruz (Social Media Coordinator). The Advisor of the chapter continues to be Dr. Wilkins, Associate Professor of Biochemistry. We are excited for the upcoming year, as we look to help students move forward in their pursuit of a health-related profession.

During the spring of 2023, the chapter held many virtual discussions with people from all health professions, such as doctors of medicine and veterinary science, pharmacists, etc. These meetings are held to give students guidance to reach their long-term goals in a health-related career. Holding the meeting virtually allows students the flexibility to join the sessions from anywhere so no one misses out on the opportunity to get insight from the speaker about

their profession. The induction ceremony was the first in three years to be held in person and the inductees were allowed to bring guests. This made members, inductees, and guests more than grateful that the induction ceremony was able to return to normal before COVID-19. The signing of the scroll was held as usual for the ceremony and we finished off with a variety of refreshments.

For the upcoming fall semester of 2023, we plan to hold more virtual guest speaker events and some in person with various doctors, physician assistants, pharmacists, etc. As we know our guest speakers have highly demanding jobs, thus we like to try to eliminate scheduling difficulties as much as possible. Our first event was with Physician Assistant Alexa De La Torre who was able to give insight on her day to day job as a physician assistant and what steps she took to get there. We are holding in-person member meetings this fall and plan to do so for the entire year. The chapter continues to hold the same requirements for members, one being the completion of 10 hours of community service by the end of the semester. The community service provides the opportunity for the members to remain engaged in the community through park clean-ups, food disruption, and campus-wide fairs.



A few NY PI members and leaders this fall 2023.

NEW YORK XI

State University of New York Oneonta

submitted by Dylana Gutierrez

The NY XI chapter at SUNY Oneonta is looking forward to expanding the chapter and is slowly rebuilding from the COVID-19 pandemic having welcomed in 10 new affiliate and national members this fall semester. To kick off the semester, we hosted a pizza party to welcome our current and new members back to campus. We had a great time getting to know one another and discussing our plans for community service and outreach for this academic year in addition to ordering new t-shirts! We are excited to see how our chapter continues to evolve and grow in the upcoming years.

This past spring semester, we ordered new merchandise for all our members. Our group was very excited as this was a great way to show support for our organization on campus and encourage others to join. Our chapter came together to give back to our community by making Valentine's Day

cards to give to our local nursing homes in the Oneonta area. It was a heartwarming experience and a tradition we want to continue.

Towards the end of the spring semester, we took a trip to Animal Adventure Park in Binghamton, New York. We had a great time interacting with all the animals. It was a fun and much needed trip in an effort to decompress before finals week.

We are looking forward to a successful year as we plan on continuing our commitment to community service by volunteering at our local soup kitchen and animal shelter. We also will be hosting a canned food drive to help support families in need during the holiday season and we will be fundraising for Breast Cancer Awareness.



NORTH CAROLINA BETA

University of North Carolina Chapel Hill

submitted by Anna Feng

With the new academic year, the Beta Chapter at UNC Chapel Hill welcomed a new Fall 2023 Pledge Class, aptly dubbed the "Jordan" Year PC in honor of Carolina's esteemed Tar Heel. Like many years before, UNC AED members "rush" to the central campus landmark — the Old Well — cheering for a surprised group of newcomers. This year, the surprise continued for new members, as Fall 23 Bid Day welcomed a special guest: Lawrence the Goat. The first UNC AED event of its time to host an animal guest, AED members were left with a bid day to remember.

For UNC AED members, study breaks included a trip down to the local boba spot, Tea Hill, after long hours of practice problems. In support of the UNC Children's Hospital, the Tea Hill fundraiser donated 15% of all proceeds, ultimately raising \$120.

Likewise, the service branch of UNC AED began to support our local community through several group and individual events, continuing to leverage partnerships with organizations like TABLE NC and the UNC Blood Donation Center. At our first group service event of the semester, AED members organized, weighed, and catalogued 12,740.7 pounds of food items for those who rely on TABLE as an invaluable resource. UNC AED

members would continue their support of Orange County TABLE weeks later by working a farm shift, packaging 226 boxes of fresh cherry tomatoes and planting approximately 2500 seedlings which retailed for around \$8,000! The "fruits" of our labor was donated to TABLE in the fight against food insecurity and we were beyond grateful to TABLE NC for the opportunity to support our local community. Looking ahead, UNC AED continues its support of the local Ronald McDonald House by cooking weekend meals for families as well as donating platelets to the UNC Blood Donation Center.

Along with the coming of the fall season, UNC AED is well into planning its Mountain Weekend trip — now an annual tradition — and are thrilled to spend time hiking, cooking, and exploring the rolling hills of western NC. As a long-held mission of the UNC AED chapter, members hope to continue creating a safe, inclusive, and welcome environment for all — making a large campus of over 20,000 undergraduates feel smaller. A calendar of fall-themed social activities (ranging from trips to the fair, fall cocktail, fitness classes, and dinners) hope to undercut the autumn chill soon to set in with the warmth of a place where members feel valued and at home.

OHIO BETA

University of Toledo

submitted by Ashna Tipirneni

The spring semester of 2023 was filled with philanthropy, mentorship, and lots of excitement. We began our semester strong by giving back to our Toledo community. We had our first volunteer opportunity for Food for Thought. Members headed to downtown Toledo after having had the opportunity to make peanut butter and jelly sandwiches to distribute to the community. In March, we held a fantastic medical student panel in collaboration with the American Medical Student Association of the University of Toledo College of Medicine (UTCOM). Our AED members learned all about the MCAT application process, MMIs, and more from the personal experiences of Toledo medical students! Following the success of this event, we hosted a mock MMI experience with UTCOM ambassadors. Many members had the opportunity to practice interview and communication skills for a typical interview style for professional graduate programs. We rounded out our 2022-23 academic year with an ice cream social! Our members enjoyed bonding with their fellow pre-professional peers and making delicious ice cream sundaes.

At the end of the spring semester, we also welcomed new members and our E-Board of Ohio Beta chapter of Alpha Epsilon Delta for the 2023-24 academic year. We hosted a heartfelt ceremony celebrating our new



members and the end of the year!

As we begin our Fall semester, the Toledo Chapter is full of amazing new ideas and opportunities.



We started our semester with our first general body meeting. Our chapter gave an introduction meeting of AED with fun icebreakers to introduce our new pre-health friends to our organization. Our chapter jumped straight into community involvement. The first volunteering opportunity took place at the Community of Hope Free Healthcare Clinic in Toledo! Our members really enjoyed this unique experience of giving back to our community. We are excited to continue to give back to the Toledo community through continuing to volunteer at the Community of Hope Free Healthcare Clinic, Food for Thought and mentoring at a local science academy in the area.

In the upcoming months, Ohio Beta AED has many events planned for our members. We have planned a collaboration meeting with Health Occupations Students of America (HOSA) and medical mission trip organizations on campus to introduce our members to other organizations geared towards pre-health interests. We are also excited to have an upcoming meeting on medical ethics and MMI interview questions to help prepare our members for possible interview questions and to have an opportunity to discuss ethics in healthcare. Lastly, we are hosting study tables during the semester for members to ask questions about classes and provide a space for members to chat and support one another throughout the semester!

We're looking forward to the year ahead and the exciting events that will bring our community and AED members together. It's a great opportunity for us to connect, collaborate, and create lasting memories. We can't wait to see what the rest of the year holds!



OHIO ETA

University of Dayton

submitted by Chris Fleisher

The Ohio Eta chapter of AED located at the University of Dayton has grown quite a bit this fall as we are welcoming 79 new members. This is up from 48 members in the previous year so we are happy to continue growing and offering new opportunities to help our students grow in their healthcare journeys.

This fall we have done numerous charitable and service-related events. So far, we have had a few that have really stood out. An event that we encouraged our members to attend was a talk given by Dr. William Knight from UC Health. This talk was given to teach students about emergency medicine as well as the stories of what really happens in the hospital. This talk was an exhilarating experience and was one that helped our chapter learn more about the medical field



as well as what it takes to be an amazing physician. We have also coordinated a blood drive on campus to allow other students outside of our organization to help toward a great cause. This allows us to involve the entire campus and get a lot of people to give blood and save a life. By bringing everyone together we are building a stronger community while also being able to help all of Dayton through blood donations.

A third example of an event that we have held this fall is not one specifically aimed towards the medical field or service but rather aimed towards building a stronger relationship between the members of our chapter. We held a cookout the first week of school for everyone to really get to know each other as well as a Pilates class for people who wanted to meet new people while also doing something fun. These types of events allow us to build a community of people all working towards the same goal of making our surrounding community better and working towards a career in the healthcare field.

We plan to continue expanding our events to reach more members of the surrounding community as well as continuing the events that we know help. Our chapter is committed to becoming the best versions of ourselves possible and is excited to see what the future holds. Overall, this will help each one of us excel in our respective fields after graduating.



OHIO LAMBDA

University of Cincinnati

submitted by Ishika Patel

With several exciting opportunities throughout the year, Alpha Epsilon Delta-Ohio Lambda chapter at the University of Cincinnati continues to grow and recruit members from the pre-health community. At the start of the fall semester, we began with 20 returning members and with our annual fall recruitment fair



along with several recruitment meetings, we are excited to welcome 11 new members!

Members are divided into committees (Fundraising, Service, Professional Development, and Social), all led by a different chair member. Each committee works to plan several fun events throughout the year to engage our members with unique activities. The Service committee partnered with a local food pantry, and we were able to make peanut butter and jelly sandwiches during our meetings for the food pantry to give out to the homeless. The Service committee also planned a blanket making meeting and blankets were donated to A Kid Again.

Other fundraisers were held throughout the spring 2023 semester and funds were donated to our philanthropy, the DragonFly Foundation, an organization that aims to help pediatric cancer patients, families, and hospitals. The Social committee planned yet another successful Formal open to all students at the University of Cincinnati with \$900 being donated to the DragonFly Foundation. Lastly, our Professional Development committee worked hard to invite guest speakers and various grad schools to our meetings to help our members form connections with individuals outside of the university.

We have many exciting plans for this upcoming semester with a suture clinic in collaboration with other student organizations plus a Halloween formal! We are excited to help our members grow and provide a close-knit community for one another!



OKLAHOMA EPSILON

Southern Nazarene University

submitted by Dylan Gann

Last Spring semester, the Oklahoma Epsilon chapter hosted and took part in many new events for its members. On February 16th a suture night for all pre-health majors was organized in the university's science labs. Local physicians from SSM Health St. Anthony Family Medicine Residency Program were invited to help teach about suturing and proper techniques surrounding it. The physicians who stopped by to teach were Dr. Tabitha Danley, Dr. Acille Sammur, and Dr. Jee Jang. Oklahoma Epsilon was thankful for all of them stopping by to teach very important skills to the pre-health students attending. Pigs' feet were used to practice basic suture technique and various patterns that mimicked different types of wounds. The residents also took time to teach different surgical knots that are often used in their practice. This event was very fun, informative, and successfully gave the students valuable skills that they will take onto their future endeavors. Oklahoma Epsilon is planning to host another suture night during the Fall of 2023 semester.

A community outreach event called Kid Scientist Day was hosted on campus for the first time this semester. On April 15th, 27 kids from 16 different families in the community attended this event in the Southern Nazarene University science labs building. The kids learned about the Physiology and Anatomy of the eye by getting to view a dissection of a sheep's eye. The kids ranged in age from 6-16 years old and they all had a blast working with the

wonderful AED students and professors on the activity. The students got to fill out and take an anatomy and physiology worksheet home that they filled out during their time at the event. They were very thankful to be able to help instill a passion for learning and science into the kids in their community. Community events just like this one will be held every academic semester in the future.

Oklahoma Epsilon also hosted its first annual Jeopardy game night. On April 13th, many of the students got together before finals week to spend some time with each other and have fun playing games. A Jeopardy Tournament was held with three different teams going against each other answering science and general trivia questions. Scalpel reporter Dylan Gann and Historian Luis Ontiveros created and hosted the Jeopardy game. There were Chick-Fil-A, Walmart, and Panda Express gift cards for the Jeopardy winners. The night was wrapped up by playing some more relaxing board games together. It was a fun and very competitive event and will definitely be happening again.

Spring semester wrapped up with inductions for all of the new members of AED. On April 20th, inductees gathered in the Marchant Hall Ceremony Room at Southern Nazarene University. We first had a short presentation that recapped all of the events throughout the semester and then all of the officers and chapter advisor, Dr. Medley, commenced with the induction ritual ceremony. The following people were inducted into AED: Dylan Gann, Nate Hughes, Elora Jones, Jhonathan Guerrero, Kinley Downing, Raina Miller, Luis Ontiveros, and Hannah Danley. They all signed their names into the Chapter Scroll and were officially inducted. Afterwards, the attendees enjoyed looking through a history scrapbook for AED at Southern Nazarene University while eating some pizza together. Oklahoma Epsilon is looking forward to continuing the growth of AED at SNU and is excited about all of the new pre-health majors that will officially be inducted next spring.



PENNSYLVANIA BETA

Pennsylvania State University

submitted by Cade Walker

In Summer 2020, we created the Diversity in Healthcare Task Force (DHT) to address issues regarding diversity, discrimination, and disparities within healthcare. As a pre-health organization, we believe it is our responsibility to educate our members on these issues so that we may become the best possible providers to a diverse patient population in the future. AED members may apply to join the DHT as a general member or SubChair. Throughout the semester, the DHT focuses on a number of initiatives, including discussion sessions in which members from groups research and then present on a topic of their choosing to an audience of AED members.



Like many other organizations at Penn State, AED participates in THON. If you are unfamiliar with what THON is, it is the largest student-run philanthropy in the world. THON's mission is to enhance the lives of families affected by pediatric cancer by providing emotional and financial support, spreading awareness, and funding critical research. The fundraising year ends in a 46-hour, no sitting, no sleeping, dance marathon where volunteers, families, and supporters come together in the Bryce Jordan Center. Our family relations chair does a wonderful job keeping us in touch with our THON families who occasionally come to campus to visit and share their passions with the entire club!

Penn State AED also provides numerous opportunities to get involved volunteering to the general body. Some of these include gaining valuable clinical experience at the Penn State College of Medicine Mobile Health Clinic, mentoring area youths through Big Brothers Big Sisters, helping to organize and donating at Red Cross blood drives, and working at the Penn State Lion Pantry that provides food for food insecure individuals.

Penn State AED also has a wonderful peer mentoring program! Through our peer mentoring program, we provide an open space for younger AED members to connect with an upperclassman who can guide them along and give them friendly advice on how to succeed in their track. Additionally, AED also offers a new partnership with BRIDGE - medical students from Penn State Hershey College of Medicine! Through this partnership, we are launching another more selective mentorship program for ambitious pre-medical students.



PENNSYLVANIA NU

Muhlenberg College

submitted by Hannah Rudnick

The Pennsylvania Nu chapter of AED at Muhlenberg College is excited to welcome students back to campus and continue to further educate and provide opportunities for members on their pre-health journey. Being able to foster a sense of community and involvement as well as provide opportunities for volunteer work in the community has become a primary focus of this upcoming year. In addition, a large goal for this upcoming year is to revise our chapters by-laws. and re-formulate them in a way that will make sense for the chapter going forward.

In the Spring 2023 semester, our chapter was fortunate enough to host a multitude of individuals who are at different points in their pre-health journey. Trevor Luck, a 2017 alumnus, came to speak with our chapter about his experience in medical school and brought case studies pertaining to orthopedics

to discuss during our meetings. Dr. Zon, a current Professor of Pediatrics at Harvard Medical School and a 1979 alumnus, visited our chapter and told us about his own journey in the health field. Olivia Toner, a 2020 alumna, who is currently attending Cooper Medical School, visited our chapter and brought scenarios that dealt with ethical principles in the healthcare field. All of these individuals who were gracious enough to come and give these presentations were met with excitement from all of our members. This upcoming semester, the executive board is again planning for more speakers to come and share their experiences.

Our chapter also held a suturing clinic in the spring of 2023 in conjunction with St. Luke's University Hospital in Bethlehem, PA. This clinic was a great opportunity for our members to be exposed to new skills or to continue practicing their skills before reaching a clinical setting. We are planning to continue to have a partnership with St. Luke's School of Medicine. This upcoming year we plan to grow our chapter through both our Mule Mentorship Initiative and facilitating an apparel, fundraising, outreach, and bylaw/policy review committees that will engage members more within the campus community.



RHODE ISLAND ALPHA

Providence College
submitted by Kayleigh Goebelbecker

During the spring 2023 and currently in the Fall 2023 semesters, the Rhode Island Alpha chapter of Alpha Epsilon Delta at Providence College has been dedicated to engaging its campus peers with broader health causes. In order to promote this mission, we have prioritized endeavors that have both national and local importance. As part of a community-based initiative Rhode Island Alpha hosted a table inside the science building encouraging students to make Christmas cards for residents of the Elmhurst nursing home.

In order to connect with our local connections, Dr. Kerry McGrath, a Providence College alumna and former chapter member, spoke at our induction ceremony last semester. As a symbol of gratitude Providence College dedicated the year to various fundraising activities for Dr. McGrath's nonprofit organization called Colin's Joy Project. This organization is dedicated to enhancing "play spaces and sponsoring children and family programming in the Boston community." Dr. McGrath founded this organization after her own son died in a tragic accident.



To contribute to Dr. McGrath's organization, we hosted a "Chuck a Puck" event at our on-campus Division one hockey game. Fans were invited to donate in exchange for

a puck to throw onto the ice. The closest puck to the center insignia received tickets to see a Bruins game. Rhode Island Alpha also partnered with a local restaurant (The Abbey) to host a raffle of tickets to major league sports, PC merchandise, and Colin's Joy Project merchandise. In both cases all proceeds were donated to Colin's Joy Project. The campus community became committed to the cause and Providence College's Athletic Director even contributed to the fundraising efforts. As a result of generous donations, the PC chapter of AED was able to present Dr. McGrath with a \$5,170 check for Colin's Joy Project.

In the Spring semester of 2023, we partnered with "Be the Match" to encourage college students to join the bone marrow donation registry. Be the Match is dedicated to building a database of willing and able volunteers to potentially donate bone marrow to those with bone marrow cancer and other diseases who need a specific match. Rhode Island Alpha organized a table in our student center to invite and instruct students to perform a cheek swab and join the registrar. This October, "Be the Match" will be returning to Providence College campus on October 5, 2023, in partnership with our chapter to host another swab event. Furthermore, to extend the health and humanitarian efforts that align with AED values, we also sponsor a Blood Drive each semester..

This year we had a total of 113 donations over the course of two days. This exceeded our target by 41%!



SOUTH CAROLINA ALPHA

University of South Carolina
submitted by Witt Coleman

Our chapter consists of roughly 300 members from the pre-med, pre-PA, pre-PT, pre-dental, pre-OT, and pre-SLP tracks. We have an executive board that consists of seven upperclassmen and a cabinet that consists of eighteen students that organize events for our members every week. We offer service, professional, and social events while maintaining bi-weekly chapter meetings and philanthropy support of USC Dance Marathon (USCDM) and their efforts to raise money



for The Children's Miracle Network. We were recently awarded the 2023 Outstanding Student Service Organization of the Year. This was made possible by our Service Chairs and their committee's partnerships with local homeless shelters, charitable 5ks, food

banks, education programs, and more. Additionally, we were the highest fundraising individual student organization within USCDM and played an active role in our university's efforts to improve local children's health. We have maintained partnerships with the USC School of Medicine's medical, PA, and DPT students to allow individualized and group mentorship opportunities that allow our members to learn more about their journeys to graduate school. These unique weekly service and professional opportunities are coupled with social events such as yoga, member mingles, and intramurals. One of our most meaningful initiatives is the support of all students with our Wellness and Diversity, Equity, and Inclusion events that foster the welcoming community AED represents on campus. It has truly been an honor to lead this amazing group of students with our year's focus on the ability to inspire those around us and to remember that it's not about comparison or perfection, but rather each of us maximizing our own potential within AED and beyond. It has been a while since our last entry to the Scalpel, and I look forward to highlighting more specific



events in the Spring! Do not hesitate to reach out to us, as we would love to connect with more AED chapters across the nation and grow together.



SOUTH CAROLINA DELTA

College of Charleston

submitted by Caitlyn Grimaldi

As a proud chapter of Alpha Epsilon Delta, the College of Charleston's South Carolina Delta chapter has been dedicated to providing members with many great opportunities to get involved in the community, create meaningful relationships with medical representatives and educate and prepare members for post-undergraduate healthcare careers. This year we have grown exponentially in number and have made many new valuable connections in the local medical community. Some notable connections are with the Shifa Free Medical Clinic and Barrier Island Free Medical Clinic which provide free healthcare to low income and uninsured citizens of Charleston. A number of our students volunteered at BIFMC and we fundraised over one hundred dollars for their cause, building a very strong and long-lasting relationship. We collaborate with numerous clubs on campus to improve the public health of the city through

trash pickups on the beach and downtown, medical information sessions and setting up blood drives for donation. This year's executive board members have also been up to exciting things. Our president, Caitlyn Grimaldi, works part time as a medical technician in an Orthopedic Office in her hometown of Morristown, TN. This summer, she shadowed physicians abroad in Mallorca, Spain, learning about the medical practices there and observing a wide range of surgeries. During the school year, she volunteers in the General Medicine and Burn Unit at the Medical University of SC and in the food pantry at Shifa Free Medical Clinic. Our Treasurer, Aryan Parmar, conducted neuroscience research at the Otis lab at MUSC studying reward seeking and drug addiction over the summer. He also received full certification as an EMT and is volunteering at CofC EMS this year. Our Service Chair, Emma Stacey, participated in the NUTIP shadowing program at MUSC this summer and our Social Media Chair, Haley Anderson, was an Infectious Disease Department Intern while also volunteering at MUSC in the Pathology Department. We are very proud of our members and this year we hope to broaden our horizons and cater to a greater variety of pre-health careers and continue to support BIFMC, Shifa Clinic, and other health clinics financially through our fundraising efforts.



SOUTH CAROLINA THETA

The Citadel

submitted by William David Templeton

Perhaps our most exciting event from last year was a study abroad trip to Nairobi, Kenya. This was the second straight year that our chapter ran the Citadel Medical Camp in Kenya, and again it was a huge success. This healthcare study abroad program allowed our students to be immersed into a foreign culture to provide free healthcare to an impoverished community. Led by faculty advisors, Sarah A. Imam, M.D., and Dr. Kimbo Yee, Ph.D., our students assisted physicians & other clinicians to provide care to nearly 6,000 patients in temporary medical camps. This trip was so much more than just a study abroad program and seven credit hours, as not only did our team change lives in another part of the world but our chapter also went home with an entire new sense of gratitude and appreciation for the level of healthcare provided in the United States.

The South Carolina Theta Chapter of Alpha Epsilon Delta at The Citadel, The Military College of South Carolina, has had a very successful year and has reflected on much from the 2022-2023 academic year. As our chapter begins its second year, we continue to work and provide pre-health students with the best resources and opportunities. We plan to continue to provide mentoring, education, valuable experiences, and programs to make our members competitive candidates for their health profession goals.

Feed-A-Friend Friday is our biggest and most involved event. We have provided countless hours of service to our local community of Charleston. Each Friday, after Citadel students complete their weekly parade, students package meals and goods for the underprivileged population. This has allowed our chapter to provide care for our local community and to connect with a population that may differ from our own. It is important for future healthcare workers to



serve and gain experience before entering the field. This year we were able to join in partnership with The Shifa Clinic. This clinic located in Daniel Island is a free clinic that also provides hunger prevention and school accessibility. Students were able to join their team and serve compassionate and high-quality medical care to uninsured, indigent populations within South Carolina. The goal of the Shifa Clinic is to provide support regardless of race, religion, and ethnicity. Students are given the responsibility to triage these patients by getting vital signs and finding out any new information. Students are then able to report to the physician which allows their clinic to move swiftly and more efficiently. Many of our students volunteer at The Shifa Clinic and get clinical experience.

This year we partnered with The Princeton Review to present a Pre-Health Week. This was a unique developmental opportunity for all Pre-Health students on campus and its focus was to prepare these students to take the required exam for the health program of their choice free of charge. This week included virtual study sessions specific to the chosen exam and culminated in a full mock exam at the end of the week. This exam was administered in an environment similar to what these Pre-Health students could expect at an official testing location. The exams we offered were the MCAT Exam for Pre-Medical students, the DAT Exam for Pre-Dental students, and the GRE for students applying for other graduate health programs.

As part of our mission to prepare our Pre-Health students for their future careers, we coordinated with those on the Pre-Dental path to attend the Medical University of South Carolina's Pre-Dental Day at the James B. Edwards College of Dental Medicine School. This was a full day experience and allowed our Pre-Dental students to receive information about the application process to Dental school as well as meet current students and faculty. The day included lectures about course topics and advancements in the field of dentistry, mock interviews conducted by current dental students, a campus tour, and even hands-on work in the labs to create dental crown preparations and wax models. Those who attended received an immersive experience that informed their decision on pursuing a future in dental school as well as the connections and information they need to make it happen.



SOUTH CAROLINA ZETA

Erskine College

submitted by MJ Cackett

After graduating most of our officers last year, this year's new leadership is looking to build on what we have done in the past while making AED a well-known name. We are planning to do most of the same events we did previously as well as new ones to help our community as much as we are able. Our members are dedicating more of their time to AED to not only help prepare them for their prospective health professions but help the community of Due West.

This year AED's goal is to highlight a topic for awareness based on the month to our students as well as put on events that are both healthcare related and helping those in need. So far, we have hosted our annual blood drive with The Blood Connection which was very successful. Not only does this event save lives, it is a good opening event for returning and new students. They are able to get an idea of AED's values, goals, and understand the positive impact we hope to have. We also set up a table based on September's mental health

awareness for students to help them recognize the importance of mental health while providing helpful and easy tips for them to implement. Students had the opportunity to take a survey to enlighten them on the status of their mental health and some ways to help them in stressful times.

Before the end of the semester, we are planning to raise money with a kickball tournament and pie a professor. We also plan to set up a table monthly in a high traffic area on campus to bring light to different healthcare related topics. Our alumni have also reached out looking to come share their experience in the healthcare world post graduation with the members of AED as well as the students at Erskine. With our presence around campus increasing, our hope is that more students will be inspired to get involved with AED and strive to be a part of our honor society here at Erskine.

TENNESSEE IOTA

Lee University

submitted by Katelyn Scheffer

On September 21, 2023, the Tennessee Iota chapter of Alpha Epsilon Delta at Lee University held induction. Eight new members were inducted this semester. These eight included Makayla Perez (junior), Anna Lloyd (senior), Jared White (junior), Madison Zensen (junior), Abigail Padgett (junior), Haley Johnson (junior), Daryl Perez (junior), and Sarah Mosley (sophomore). After these new members were inducted, there was a time of gathering and community with pizza and desserts in which officers and members talked with the new members and got to know them better. This was a great opportunity to form relationships with other members of Alpha Epsilon Delta as well as with our faculty sponsors, Pamela Hobbs, DPT, and Dana Perry, MS. Students often don't have the chance to know their professors outside of a student-teacher relationship, so it was incredible to see students and faculty mingling with one another and having meaningful conversation outside of the normal class and homework-related discussions. Members also used this time of fellowship to catch up with one another and talk about the different classes that they are taking this semester. Members were able to relate to one another over courseload as well as a common desire to enter the healthcare field in the future.

Prior to induction, we held an ice cream social in which people interested in joining learned more about how they could become a part of Alpha Epsilon Delta as well as the various requirements to be in this club. There were numerous new faces in attendance, resulting in our chapter gaining new associates and full members. After discussing the logistics of being in Alpha Epsilon Delta and the purpose of our club, we held a no-professors-allowed discussion while, of course, eating ice cream. Alpha Epsilon Delta officers gave insider advice on professors in the math, biology, and chemistry departments at Lee University. This advice consisted of strategies of how to do well in the professor's class, ways in which the professor in question provides help to students, the best ways to study for the professor's exams, recommendations on who to take for certain classes, and more. This event allowed students new to Lee and new to Alpha Epsilon Delta to discover more about our community of students who want to better the world by entering the healthcare field as well as to learn about the different professors who will provide them with an education to help them reach their goals.



TEXAS BETA

Baylor University

submitted by Ruth Zachariah, Hannah Anderson, Jessica James, Adhwaitha Nambiar

The Texas Beta Chapter at Baylor University had an eventful spring semester. Our chapter welcomed a new cohort of AED members and hosted events where they got to know each other as well as other general members. Our chapter also participated in our university's Wellness Week by hosting a pottery painting social, where members got to bring out their artistic abilities while getting to socialize and relieve some stress. We also hosted our first Enzyme-Substrate Field Day (based on our big-little concept), where Enzyme-Substrate families competed in a variety of games such as a three-legged race and cornhole.



Our members also took the time to give back to our local community through various volunteering opportunities, including serving at Waco Family Medicine and the Shepherd's Heart Food Pantry. Additionally, a group of our members went on a mission trip to the Dominican Republic after the spring semester to serve at a local village. Our chapter also hosted the 50th



annual Pre-Health Symposium (PHS) and the event was a great success! This year, PHS had international representation, with schools from around the country and outside of the U.S. in attendance. Admissions representatives from medical, dental, physical therapy, and other professional schools answered questions from students and provided information about their institution, as well as more details on their specific programs and admissions processes.

This upcoming year, we have many exciting and collaborative events planned! We are so excited to work together with other on-campus organizations to plan Global Health Week at Baylor University and help bridge the gap in education regarding Global Health. Through seminars, socials, and informative talks, we cannot wait for the transformative experience Baylor students will have through this event.

We will also have many creative social events throughout the semester, such as a Take-A-Date social and a pumpkin-carving social for the fall. Our new members will have the opportunity to form more friendships within the organization through our big-little program creatively called "Enzyme Substrate!" We will continue to have a strong emphasis on service throughout the semester by participating in multiple service opportunities including helping out at the Waco Ironman and this semester's 2023 Fall Steppin' Out Day of Service.



TEXAS EPSILON

Houston Christian University

submitted by Malena Blanchard

With a new and improved leadership team dedicated to making this year better than the previous, our members are getting the most out of their AED experience.

At the beginning of the Fall semester, we hosted a week-long Rush Week that consisted of an informational session about AED, a scavenger hunt, field day, and Spirit Night at Cabo Bob's. During this week, our leadership team and current members were able to form friendships and develop camaraderie with each other.

For the first month of the Fall semester, several of our fellow members volunteered their time and effort at the Houston Food Bank, an organization that aims to help families achieve long-term stability.

Our members worked in the warehouse where they packed boxes of food items to be delivered throughout Houston communities. Throughout the semester,

we have several more volunteering and service events planned for our members to give back to our community.

Furthermore, to give our members resources to succeed in their science courses, our mentorship team began providing study sessions for the lower-level Biology and Chemistry classes. These sessions are run by upperclassmen members who have earned an A in the class they are helping with. By having a personal tutor, those who attend the sessions learn valuable tips for how to study for exams, resulting in higher grades. Another event led by the mentorship team is the Metacognition Workshop, where one of our beloved chemistry professors came to talk to members about metacognition and how that can help students study more efficiently.



TEXAS ETA

University of Texas El Paso

submitted by Odalys Quintanar

An activity that our chapter at the University of Texas at El Paso completed was participating in Project MOVE 2023, a day where the UTEP community is involved in various acts of service throughout the city of El Paso, Texas in collaboration with local organizations. Our chapter was chosen to work alongside Rebuilding Together El Paso, an organization dedicated to making safety or health related improvements and repairs in low-income homes free of charge to the homeowners through volunteer work and partnerships with contractors.

Our members were tasked with painting the outside of an individual's home, who, as we were told by one of the organization's coordinators, was an older gentleman that suffered from various health complications. This activity allowed our members to exercise and improve their collaboration and teamwork

skills. By coordinating various groups among the volunteers, we worked diligently and efficiently to complete our project, working together to ensure every group had enough paint and brushes to complete their assigned portion of the house, and all joined together to paint the most difficult parts. In the end, our members saw all their hard work result in the home looking wonderful with the new, fresh coat of paint that revamped its appearance.

This project was incredibly significant for our members as it gave them an opportunity to not only work together towards a common goal, emphasizing the importance of teamwork, but also learn different ways they can be involved within our local community and motivate them to look into volunteering with local organizations that are working towards improving the lives of the El Paso community.



TEXAS IOTA

Texas A&M University

submitted by Angela Nguyen

The Texas Iota chapter of Alpha Epsilon Delta at Texas A&M University is excited for a dynamic Fall 2023 semester. With a blend of returning members and fresh recruits, we anticipate an engaging and productive period ahead! This semester, our primary focus is on fortifying our community and expanding avenues for member involvement. We are introducing an array of professional development workshops, a diversified range of volunteer opportunities, and distinct social events to enhance member engagement.



We are also honored to welcome back Dr. Michelle Pine, a Clinical Associate Professor at the School of Veterinary Medicine & Biomedical Sciences, as our esteemed faculty advisor. Dr. Pine's invaluable support and guidance to pre-health students have been instrumental in our chapter's growth. We are beyond grateful to have her!

We kicked off our new academic school year with the MSC Open House event, where we promoted the benefits of Alpha Epsilon Delta, resulting in a surge of interested students. The momentum continues as we implement a point-based system to facilitate prospective members' journey towards membership by the end of the semester. This framework serves as a platform for individuals to showcase their professional, academic, and personal attributes while gaining insight into the opportunities presented by AED!

As the semester progresses, we plan to introduce service opportunities on a routine basis. We are proud to sustain our monthly collaboration with B.U.I.L.D, contributing to the construction of mobile medical clinics fashioned from repurposed shipping containers. We'll also be holding fundraising events

including bake sales and profit shares to promote our organization and provide a cohesive environment for members to socialize outside of their academic schedules. Additionally, through the extensive efforts made by our board of officers, our chapter was successfully reinstated this fall semester! The Texas Iota Chapter is looking forward to a great year ahead and we can't wait to see what's in store for us!



TEXAS KAPPA

Southern Methodist University

submitted by Apurva Veeraswamy



The Texas Kappa chapter of Alpha Epsilon Delta at SMU has a very exciting fall semester planned! We started our semester with an educational event dedicated to exploring the MCAT and DAT exams. Our How Bout' DAT/MCAT event was on September 13th. Our guests included Kaplan Test Prep, Altius Test Prep, and DAT Bootcamp. Students got the chance to listen to these guests via Zoom and hear about some of the best ways to prepare for these exams. In addition, students got to hear from AED members who volunteered their time to discuss their experience with either of the exams and ask questions as well. With an informative presentation from our guests from Kaplan, Altius, and DAT Bootcamp as well as a student panel and presentation from our pre-health advising office on campus, the How Bout' DAT/MCAT event was a success this year! We are excited to grow this event in new directions over the years and are planning on gaining feedback from our AED student body this year on how to make this event even better.

Following our educational information session regarding the DAT and MCAT, our organization is excited to host our annual Mentorship Match Day



event. The AED Bigs/Littles Mentorship Program has been a wonderful addition to our organization, providing us an opportunity to connect with students across campus who are in the pre-health community looking for a chance to build a community with their fellow peers. After putting out our Google form for interest and receiving over sixty responses, we are getting ready to host our match day event on October 5th. This event is an opportunity for students who signed up to be a big or little in the program to meet their respective bigs and littles for the semester and get a chance to connect with them. We will be providing food and refreshments as usual but have also added a vision board activity this year which will be an exciting opportunity for bigs and littles to really get to know their peers' goals for the future and their time at SMU.

In regard to our volunteering this year, our organization is excited to be partnering with the organization Traditions Health for the second year. Traditions Health is a wonderful organization dedicated to providing care for their patient community through home health, palliative care, and hospice services. They have provided our students with incredible hospice care volunteering opportunities and we are excited to be partnering with them for the second year! Our organization is also still actively planning volunteering opportunities for our members, including making care baskets for hospitals nearby and creating more group volunteering opportunities for our students to visit nearby hospitals and health facilities and volunteer their time and service each week.



TEXAS LAMBDA

University of Texas at San Antonio

submitted by Kennedy Brown

The Texas Lambda Chapter of Alpha Epsilon Delta had yet another successful semester. In this chapter, the aspect of family is the most near to us and we strive to incorporate that aspect in everything we do. As an AED family, we were able to pack this semester full of various events and activities that brought our members closer together and volunteering opportunities that brought us closer to our community.

As the future of healthcare, AED strives to give back to the surrounding community. Texas Lambda prides itself on its ongoing partnership with the Corazon Clinic in association with Corazon ministries. Our members volunteer weekly to provide free healthcare services to the underserved population of San Antonio, specifically individuals without access to healthcare or insurance. We work alongside seasoned doctors, nurses, and other pre-



health students to provide care to our most vulnerable population. The empathy and selflessness our members display each time we visit is invaluable. Aside from Corazon, our chapter also takes part in weekend fun with Special Reach. Our friends at Special Reach teach our members that it is okay to be who you are. From Dance parties to crafts, Special Reach holds a special place in Texas Lambda's heart. Our organization also participated with various other non-profits, such as the San Antonio Food Bank, Taking it to the Streets, Primarily Primates, and Habitat for Humanity.

Our AED family also had a lot of fun going to socials and interacting with members of the organization. After long days of classes and exams, our members could let loose with an AED movie night paired with mocktails or a family-style game night. Early morning hikes and study socials allowed us to focus on our well-being and find balance within the stressful nature of school and work.

Texas Lambda also continued to expose its members to various healthcare fields through our much-anticipated guest speakers. Our diverse set of guest speakers ranged from ENTs, optometrists, dieticians, and Speech Pathologists, along with dental and Medical Students. This semester's professional panel consisted of professionals in medicine, dentistry, physical therapy, and nursing. They gave insight and advice about what it is like going into medicine and working in the healthcare industry, especially in a post-COVID era. Our chapter emphasizes the importance of exposure and

knowledge about the field of healthcare and what it means to be a part of the healthcare field.

As the semester came to a close, Texas Lambda initiated seven new members into our chapter.



These members exhibited their dedication to Alpha Epsilon Delta by actively participating in socials, meetings, and community service, and contributing to Texas Lambda's spirit. As a chapter, we hope this semester gave them valuable insight and most importantly, a home away from home.

TEXAS TAU

University of Dallas

submitted by Alecia Paul

As the new school year starts, the Texas Tau chapter at the University of Dallas swings into action! Over the past month, the Texas Tau chapter had two major events: hosting a club fair table and an informative event.

The Club Fair was held during the first two weeks of school starting. Though the University of Dallas is a small school, the Pre-Health population is fairly sizable. The Pre-Health club executives made a vibrant poster and attracted new members. Over the course of a few hours over 50 freshmen and new members signed up. Most of them said they wanted a community of like-minded people. Moreover, the underclassmen yearned for practical advice as they slowly adjusted to college life and academics.

The Pre-Health chapter also hosted an informative session. The goal was to advise both underclassmen and upperclassmen. In this

informative session, two themes were covered: test prep and establishing Texas residency. A few seniors discussed how they prepared for the MCAT and DAT. Since they took the exams themselves, their advice included practical tips. For example, one shared how he learned tricks for the Perceptual Ability section of the DAT. He highlighted how the test is not that hard if you know how to study for it. Two other seniors took the MCAT. One of them mentioned how important it is to schedule time. The MCAT is an overwhelming amount of information and you need to schedule time to prep. Lastly, for those interested in medical school, one senior described the qualifications for Texas residency to apply for in-state school. Since 60% of students are from out-of-state, this advice was particularly useful.

Overall, the Texas Tau chapter started the year off well. Stay tuned for the Spring report to learn more!

TEXAS THETA

University of North Texas

submitted by Matthew Nguyen

At the University of North Texas, our chapter starts anew to get our mojo back on track. We hope to each bring a breath of fresh air. The focus is to display professionalism at every meeting as our priorities turn to doing things right. Our members are the most important aspect to us. There is an emphasis on treating everyone like a family, listening to and caring for one another. We want a community where we can trust, love, and cherish all. On top of that, it would not hurt to explore and discover our passions along the way.

Instead of spreading ourselves too thin, we concentrate on the most impactful areas: volunteering and nuance. With our wonderful speakers, every meeting brings a new perspective to medicine. The members enjoyed each one. Our officers appreciated the same stories alongside them. Furthermore, new plans are in motion to

provide each person with the opportunity to gain clinical volunteering hours. At the same time, we can also help out a population who may not have access to healthcare. The next steps involve collaborations not only at school but nationally as well. All of which revolves around providing more to our fantastic members.

We are taking the time to re-establish the foundations and prestige that our chapter once had on campus. We wish to be proud of what we can build together. Our chapter must symbolize the belief that anything is possible, whether it be healthcare or friendship. Given our many ideas, there is so much to do with so little time. Nonetheless, every journey has its beginning and ending. It is our job to grow before reaching the finish line.



TEXAS ZETA

Texas Christian University

submitted by David Peebles

The start of the Fall semester at the Texas Zeta chapter at Texas Christian University has been exciting as we have emphasized building strong, meaningful connections between people in the pre-health community. We have focused on creating a dialogue between the upperclassmen and underclassmen to pass on knowledge and wisdom for the students to succeed in the classroom and on their journey as pre-health students.

We kicked off our events for the fall at TCU's Organization Fair where we recruited potential members and promoted our chapter of AED. It was a very successful event and we got our name out to many eager pre-health students. In addition, we hosted our first guest speaker event where we had Emergency Room Physicians Dr. Lisa B. Williford M.D., and Dr. Elliott R. Trotter M.D. talk about physician burnout and strategies to prevent and overcome these obstacles. The physicians normally talk to medical students and residents about the topic, but they wanted to start at the beginning of the journey with pre-Health students who want to become doctors. They are starting these talks with

pre-health students now so that the students can practice developing healthy ways to overcome burnout early and master these strategies so they are prepared for the future. Burnout seems to be an omnipresent challenge among physicians so these talks are critical for decreasing the rates of burnout. It was an extremely valuable talk that gave pre-health students tangible strategies to implement in their daily lives to prevent burnout. The physicians also encouraged members to read a few specific books regarding physician wellness and burnout and they emphasized that students should always find time to read!

Currently, we are continuing to have volunteering opportunities at the Tarrant County Foodbank, and Trinity Terrace Retirement Home where students socialize with the residents and listen to live musical performances. We will also continue to have guest speakers in various medical fields come talk about what it looks like in their day-to-day lives and what it takes to succeed in their profession. These speaker events are beneficial not only to learn about their careers but to also allow students to ask questions, get invaluable advice, and connect with the speakers. The goal for the rest of the semester is to continue to foster connections with like-minded individuals in the pre-health field, to provide insight into the careers of various medical professionals, and to use our knowledge to benefit our community.



VIRGINIA DELTA

Virginia Tech

submitted by Tiffany Sun

The Virginia Delta chapter of Alpha Epsilon Delta at Virginia Tech was excited to welcome back members for the Fall 2023 semester. In the summer, we aligned the responsibilities and jobs of the executive and leadership boards in preparation for the semester and be as prepared as we could be. With the semester starting, we attended our annual university's student activity festival "GobblerFest" where we had our own booth to promote AED to the Virginia Tech community. We collected emails of interested individuals and communicated to them about upcoming meetings and the initiation process. In the upcoming weeks, we will be hosting our interviews for new members. The executive and leadership board has worked tirelessly to plan for the upcoming semester filled with various opportunities and experiences for our members to participate in. A few changes for this semester include more accessible point opportunities, maintaining as many in-person meetings and point opportunities, emphasis on building community, and a greater variety of speakers. In the past semesters, the main focus of the meetings were on the guest speakers. Moving forward, meetings will become more diverse with activities such as workshops, study hours, various medical training, a senior panel, and collaborations with other organizations on campus.

Our chapter is dedicated to helping pre-health students pursue their aspirations through volunteer work in the local community. We often collaborate

with local organizations and clubs to join forces and give back to our community. A member favorite activity is joining Project Linus where we gather fabric and hand tie pieces together to make blankets to donate to places in preparation for the colder weather. In addition, we work with the local YMCA center to make bags out of old t-shirts to pack with non-perishable foods for those suffering from food insecurities in the New River Valley.

For the upcoming semester, we have planned out fun social events, such as a joint pizza night with other pre-health clubs on campus, seasonal activities such as pumpkin painting or cookie decorating, and study hours near finals time. For fundraising, our chairs are working to set up percentage nights in our local town and booths around campus selling items for a profit. Service opportunities are plentiful every month and vary from helping out at local farms with the season change or volunteering at the local food pantry and kitchen.

Virginia Delta is excited to see where the fall semester takes us. We are dedicated to providing our chapter with meaningful and diverse opportunities to strengthen us and aid us on our paths to being successful healthcare professionals. We are refining our chapter each semester as it is still relatively new and are looking ahead to what will be a very productive semester!

VIRGINIA MU

Regent University

submitted by Michale Oldham

The Virginia Mu chapter of AED at Regent University has gotten off to a great start as we welcome students back for another eventful semester! Incoming students and members are excited to take steps toward achieving their goals in the field of health science. Our mission this year is to increase that excitement by providing them with access to academic and career-advancing resources as well as opportunities to serve the community and increase their leadership skills.

During the second week of classes, our leadership participated in Regent University's Campus Connection Fair, which allowed us to reach out to new students and gauge what they would like to see from AED this year. Shortly following this, we held our first general assembly meeting. Students were able to enjoy cookies, learn more about AED, and meet the members of our executive board. It was a great turnout and many students expressed interest in becoming members and attending our events!

Recently, AED held another successful event entitled "Biophys Tips and Tricks." Our exec board served as panel members in order to walk students—particularly underclassmen—through tried-and-true ways to succeed in the classes they will be taking. From study and communication tips to fun memories and self-care advice, students were able to benefit from the experiences of upperclassmen and the wealth of information passed down from successful students in the past. Those in attendance expressed that the event was extremely beneficial for them and helped assuage any doubt about their ability to thrive as science majors.

Going forward, our leadership knows this is just the beginning of a wonderful year! We have a wave of fresh ideas regarding future events, fundraisers, and community service opportunities that we hope will both impact our campus and foster our members' passion for their professional and academic pursuits.



WISCONSIN BETA

University of Wisconsin Madison

submitted by Casey Frost

Throughout this past semester, the Wisconsin Beta chapter at the University of Wisconsin-Madison had great success in preparing members for medical school, giving back to the community, and promoting advocacy and awareness in the medical field.

At our general meetings, we were fortunate to have incredible physicians come in and speak, each representing a specialty from an array of fields. All physicians shared their unique and personal experiences on their medical journey, providing our members with extremely worthwhile advice and an enhanced glimpse into the life of a physician. Each speaker reminded us all why we are pursuing a career in medicine and encouraged us to ponder what field we wish to pursue in the future.

Throughout the semester AED focused heavily on providing our members with different events to enhance professional development. These events include a CV workshop, medical school application workshop, medical student panel, exploring clinical gap year, and writing personal statements. The exploring clinical gap year event

was very popular as a lot of members were considering a gap year and uncertain how to spend that time.

The surgical shadowing program was also a great success this semester. This program is one of the best ways to get involved with medicine that we offer to our members. When a member participates in this program they are assigned to a surgeon at the UW hospital. Through this pairing, the member can scrub into surgery in the OR for three months. The surgeons become excellent connections and role models for our members.

Additionally, this semester there were a lot of social events that members could attend. Some of the most popular of these events include formal, cooking decorating, ochem study social, ice cream social, and spring egg hunt. Through attending these events members are able to meet and connect with other pre-med students who are on the same path. These connections are so important for our members to feel as though they are not alone in this challenging medical journey. This ties in well with our mentor-mentee program. Through this program younger members are paired with an older member who they can seek out for advice or even just to talk to someone who has been in the same situation.

Finally, our chapter values giving back the community and thus offers many volunteering opportunities for members. These opportunities include donating to the red cross blood drive, attending challah for hunger, volunteering for feed the change and the pregnancy helpline. Through the hard work and dedication of our members, we were able to promote a healthy and united local community.

Overall, we are extremely proud of all the hard work our executive board and committee members have put into the Wisconsin Beta chapter of AED at UW-Madison. We hope to continue to promote the success of our members on their journeys to becoming future healthcare professionals.



IMPORTANT REMINDERS

EIN (Employer Identification Number) and Tax Exempt Status and Filing Your Tax Return

National Treasurer

Alpha Epsilon Delta is a 501(c)(3) tax exempt educational organization. The Society is also designated as a charity. The Internal Revenue Service states that “The issuance of an EIN to a non-profit organization is separate and distinct from the organization’s actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption.” This statement means that each subordinate (chapter) of AED must have a unique EIN. The IRS recognizes the chapters (subordinates) listed by AED on a list submitted to the IRS and updated yearly. Your chapter must be on the list to be recognized as a part of AED and thus exempt from Federal Income tax.

Chapters cannot use the parent organization’s EIN nor can they use the EIN of their university. It is the parent organization that holds the tax exempt status. The tax exempt status of the parent organization extends to each subordinate unit in good standing with the IRS. To be in good standing with the IRS the subordinate must file a tax return each year. Failure to file the tax return for 3 years results in the subordinate unit losing its tax exempt status. Once tax exemption has been lost, the chapter must apply for reinstatement of its tax exempt status. Loss of the tax exempt status subjects the chapter to Federal Income tax and filing the long Form 990. In addition to loss of tax exempt status the chapter may also be subject to penalties and interest on back taxes. Chapters are required by federal law to file a tax return on the 15th day of the 5th month after the close of its fiscal year. For most chapters the fiscal year begins on January 1 and ends on December 31.

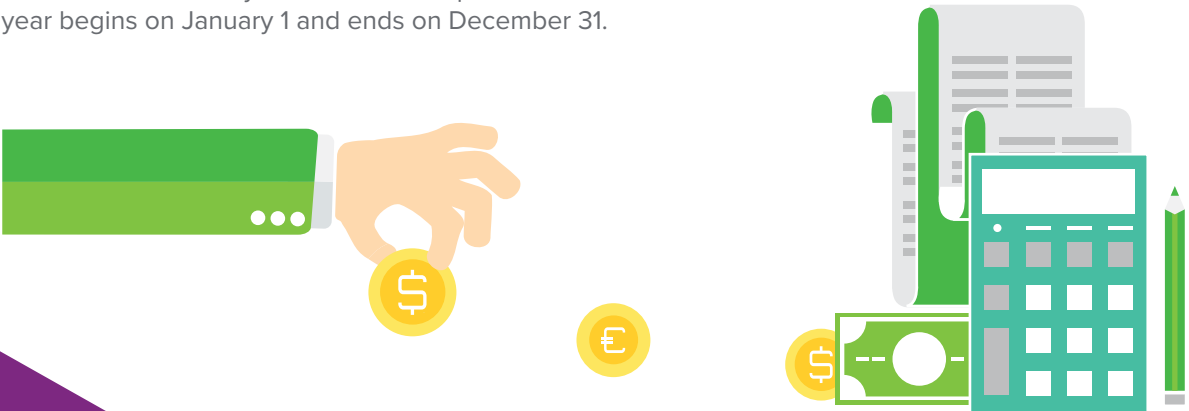
The fiscal year is set when the chapter first applies for the EIN. Filing a tax return is easy. A few years ago the IRS established the e-Postcard (Form 990N). It is a very simple form that is filled out and submitted online.

AED is also classified as a charity under section 509 (a)(2) of the Internal Revenue Code. Contributions to your chapter are deductible under section 170 of the Code. Your chapter is qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106, and 2522 of the Internal Revenue Code.

Tax-exempt, charitable, non-profit organizations, and EINs

The issuance of an EIN to a non-profit organization is separate and distinct from the organization’s actually obtaining tax-exempt status from the IRS. Each chapter of a national non-profit organization must have its own EIN, but the central organization may file for a group tax exemption. Before donating monies to a charity, it is advisable to verify its proper registration and IRS Form 990 tax-exempt status. The entire database is searchable, and one can verify an entity’s registration, status, and assets and liabilities registered in private databases.

All IRS Form 990-registered charities must obtain proper registration via the Internal Revenue Service. Another source for verifying an entity’s tax-exempt status is the IRS, itself.



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ALPHA EPSILON DELTA CHAPTER DIRECTORY



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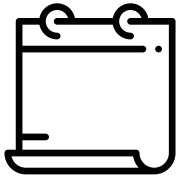
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HOW TO SUBMIT A SCALPEL REPORT



REMINDER:
AED HAS THE RIGHT TO EDIT SUBMITTED ARTICLES. The Deadline for submitting articles is October 1st for the Fall Scalpel and Feb 1st for the Spring Scalpel.

AED ANNOUNCEMENTS

Welcome to Our New Chapters

- Florida Zeta-University of West Florida (reinstalled)
- Texas Alpha- University of Texas (reinstalled)
- Texas Iota -Texas A&M (reinstalled)
- Michigan Kappa- Oakland University (new)
- Florida Kappa- Embry-Riddle Aeronautical University (new)

Scholarship Deadline

Don't forget to submit your scholarship applications to the national office by April 30, 2024.

- Virgil Tweedie - \$10,000
- T. G. Jackson - \$5,000
- Maurice and Charlotte Moore - \$3,000
- Donald Schreiweis - \$2,000

Is your AED chapter active?

A chapter that has not submitted MRF applications to the national office over a three-year time period is considered inactive and must go through the process of reestablishing the chapter. For more information go to our website at aednational.com or contact the national office.

SAVE THE DATE

2024 National Convention
Renaissance Hotel in Dallas
March 14-16, 2024



ARE YOU SURE YOU'RE A NATIONAL MEMBER?

The AED National Office receives numerous inquiries asking for verification of membership. These queries frequently result from a person listing AED membership as a part of their credentials.

There are those who may believe that they are members of AED - but aren't!!! Each AED member has been issued a certificate of membership and is officially registered in the AED National Office with a national number. The National Office will be happy to confirm your membership status if you have any questions.

Contact us:
Phone: (817) 257-4550
E-Mail: aednationaloffices@tcu.edu

CHANGES TO THE MRF SUBMISSION PROCESS:

In addition to previous requirement the following should be included with each package of MRF's:

1. Only typed forms will be accepted and processed.
2. A typed list of each students first, middle, and last name is to be included.
3. Please allow three weeks from arrival at the national office for processing and return.

IMPORTANT DATE!



**Deadline to submit the 2023-2024
Scholarship Applications
is April 30, 2024.**

In Memoriam

Frank M. Dyer, Jr. Counselor Emeritus
Germantown, Tennessee
1941-2023



It is with great sadness that AED announces the passing of our longtime member and friend, Dr. Frank M. Dyer, Jr.

Frank earned his B.A. degree from Union University and his M.Ed. and Ed.D. from the University of Memphis where he served as the Director of the Advising Center in the College of Arts and Sciences for over 30 years until his retirement in 1998. Frank also served on the AED National Board as the Councilor for sixteen years. At the 2022 National Convention in Nashville, the AED National Board recognized Frank for his sixteen years of dedicated service to AED with Emeritus status.

Frank always emphasized the importance of service when talking about AED and loved attending conventions and being with the students.

AED National Convention Dallas, Texas – March 14-16, 2024

Information and Reminders

The 2024 convention will host keynote speakers, seminars to help you prepare for graduate school admissions, workshops, and lots of fun opportunities to meet AED members from across the country. Make plans now to attend and be sure to check out the AED website at www.aednational.com

Convention Registration

- Early registration for AED National Members is \$150 until December 15th
- Regular registration for AED National Members after December 15th is \$200
- Late registration for AED National Members is \$225
- Early registration for Non-Members is \$175 until December 1st
- Regular registration for Non-Members after December 1st is \$225
- Late registration for Non-Members is \$250

Registration fess cover admission to:

- Speakers
- Roll Call
- General Sessions
- Concurrent Sessions
- Friday outing at Sidecar Social
- Saturday Awards Banquet and Dance Party

Note: In order to register as an AED National Member, you will need your National ID number. If you do not know your member ID, please send an email to the aenationaloffices@tcu.edu with your full name, university and chapter name.

Delegate and Advisors Travel Award

Travel awards are available to the primary advisor and one elected delegate for each chapter. Travel award amounts are fixed at \$400 for advisor and \$600 for the delegate. The following criteria must be met to be eligible for travel awards. (1) Each awarded advisor or delegate must be a national member or honorary member of AED on or before the convention date. (2) Both advisor and delegate must be registered for the convention and in attendance. (3) The delegate MUST sign in for the National Business Meeting on Saturday. All applicants must complete a Convention Travel Award Application.

Note: Eligible chapters will receive a check within 45 days by mail after convention.



Next stop Dallas, Texas
for the AED National Convention 2024

Alpha Epsilon Delta



DON'T FORGET TO LIKE
US ON FACEBOOK!



ALPHA_EPSILON_DELTA